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The
Quick Release

Springfield Bicycle Club
www.spfldcycling.org
February, 2002

DUES HAVE GONE UP

Although it has been noted in several past newsletters, some SBC members still seem to be unaware of the dues increase that went into effect on 1/1/02. **Individual annual** memberships are now \$15.00, and annual family memberships are now \$20.00. Membership rates for all other categories remain the same. By the time you get this newsletter, the "grace period" for ignoring the new increase will have expired; so, please send in your renewals/new memberships at the new rate. Thanks.

RIDE OF THE MONTH

November, '01 - The 4 Scorpio's (Sue Hack, Alan and Harriet Josephson and Gail Mugler) Birthday Ride of Nov. 18th was November's Ride of the Month.

December, '01 - Nancy Byerline's December 2nd Sherman/Williamsville/Elkhart Ride was December's Ride of the Month.

ALMOST ANYTHING AWARD

November, '01 - Jack Elston was the AAA winner for November. 10 year old Jack rode 1,000 miles this year on his single, not on a tandem!!! Way to go Jack!!!

December, '01 - Karl Kohlrus was the AAA winner for December in recognition of his extraordinary efforts in keeping track of the club's ride miles again this year. Whew, that last month was really hectic!!!

LEAD WATER BOTTLE

November, '01 - James DuBose was a double nominee and clear LWB "winner" for turning his lights off on a night ride on the Pana Trail and then narrowly averting disaster as he grazed one of the steel trail divider poles. James was also reported to have "neglected" to report all of his ride miles promptly to Karl in an effort to confuse his riding competition.

December, '01 - This month's "winner" was the loose dog that created a very nasty fall for Linda Butler on 1N. Linda broke her pelvis and has suffered much pain and suffering as a result.



El Presidente Ernie DeFrates

What a great turnout at the Holiday Party! It has to be a record. Alan said he counted over 110 nametags. Thanks to everyone for coming! Let's try to have the same attendance next year. A big thanks goes to our social chairperson Kathy Shepard, along with those who helped decorate, and turkey fryer Mike Royer and his crew. The slideshow was fantastic as always, thanks to Garland Stevens' hard work and all the photographers. The No-Bell Award went to Don Struck for his years of service in helping the Bike Club. Thanks, Don, and congratulations. You richly deserve it for all your effort.

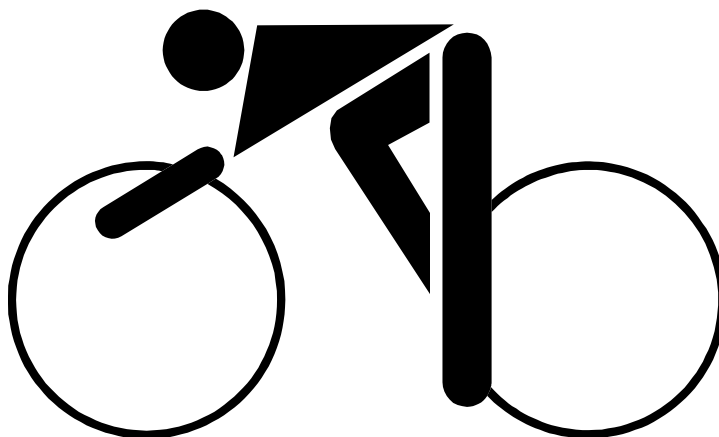
On December 29 club member Linda Butler was hit by a dog. Linda was riding east on 1 North somewhere between 10W and 9W when a dog ran in front of her, hitting her front wheel. Linda went down and couldn't get back up. After a few minutes, a gentleman in a car stopped to help her. The dog's owner came out, and Alfred Arkley, who also was on the ride, rode up. Someone called 911, an EMT came, and then so did the ambulance. Linda was taken to St. John's Hospital, where a CT scan showed she had a

fractured pelvis. She spent several days in the hospital, but her fracture is self-healing and she is home now and doing very well, all things considered. She should be off crutches in 6-8 weeks and back to biking in 3-4 months. She has been getting help from several club members who have volunteered their time. I know she would want to thank everyone who has helped and volunteered to help. She very much appreciates all the support. The gentlemen who first saw Linda is a fellow respiratory therapist at St. John's who happens to live on 1 North. His name is Terry Richardson, and I have thanked him very much on behalf of the Bike Club for all his help.

This is not the first time a dog has come out and hit a club member causing injury.

We are looking into what the law is regarding responsibility for dogs in Sangamon County. There is no leash law in Sangamon County, but an animal control officer told me you do have to control your dog. The club is working to change and strengthen the law and to make the public aware of the responsibilities of dog ownership. Gail Mugler, our Legislative and Education chairperson, is looking into this and has some good leads. If you have any information which might be useful, please contact Gail or me.

Please Share the Road and Ride Safe



2001 NoBell Award Recipient

Derek Ewing, Alan Josephson, Linda Butler, Dave Lucas and Mark Flotow

As is well known among our membership, the annual No-Bell Award (NBA) is arguably the most prestigious honor the SBC has to offer. It's basis and bestowal is not founded on individual popularity, cycling achievements (furthest, fastest, longest, most, etc.) or service as a club "officio," per se. Rather, the NBA is reserved for those who have promoted, supported and otherwise acted as a cycling advocate in the greater Springfield area. Points in a potential recipient's favor are not only what they have done in these areas, but also the how and why (i.e., motivation) of such advocacy. Being an active cyclist, to serve as a role model, is helpful but hardly required.

The contributions of the 2001 NBA recipient can be summarized into four broad and overlapping descriptors.

"Tireless"

While this could be construed to mean in terms of cycling ability, in this instance, we initially meant it in terms of volunteer-ism, (ride) leadership and setting a good example. Our top candidate often has worked the club's spring metric and fall century rides, ensured Quick Release's quick release, and helped with the Ironhorse and Sprint triath-



lons and on numerous highway clean-ups. As ride leader, this person always has well-scouted routes with maps to match, has been known to sweep potentially dangerous corners before the ride, and patiently brings up the rear and rounds up the strays. In setting a good example, our subject always follows the written rules of the road (including stopping at all stop signs and red lights) and has been described "as the poster-person for 'Sharing the Road.'"

"Modern-day 'Good Samaritan'"

Almost all of us in the club have been the beneficiaries of this person's acts of kindness, whether you have real-

ized it or not. Some of us definitely realize it and are keenly aware of our recipient. Can't mow your grass due to an injury? Garland Stevens has been helped by this person. Need some muscle to make a major household move? This person could be your answer, Theresa Deleon would say. Ever had your punctured inner tubes repaired for you *while you ride the century* and then returned to you during the ride? Mike Vonnahmen knows who we are talking about. Ever wondered who would get you back after a tailwind ride? This year's recipient has done this on several occasions using a custom-built bike trailer for that purpose. Have you ever

noticed one of the twelve (!) signs alerting motorists that cyclists were ahead during one of the club’s major events or one of Derek Ewing’s races? This person made them, redesigned them and maintains them. Have you picked up an extra copy of QR at a local bike shop? This person helps make sure they are there each month.

