

The Quick Release

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QR Deadline 15th of the Month

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RIDE OF THE MONTH

Lynn Miller's April 20th Asparagus Ride was this month's Ride of the Month. Even though it turned out to be too early for the asparagus, Lynn put together a great route that covered roads not ridden before by many SBC members. The scenery was terrific, and the hills were surprisingly challenging. Lynn must have found every hill within 20 miles of Springfield. Someone noted that the ride "reminded them of Hilly". Nice job Lynn!! A very enjoyable ride!!

ALMOST ANYTHING AWARD

This month's Almost Anything Award goes to special events co-chairmen Lennie Miner and Jonathan Reininger for their efforts in putting together another outstanding TGISpring ride. The organization was excellent; the route was beautiful and well marked; the food was tasty, and a great time was had by all. Thanks for your hard work guys!! All of us enjoyed the results of your efforts!!

LEAD WATER BOTTLE

This month's Lead Water Bottle "Award" goes to the Secretary of State officer who stopped several SBC riders on the Curran blacktop on April 18th. With his car lights flashing, this officer in Sec. of State uniform stopped four SBC members who were riding legally and informed them that he did not think they belonged on the Curran blacktop as this was a "truck route" and then added that although he could not prevent them from riding on this road, he did want them to ride legally and directed them to ride on the *wrong* (left) side of the road, going against the flow of traffic!! Needless to say, the riders did not take his direction and rode safely and legally back home on the correct (right) side of the road.

CALENDAR OF EVENTS

Saturday June 1	Trails Day
Sunday June 2	LOILVA
Wednesday June 5	Board Meeting
Saturday June 8	Old Jack Cleanup #2
Sunday June 9	Birthday Ride
Friday June 14	Ironhorse sweep
Sunday June 16	Ironhorse Triathlon
Friday June 21	Birthday Ride
Saturday June 22	PICNIC

El Presidente Ernie DeFrates

The TGI Spring ride was a success. It was a perfect day for riding. The weather was beautiful. Attendance was down somewhat, but I am sure everyone who rode will be back next year. Len Miner and Jonathan Reininger worked hard to coordinate our efforts with the Menard County Trails Coalition. Thanks to both of them for all of their time and energy.

Ironhorse Triathlon

The Ironhorse Triathlon is Sunday, June 16. We need corner marshals and help at water stops. We get \$1.50 per triathlete, so the event is an important source of revenue for the club. We need many volunteers, so ask your friends, relatives, co-workers, and neighbors to help, and tell them they'll get a free t-shirt. You also can lure would-be volunteers with the promise that they'll get to see some great triathletes, male and female, in excellent physical shape and little clothing. See articles elsewhere in the newsletter for more information.

Board Positions

At the August board meeting, we will make the nominations for the board. ALL board positions are open. They include the President,

Vice President, Treasurer, Secretary, Recording Secretary, Quick Release Editor, and Records Keeper, and the Special Events, Legislative/Education, Social, and Incentive chairs. Several board positions, such as the Special Events chair, have been shared so that one person does not have all the work or responsibility. Serving on the board can be very rewarding. It's a great way to give back to the club. The time and effort it takes is well worth it. We always need new board members, with their energy and ideas. If you would like to be on the board or want more information please let me know or talk to other current board members.

Beginning Mountain Bike Rides

I am leading beginner mountain bike rides on some Sunday & Wednesday evenings for those who want to try mountain biking on some easy trails. There also will be an ER or D ride starting from the same location, so check the ride schedule. We will be riding on the Lewis Memorial Trails next to Prairie Streams Church on Koke Mill Road. The trails are easy, with some small hills and obstacles you can easily

ride around or over. The trails are wooded and pretty and are about 3 miles long. You could do them on a hybrid bike as long as your tire tread is knobby. You'll have a tough time riding with slick-tread tires, though. Please join me some Wednesday evening or Sunday afternoon and give mountain biking a try.

As a Springfield Bicycle Club member, you represent the club. Set a good example. Share the road, use common courtesy, and ride safely.

**Thank You
Alan Josephson**

I wish to thank everyone who called, visited, sent emails, sent cards, offered to help and generally kept me in their thoughts during my emergency hospital stay and recuperation. We have a great bunch of people in the Club and that makes the SBC really a special kind of organization. Not only do we ride and have fun, but we do care about each other. Harriet and I both thank you for your kindness.

