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# The *Quick Release*

## **DUES HAVE GONE UP!!**

*Although we have earlier tried to confuse you by informing you that the dues have gone up while leaving the renewal form unchanged, the truth of the matter is that dues were increased effective 1/1/02. Individual annual memberships are now \$15.00, and annual family memberships are now \$20.00. Membership rates for all other categories remain the same. Please send in your renewals/new memberships at this new rate. Even at the higher rate, I think all will agree that SBC membership is the most fun you can have for \$20.00/year or less. Thanks.*

## **RIDE OF THE MONTH**

Chuck and Gerry Orwig's Jan. 26<sup>th</sup> 37<sup>th</sup> Anniversary Ride was this month's Ride of the Month. This ride included the winning elements of a good route and great food and fellowship following the ride. (We'll overlook the ferocious south wind.)

## **ALMOST ANYTHING AWARD**

Kedra Elston was this month's winner of the AAA Award for helping Marty Celnick dress his wounds after being bitten by yet another dog on the now infamous 1N. Thanks for helping out Kedra!!

## **LEAD WATER BOTTLE**

This month's "winner" of the LWB Award goes to Jerry, The Pathfinder, Ihnen. We all remember the time when Jerry, The Pathfinder, led us through waist deep water on an evening ride, and for his efforts earned the LWB Award less than a year ago. It seems that Jerry, The Pathfinder, must enjoy carrying the LWB as he recently lead several inexperienced riders through ankle deep mud in an effort to spare them from riding a couple of miles on smooth dry asphalt. Nice job Jerry!! I'm sure the new riders appreciated your help as they cleaned the mud off themselves and their bikes.



## El Presidente Ernie DeFrates



**C**ongratulations to all the Spinner award and mileage pin winners! We had a great year of riding. The club as a whole rode over 215,000 miles. Thanks to Chuck Orwig, our incentive chairperson, and Louie and the folks at Spinner Plastics for unique and high-quality Spinner awards. I also want to thank Dave Lucas and Karl Kohlrus for helping Chuck to determine the Spinner award winners. They looked up birth dates, mileage, and age categories and did not make a mistake, which is not easy to do.

Those members who rode 100 miles in 2000 and 1000 miles in 2001 but did not claim their mileage pins should contact Chuck to pick them up.

### Another Dog Bite

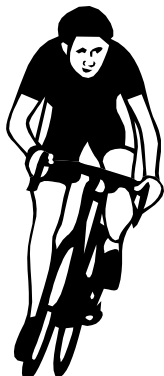
On the club ride on Sunday, January 27, on 1N about 1 mile west of where a dog hit Linda Butler, a dog bit Marty Celnick. While the dog had had its rabies shot, the bite broke skin, so Marty went to Urgent Care to get checked out. He is recovered and doing fine now. We are in the process of addressing this issue. I am getting legislative information brochures from the American Kennel Club, which supports responsible pet ownership. I plan to contact a Sangamon County Board member to make them aware that this is a continuing problem. I called Animal Control, which covers the city and county, and found out that in 2001 there

were 419 reported dog bites and about 439 in 2000. I feel those numbers are much too high. Especially taking into account other counties in the state, I believe we need state-wide legislation to hold pet owners to a higher standard.

### Blood Bank

Members have donated blood on behalf of the Springfield Bicycle Club with the understanding that a bike club member who needed blood would get a pint free. This may have been the policy in the past, but it has not been so for the last three years. All donated blood is free. Club members will not benefit from a donation made in the club's name. So if you have given on behalf of the SBC in the past, thank you! Please keep giving blood, since there continues to be a big need for it.

Please Share the Road and Ride Safe



## Horsey Hundred

Ernie DeFrates

This year, the club is going to Horsey Hundred over Memorial Day Weekend, May 25 & 26. Horsey Hundred is a very beautiful ride in Georgetown, Kentucky, just 10 miles north of Lexington, in the heart of Kentucky Bluegrass Country. Routes are 30, 60, 75, and 100 miles on Saturday, and 30, 50, and 65 miles on Sunday. Horsey headquarters is Georgetown College, where you can stay in the dorms for a small fee. The registration fee includes rest-stop snacks and lunch for both days on all routes. You may

purchase a meal ticket for two breakfasts and one dinner.

The drive from Springfield is about 6½ hours. We probably will leave during the day Friday to get to Georgetown that evening. Some of us may drive to Louisville after the ride Sunday, stay overnight, ride with the Louisville bike club Monday morning, then drive home that afternoon.

I have e-mailed the Bluegrass Cycling Club, the sponsor of Horsey Hundred, and

asked them to send me the 2002 Horsey Brochure. Their website at [www.bgcycling.org](http://www.bgcycling.org) has a lot of good information about last year's Horsey Hundred. Please keep checking it for the 2002 registration form, which they say should be on the website by March. For those of you without access to their website, I will make copies of the registration form once it becomes available. Give me a call at 544-1398 or e-mail me at [eld3bik@aol.com](mailto:eld3bik@aol.com) with any questions, and I will try to answer them.

## Stoneman Sprint & Dew the Tri for Kids—Coordinator Needed

Ernie DeFrates

The Sprint Triathlon is back this year on July 20. Starting at 8:30 a.m. from the Center Park Beach House on Lake Springfield, the Stoneman Sprint consists of a 500-yard swim, a 12-mile bike ride, and a three-mile run. The Dew the Tri for Kids also will start at the Beach House, and will feature a swim, bike ride, and run, starting at 10:00 a.m.

The Springfield Bicycle Club needs a coordinator whose job it will be to get volunteers to act as corner mar-

shals for the 12-mile bike ride for the adults' triathlon and to help with the kids' triathlon bike course. The bike course may need some sweeping a few days beforehand. You may need as many as 20 corner marshals the day of the event. There are bike club members who have coordinated events like this in the past whom you could contact for information.

The Springfield Bicycle Club will make money on the event: around \$1 per triath-

lon participant. The time commitment for you and your volunteers that day should only be a little less than half a day.

The Race Director is Bill Winberg. You can reach him at 793-0374 or [billwinberg@aol.com](mailto:billwinberg@aol.com).

Please call me at 544-1398, or e-mail me at [eld3bik@aol.com](mailto:eld3bik@aol.com) soon to avoid the rush and find out more on how you can coordinate this fun and important event.

## Letter from the Editor Curt Evoy

Over my tenure as Quick Release Editor, I have tried to make the QR as electronically accessible as possible. I have asked club members to think about using the web to receive their QR, I have suggested posting portions of the QR only on the web. These suggestions have been to try to reduce costs of producing the QR. Response to my suggestions has been very limited.

At the February Board meeting, the board was presented with the club's financial statements. To my shock, I saw printing and postage for the QR cost \$5342.47 for the year. I reviewed the numbers for QR production and found the QR is costing the club \$19.20 per member annually. Unfortunately, membership dues are not covering this cost and leaving the club with any extra cash. This has been a long-standing problem with the QR. Using the costs from

last year, I have calculated that membership dues allow for a 20 page QR. This calculation leaves the club with no extra cash for special events or other activities.

Unless, I hear of any other solutions for reducing costs of the QR, I plan to enforce a 20-page limit on future QR's with the board's approval. This allows for about 10 free pages, after all standard pages, the cover, the back page, membership application, message from president, board meeting minutes, ride schedule, and the Tried and True, are subtracted. What goes in the 10 free pages is up to the club. Do you want 4 pages of mileage tables? Do you want to read about the fun trips the club has taken? I need to know. I will reserve the right to publish the articles that fits the page limit.