“I know I’m not perfect, but I can smile”

This means our recipient can keep her or his head (and even laugh) in the face of adversity. Our favorite story is when our honoree was in the wrong place at the right time, shall we say. An angry dog owner came out from his home to accuse our honoree of being a cyclist who in the past had “halted” his hound with pepper spray. Our award recipient patiently listened and ultimately went on his or her way. Not satisfied, the dog owner then got into his truck and followed our cyclist in a more than non-threatening manner. While the driver followed, the cyclist led them both . . . to a police officer! Our cyclist had the last laugh, as the police officer explained a few points of law to the dog owner.

“I did it my way”

We all have our own styles when it comes to doing just about anything. Our award recipient certainly demonstrated a stand-out style one

time when fixing a flat in Pawnee. Noticing the flat at a gas station/convenience store, our cyclist pulled out a length of rope. The rope was used to suspend the bike, like a gutted deer, from the pump area overhang. This allowed a convenient height for removing the wheel and fixing the flat. Other style pointers include shopping for boots while going from small town to small town on a club ride one time, eventually riding home with a pair of Red Wings strapped to the rack. This person also has been known to ride the club’s century – the day after! (This was, of course, because they’d worked the century on the day of . . .)

Do you need more clues? How about . . .

. . . this person has the patience of a fisherman and a school teacher, rolled into one, because he has certainly been both.

. . . has been with the bike club for about 10 years. This person joined after befriending (how typical!) a lost cyclist who invited this person to become a member of the SBC.

. . . an anagram of our recipient’s name is CURD KNOTS.

Of course, this year’s recipient of the prestigious NoBell Award is Don Struck.

**Thank You
Don Struck**

I would like to thank everyone involved in giving me the No-Bell award. The plaque is very nice. I will hang it up along with pictures of some of the places I have been on rides and other cycling and running items.

The bike club has always meant a lot to me.

Thank you again.

**Thank You
Linda Butler**

I wish to thank everyone in the club for all the support and generosity you have given me during my recovery of my pelvic fracture. I am not going to attempt to list who and what has been done for me, since the list is numerous. All the calls and emails of offers to help have been greatly appreciated. I always knew this group was a caring group and now even know more so.

The good news - the doctor says the fracture should be completely mended in 3 to 4 months. So, I should be out on the bike again in the spring.

Be safe and hope to see all in the near future.

Tried and True or Tried and Trash

Mark Flotow

Innovations' "Second Wind" Tire Inflator/Hand Pump

We all have love-hate feelings about our tires. We love them when they give a lively ride, have low rolling resistance, or grip in the turns. We hate them when they go flat. When you flat, you not only disrupt the rhythm of your ride by having to fix it, but on a club ride you end up either disrupting everyone else's ride or finding out how few friends you really have. And if it's a less than perfect day, your popularity plummets if you're a flat-fixin' novice or just not very good at it, or if anything *extraneous* happens that holds up the parade. "Anything *extraneous*" might be not having a spare tube (that holds air), no boot for a torn tire, or having a wimpy pump. Oh, the peer pressure.

One of the flat-fixer's God-sends in the past several years has been the CO₂ inflator. They're small enough to fit in a small saddle pouch or jersey pocket. No scores of strokes with the pump - one twist and the air's in the spare. The inflators have some drawbacks, of course. The CO₂ cartridges are a non-renewable resource, like a spent shotgun shell. And

carrying three or four of them in your jersey pocket, for "just in case" well, they're not exactly weightless. Some inflators' air flow can be regulated, albeit crudely. And if that spare tube was not in there correctly or the tire wasn't seated just right, you can be in for a loud, unpleasant surprise. And so much for time savings.

The best of both worlds is embodied in Innovations' "Second Wind" Tire Inflator (SW). With a tweak or two, the SW converts from a mini-pump to a CO₂ inflator. This allows you to initially pump some air into your recently repaired flat, check for leaks, pinches and other faux pas, and then go for the fast finish. The SW has a number of little-but-still-nice features. The pump will work with presta and schrader valves. It can use either a threaded or unthreaded 12 gram CO₂ cartridge. Although most of the SW is plastic, presumably to keep the weight down, the nozzle is brass. The back of the package not only contains thorough, clear instructions on the product's use, it also explains and illustrates suggested care and maintenance *and* how to order replacement parts. (That's refresh-

ing in our all-too-often throw-away world.) For what you get, a price under \$25 is quite reasonable and it comes with one CO₂ cartridge.

In general, I found it worked well. A 12 gram CO₂ cartridge was good for getting 100+ psi into a standard-sized road tire. The trigger for controlling CO₂ inflation was handy and effective enough. The hand pump portion has a flip-down handle. While that helps with leverage, it took me 200 strokes to get to 70 psi in a 700x23C size road tire. The package claims you can reach 90 psi, but I think you'd be hard pressed to hand pump much above 75 or 80 psi. In general, it's better to put less stress on your tube's valve with fewer final strained strokes. Finally, although it's not too complicated to operate, I recommend you familiarize yourself at home with how both the CO₂ and hand pump portions work and convert, from one mode to the other, before you have to do it for real on the road or trail.

My only other mild criticism is some of the plastic parts do not inspire confidence regarding long life of the

pump. However, if you only use the pump portion for the occasional emergency or just initial inflation, the SW should serve you well for several years.

Innovations' "Second Wind" Tire Inflator/Hand Pump

Performance (out of five): ****1/2

Value (out of five): ****1/2

For: double-duty; works well (enough)

Against: pump portion really for emergency use only if you need to reach over 75 psi

Who'd be interested: any road or mt. bike riders who like a minimalist approach to flat inflation

Who'd give it a skip: those who like long frame pumps

Time used: have carried it around for most of a year, but thus far have only used it several times in the basement workshop

Approximate retail price: \$24



Letter from the Editor Curt Evoy

I am back to work on a new year of *Quick Release's* after my holiday vacation. I hope everyone had a very enjoyable Holiday Season. I am still working on my Christmas wish list of bike stuff.

I would like to congratulate Don Struck on being named the No Bell Award winner for 2001. Don delivers the *QR's to the bike shops every month*. I delivered the *QR's one month* and found it to be a time consuming task, so thank you Don enough for your service.

I am using Microsoft's Publisher 2002 to prepare this edition of the *QR*. In my humble opinion Microsoft did not know what they were doing when they did this upgrade. They changed things that did not need to be changed. I think the program was written for a computer more powerful than mine. I was not hoping to update my computer again. Maybe I should up-grade so I can get Microsoft's Windows XP. Oh, another Microsoft up-grade.