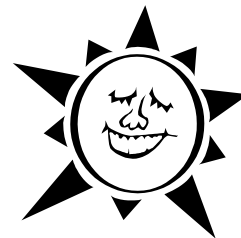
Summer Picnic June 22

Kathy Shepard

It's time for the SBC summer picnic, on Saturday, June 22, at Lake Springfield's Forest Park East. Choose from a 35-45 mile ride starting at 9 a.m., or a D/ER ride of about 10 miles starting at 10. We'll eat afterward, around noon. Bring a dish to share and your libation of choice. The club will provide brats, hot dogs, and soda. We'll also raffle off the great Marlboro Miles loot. Get your tickets for \$2 each or 3 for \$5 from Chuck Orwig, Ernie DeFrates, or Cindy Moreno. You'll find more details on the raffle and prizes in an

article elsewhere in the newsletter. Want to organize some games? Call me at 546-1426 or e-mail me at kathy905@msn.com.

So mark you calendars for June 22. Come on out and celebrate summer and cycling with your SBC friends!

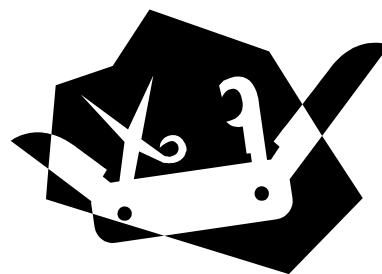


Get Your Gear Here

Chuck Orwig

Risky Business at the SIU School of Medicine will buy cycling helmets for children with the money we raise through our Marlboro Gear raffle. Tickets for the raffle may be purchased from Cindy Moreno, Ernie DeFrates, Chuck Orwig, and somebody else. They go for \$2.00 each or 3 for \$5.00. The drawing for the gear will take place at the SBC summer picnic, but you don't have to be present to win. The fourteen prizes are not smoking related and have no Marlboro logos on them. The prizes include a man and

a woman's Swiss Army watch, 2 day packs, a collapsible camp bench, a galvanized wash tub suitable for storing ice and beer or soda, 2 Coleman key ring flashlights, a Coleman flashlight/lantern, 2 rider's pouches with thermometer and compass, a Swiss Army knife keychain, a cookbook with tried and true recipes, and an RCA boombox radio, CD/cassette player. These prizes are not junk and the money raised goes to a very good cause, so buy a ticket. There is no limit to the number of prizes one person may win.



Board Meeting Notes - April 10, 2002

C. J. Kvamme

Present: Marty Celnick, Kathy Shepard, Ernie De-Frates, Mike Schwab, Jerry Ihnen, Gail Mugler, Dave Lucas, Chuck Orwig, Gerry Orwig, Lynn Miller, Cindy Moreno, Alan Josephson, Cindy Kvamme, Curt Evoy, Jonathan Reiningger, Linda Butler.

Ernie opened the meeting and the minutes were approved.

Alan has the May ride schedule filled and has increased the number of rides to almost match last year. Reminded us that the Tour de Fat would be May 5th. Alan will host the July 10th Board meeting.

Dave noted that renewals are picking up.

Linda reported that the treasury has a balance of \$2602.50, \$1258.54 of that is the Advocacy fund.

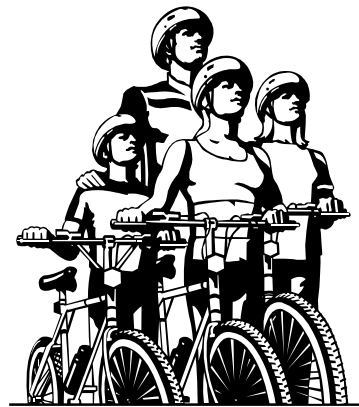
Cindy has planned to have jerseys available for trying on at the T.G.I. Spring Ride. There are three other people able to take orders beside herself with color diagrams of the Jersey. They are Sue Dees, Chuck Orwig and Kathy Shepard. **The last day for ordering the new**

Club Jerseys will be May 20th.

Jonathan has passed out T.G.I. flyers. Len Miner is checking out the route and making some changes. Ernie, Lynn, Len, Jonathan and Alfred have volunteered to mark the route on Friday May 3rd. Jonathan will E-mail Ralph Loos asking him to place a notice about the T.G.I. Spring Ride in the SJR.