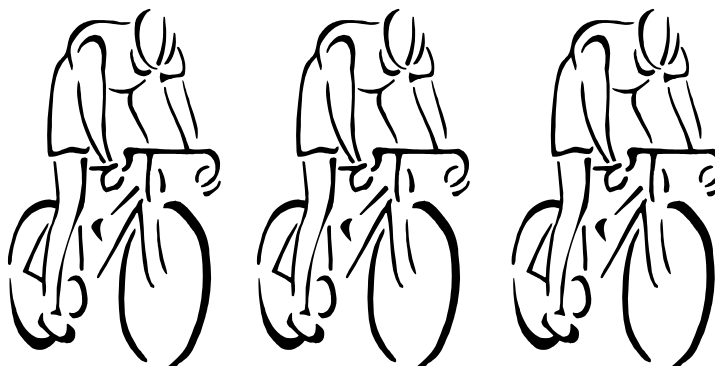
Other possible cost reducing options are printing 2 ver-

sions of the QR, one with the ride schedule, and a full version QR. This will be a lot of work for the club. Another solution might be only printing the first page of the mileage table, usually the Top 40 riders. I know there a lot of numbers in the QR which can be removed, but the numbers help fill up space as required.

Electronic retrieval of the QR is quite possible. I retrieved the latest QR off the web in less than 10 minutes over a phone line.

I ask if you want to write an article for the QR that you limit your article to two pages. Also, please do not forward to me someone else's email story. I will only publish articles emailed to me from the original author.

I appreciate everyone's comments and support of the QR. Thanks. Spring is here. See you on the road!



## Board Meeting Notes - January 11, 2002

C. J. Kvamme

Present: Jerry Ihnen, Alan Josephson, Gail Mugler, Dave Lucas, Leon Miner, Ernie DeFrates, Jonathan Reininger, Chuck Orwig, Jackie Galli, Louie Spinner, Kedra Elston, James DuBose, Marty Celnick, Donna Soulet, Cindy Kvamme

Ernie opened the meeting and the minutes were approved.

Ernie presented the Treasurer's report. In checking and savings the Club has \$4514.46 including the Advocacy Fund.

Alan has the February ride schedule completed. He wanted dates and places for the next Board Meetings. Jonathan Reininger will hold the February meeting on the 6<sup>th</sup>, Cindy Kvamme will hold the March meeting on the 6<sup>th</sup> and Chuck Orwig will have the April 10th meeting.

Dave is continuing to receive renewals at the old rate. The application needs updated and we need to put a large notice of the rate change in the newsletter.

Chuck has the Spinner Awards ordered and at a very good price. Jonathan

Reininger will take digital pictures of the event. Ralph Loos has been notified via e-mail of the event and we hope it will be included in his outdoor section and Chuck has sent a copy of the list of winners to Curt to be printed in the Quick Release.

Marty and Lynn Miller continue to get ideas for Bike Month in May. Several suggestions were given.

Leon has spoken with Rev. Jerry Boutelle and the date for the T.G.I. Spring Ride is May 4. The registration fee will remain the same and we have asked that our Club receive half of the registration fee this year. Since Garland has retired as route marker we need a volunteer to mark the route.

Jonathan is getting the brochure ready for the T.G.I. He has also found someone to help design the CCC T-shirt. CCC riders and anyone just wanting to eat will be receiving wristbands this year. After much discussion Chuck motioned that we raise the registration fee for the 25,62,100-mile and Family by \$3.00. Ernie seconded the motion. The motion passed. The \$5.00 fee for 12-mile participants and those

only eating will remain the same.

New Business: Since Linda Butler's recent accident, we are looking into dog laws. There is no leash law in Sangamon County but rather a dog control law. Gail checked the Internet found there is a liaison in the AKC. They are very interested in having owners control their dogs at all times. If we pursue changing the laws, the AKC might be an organization to contact.

**The Ride of the Month winner is Nancy Byerline** for her December 2<sup>nd</sup> Sherman, Williamsville, Elkhart ride. Nominations for the **Almost Anything Award** were Lance Kidd for putting up with Lisa during the month of December. Karl Kohlrus for his outstanding ability to keep track of the Club miles. Mike Royer for his wonderful fried turkeys at the Holiday Party. **The recipient is Karl Kohlrus.** We only had one nomination for the **Lead Water Bottle** this month. The winner is the dog that caused Linda's accident.

Thanks to Dave for hosting the Board meeting this month.

## Tried and True or Tried and Trash

Mark Flotow

### TREK 4X4 Winter Cycling Gloves

Dressing for winter rides is a balancing act - and I am not referring to staying upright on the bike with so many clothes on. The balancing is between being too cold or too warm. Being too cold on a ride invites hypothermia and all its accompanying dangers, while being too warm means perspiring up a storm, compromising your cycling garments' thermal properties, and then being too cold. There's even an art to the dressing process and getting out the door for a ride without becoming overheated. Still, given the choice, it's better to overdress slightly for weather conditions than to err the other way. If you layer your cycling clothing, there's always the option to lose a layer, even if temporarily, to maintain a degree of comfort.

With all this in mind, the body extremities of feet and hands often are the last parts to overheat and the first to get cold. So, it makes sense, then, to overdress them a little, especially your hands. Your feet can turn stone cold, but you can still apply them to the pedals. With

your hands, however, it's another matter. You need to maintain warmth (and with it, dexterity and strength) in your hands to shift gears, apply the brakes or deal with one of the worst winter situations: repair that unexpected flat. This makes warm, protective cycling gloves a priority when temperatures dip below 40 degrees.

TREK claims their 4X4 model is "at last, the perfect winter cycling glove." This begs the question: what would be the characteristics of a "perfect" winter cycling glove? I'll take a crack at it by listing its characteristics in order of importance: 1) warm (enough), 2) allow dexterity, 3) fit comfortably, 4) long-wearing, 5) soft and 6) washable. Basic things like protection and grip I'll assume fit under 1) and 2).

I'll rate each of these characteristics on a scale of 0-10, with 10 being the highest/best score.

**warm** - 8 For winter conditions in the Midwest, I found these gloves provide the best thermal protection from 40 degrees down to 30 degrees. I don't ride outside too much when it's in the 20's,

but when I do I have a pair of "lobster" style mittens that are plenty warm for my thin fingers, down to 20 degrees. However, most club riders who are out in winter weather for an hour or more do so when temperatures are above freezing, and then the 4X4 gloves are a good choice.

**dexterity** - 6 The above-mentioned mittens would rate about a 2 for dexterity, it should be noted. So, a 6 for the 4X4 gloves is not too bad. The fourth and fifth fingers are together as one in this glove, while the fore and middle fingers remain individual. (So, there are four fingers in each glove or 4X4.) The two smallest fingers together helps with warmth and sacrifices dexterity for the two least-used fingers. The ability to shift gears and work the brake levers is no more compromised than with ordinary five-fingered gloves. However, to stay warm, there is some bulk involved, so they are not good for picking up dimes off the pavement

**fit** - 8 I found the fingers plenty long and the glove, overall, was not too snug. This is important. In general, you want winter cloth-

ing, not just gloves, to fit well but without being tight. Anything that's tight on the skin, especially the extremities, can compromise blood circulation. (Bonus tip: leave your cycling shoes' laces or straps looser in winter than you might for summer riding to maintain blood circulation to the skin.) The 4X4 gloves have a soft, loose fitting liner that helps with a comfortable fit, not too mention extra warmth. (In fact, there's a caution label sewn into the cuff that warns against pulling the glove off too quickly and inverting the lining.) I found I could wear a thin polypropylene glove underneath the 4X4's to extend the lower limit of the glove's temperature range. There is a long double cuff - a nice feature for eliminating wrist drafts when your jersey or jacket sleeves creep up a little. The inner cuff is elasticized and the outer cuff has a velcro tab for a custom fit.

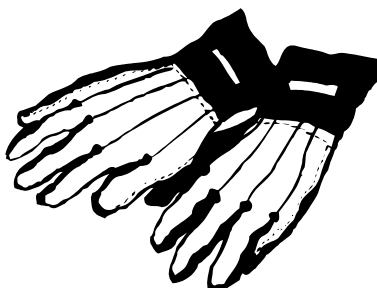
**long-wearing** - 7 So far, the gloves have held up well. All the stitching is intact after two winter seasons of use. The palm side of the glove has a leatherette-like material on the thumb and the two small finger portion and a fine diamond patterned, stiffer neoprene-like material from the fore and middle fingers down to the base of the thumb. Both of these materials help with

grip and promote durability.