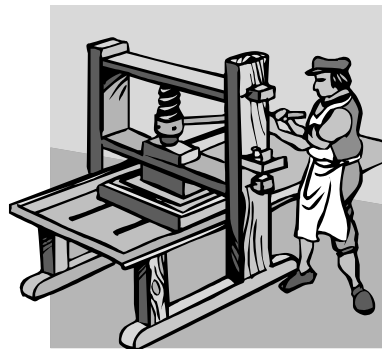
On another computer issue, I have set up an email account for fear that my @home email account might be shut down in the next couple of months. All *Quick*

Release articles should be sent to this account. The address is **qreditor@hotmail.com**. If you email an article, please look for a "received notice" email when I receive the article.

The **deadline** for the March *QR* will be **February 11th** to handle the short month.

I have gone to a 3 column format for the *Quick Release* with this issue. I hope you like the new format. 3 columns should allow me to have more flexibility in laying out the *QR*. If you have any concerns about the new format, please let me know.

See you on the road.



**SPRINGFIELD BICYCLE CLUB
2001 SPINNER AWARD WINNERS**

AGE GROUP	FEMALE	MILES	MALE	MILES
0-19 years	Brea Elston	917	Jack Elston	1000
20-29 years			Patrick Small	1360
30-34 years	Erin Agnew	1611	Jim Agnew	1906
35-39 years	Lisa Kidd	6418	Mike Schwab	3053
40-44 years	Lynn Rhoades	4872	James DuBose	7027
45-49 years	Deeanna Shidler	6412	Charles Witsman	7391
50-54 years	Ruth Magos	2493	Bill Voss	5313
55-59 years	Gail Mugler	1371	Byron Nesbitt	7176
60-64 years	Carol Bock	1745	Bill Bock	3324
65+ years	Sr. Josepha Schaefer	726	Louie Spinner	2393
Wild Card	Cathy Yeaman	5510	Arden Gregory	5634

**SPRINGFIELD BICYCLE CLUB
RIDERS OF THE MONTH**

MONTH	NAME	RIDE MILES	T/F MILES	TOTAL MILES	LED	# RIDES	AVG RIDE LENGTH
2001							
November	Cathy Yeaman	429	128	557	1	14	39.79
October	Lance Kidd	573	101	674	0	25	26.96
September	Derek Ewing	636	433	1,069	0	17	62.88
August	Deeana Shidler	966	220	1,186	0	25	47.44
July	Charlie Witsman	690	406	1,096	8	19	57.68
June	James Dubose	652	90	742	0	19	39.05
May	Lisa Kidd	660	102	762	1	24	31.75
April	Arden Gregory	396	144	540	0	14	38.57
March	Marty Celnick	223	45	268	1	12	22.33
February	Byron Nesbitt	135	69	204	0	6	34.00
January	Bill Voss	191	69	260	0	12	21.67
2000							
December	Lisa Kidd	148	18	166	1	9	18.44

Horsey Hundred

Ernie DeFrates

On Memorial Day weekend three years ago, about 15 Bike Club members went on a ride near Lexington, Kentucky, called Horsey Hundred. Everyone I talked to had a great time and suggested we go back again. I thought this would be a good year to return. It also will give Dean Wisleder a break from organizing the trips to S.H.I.F.T.

Horsey Hundred is May 25 & 26. It starts at Georgetown College in Georgetown, Kentucky, about 10 miles north of Lexington. The drive there is about 6 to 7 hours, but it is worth it to ride in beautiful scenic Bluegrass Country during Kentucky's springtime. The ride routes are 30, 50, 60, 75, and 100 miles on Saturday and 30, 50 and 65 miles on Sunday. The roads are paved and lightly traveled, with many rolling hills. The horse farms are spectacular. You can stay at Horsey Headquarters in dorms at Georgetown College for a small fee, camp nearby, or stay at motels in Georgetown or



nearby Lexington. Rest-stop snacks and lunch will be provided both days on all routes. You can also purchase meal tickets covering two breakfasts and one dinner.

This was one of the best two-day rides I have ever done. We may, as we did last time, drive to Louisville after Sunday's ride, stay overnight in Louisville, then do a short

ride with the Louisville bike club on Monday. The Bluegrass Cycling Club has more information about Horsey. You can download a registration form from their website at <http://www.bgcycling.org/horsey/> I will e-mail them and have them send me some registration forms. Registration is limited to 1,000 riders, so don't wait until the last minute. If you have any questions, please e-mail me or give me a call at eld3bik@aol.com or 544-1398.



Board Meeting Notes - December 12, 2001

C. J. Kvamme

Present: Alan Josephson, Ernie DeFrates, Chuck Orwig, Curt Evoy, Gail Mugler, Cindy Kvamme, Marty Celnick, Leon Miner

Ernie opened the meeting and the minutes were approved.

Alan noted that he has added two additional evening rides to the February schedule. A Tuesday and Thursday night ride beginning from the IDOT Trail or the Wabash Trail will be scheduled. Alan will also be ready to draw the two winners of the ride incentive program at the Holiday Party.

Ernie presented the Treasurers report for Linda. We have \$2933.43 in checking and \$2129.25 in savings.

Chuck is getting the Spinner Award information together. He reminded us that you must have at least 500 hundred miles to qualify for an award. He plans to give 22 plaques and many mileage pins.

Curt is working on a new SBC brochure and brought a copy for us to read. He is also still trying to get the cost of the Newsletter down. He is hoping that some mem-

bers will take the information off the Web Site instead of getting the newsletter mailed to them.

Leon checked on getting registration band bracelets for the CCC. He said they are easy to get and inexpensive. Leon will also talk with Rev. Boutelle about sharing the registration fee from the T.G.I. Spring Ride.

Marty has gone through the book sent to us by the LIB suggesting ideas for Bike Month. Several suggestions were made on contacts and ideas for the month including bike racks in town and also racks on some buses that serve schedules to Lincoln Land and the Sangamon State area.

Under new business there was some discussion on limiting the number of Show and Go miles on each ride. There is a safety issue riding in the dark and the original idea of a Show and Go was to still have a ride even though a ride leader was unavailable. No decision was made.

The Best ride of the month was awarded to Alan Josephson, Gail Mugler, and Sue Hack for their 3 Scorpio's ride No-

vember 18th.

Jack Elston was the recipient of the Almost Anything Award for riding 1000 miles this year. Jack is only 10 years old.

James DuBose was nominated twice for the Lead Water Bottle. The first time for his accident while riding the Pana Trail after dark and realizing he would not have enough battery to finish the ride. He turned his light off and fortunately only grazed the pole with his hand. The second nomination was for sandbagging. After calling to find out how many miles everyone had he would call back a few days later to add miles he had been holding back. Alfred Arkley was nominated for riding his bike Friday with the very small wheels in to a rain grate at the corner of Lincoln and North Grand. Luckily he was going very slow at the time. **The winner of the Lead Water Bottle was James Dubose.**

Thanks to Gail for her wonderful hospitality.