Curt has been working on a new membership application for the Newsletter and presented a draft. Bloomington Bike Club wants to put their club ride in our Newsletter. Jim Disney would like to announce a bike and wine tour with the Ski Club. A travel Club in Indiana wants to place an ad in our newsletter. While at the bike show Curt went around checking out other clubs' newsletters. None were as large as ours is and one club makes their newsletter available by e-mail but it hasn't done anything to reduce the cost of the newsletter.

Kathy will be providing refreshments for the annual membership drive meeting to be held at the Library on Monday May 13. Ernie sent



a copy of the IL statute on dogs to the LIB. He will be writing an article stating why we are pursuing the topic of dog control and send it to the LIB. Lynn made a suggestion that at anytime we are chased or bitten by a dog that we call the sheriff and then send a postcard to the dog owner notifying them that their dog has harassed us. The notice should come from the SBC not an individual rider.

Gail has spoken with Paul McDevitt and he is expecting 1,000 entries in the Iron Horse Triathlon this year. One thing he has asked her to do is check the turn around points. It seems that in an effort to make some of them safer we have shortened the course.

Chuck announced that all the Marlboro items have arrived. There will be thirteen

items to raffle off at the picnic. Raffle tickets will be the same price as last year, \$2.00 each or 3 for \$5.00. The proceeds go to Risky Business and they will purchase bicycle helmets.

Lynn has requested from Karl a list of those club members commuting last year. He is trying to get media coverage set up for Bike Month. Sarah Gripper has agreed to help with media coverage and the Mayor's Chief of Staff, Brian McFadden will be riding to work with someone from the SBC on May 17th. We are also trying to get a ride around the Capital at 11:00 a.m. Lynn has also been in contact with Al Sturgis from the LIB. Mr. Sturgis is interested

in having an effective bicycling class, on how to ride safely, that would eventually lead to those taking the class becoming instructors in bicycle safety.

Ernie has also been in contact with Sarah Gripper and they have discussed cooperating on a McDonalds place mat campaign. Sarah wants to promote seat belt safety and we would promote bike month along with passing out Bicycle Rules of the Road. Six thousand place mats would be printed at a cost to us of \$160.00. This would be enough place mats for one week in the McDonalds city restaurants. Ernie moved that we provide \$160.00 for the place

mats. Mike seconded the motion. The motion passed. Ernie also got together with Karl and discussed the best ways to get around town without going on the main streets and made a list that is available to anyone commuting by bike. Ernie would also like to see signs put up to connect the Wabash and Interurban Trails.

The Ride of the Month was awarded to James DuBose for his April 23rd ride from Rochester Station. He had clues on the back of the map for finding prizes.

James DuBose was also awarded the Almost Anything Award for his ride sheet. He took the time to copy the names over and listed them in alphabetical order before turning it into Karl. He also gave the SBC a painted sign with the Club Logo on one side and a State of IL Bike Month license plate on the other side. .

Lynn Miller, while at a rest stop, made the statement to Alan Josephson that he has not had a flat tire in 6 years. He promptly got a flat after making this statement. **He also got the Lead Water Bottle.mmmmm**

Thanks to Chuck and Gerry for hosting the Board meeting this month.



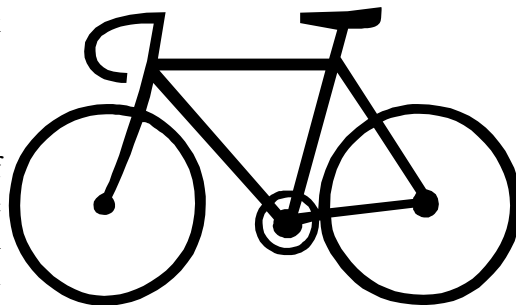
Tried and True or Tried and Trash

Mark Flotow

Mavic BR 601 Road Quick Release Skewers

Mavic, a French company, has a long history of manufacturing bicycle wheels. In 1989, when LeMond won his second Tour de France, victorious by that scant 8-second margin, it was on a bike equipped with Mavic components and wheels. While the non-wheel components of Mavic's product line sometimes have been coolly received (remember the "Mektronic" [electronic] shifting of only a few years ago?), their wheels and rims continue to be quite popular. On their pre-built wheels, they make all the components: rims, hubs, spokes and skewers.