**soft** - 5 The 4X4 glove is on the stiff side. It's difficult to have it both ways - a glove that is both long-wearing, and soft and comfortable. One soft section is a "snot pad" on the fore, index and thumb portion of the backhand - "handy" for those of us who are nasally challenged in cold weather.

**washable** - 5 Although the tag says the 4X4 gloves are machine washable, I recommend you wash your winter gloves as little as possible. Washed gloves never seem to be the same afterwards - the lining can get bunched up, the outer protective layer becomes less pliable and colors can fade. If you do wash these gloves, I suggest you do it by hand using mild soap, like baby shampoo.

Overall, these may not seem like the highest of scores, but, while not "perfect," they score well on factors that matter most. I like



these gloves - they are very functional, have a number of useful technical features and hold up well with a little care. The gloves are a little pricey at \$40, but for what you get, it's reasonable. I bought the basic black, but that may be a moot point. For 2002, apparently, TREK offers only the 3X3 (lobster style) mitt and an "anatomy" (five-fingered) glove for winter riding - so much for "at last, the perfect winter cycling glove."

TREK 4X4 Winter Cycling Gloves

Performance (out of five): \*\*\*\*1/2

Value (out of five): \*\*\*\*

For: well-designed and functional

Against: nothing

Other: gloves can clip together to keep them from going AWOL from each other when in your travel bag, or handy for drying

Who'd be interested: any road or mt. bike winter-weather riders

Who'd give it a skip: those who are waiting for spring

Time used: two full winter seasons. Approximate retail price: \$40  
Next Month: Bootie time

Sock Guy Lycra booties vs. Teo Sport Allumil booties

## 50 Ways to do RAGBRAI

Tom Clark

A lot of SBCers have asked me about RAGBRAI since I joined the club a couple of years ago.

I'm going to combine information from the RAGBRAI web site with my own experiences to answer some of the perennial questions, and offer my own reflections on some of the issues surrounding the ride.

What is RAGBRAI?

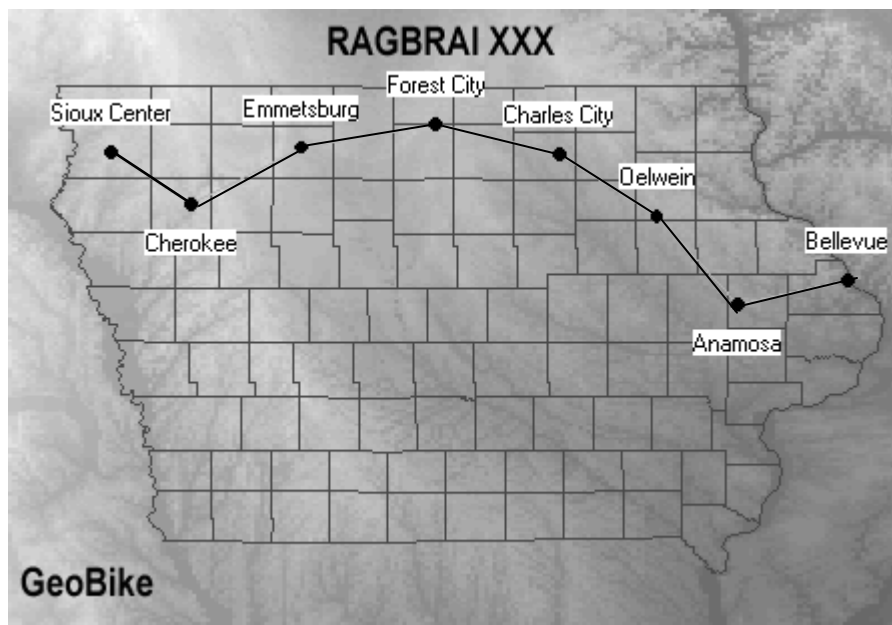
The official web site states that "RAGBRAI®, The Register's Annual Great Bicycle Ride Across Iowa®, is an annual seven-day bicycle ride

across the state. RAGBRAI is the longest, largest and oldest touring bicycle ride in the world." Starting with a six-day "casual ride by friends" across Iowa in late August 1973, it became a 7-day ride the following year. Since 1981, it has always been held the last full week of July.

Meteorologist Elwynn Taylor of Iowa State University has provided helpful weather research for the benefit of RAGBRAI organizers, pointing out that the last week of July is statistically the hottest time of year in Iowa, and not

the best time for riding. He has provided incontrovertible evidence that the predominant wind this week of the year is south-southeast, not south-southwest, meaning that on average riders have a headwind, not a tailwind during RAGBRAI. I do not believe he has ever received an official response from the organizers.

My first RAGBRAI, RAGBRAI XXII (July 24-30, 1994) effectively suckered me in. The web site notes that "Nearly everyone agrees that this RAGBRAI enjoyed





some of the best weather ever, temperatures of 75-80 degrees each day with low humidity and a tailwind on most days". Every year since then has been physically challenging for me, at least in part due to the heat.

The "official" ride has gone from west to east every year, beginning at or near the Missouri River, and ending at the Mississippi river. I have heard the rumors about it going from east to west one year, but they are not reflected in the "official" history.

How do I go on RAGBRAI? Do I need to register? Etc.

This year's route traverses the far north of Iowa (see map), starting in Sioux Center and ending in Bellevue. Those who want to register for RAGBRAI XXX (July 21-27, 2002), individually or as a team, should print out the application from the web site and mail it in with a check or money order for \$100 for each rider, post-marked by April 1 2002. Applications are available at:

<http://www.ragbrai.org/application.htm>

Excerpts from the RAGBRAI official Web site ([www.ragbrai.org](http://www.ragbrai.org)) appear in italics below.

"8500 Annual Riders. In fact, the ride has become so popular that RAGBRAI officials now limit the number of week-long riders to 8,500 in order to maintain a sense of control and insure fewer injuries." "Largest Daily Rider Counts. In 1988, an estimated 23,000 riders had taken part in the leg of the ride from Boone to Des Moines by 3 p.m. ... in 1997, an estimated 20,000 riders pedaled into Des Moines from Creston." "We encourage you to follow the application procedures and come along only if you are accepted as a registered rider. It is crucial that we keep our number of riders at the level suggested by the Iowa State Patrol and the Iowa DOT for the safety of all riders."

My attitude these days is ... I'll ride registered and help pay for the ride, but encourage "outlaws" not to change their ways, unless an open registration system is re-instituted. Read on to understand how I arrived at this point of view.

To some extent, the event is beyond the control of organizers, having taken on a cultural identity of its own. The RAGBRAI office has no real power of enforcement, although they send impressive letters "banning" some teams or censuring individuals. Anybody is free to ride

their bike on the road during RAGBRAI, subject only to their own ethical sensibilities. In addition to the 8500 registered week-long riders and those purchasing day passes, many thousands ride the week unregistered, and unregistered day riders swell the ranks near larger cities.

The organizers tried an open registration system at one point, reaching upwards of (I believe) 12,000 registered riders. Advised by state and civic authorities that this number was untenable, they capped registration at a much lower number the following year. Many groups who already had vacation time, team buses, etc. came anyway. This may have spurred the growth of the "outlaw" movement. A significant portion of registrations are allotted to groups exempted from the Lottery, such as Iowa bicycle clubs. These groups automatically get a block of tickets for a quota of riders. Without these lottery exemptions, more large groups would be riding as outlaws.