BikeTek Road Bike Clearance Sale

Bianchi

Campione '01: 57cm; Campy Veloce/Mirage;	Reg....\$1099	SALE...\$939
Eros '01: 55cm; Campy Veloce/Mirage triple;	Reg.....\$1099	SALE...\$939
Eros '00: 53cm; Campy Veloce/Mirage triple;	Reg.....\$1049	SALE....\$919
Eros '00: 57cm; Campy Veloce/Mirage triple;	Reg.....\$1049	SALE....\$919
Eros '99: 49cm; Campy Mirage/Avanti triple;	Reg.....\$1199	SALE...\$939
Brava '01: 46cm; Shimano Sora triple groupo;	Reg.....\$749	SALE...\$649
Brava '00: 55 & 58cm; Shimano Sora triple;	Reg.....\$699	SALE...\$599
Pista '00: Track bike; direct drive; flat black;	Reg.....\$629	SALE...\$529
Strada '01: 52 & 55cm; Flat h-bar road bike;	Reg.....\$749	SALE...\$659
Axis '00: Cyclocross; alum; Shim/Raceface;	Reg.....\$1349	SALE..\$1129

Litespeed Titanium

Arenburg '01: 55cm; Handbuilt Ti frame; Litespeed carbon fork; full Campy Daytona group; all high end parts. Reg.....\$2589 SALE.....\$1999

Tuscany '01: 59cm; Handbuilt Ti frame; Litespeed carbon fork; full Shimano Ultergra dbl group; all high end parts Reg.....\$3049 SALE....\$2399

Raleigh

R700 '00: 56cm; Shimano Ultegra; carbon fork; Reg...\$1349 SALE...\$1099
R300 '99: 21" touring; Shimano RSX triple; Reg....\$649 SALE...\$499

Cannondale

CAD3 Cyclocross: 56cm; Headshock; made in USA; mix of high end Shimano, Sram & Raceface parts; handbuilt wheelset; Reg...\$1999 SALE..\$1599

Framesets

Litespeed Classic '01: 57cm; Handbuilt Ti polished frame; Litespeed carbon fork; we can build it with the parts you want. Reg....\$2179 SALE....\$1899

Bianchi XL ev2 '01: 57cm; Reparto Corse built frameset; bike of Mecantone Uno Team; Megapro tube design; Reg.....\$1299 SALE....\$999

Present ad to Bike Tek for 1 free tube of your choice

BikeTek INC.

957 CLOCKTOWER DR., SPRINGFIELD, IL

(217) 787-2907

FEBRUARY 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Calendar of Events

Sunday February 3 **Superbowl Ride/ Party**

Friday February 3 **Raclette Dinner**

Wednesday February 6 **Board Meeting**

Sunday February 10 **New Ride Leaders - snacks & drinks**

Tuesday February 12 **Lincoln's Birthday Ride**

Sunday February 17 **Plenty of food ride**

Monday February 18 **Washington's Birthday Ride**

Sunday February 24 **Jack Elston Birthday Ride**

Saturday March 2 **Ham & Bean Ride**

Saturday May 4 **TGI Spring - Petersburg**

Weekend May 24-26 **Horsey Hundred – Georgetown, Ky (Lexington)**

Week July 21-27 **RAGBRAI XXX - Iowa**

Weekend August 9-11 **Madison, Wi- Club Ride and Midwest Beer Festival**

Sunday September 8 **CCC- Lake Springfield Beach House**

Weekend October 4-6 **Hilly Hundred – Bloomington, IN**

February 2002– SBC Ride Schedule

Anyone with questions about rides or interest in leading a ride can contact Alan Josephson 793-0590 or email me at ahjosephson@yahoo.com. Remember our ride schedule is what we make it. Why not plan to lead a ride on your **birthday**, **anniversary** or **special event**? It is very easy to be a new ride leader. Just call me or ask around. Check the web site for maps and rules. Make sure to review the **NEW RIDE LEADER INCENTIVE RULES**. Fifteen points for qualification.

Winter riders are reminded to wear multiple layers of NON-COTTON materials. Call someone who rides during the winter (board members can help) for tips on dressing for winter riding. Most ride leaders will not start a ride if it is raining, snowing or if the roads are covered with snow or ice. Road tires are very susceptible to flats due to ash on roads so be prepared to ride mountain bikes. Cold weather will not cancel a ride unless the wind-chill is dangerously cold (you don't even want to know how cold that is). When in doubt, attempt to contact the ride leader. Sometimes a route will be shortened due to cold weather. **Note also that Friday night walks can be turned into skiing.** Join us during the month and enjoy!

Remember to bring ski's to Lincoln Memorial Gardens at the time of a scheduled week end/ holiday ride if there is enough snow. Although sometimes we might switch to Washington park, so read the TEXT. If in doubt check with the ride leader.

Week day and night rides are consistent throughout the month. Due to popular demand, we are trying **Tuesday and Thursday night Show –N- Go** rides for all those who can't get enough. We'll revisit this again in March.

Monday thru Friday 10:00 AM BC	Daily - "Show –N- Go" 1511 Bates Alfred Arkley, 546-4972	Daily morning rides for those wanting to get in some extra miles! No leaders, no maps, although Alfred and Ernie are regular riders. Participating riders should turn a ride sheet in to Karl Kohlrus.
Monday thru Friday 10:00 AM BC	Daily- "Show –N- Go" Pana Trail-Lake Taylorville Parking Lot Rt 29	Daily-Show- N- Go along the Lincoln Heritage Trail. Turn miles in to Karl
Monday Wednesday & Friday- Noon BC	IDOT, South Parking Lot Dirksen Parkway Lost Bridge Trail Lisa Kidd, 546-1698	"Lunch with Lisa" ride. Lisa leads the noon trail ride throughout each week. Skip lunch and get ready for Lisa ("I'll make up a story")'s bubbly commentary as we ride the trail with Lisa and other SBC regulars!
Tuesdays 6:00 PM BC	IDOT South Parking Lot Dirksen Parkway Lost Bridge Trail	Weekly night-Show-N-Go along the LBT. Turn miles into Karl
Wednesdays 6:00 PM BC	Pana Trail- Lake Taylorville parking Lot Rt 29	Weekly night-Show-N-Go along the Lincoln Heritage Trail. Turn miles into Karl.
Thursdays 6:00 PM BC	Parkway Point Theater Parking Lot Lindbergh & Robbins Rd	Weekly night-Show-N-Go along the Wabash Trail. Turn miles into Karl.
Friday February 1 7:00 AM NC	Jungle Jim's Café 1923 Peoria Rd. 789-6173	Enjoy breakfast at one of our favorite places.
Friday February 1 6:30 PM NC	State Capitol Complex Corner of 2 nd & Monroe Marty Celnick, 522-4206	Join Marty and the gang for a brisk 6:30 PM February walk and dinner someplace downtown. If you want to just eat, call Marty to see about dinner places.
Saturday February 2 12:00 Noon ABC	Show Me's parking lot Interurban Trail Lisa Kidd, 546-1698	Lisa's got a 25 miler for us in search of that elusive ground hog! If snow prohibits bicycling, then take to Lincoln Memorial Gardens.
Sunday February 3 1:00 PM Ride 2:30 Party 5:00 Game	2513 Shawnee Dr. Karl & Christine Kohlrus, 544-8410	SUPER BOWL RIDE / PARTY. Come join us for any portion of this popular event. Bring an item to share with Beau! Remember that football deficient people are welcome to play games and eat!

Wednesday February 6 7:00PM NC	2526 Austin Drive Jonathan Reininger, 698-1724	Board Meeting – Join us to find out what we really do. When you figure it out, please tell us!
Friday February 8 7:00 AM	Ritz's Lil Fryer 2148 N. Grande Ave E 528-0862	Come, join us for breakfast.
Friday Febru- ary 8 6:00 PM Walk NC	2513 Shawnee Dr. Karl & Christine Kohlrus, 544-8410	Raclette Dinner at the Kohlrus home. You MUST RSVP FOR DINNER due to limited seating. Call 544-8410 to RSVP BY WEDS FEB 6th.
Saturday February 9 11:00 AM BCD	Lincoln Memorial Gardens East Lake Drive Sue Hack, 546-4514	Sue will have a 10 & a 25 mile route. Make sure to bring ski's just in case.
Sunday Febr- uary 10 12:00 Noon ABCD & NR	119 White Birch Rd Jolleen Vollmer, 529-2671 Jenifer Pivovar	White Birch is located across from Forest Park East (picnic place) in the subdivision of Bob Sorenson and Arden Gregory. Join our two teenage new leaders on a 10-20 mile weather dependent ride with hot drinks and snacks following. If any questions, call. All riders are invited!
Tuesday Feb- ruary 12 11:00 AM ABC	1511 Bates Alfred Arkley, 546-4972	Lincoln Birthday Ride. Alfred will lead us around someplace, maybe the trails, possibly the roads looking for Lincoln stuff. If snow is present, plan on showing up and skiing at Washington Park.
Friday February 15 7:00 AM NC	Grotto Business Rt 55 Sherman	Breakfast is a great way to finish the week by socializing with friends.
Friday Febru- ary 15 6:30 PM NC	Café Brio 6 th & Monroe Ernie Defrates, 544-1398	Enjoy a crisp walk in the downtown followed by food and drinks around 7:30 PM. Call Ernie if you just plan to eat.
Saturday February 16 12:00 Noon ABCD & ER	Lake Taylorville Parking Lot Pana Trail Rt. 29 Deeanna Shidler, 474-1530	Dee will take us on and off the trail for up to 25 miles. If the trail is clear, this ride will be for all riders. We will find a place for food following the ride.
Sunday February 17 1:00 PM ABCD	4106 McGregor Frank & Penny Kink, 698-3525	Frank plans on a short ride with food served at 2:00 PM. Penny is thinking Chilli and Chicken & Noodles, so don't eat before the ride. You can just show up to eat if the weather's bad because the food will be made. Everyone invited. Call if you have any questions.
Monday February 18 11:00 AM ABC	Arby's-Chatham & Monroe Fairhills Mall Marty Celnick, 522-4206	President's Day Ride. Who knows what Marty will do? Loops of Washington Park? Ride West & East on Washington Rd? Visit Washington School? Got to show up to see! Maximum miles of 25 unless we get a heat spell.
Friday Febru- ary 22 7:00 AM NC	Cooks Spice Rack & Chilli Co 910 N. Grand Ave West 492-2695	Breakfast is a great way to finish the week by socializing with friends.
Friday Febru- ary 22 6:30 PM walk NC	Imos Pizza 751 South Durkin Dr. Kevin Brown, 787-5652	Kevin will lead a walk and then retire at 7:30 PM to a new place (for the club).
Saturday February 23 11:00 AM ABCD & ER	IDOT South Parking Lot LBT Ernie Defrates, 544-1398	Ernie looks to go up to 25-30 miles today. As with all our rides, you can go less. If too much snow go to Lincoln Memorial Gardens with skis.
Sunday February 24 11:00 AM ABC	111 Price Williamsville Elston Family, 566-2698	Kedra & Mike are having a POT LUCK at their new home so bring something to share. Kedra will whip up the main dish. Jack is celebrating his birthday. With so much going on you gotta be there. Price is located opposite the Williamsville Park which is on the main road East of town.

Friday March 1 7:00 AM NC	Hen House I-55 & Toronto Rd 529- 3690	P_E_C_A_N waffles and other terrific goodies. Join us for breakfast.
Friday March 1 6:00 PM ABC	Taste of Tai Restaurant Capitol City Shopping Plaza Dirksen & Stevenson Jonathan Reininger, 698-1724	Walk at 6:00 PM and eat at 7:00 PM. Call Jonathan if you just plan to eat.
Saturday March 2 10:00 AM ABC	114 Basswood Bob Sorenson, 529-1141	Bob will have his famous ham & beans ready to warm all of the chilly riders after today's ride. The distance will be weather dependent but no more than 40 miles. Non-riders welcome. If weather is too bad we will ski at Lincoln Memorial for an hour or so and then return for food.
Sunday March 3 11:00 AM ABC	Harmon IGA in Chatham Plummer Rd & Rt 4 (by Mobil) Cathy Yeaman, 483-4912	Weather permitting, Cathy has a 30-35 mile route planned for us. Lets stretch those legs and other body parts and go for it.

RIDE TYPES

- A - 17+mph average speed
- B - 15 to 18 mph average
- C - 12 to 15 mph average
- D - 8 to 12 mph average
- ER - under 8 mph average*
- NC - Non-cycling event

MB - Rides suitable for mountain and all-terrain bikes

Show-N-Go - No ride leader is scheduled. Ride on your own and turn in miles to Karl.

ER rides are slow paced social group rides without maps. Usually neighborhood tours.

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SAMPLE DESIGN

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www.liquidbikes.com

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Board Meeting Notes - November 7, 2001

C. J. Kvamme

Present: Kathy Shepard, Mark Smith, Curt Evoy, Louie Spinner, Linda Butler, Cindy Kvamme, Alan Josephson, Dave Lucas, Jonathan Reininger, Marty Celnick, Jennifer Pivovajrnik, Jolene Vollner, Ernie DeFrates, Mark Jenkins.

Alan opened the meeting and the minutes were approved.

Alan has finished with December and January's ride schedule. He has also made some changes to the ride leader incentive program. An article will appear in the newsletter. Alan noted that the No Bell nomination process has started.