However, your individual chances or the chances of your "non-exempt" group within the actual Lottery system are totally random. The organizers love to highlight this fact, but not the "Lottery exempt" issue. In the past few years, few who

applied for the Lottery have been turned down. You can almost always get a ticket at cost from someone who was not going, or from RAGBRAI organizers through the “official” system for returning tickets you cannot use. The extreme length, heat and hills in recent years have probably convinced some that RAGBRAI is not merely a “fun” week-long ride.

Ironically, the organizers are now supporting even larger numbers of week-long riders than at the peak of open registration, finding the fees of registered riders and vehicles quite sufficient for the task (over \$850,000; the excess goes to the Register’s charitable foundation). If unregistered folks decided to register en masse, many of those who won’t ride unregistered would find themselves without a ticket. And civic boosters would not be happy about the decrease in riders.

Q. How do I know if I have been drawn in the lottery?  
 ”A. If you have provided a Social Security number with your application, you can go to the RAGBRAI Web page, [www.ragbrai.org](http://www.ragbrai.org), on May 1, enter the last four digits of your number and your birth date to see if you've been selected.” (or call 1-800-I RIDE IA).

Q. If my application is drawn, what kind of services can I expect for my fee?  
 ”A. The fee provides daily baggage transportation, sag wagon service, emergency medical service, supplemental accident insurance, route markings, daily maps, wristband discounts, camping facilities, 14 bicycle shops on the route and in the campgrounds to service your bike, and great Iowa hospitality.”

Basic first aid and free sag service are actually available regardless of wristbands (registration), as are daily maps, route markings, and bike shops. Showers and other services are available at a slightly higher price to the unregistered. Emergency medical service is available to all but must be paid for. The health insurance that comes with registration is supplemental to your own and has a \$500 deductible, but can be an inducement for those without insurance. The official campgrounds are for registered groups, but towns also provide space for the unregistered. Many riders seek to stay in the homes of friends or relatives, or local residents contacted through the official hosting program. These hosts do indeed show “great Iowa hospitality.” This is a very special event for Iowans, and you will find the large majority friendly, helpful and interested in

“where you from?” Participants buy their own food and refreshments from private and community vendors situated every few miles along the route at locations of their own choosing. Water is free in every town, and many vendors sell Gatorade. “Kybos”, Iowan for “port-a-potty”, are available in every pass-through town, and there are numerous cornfields across the state.

Q. How many bags am I allowed on the Des Moines Register's baggage truck?  
 ”A. You are allowed one soft-texture bag. Your tent and sleeping bag can be tied with the bag.”

Probably a couple thousand registered riders use the Register semi each day to haul their bags to the next overnight town, where they stay in the Register’s own campground area. It’s free with your registration, but finding your bag and a quiet, shady campsite can be challenging. And you provide your own transportation at the beginning or end.

Q. Can I leave a vehicle at the ending or beginning town?  
 ”A. Yes. Charter service is available at both ends of the route. There are round-trip charters ... Information about these rides can be found on the RAGBRAI

Web site.”

Two or three thousand registered riders elect to use one of the 20 sanctioned Charters. They pay (typically) \$85-\$125 extra for this service. For those living to the east, the charters take you from the ending town in eastern Iowa, where you park your car, to the starting town in western Iowa by charter bus (thus their name). Those parking in the starting town get similar service, in reverse. Charters provide Ryder trucks every morning to transport your bags to the next overnight town. You ride your bike from that town to the next overnight town, unencumbered by baggage. You find your bags in the pile, put up your tent (in the shade, if you are early), and then have access to services provided by the Charter at the campsite. Typically these include a shade tent, stacking lawn chairs, coolers containing different types of beer and soft drinks, water, bike pumps and light mechanic service. Charter operators compete to offer the best services, and to gain approved access to the best campsites in each overnight town.

Q. How do I get a vehicle pass?

”A. You must apply for a vehicle pass with your RAG-

BRAI application. We allow 1,500 vehicle passes for each ride. Vehicle passes will not be granted to small groups.”

There are also many thousands of riders who have a private support vehicle, large or small, for their group. Vehicle passes are only issued in support of two or more successfully registered riders. The web site claims there must be five or more registered riders to have the best chance at a vehicle pass, but this is not borne out in my experience. Additional unregistered riders supported by a support vehicle appear to be unnoticed or tolerated by the organizers. Support vehicles have a designated alternate route. While the bike route is not officially closed to vehicles during RAGBRAI, support vehicles observed on the bike route can have negative consequences for future registrations by the team. Many support vehicles park at a half-way “meeting town” to assist their team members. Some “party team” members get on the bus at this point on long days, while the “hard core” riders grind it out.

The “top of the food chain” in support vehicles is a large air-conditioned RV, which can cost \$2000+ to rent for the week and supports only a small team. Many teams have a reconditioned (non-

air-conditioned) school bus, with room for bicycle transport on top, which is converted to second-floor patio seating during the ride. Team buses are one of the visual highlights of the ride. Some groups, such as the Diegos, also “share” their music with you from high-powered bus speakers. Pickups or vans hauling bike carriers are common for smaller teams. Getting a driver who’ll work cheap or free is challenging. Often team members take turns driving. The smallest support vehicle is your own bicycle. Some ride the route self-contained each year, including bikers doing a long “to-from” from their hometowns, and cross-country trekkers.

Do I have to be a party animal to go on RAGBRAI?

Anyone who’s been on the ride could fill many pages telling you about the things they’ve seen or heard about on RAGBRAI. It is my impression that between 10 and 20 percent of the riders can be considered hard-core “partiers”. They typically drink and cavort along the route, off the route, and in camp. It would appear that the large majority of riders do little or no drinking while riding, and those who do drink a lot have typically trained that way (I guess

*(Continued on page 16)*

# MARCH 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## Calendar of Events

Saturday March 2	Ham & Bean Ride
Wednesday March 6	Board Meeting
Friday March 8	Goodbye to Winter Walk
Sunday March 10	Piceses Birthday Ride
Sunday March 17	St. Patrick Ride
Sat-Sun March 23-24	Bicycle Show
Saturday March 23	2nd Midlife Crisis Ride
Sunday March 24	4th Annual Cheesecake Bake off
Friday March 29	Birthday Walk & Healthy Potluck



### March 2002– SBC Ride Schedule

Anyone with questions about rides or interest in leading a ride can contact Alan Josephson 793-0590 or email me at [ahjosephson@yahoo.com](mailto:ahjosephson@yahoo.com). Remember our ride schedule is what we make it. Why not plan to lead a ride on your **birthday, anniversary or special event?** It is very easy to be a new ride leader. Just call me or ask around. Check the web site for maps and rules. Make sure to review the **NEW RIDE LEADER INCENTIVE RULES**. Fifteen points for qualification.

**THIS MONTH IS SPRING!** Even so, most ride leaders will not start a ride if it is raining, snowing or if the roads are covered with snow or ice. Road tires are very susceptible to flats due to ash on roads so be prepared to ride mountain bikes. Cold weather will not cancel a ride unless the wind-chill is dangerously cold (you don't even want to know how cold that is). When in doubt, attempt to contact the ride leader. Sometimes a route will be shortened due to cold weather. **Note also that Friday night walks can be turned into skiing.** Join us during the month and enjoy!

Remember to bring skis to Lincoln Memorial Gardens at the time of a scheduled week end/ holiday ride if there is enough snow. Although sometimes we might switch to Washington park, so read the TEXT. If in doubt check with the ride leader.

Week day and night rides are consistent throughout the month. Due to popular demand, we are continuing **Tuesday, Wednesday and Thursday night** Show –N- Go rides on the trails in March for all those who can't get enough.

Monday thru Friday 10:00 AM BC	Daily - "Show –N- Go" 1511 Bates Alfred Arkley, 546-4972	Daily morning rides for those wanting to get in some extra miles! No leaders, no maps, although Alfred and Ernie are regular riders. Participating riders should turn a ride sheet in to Karl Kohlrus.
Monday thru Friday 10:00 AM BC	Daily- "Show –N- Go" Pana Trail-Lake Taylorville Parking Lot Rt 29	Daily-Show- N- Go along the Lincoln Heritage Trail. Turn miles in to Karl
Monday Wednesday & Friday- Noon BC	IDOT, South Parking Lot Dirksen Parkway Lost Bridge Trail Lisa Kidd, 546-1698	"Lunch with Lisa" ride. Lisa leads the noon trail ride throughout each week. Skip lunch and get ready for Lisa ("I'll make up a story")'s bubbly commentary as we rack up miles on the trail with Lisa and other SBC regulars!
Tuesdays 6:00 PM BC	IDOT South Parking Lot Dirksen Parkway Lost Bridge Trail	Weekly night-Show-N-Go along the LBT. Turn miles into Karl
Wednesdays 6:00 PM BC	Pana Trail- Lake Taylorville parking Lot Rt 29	Weekly night-Show-N-Go along the Lincoln Heritage Trail. Turn miles into Karl.
Thursdays 6:00 PM BC	Parkway Point Theater Parking Lot Lindbergh & Robbins Rd	Weekly night-Show-N-Go along the Wabash Trail. Turn miles into Karl.
Friday March 1 7:00 AM NC	Steak-N-Shake 6 <sup>th</sup> & Ash	End the week with eggs, pancakes and other special breakfast items
Friday March 1 6:30 PM NC	Taste of Tai Capital City Shopping Mall Dirksen Parkway Jonathan Reininger, 698-1724	Walk the subdivisions at 6:30 and eat at 7:30 PM with Jonathan.
Saturday March 2 10:00 AM ABC	Bob Sorenson 114 Basswood 529-1141	Bob will have his famous pot of ham & beans ready to warm all of the chilly riders after today's ride. The distance will be weather dependent (hope it's not a hundred today)

Sunday March 3 11:00 AM ABC	Plummer IGA Plummer Rd & Rt 4 (Mobil) Chatham Cathy Yeaman, 483-4912	Another great Cathy route of 30-36 miles. Dress accordingly and be there/
Wednesday March 6 7:00PM NC	205 S. State Cindy Kvamme, 744-8864	<b>Board Meeting</b> – Everyone welcome to join us, eat and vote for those coveted awards. Also, deadline to RSVP for Friday night!
Friday March 8 7:00 AM	Cooks Spice Rack & Chilli Co 910 N. Grande Ave W	Come, join us for breakfast and spice up your day!
Friday March 8 6:00 PM Walk NC	12 Carlsbad Ct. Jerry Ihnen, 498-8877	Help say goodbye to winter. Join us for a 6 PM walk followed at 7PM fish dinner and trimmings with Mike Royer as the frying chief. Sponsored by the Ihnens, Muglers and Orwigs. BYOB, chairs and a <b><u>MUST RSVP to Jerry by Weds March 6<sup>th</sup></u></b> . Call for directions if you need 'em!
Saturday March 9 10:00 AM ABCD	Rochester Station Rt. 29 Lenny (Leon) Miner, 498-9342	"Ride for the fun of it!" Miles will be counted toward your SBC total, only if you wish. No pressure, no anxiety just good ol' fashion riding somewhere in Christian County for 25-40 miles. Get that pie if the Station is open after the ride!
Sunday March 10 11:00 AM ABCD & NC	7100 Garden View Lane (from Pawnee Rd and E. Lake go South 1 blk and first left) Susan Dees, 529-1826	Pices "AARP" birthday ride for Tom Clark and Pices "not that old yet" birthday ride for Lance Kidd! Max of 50/44 miles, km or circles around the block with shorter cut offs. Sue Dees and Lisa Kidd are in charge of food. So ride and eat regardless of weather.
Friday March 15 7:00 AM NC	Brewhaus 617 E. Washington	Breakfast is a great way to finish the week by socializing with friends.
Friday March 15 6:30 PM NC	Pasta House 2800 SW Plaza Dr	Show & Go Walk. Walk on the Wabash trail and get off through the neighborhoods. Return to eat at 7:30 PM. No leader so you are on your own. Someone will get a few tables for the SBC!
Saturday March 16 10AM ABCD & ER	Panera / Shopko Parking Lot West Wabash Byron Nesbitt, 483-3429	Byron figures 10-35 miles or so if the weather is good. D's and ER's can follow or do the trails. Food afterwards at one of the local restaurants.
Sunday March 17 10:00 PM ABCD	507 Flaggland Sherman Jackie Galli, 496-9242	Jackie plans to have a 20-30 mile ride with hot drinks and cookies to follow. Let's join this long time SBC member. Need more miles, ride to the ride. Directions from Springfield: At St. Johns and Bus I-55, turn left (Springfield Clinic bldg) and then the first right. Green clothes preferred not required.
Friday March 22 7:00 AM NC	B & G Café 1107 E. Ash	Breakfast is a great way to finish the week by socializing with friends.
Friday March 22 6:30 PM walk NC	Marios Pizza Rt 4 Chatham Bill & Dara Voss, 793-0570	Join us for a 6:30 walk around Piper Glen and then for good Italian food at 7:30PM. <b>Call Bill &amp; Dara</b> if you just plan to eat. WE need to have a good count of eaters to avoid slow seating & service.
Saturday Sunday March 23-24 NC	Navy Pier Chicago	Subaru sponsors this years' <b>Bicycle Show</b> . There may be some that wish to go. Ernie Defrates hasn't decided to go as of this writing but will act as "coordinator" for those wish to trek North. Call him at 544-1398. This might also be a great excuse just to go to Chicago for the weekend!
Saturday March 23 10:00 AM ABCD & ER	Rochester Station Rt 29 James DuBose, 498-8221	James' second Midlife Crisis ride. Expect about a 30 mile ride with a surprise or two. Ride the LBT instead if you wish.
Sunday March 24 1:00 PM ABC	Sherman Park ½ Mi E of Business 55 Sherman Louie Spinner, 523-1615	Louie will lead the Club members for around 30 miles.

Sunday March 24 1:00-3:00PM NC	Washington Park Pavillion Lola Lucas & Kevin Brown, 787-5652	For those too hungry to ride Louie's ride but still want exercise, join our hosts at the 4 <sup>th</sup> annual cheesecake bake off. If you bring a cheesecake, it must be HOME MADE. Call Lola or Kevin for details. The exercise part comes in by coordinating your hand and mouth as fast as you can!
Friday March 29 7:00 AM NC	Higher Ground Café' (formerly Bixby's) Montvale Plaza	Join us for breakfast at an old favorite with a new name.
Friday March 29 6:00 PM NC	1540 W. Cook Christa McLaren, 793-4925	Christa is having a birthday walk through Washington Park followed by a LOW FAT/ HEALTHY POTLUCK. She & Marty will provide black-eye pea soup and 3 bean chilli. Bring a HEALTHY side dish and copies of the recipe to share if you bring an especially delightful dish.
Saturday March 30 9:00 AM ABC & ER	Rochester Station Rt 29 Alan Josephson, 793-0590	Alan will try a wind assisted ride going N,E, and S if the wind is in excess of 15 MPH. There will be a 25-34 mile route available as an alternative. Bring Vans for Sag vehicles. Need more miles ride to the ride. ER's can do the trail if they wish.
Sunday March 31 10:00 AM ABC	Arby's Fairhills Mall Chatham & Monroe Lynn Rhoades, 546-0229	Lynn will lead the troops for a 25-30 mile ride looking for the Easter Bunny. Make sure to use your Arby's card upon completion. If you don't have one, just ask inside for a Neighborhood 20% discount card.

**RIDE TYPES**

- A - 17+mph average speed
- B - 15 to 18 mph average
- C - 12 to 15 mph average
- D - 8 to 12 mph average
- ER - under 8 mph average\*
- NC - Non-cycling event

**MB** - Rides suitable for mountain and all-terrain bikes

**Show-N-Go** - No ride leader is scheduled. Ride on your own and turn in miles to Karl.

**ER** rides are slow paced social group rides without maps. Usually neighborhood tours.

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*(Continued from page 11)*

your body adjusts to the hydration issues). Accidents related to drinking and riding appear rare.