Dave has had a request from Chuck Orwig to convert the membership data into something that will help him with the Spinner Awards. None of the computer experts at the meeting seemed to know how to accomplish this task with the files we have.

Linda reported that our treasury checking account has \$3341.63 and the savings account has \$2112.55 of which \$1668.54 is the Advocacy Fund. She recently reimbursed Garland Stevens \$178.00 for road paint. Ernie motioned that the dues for

Adventure Cycling and League of American Cyclist be paid. Dave seconded the motion. The motion passed.

Jonathan is going to get together with Jerry Ihnen and Rev. Boutelle to set a date for the T.G.I. Spring ride.

Kathy reminded everyone of the Holiday Party on December 16th and that the photo deadline for Garland is November 15. She still needs someone to cook the ham for the Holiday Party.

Curt has acquired Adobe Acrobat and Publisher 2002 to aid in publishing the Newsletter. He asked about adding picture to Mark Flotow's articles. It was agreed that the article was enough.

Ernie and Scott met with R&M and Bike Tech. R&M will advertise for six months on our website and Bike Tech signed for six months on the web and two months in the newsletter. Ernie is making arrangements with Scott to meet with the other bike shops.

Louie reminded everyone that Sister Josepha was leaving for India at the end of November and he would write a goodbye and good

luck article for the Newsletter.

Ernie would like to form a committee of the members at large to work on Bike Month. This would be Marty Celnick, James Dubose, and Lynn Miller. Ernie received a book of ideas for Bike Month from the LIB. A tentative date for the annual membership drive meeting has been set for May 1st to coincide with Bike Month.

Under new business the number of ride incentive gift certificates are being changed to four winners instead of two. Cindy motioned to give four certificates of \$50.00 each. Dave seconded the motion. The motion passed. Ernie noted the Sangamon Valley Trail is moving forward. They are trying to secure the last six remaining parcels. **For Memorial Day weekend the Bike Club will get together to go to Horsey Hundred in Georgetown, KY.**

Nominations for the Almost Anything Award were Kevin Brown and Lola Lucas for their Halloween Ride and Party. Alan Josephson and Dave Lucas were nominated for assisting Ernie with a flat

(Continued on page 18)

Secretary's Report January, 2002

Dave Lucas, Secretary

Renewals

Micci Bly
 Don Daniels
 Tony Henn
 Rebecca Hood
 Dorothy Hosto
 Scott Larkin
 John Sanford
 Patrick Small
 Louie Spinner
 Genio Staranczak
 David & Marcia Sykuta
 Mike Vonnahmen
 Jim Yeaman & family
 Bode & Marybeth Zietz

New Members

Michael Ryan
 Larry Vancil

Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

From The Net

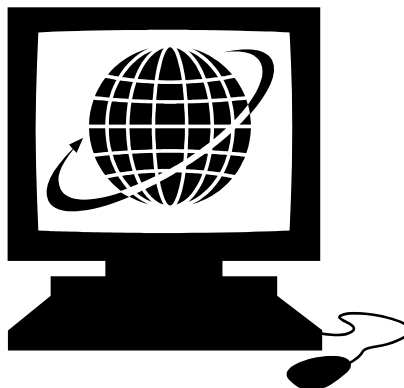
Scott Gauvin Webmaster

A new year of cycling and friendship is here and so is a new design for the SBC website. The site is always evolving and changing. This year I want to focus through this medium on finding out what you the members want to see on the site. I also want to get your feedback concerning changes or lack there of on the site. Your suggestions and comments mean a great deal and help guide the website in one direction or another. Remember you are the SBC and this is your website.

We are working on developing advertising for the website so that the club can raise some extra funds from the website, while still informing members of activities and rides. If you know of any local business that you feel would be interested in advertising on our site for a very fair price have them contact us.

In the coming months, closer to the official start of the cycling season some new features will be added to the SBC site to help stimulate member to member communications via the site. We will be adding message boards and possibly an SBC chat room where members can congregate at any time day or night and chat to one another online.

Remember if you have any ideas or suggestions for the site please don't hesitate to contact me.



Holiday Party 2001 Review

Kathy Shepard

When Mike Royer told me he planned to fry four turkeys and his friend Lannie Pratt would roast a fifth for the Holiday Party, I thought we might, for once, have leftovers. Mike chuckled at the thought. He turned out to be prescient.

Those of you who attended the Holiday Party numbered, conservatively, 120. You tasted Mike's and his helpers' excellent turkey, Gail Mugler's delicious ham, and the many delectable dishes you yourselves brought. You shared White Elephant gifts, enjoyed Garland's fantastic slide show, heard Mark Flotow's presentation of the NoBell Award to Don Struck, and witnessed Alan Josephson draw the names of the Ride Leader Incentive program winners. Most importantly, you shared holiday cheer in visiting with your fellow club members and their families. Thanks for your warm and generous participation!

Special thanks go to the following people, who made your party a reality:

Turkey cookers: Mike Royer, Lanny Pratt, Scott & Linda Mahan, Adam DeVries, Mike and Kedra Elston
Ham cooker: Gail Mugler

Slide show creator: Garland Stevens

Decorators: Cindy Kvamme, Cindy Moreno

Coffee providers: Lola Lucas, Kevin Brown

Cleanup: Mark Jenkins, Cindy Kvamme, Kevin Brown, Lola Lucas, Linda Butler, Alan & Harriet Josephson, the Elston family, Mark Smith

You all made it a great party! Upcoming events include the presentation of the Spinner Awards, the new member recruitment at Lincoln Library, the Summer Picnic, and, of course, the next Holiday Party. Watch the Quick Release for dates and details, and mark your calendars!

Lost and Found

A few items were left behind at the Holiday Party. Call me if you're missing a jacket, a kitchen towel, or a couple of table forks. We're still waiting to hear from the owner of the yellow long-sleeved jersey left at the 2000 Holiday Party. Call Kevin Brown and Lola Lucas if you left a lawn chair at the 2001 Halloween Party.

(Continued from page 16)

tire in the dark and Roger Shelton for his Octoberfest Party. **The Almost Anything award is given to Kevin and Lola.**

The Best Ride of the Month was awarded to Deanna Shidler for her October 7th Birthday Ride and Party for Charlie.

The Lead Water Bottle was awarded to Kevin Brown for not showing up to lead his ride. He started at the wrong place. Other nominations were Dave Lucas for getting stuck in an elevator before the IDOT lunch ride and letting Lisa know about it.



Springfield Bicycle Club Mileage and Activity File As of November 2001

Possible Miles for the Month
1150

Year
12742

							AVG.						
FIRST NAME	LAST NAME	RIDE	T/F	TOTAL RIDES	LED		RIDE	T/F	TOTAL RIDES	LED	LENGTH		
1	James	DuBose	787	297	1084	17	1	5342	1164	6506	150	5	43.4
2	Byron	Nesbitt	542	73	615	17	1	4839	1588	6427	179	7	35.9
3	Charlie	Witsman	731	485	1216	17		4451	1816	6267	120	47	52.2
4	Lisa	Kidd	413	21	434	17		4943	693	5636	206	10	27.4
5	Arden	Gregory	308	159	467	8		4372	1125	5497	127	5	43.3
6	Cathy	Yeaman	429	128	557	14	1	3970	1261	5231	124	6	42.2
7	Lance	Kidd	333	15	348	14		4499	620	5119	184	0	27.8
8	Deeanna	Shidler	894	331	1225	23		4066	1049	5115	114	3	44.9
9	Bill	Voss	339	117	456	11		4045	931	4976	163	1	30.5
10	Karl	Kohlrus	313	198	511	11		3204	1627	4831	129	2	37.4
11	Lynn	Rhoades	247	39	286	6	1	3590	1144	4734	101	2	46.9
12	Mark	Flotow	319	36	355	8		3659	812	4471	114	27	39.2
13	Linda	Butler	262	37	299	8		3860	377	4237	130	12	32.6
14	Bob	Sorenson	328	78	406	9		3328	722	4050	102	25	39.7
15	Marty	Celnick	263	32	295	12		3650	378	4028	169	12	23.8
16	Ernie	DeFrates	312	47	359	14	2	3526	144	3670	161	18	22.8
17	Frank	Kink	277	38	315	8	1	2674	677	3351	77	2	43.5
18	Derek	Ewing	137	0	137	4		2238	916	3154	66	0	47.8
19	Alan	Josephson	139	20	159	6	1	2713	368	3081	119	15	25.9
20	Alfred	Arkley	198	3	201	6		2926	96	3022	98	1	30.8
21	Bill	Bock	385	54	439	11		2643	276	2919	78	0	37.4
22	Mike	Schwab	291	23	314	14		2822	95	2917	154	5	18.9
23	Phil	Arnold	204	68	272	5		1748	1090	2838	55	0	51.6
24	Pete	Gudmundson	69	0	69	2		2599	49	2648	83	0	31.9
25	Pete	Harjes	170	24	194	8		2286	248	2534	105	5	24.1
26	Tom	Clark	163	32	195	8		2044	458	2502	97	1	25.8
27	Marilyn	Powell	79	3	82	2		2139	335	2474	56	0	44.2
28	Pat	Stephens	314	41	355	12		2191	248	2439	71	0	34.4
29	Ruth	Magos	181	18	199	5		2144	247	2391	66	1	36.2
31	Louie	Spinner	165	0	165	8		2285	43	2328	109	15	21.4
32	Dave	Lucas	78	36	114	6		1618	475	2093	109	5	19.2
33	Jerry	Ihnen	94	0	94	3		1820	251	2071	74	8	28.0
34	Mike	Vonnahman	43	2	45	1		1724	347	2071	41	0	50.5
35	Garland	Stevens	32	0	32	1		1840	219	2059	72	6	28.6
36	Jon	Edwards	101	13	114	3		1594	408	2002	45	0	44.5
39	Chuck	Orwig	209	16	225	6		1734	172	1906	58	5	32.9
38	Jim	Agnew	42	10	52	1		1522	384	1906	54	4	35.3
40	Carol	Bock	81	18	99	2		1553	146	1699	50	0	34.0
41	Cindy	Kvamme	99	0	99	4		1672	1	1673	75	2	22.3
43	Curt	Evoy	72	3	75	2		1347	171	1518	40	0	38.0

Springfield Bicycle Club Mileage and Activity File As of November 2001

Possible Miles for the Month
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Year
12742

							AVG.					
FIRST NAME	LAST NAME	RIDE	T/F	TOTAL RIDES	LED	RIDE	T/F	TOTAL RIDES	LED	LENGTH		
44	Lynn	Miller	342	0	342	15	1350	58	1408	45	0	31.3
45	Leon	Miner	10	0	10	1	1252	122	1374	38	1	36.2
47	Dean	Wisleder	139	22	161	4	1105	239	1344	33	4	40.7
48	Gail	Mugler	61	0	61	2	1268	73	1341	52	7	25.8
53	Jackie	Galli	148	0	148	4	1220	14	1234	37	0	33.4
54	Sue	Dees	114	0	114	6	1186	0	1186	59	2	20.1
55	John	Day	105	0	105	3	1116	68	1184	30	2	39.5
59	Bob	Carmody	94	7	101	3	1083	68	1151	39	5	29.5
60	Joel	Johnson	125	41	166	3	877	193	1070	24	0	44.6
61	Ken	McGarvey	32	0	32	1	894	149	1043	20	0	52.2
63	Kedra	Elston	88	1	89	4	979	39	1018	61	9	16.7
65	Russ	Farson	38	0	38	1	913	78	991	31	0	32.0
66	Carol	Anderson	26	0	26	2	917	44	961	31	0	31.0
67	Mike	Boyd	201	26	227	6	851	100	951	21	0	45.3
68	Jack	Elston	88	1	89	4	915	33	948	58	0	16.3
69	Brea	Elston	88	1	89	4	884	33	917	55	1	16.7
70	Sean	Hatchett	55	0	55	2	661	196	857	31	0	27.6
71	Brigetta	Ewing	157	0	157	8	821	33	854	51	0	16.7
72	Randy	Germeraad	85	13	98	2	692	85	777	16	0	48.6
73	Sr Josepha	Schaeffer	68	0	68	2	710	16	726	21	0	34.6
75	Curt	Winhold	79	28	107	2	587	106	693	14	0	49.5
76	Nancy	Byerline	38	0	38	1	535	113	648	21	1	30.9
77	Christine	Kohlrus	17	35	52	2	467	177	644	21	0	30.7
78	Brian	Watkins	18	0	18	1	577	43	620	14	0	44.3
79	Stan	Gralnick	31	3	34	1	490	107	597	25	0	23.9
83	Mike	Elston	88	1	89	4	569	9	578	39	1	14.8
82	Jim	Disney	55	0	55	2	510	68	578	15	2	38.5
84	Mike	Eymann	25	0	25	1	514	42	556	15	0	37.1
89	Jonathan	Reininger	32	0	32	1	496	17	513	17	2	30.2
91	Jane	DuBose	15	15	30	1	377	85	462	19	0	24.3
92	Gerry	Orwig	42	6	48	3	375	51	426	31	9	13.7
93	Brian	Lasch	27	2	29	1	380	28	408	14	0	29.1
96	Don	Struck	78	8	86	2	271	98	369	11	0	33.5
97	Tim	Schmidt	69	21	90	2	185	156	341	8	0	42.6
100	Amanda	Kidd	15	0	15	1	307	26	333	18	0	18.5
105	Daniel	Ewing	71	0	71	5	306	15	321	18	0	17.8
107	Melinda	Winhold	67	0	67	2	264	38	302	7	0	43.1
108	Dara	Voss	54	12	66	3	269	29	298	17	0	17.5
112	Richard	Chaput	27	0	27	1	272	0	272	11	0	24.7
113	Kathie	Eller Vlahos	15	0	15	1	251	15	266	10	0	26.6