Many non-partiers and non-partiers enjoy belonging to a team with shared experiences centering around their week on RAGBRAI. I expect that many team members have a fraternity or sorority background. Maybe half of all RAGBRAI riders are part of some sort of a team, at least nominally, including many family-oriented teams, such as Team Rawhide. Perhaps 70-80 percent of RAGBRAI riders could be characterized as recreational riders, typical of those riders SBCers see on Hilly Hundred each year.

Hard-core riders, like hard-core partiers, are a minority on RAGBRAI (10 to 20%), comprised of those who must ride every mile, every day – with NO drafting! I guess I am at least a wannabe hard-core rider, although I bonked in 1997 and sat out 2 days. The toughest of the hard-core riders, Huck Thompson of Des Moines, Iowa, rode every mile of every RAGBRAI from 1973 until a very tough day 1 on RAGBRAI last year. He will be back in 2002, I'm sure.

## Secretary's Report February, 2002

Dave Lucas, Secretary

### Renewals

Bob & Judy Carmody  
Rick Davis  
Jerry & Lois Huffman  
Larry & Cindy King  
Kent Kraft  
Greg & Colleen Pinto  
George Woulard

### Renewals at the Contributing Level

Christa McLaren

### Renewals at the Sustaining Level

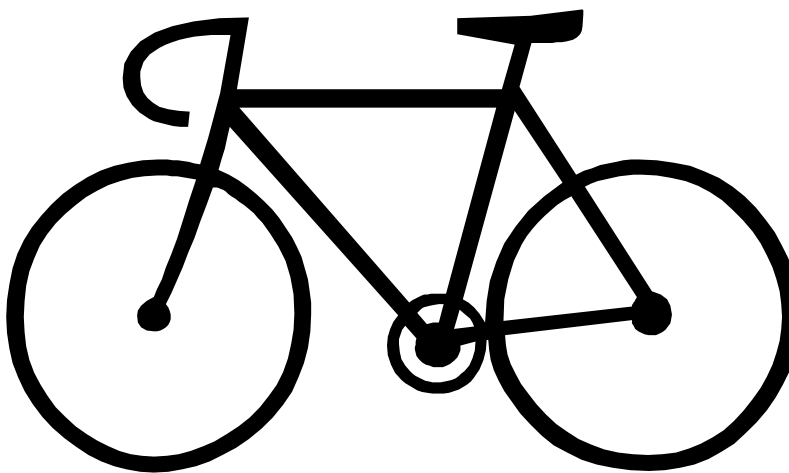
Alan & Harriet Josephson  
Mike Schwab

### New Members

Joe Bunch  
Rob Rulison

### Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.





## Springfield Bicycle Club Mileage and Activity File As of January 31, 2002

Possible Miles for the Month  
685

Year  
685

							LENGT						
FIRST NAME	LAST NAME	RIDE	T/F	TOTAL RIDES	LED		RIDE	T/F	TOTAL RIDES	LED	H		
1	Bill	Voss	364	173	537	16	1	364	173	537	16	1	33.6
2	Karl	Kohlrus	262	174	436	13		262	174	436	13	0	33.5
3	Deeana	Shidler	300	113	413	9		300	113	413	9	0	45.9
4	Charlie	Witsman	378	0	378	13	1	378	0	378	13	1	29.1
5	Marty	Celnick	292	73	365	18	1	292	73	365	18	1	20.3
6	Lisa	Kidd	285	20	305	16		285	20	305	16	0	19.1
7	Alfred	Arkley	242	20	262	9	1	242	20	262	9	1	29.1
8	Tom	Clark	202	27	229	10		202	27	229	10	0	22.9
9	Pat	Stephens	142	48	190	7		142	48	190	7	0	27.1
10	Pete	Harjes	167	8	175	8		167	8	175	8	0	21.9
11	Louie	Spinner	140	25	165	8		140	25	165	8	0	20.6
12	Cathy	Yeaman	144	19	163	7		144	19	163	7	0	23.3
13	Lynn	Rhoades	109	49	158	4		109	49	158	4	0	39.5
14	Arden	Gregory	101	54	155	4	1	101	54	155	4	1	38.8
15	Christine	Kohlrus	91	63	154	5		91	63	154	5	0	30.8
16	Byron	Nesbitt	149	2	151	6		149	2	151	6	0	25.2
17	Lance	Kidd	137	11	148	8		137	11	148	8	0	18.5
18	Frank	Kink	113	31	144	4		113	31	144	4	0	36.0
19	Mark	Flotow	83	46	129	5		83	46	129	5	0	25.8
20	Jerry	Ihnen	107	10	117	6	1	107	10	117	6	1	19.5
21	James	DuBose	76	35	111	3		76	35	111	3	0	37.0
22	Jacki	Galli	106	0	106	5		106	0	106	5	0	21.2
23	Alan	Josephson	102	4	106	5	1	102	4	106	5	1	21.2
24	Lynn	Miller	95	5	100	4		95	5	100	4	0	25.0
25	Brigetta	Ewing	85	11	96	6		85	11	96	6	0	16.0
26	Mike	Schwab	90	3	93	6		90	3	93	6	0	15.5
27	Ernie	DeFrates	80	12	92	4		80	12	92	4	0	23.0
28	Joel	Johnson	54	30	84	2		54	30	84	2	0	42.0
29	Bob	Carmody	54	7	61	2		54	7	61	2	0	30.5
30	Sue	Dees	59	0	59	4		59	0	59	4	0	14.8
31	Randy	Germerand	52	6	58	2		52	6	58	2	0	29.0
32	Kedra	Elston	57	0	57	3		57	0	57	3	0	19.0
33	Daniel	Ewing	43	11	54	3		43	11	54	3	0	18.0
34	Derek	Ewing	48	5	53	2		48	5	53	2	0	26.5
35	Phil	Arnold	28	24	52	1		28	24	52	1	0	52.0
36	Bryan	Lasch	48	4	52	2		48	4	52	2	0	26.0
37	Garland	Stevens	41	10	51	3		41	10	51	3	0	17.0
38	Curt	Evoy	48	2	50	2		48	2	50	2	0	25.0
39	Russ	Farson	50	0	50	2		50	0	50	2	0	25.0
40	Gail	Mugler	49	0	49	3		49	0	49	3	0	16.3

## Springfield Bicycle Club Mileage and Activity File As of January 31, 2002

Possible Miles for the Month  
685

Year  
685

							LENGT						
FIRST NAME	LAST NAME	RIDE	T/F	TOTAL RIDES	LED		RIDE	T/F	TOTAL RIDES	LED	H		
41	Dave	Lucas	41	5	46	3	1	41	5	46	3	1	15.3
42	Jack	Elston	44	0	44	2		44	0	44	2	0	22.0
43	Pete	Gudmunson	43	0	43	2		43	0	43	2	0	21.5
44	Ken	McGarvey	28	10	38	1		28	10	38	1	0	38.0
45	Don	Daniels	26	10	36	1		26	10	36	1	0	36.0
46	Bill	Bock	34	0	34	2		34	0	34	2	0	17.0
47	Jon	Edwards	25	8	33	1		25	8	33	1	0	33.0
48	Jim	Agnew	14	17	31	1		14	17	31	1	0	31.0
49	Jonathan	Reininger	24	4	28	1		24	4	28	1	0	28.0
50	Brian	Watkins	24	4	28	1		24	4	28	1	0	28.0
51	Scott	Gauvin	26	0	26	1		26	0	26	1	0	26.0
52	Chuck	Orwig	26	0	26	1	1	26	0	26	1	1	26.0
53	Curt	Winhold	26	0	26	1		26	0	26	1	0	26.0
54	Dean	Wisleder	15	6	21	1		15	6	21	1	0	21.0
55	Joleen	Vollmer	20	0	20	1		20	0	20	1	0	20.0
56	Brea	Elston	19	0	19	1		19	0	19	1	0	19.0
57	Lara	Schroeder	19	0	19	1		19	0	19	1	0	19.0
58	Rob	Midgley	13	5	18	1		13	5	18	1	0	18.0
59	Amanda	Kidd	11	6	17	1		11	6	17	1	0	17.0
60	Cindy	Kvamme	15	0	15	1		15	0	15	1	0	15.0
61	Christa	McLaren	15	0	15	1		15	0	15	1	0	15.0
62	Leon	Miner	15	0	15	1		15	0	15	1	0	15.0
63	Mike	Royer	13	0	13	1		13	0	13	1	0	13.0
64	Harriet	Josephson	11	0	11	2		11	0	11	2	0	5.5
65	Gerry	Orwig	6	0	6	1		6	0	6	1	0	6.0
66	Sue	Hack	5	0	5	1		5	0	5	1	0	5.0
67	Cindy	Moreno	5	0	5	1		5	0	5	1	0	5.0
TOTALS			5636	1210	6846	273	9	5636	1210	6846	273	9	25.1

## Springfield Bicycle Club Mileage Top 100 As of December 31, 2001

Possible Miles for the Month  
1061

Year  
13803

						AVG.						
FIRST NAME	LAST NAME	RIDE	T/F	TOTAL RIDES	LED	RIDE	T/F	TOTAL RIDES	LED	LENGT		
1	Charlie	Witsman	846	278	1,124	24	5,297	2,094	7,391	144	47	51.3
2	Byron	Nesbitt	654	95	749	21	5,493	1,683	7,176	200	7	35.9
3	James	DuBose	386	135	521	9	5,728	1,299	7,027	159	5	44.2
4	Lisa	Kidd	749	33	782	26	5,692	726	6,418	232	11	27.7
5	Deeanna	Shidler	940	357	1,297	21	5,006	1,406	6,412	135	3	47.5
6	Arden	Gregory	89	48	137	3	4,461	1,173	5,634	130	5	43.3
7	Lance	Kidd	374	30	404	15	4,873	650	5,523	199	0	27.8
8	Cathy	Yeaman	251	28	279	9	4,221	1,289	5,510	133	6	41.4
9	Bill	Voss	262	75	337	9	4,307	1,006	5,313	172	1	30.9
10	Karl	Kohlrus	213	114	327	9	3,417	1,741	5,158	138	3	37.4
11	Lynn	Rhoades	90	48	138	3	3,680	1,192	4,872	104	3	46.8
12	Mark	Flotow	126	26	152	4	3,785	838	4,623	118	27	39.2
13	Linda	Butler	145	0	145	5	4,005	377	4,382	135	12	32.5
14	Marty	Celnick	183	70	253	11	3,833	448	4,281	180	13	23.8
15	Bob	Sorenson	62	28	90	2	3,390	750	4,140	104	25	39.8
16	Ernie	DeFrates	145	13	158	7	3,671	157	3,828	168	19	22.8
17	Frank	Kink	30	3	33	1	2,704	680	3,384	78	2	43.4
18	Bill	Bock	360	45	405	9	3,003	321	3,324	87	0	38.2
19	Alfred	Arkley	264	4	268	11	3,190	100	3,290	109	1	30.2
20	Alan	Josephson	116	6	122	5	2,829	374	3,203	124	17	25.8
21	Derek	Ewing	0	0	0	0	2,238	916	3,154	66	0	47.8
22	Mike	Schwab	136	0	136	8	2,958	95	3,053	162	5	18.8
23	Phil	Arnold	92	61	153	3	1,840	1,151	2,991	58	0	51.6
24	Tom	Clark	373	41	414	14	2,417	499	2,916	111	1	26.3
25	Pete	Gudmundson	90	0	90	3	2,689	49	2,738	86	0	31.8
26	Pete	Harjes	89	16	105	5	2,375	264	2,639	110	5	24.0
27	Ruth	Magos	78	24	102	3	2,222	271	2,493	69	1	36.1
28	Pat	Stephens	26	25	51	2	2,217	273	2,490	73	0	34.1
29	Marilyn	Powell	0	0	0	0	2,139	335	2,474	56	0	44.2
30	Louie	Spinner	65	0	65	3	2,350	43	2,393	112	15	21.4
31	Grover	Everett	0	0	0	0	2,260	89	2,349	63	1	37.3
32	Dave	Lucas	18	23	41	2	1,636	498	2,134	111	5	19.2
33	Jerry	Ihnen	58	0	58	2	1,878	251	2,129	76	8	28.0
34	Garland	Stevens	28	10	38	1	1,868	229	2,097	73	6	28.7
35	Jon	Edwards	71	5	76	2	1,665	413	2,078	47	0	44.2
36	Mike	Vonnahman	0	0	0	0	1,724	347	2,071	41	0	50.5
37	Chuck	Orwig	85	37	122	3	1,819	209	2,028	61	5	33.2
38	Don	Daniels	0	0	0	0	1,425	523	1,948	32	0	60.9
39	Jim	Agnew	0	0	0	0	1,522	384	1,906	54	4	35.3
40	Carol	Bock	37	9	46	1	1,590	155	1,745	51	0	34.2

## Springfield Bicycle Club Mileage Top 100 As of December 31, 2001

Possible Miles for the Month  
1061

Year  
13803

FIRST NAME	LAST NAME	RIDE	T/F	TOTAL RIDES	LED	RIDE	T/F	TOTAL RIDES	LED	H	AVG. LENGT	
41	Cindy	Kvamme	0	0	0	0	1,672	1	1,673	75	2	22.3
42	Erin	Agnew	0	0	0	0	1,299	312	1,611	43	0	37.5
43	Lynn	Miller	179	0	179	8	1,529	58	1,587	53	0	29.9
44	Curt	Evoy	30	0	30	1	1,377	171	1,548	41	0	37.8
45	Dean	Wisleder	45	153	198	1	1,150	392	1,542	34	4	45.4
46	Leon	Miner	0	0	0	0	1,252	122	1,374	38	2	36.2
47	Gail	Mugler	30	0	30	1	1,298	73	1,371	53	7	25.9
48	Patrick	Small	0	0	0	0	1,084	276	1,360	48	1	28.3
49	Dan	Leikvoid	0	0	0	0	917	386	1,303	22	0	59.2
50	Sharon	McBride	0	0	0	0	1,270	30	1,300	55	0	23.6
51	Rick	Regan	0	0	0	0	1,270	30	1,300	55	0	23.6
52	Jackie	Galli	52	3	55	2	1,272	17	1,289	39	0	33.1
53	Curt	Flamm	0	0	0	0	1,081	203	1,284	42	7	30.6
54	Sue	Dees	92	0	92	6	1,278	0	1,278	65	2	19.7
55	John	Day	26	0	26	1	1,142	68	1,210	31	2	39.0
56	Bob	Carmody	45	0	45	2	1,128	68	1,196	41	5	29.2
57	Mary	Thomas	0	0	0	0	1,177	0	1,177	41	4	28.7
58	Bruce	Yurdin	0	0	0	0	1,006	153	1,159	28	0	41.4
59	Bill	McGee	0	0	0	0	1,137	17	1,154	44	3	26.2
60	Joel	Johnson	57	21	78	2	934	214	1,148	26	0	44.2
61	Ken	McGarvey	34	15	49	1	928	164	1,092	21	0	52.0
62	Mike	Boyd	89	14	103	3	940	114	1,054	24	1	43.9
63	Ben	Fox	18	2	20	1	1,001	42	1,043	35	0	29.8
64	Carol	Anderson	57	0	57	2	974	44	1,018	33	0	30.8
65	Kedra	Elston	0	0	0	0	979	39	1,018	61	9	16.7
66	Neil	Scott	0	0	0	0	980	26	1,006	50	0	20.1
67	Jack	Elston	46	6	52	2	961	39	1,000	60	0	16.7
68	Russ	Farson	0	0	0	0	913	78	991	31	0	32.0
69	Brigetta	Ewing	85	5	90	4	906	38	944	55	0	17.2
70	Brea	Elston	0	0	0	0	884	33	917	55	1	16.7
71	Randy	Germeraad	56	31	87	2	748	116	864	18	0	48.0
72	Sean	Hatchett	0	0	0	0	661	196	857	31	0	27.6
73	Sr Josepha	Schaeffer	0	0	0	0	710	16	726	21	0	34.6
74	Curt	Winhold	22	10	32	1	609	116	725	15	0	48.3
75	Armand	Tippet	0	0	0	0	640	74	714	26	0	27.5
76	Nancy	Byerline	57	0	57	2	592	113	705	23	2	30.7
77	Christine	Kohlrus	28	22	50	1	495	199	694	22	0	31.5
78	Kent	Kraft	34	0	34	1	596	25	621	20	0	31.1
79	Brian	Watkins	0	0	0	0	577	43	620	14	0	44.3
80	Mike	Elston	18	6	24	1	587	15	602	40	1	15.1