Springfield Bicycle Club Mileage and Activity File As of November 2001

Possible Miles for the Month
1150

Year
12742

							AVG.						
FIRST NAME	LAST NAME	RIDE	T/F	TOTAL RIDES	LED	RIDE	T/F	TOTAL RIDES	LED	LENGTH			
115	Jason	Kidd	13	0	13	1	245	8	253	15	0	16.9	
120	Sue	Hack	4	0	4	1	196	0	196	19	4	10.3	
126	Cheryl	Eymann	25	0	25	1	135	8	143	5	0	28.6	
131	Kathleen	Winhold	25	0	25	1	120	8	128	5	0	25.6	
148	Carol	Pfeifer	67	0	67	3	93	0	93	5	0	18.6	
152	Paul	Hosmanek	87	0	87	2	87	0	87	2	0	43.5	
158	Anna	Sohm	67	0	67	3	77	0	77	4	0	19.3	
168	Marty	Lomprez	37	0	37	1	63	0	63	2	0	31.5	
189	Jon	Halterman	42	0	42	1	42	0	42	1	0	42.0	
194	Suzie	Tindle	37	0	37	1	37	0	37	1	0	37.0	
231	Bob	McGuire	23	0	23	1	23	0	23	1	0	23.0	
TOTALS			13797	2758	16555	465	11	175325	29575	204900	6574	362	31.2
# RIDERS		91			262	26.8%		85.6%	14.4%				

SPRINGFIELD BICYCLE CLUB 1991 THROUGH 2001 MILEAGE SUMMARY

MON	YEAR										
	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001
JAN	402	3,201	3,733	1,633	1,929	2,463	1,447	3,171	1,521	4,555	2,115
FEB	2,483	5,018	2,615	2,010	2,399	3,492	3,179	4,458	3,327	4,457	3,353
MAR	4,061	4,804	4,435	7,450	4,317	4,490	5,478	3,160	2,266	4,537	7,516
APR	8,902	8,646	7,604	13,792	11,546	7,929	8,427	7,728	7,522	18,007	16,393
MAY	7,913	11,908	12,329	17,390	15,208	12,668	14,030	17,412	17,222	21,550	26,247
JUN	13,567	12,268	11,250	14,905	14,133	11,560	11,657	13,180	14,828	22,210	28,082
JUL	13,295	16,635	14,435	21,917	19,187	23,575	16,787	15,222	15,964	29,102	29,690
AUG	11,129	16,541	16,194	16,398	15,406	17,176	16,938	16,081	17,847	29,151	30,623
SEP	13,974	17,652	13,154	19,834	16,438	18,208	21,448	13,944	17,322	24,586	28,079
OCT	4,210	5,931	4,617	11,296	10,870	7,837	7,639	6,190	8,141	16,599	16,247
NOV	2,565	2,774	4,806	5,772	4,656	4,738	5,886	8,239	10,340	8,493	16,555
DEC	3,416	2,863	2,150	3,867	4,142	3,419	2,715	3,794	4,951	3,367	
YTD	82,501	105,378	95,172	132,397	116,089	114,136	112,916	108,785	116,300	183,247	204,900
TOTAL	85,917	108,241	97,322	136,264	120,231	117,555	115,631	112,579	121,251	186,614	204,900

Springfield Bicycle Club Membership Application

Please accept my application for
Springfield Bicycle Club as:

a New Member

a Renewing Member

Name _____

Address _____

City _____

State _____ Zip _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event

Signature	Date
Parent or Guardian	Date

Type of Membership

- Individual \$10/yr
- Family \$15/yr
- Contributing \$25/yr
- Sustaining \$50/yr
- Patron \$100/yr
- Corporate \$100/yr

Dollars beyond basic \$10 or \$15 rate from Contributing, Sustaining, and Patron memberships go to your choice:

- Bicycle Advocacy Fund
- SBC General Fund

My Advocacy Donation Amount is: _____

Additional Information

Home Phone _____

Work Phone _____

Email Address _____

Family Member Names and Ages

The SBC presents yearly awards for the most "club miles" in various age groups. We need birth dates to determine these presentations. Your participation is optional, of course.

Name 1: _____ Birthdate _____

Name 2: _____ Birthdate _____

Name 3: _____ Birthdate _____

Name 4: _____ Birthdate _____

Official SBC Name Badges

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include \$7.50 dollars extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

I'd like to Volunteer to Help with

- Leading Rides
- Assist with biathlons and triathlons
- Help with SBC social events
- Work on newsletter or photography
- Help with rider & member data
- Provide sag service
- Develop and mark ride routes
- Any SBC activities where I'm needed

I received my application at

- Bike Shop Name: _____
- Current Member

Mail with Check to:
Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705



with Members &



le with US!!



SPRINGFIELD BICYCLE CLUB 2001 MILEAGE SUMMARY

MONTHLY

MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH
January	1,795	320	2,115	15	129	7	8.6	16.40
February	2,832	521	3,353	17	147	10	8.6	22.81
March	6,548	968	7,516	21	282	9	13.4	26.65
April	13,891	2,502	16,393	54	645	42	11.9	25.42
May	22,975	3,272	26,247	74	902	50	12.2	29.10
June	24,674	3,408	28,082	67	925	61	13.8	30.36
July	24,450	5,240	29,690	68	845	51	12.4	35.14
August	25,837	4,786	30,623	89	998	65	11.2	30.68
September	24,534	3,545	28,079	63	740	37	11.7	37.94
October	13,992	2,255	16,247	52	496	19	9.5	32.76
November	13,797	2,758	16,555	41	465	11	11.3	35.60

CUMULATIVE

MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH
January	1,795	320	2,115	15	129	7	8.6	16.40
February	4,627	873	5,468	32	276	17	8.6	19.81
March	11,175	1,841	12,984	53	558	26	10.5	23.27
April	25,066	4,343	29,377	107	1,203	68	11.2	24.42
May	48,041	7,615	55,624	181	2,105	118	11.6	26.42
June	72,715	11,023	83,706	248	3,030	179	12.2	27.63
July	97,165	16,263	113,396	316	3,875	230	12.3	29.26
August	123,002	21,049	144,019	405	4,873	295	12.0	29.55
September	147,536	24,594	172,098	468	5,613	332	12.0	30.66
October	161,528	26,849	188,345	520	6,109	351	11.7	30.83
November	175,325	29,607	204,900	561	6,574	362	11.7	31.17

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