## Springfield Bicycle Club Mileage Top 100 As of December 31, 2001

Possible Miles for the Month  
1061

Year  
13803

FIRST NAME	LAST NAME	RIDE	T/F	TOTAL RIDES	LED	RIDE	T/F	TOTAL RIDES	LED	H	AVG. LENGT
81 Stan	Gralnick	0	0	0	0	490	107	597	25	0	23.9
82 Tim	Shotts	0	0	0	0	446	140	586	15	0	39.1
83 Jim	Disney	0	0	0	0	510	68	578	15	2	38.5
84 Mike	Eymann	0	0	0	0	514	42	556	15	0	37.1
85 Harriet	Josephson	0	0	0	0	533	18	551	36	5	15.3
86 Kevin	Brown	0	0	0	0	538	6	544	36	5	15.1
87 Connie	Roberts	0	0	0	0	508	26	534	21	5	25.4
88 Roger	Schnelten	0	0	0	0	484	30	514	17	1	30.2
89 Jonathan	Reininger	0	0	0	0	496	17	513	17	2	30.2
90 Christa	McLaren	0	0	0	0	459	10	469	34	10	13.8
91 Jane	DuBose	0	0	0	0	377	85	462	19	0	24.3
92 Gerry	Orwig	0	0	0	0	375	51	426	31	9	13.7
93 Brian	Lasch	0	0	0	0	380	28	408	14	0	29.1
94 Cindy	Johnson	0	0	0	0	375	26	401	15	0	26.7
95 Roger	Wright	0	0	0	0	224	160	384	9	0	42.7
96 Don	Struck	0	0	0	0	271	98	369	11	0	33.5
97 Tim	Schmidt	0	0	0	0	185	156	341	8	0	42.6
98 Paul	Anthony	0	0	0	0	313	26	339	14	0	24.2
99 Ryan	McMillen	0	0	0	0	308	26	334	7	0	47.7
100 Cindy	Moreno	0	0	0	0	317	12	329	16	3	20.6

## SPRINGFIELD BICYCLE CLUB RIDERS OF THE MONTH

MONTH	NAME	RIDE MILES	T/F MILES	TOTAL MILES	LED	# RIDES	AVG RIDE LENGTH
<b>2002</b>							
January	Bill Voss	364	173	537	1	16	33.56
<b>2001</b>							
December	Bill Bock	360	45	405	1	9	45.00
November	Cathy Yeaman	429	128	557	1	14	39.79
October	Lance Kidd	573	101	674	0	25	26.96
September	Derek Ewing	636	433	1,069	0	17	62.88
August	Deeana Shidler	966	220	1,186	0	25	47.44
July	Charlie Witsman	690	406	1,096	8	19	57.68
June	James DuBose	652	90	742	0	19	39.05
May	Lisa Kidd	660	102	762	1	24	31.75
April	Arden Gregory	396	144	540	0	14	38.57
March	Marty Celnick	223	45	268	1	12	22.33
February	Byron Nesbitt	135	69	204	0	6	34.00

# Springfield Bicycle Club Membership Application

**Please accept my application for Springfield Bicycle Club as:**

a New Member

a Renewing Member

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Legal Waiver

**I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event**

Signature _____	Date _____
Parent or Guardian _____	Date _____

**Type of Membership**

- Individual                 \$15/yr
- Family                         \$20/yr
- Contributing                 \$25/yr
- Sustaining                   \$50/yr
- Patron                         \$100/yr
- Corporate                    \$100/yr

Dollars beyond basic \$10 or \$15 rate from Contributing, Sustaining, and Patron memberships go to your choice:

- Bicycle Advocacy Fund
- SBC General Fund

My Advocacy Donation Amount is: \_\_\_\_\_

**Additional Information**

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Email Address \_\_\_\_\_

**Family Member Names and Ages**

The SBC presents yearly awards for the most "club miles" in various age groups. We need birth dates to determine these presentations. Your participation is optional, of course.

Name 1: \_\_\_\_\_ Birthdate \_\_\_\_\_

Name 2: \_\_\_\_\_ Birthdate \_\_\_\_\_

Name 3: \_\_\_\_\_ Birthdate \_\_\_\_\_

Name 4: \_\_\_\_\_ Birthdate \_\_\_\_\_

**Official SBC Name Badges**

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$7.50 dollars** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: \_\_\_\_\_

**I'd like to Volunteer to Help with**

- Leading Rides
- Assist with biathlons and triathlons
- Help with SBC social events
- Work on newsletter or photography
- Help with rider & member data
- Provide sag service
- Develop and mark ride routes
- Any SBC activities where I'm needed

**I received my application at**

- Bike Shop Name: \_\_\_\_\_
- Current Member

**Mail with Check to:**  
Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705



**SPRINGFIELD BICYCLE CLUB  
FINANCIAL STATEMENTS**

**BALANCE SHEET  
AS OF DECEMBER 31, 2001**

Cash - Illini Bank		\$2,427.44
Savings - Security Bank (as of 12/31/01)		2,137.32
Deposit - Ofc of Public Utilities		75.00
<b>Total Assets</b>		<b>\$4,639.76</b>
 Liabilities - Accounts Payable		 \$0.00
 Fund Balance		
Prior Years	\$5,803.04	
Current Year	(2,719.32)	
Advocacy Fund @ 1/1/01	1,556.04	
<b>Total Fund Balance</b>		<b>4,639.76</b>
 <b>Total Liabilities &amp; Fund Balance</b>		 <b>\$4,639.76</b>

**INCOME STATEMENT  
FOR THE 12 MONTHS ENDED DECEMBER 31, 2001**

Revenue:

Membership Dues	\$2,850.00	
Gifts from Contributing Dues	840.00	
Advocacy Fund	122.50	
Name Badges	288.00	
Raffle Tickets	351.00	
Special Event Fees	7,356.45	
Special Event Pymt Services	924.00	
Advertising	360.00	
Interest (savings acct)	73.40	
<b>Total Revenue</b>		<b>\$13,165.35</b>

Expenditures:

General & Administrative	4,385.45	
Advocacy	420.00	
Newsletter	5,342.47	
Special Events	5,042.48	
Social Events	694.27	
<b>Total Expenditures</b>		<b>\$15,884.67</b>
 <b>Total Revenue over Expenditures</b>		 <b>(\$2,719.32)</b>

COMING NEXT MONTH  
ANNOUNCEMENT OF  
A NEW  
CLUB JERSEY

SEE APRIL ISSUE OF THE QUICK  
RELEASE



Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705



Presorted  
Standard  
U.S. Postage  
Paid  
Springfield, IL  
Permit #325

Address Service Requested



March, 2002