The quick release road skewers reviewed here, the aluminum version of the BR 601 model, have been on some of their pre-built wheels, like the Heliums, but also were available separately. I say "were" because I don't think they're made anymore. Still, I wanted to write them up, because you might find them on "close out" somewhere, and they are very similar to the "composite" BR 601 quick release skewers, which are still made. The main dif-



ference is the composite BR 601 uses some plastic-like resin materials in place of aluminum in the levers and skewer nut.

I'll just cut to the chase and tell you these are about the best quick release skewers I've ever owned. Why? Well, they're well-designed, have a very positive feel upon closing and feel lightweight. In terms of design, they appear to use the minimum of materials without looking or feeling flimsy. For example, the right-side nut, out of aluminum, is somewhat triangular, for grip and has a nice tapered shape. The lever or cam handle is connected to the body of the skewer with a small metal plate, so no extra materials there. The inside portion of the lever is scalloped to fit the fingers. The lever closes with a "high closure ratio." I am not exactly sure what that means, but if the lever is completely closed at 90 de-

grees, say, the lever action up to about 70 degrees is tight (if the right nut is properly adjusted) and the last 20 degrees has noticeably less resistance and almost eases to a close. Yet on opening, the lever feels firm and secure. As for weight, at 120 grams for the pair of skewers, this compares well to the stainless steel Shimano Dura-Ace model at 125 grams. (The composite model is 108 grams). Well, I did say it "feels" light. The skewer shaft is steel, which keeps it strong but also keeps some weight on, compared to some lighter, specialty quick release skewers. In general, how tight should you close the lever? That is, how much force should it take to secure your wheel without having it prone to shifting in the frame's drop-outs or putting too much strain on the quick release itself. The short answer is "I don't know" how to quantify it and convey it so it would be something meaningful to you. The too-general rule is (or used to be) that using the palm of your hand, the lever should leave a slight impression upon closure. There are two slight problems with the general rule, in this case. First, there's that last 20 de-

grees where the resistance on the cam lever lets up. Second, levers used to have a relief or indentation of the component maker's name and/or logo. That's what was suppose to leave an impression on your palm. Mavic uses a decal! However, my best advice (as opposed to my usual mediocre suggestions) is to have a bike shop mechanic secure the quick release lever for you and then open and close it yourself to get the feel. It's a bit like that educated thumb that tells you approximately how much air pressure you have in your tire.

Another fine point is at what position should the lever be pointing after its closed? For the front, Mavic recommends the lever to be at the 1 o'clock position, if you will, or roughly just ahead or after the left fork blade. Personally, I find this can be a little too close for getting your fingers behind the lever to open it. I recommend 2 or 3 o'clock. It's not so much in this position for some trivial aerodynamic reason as it is for limiting the chance of the lever being accidentally flipped open. For the rear, Mavic (and I) recommends the 10 o'clock position, which is between the left chain and seat stays of the frame. It's easily gripped for opening and is positioned out of harm's

way. One final tip - keep a film of grease on the skewer shaft and threads.

One nice safety feature of the BR 601 is when it's open, the lever is completely perpendicular to the frame's dropout. That is, it cannot be opened so far that the lever can assume the 90 degree angle in reverse or backwards, perhaps giving the impression it might be actuated. So, when the BR 601 lever is open, it is very noticeable. As with most other quick releases, the BR 601 has a knurled surface on the parts that contact the outside of the frame's dropout face for a bit of extra grip.

Overall, this is a nice component that comes with a rather hefty price tag - about \$60 a pair. In my mind, that definitely knocks them down a star on the value scale. Most other quick releases are completely functional, but just not as nice as the Mavic BR 601. Still, if money is no object, then you're showing it by having a pair of these.

Mavic BR 601 Road Quick Release Skewers

Performance (out of five): ****1/2

Value (out of five): ***1/2

For: well-designed, good functionality

Against: not cheap by almost

anyone's standards

Other: Mavic uses the same design, but with some different materials, for the skewers that come with their big-buck Ksyrium wheels

Who would benefit from this product: road cyclists who want the trendiest or those who chronically forget to close their quick release levers

Who wouldn't be interested: anyone on a reasonable budget

Time used: one pair for about four years, plus a second pair for a month; also, one year with the composite model

Approximate retail price: \$60

Next Time: It's that "Christmas in July" thing, where I'll be giving you updates, others' experience or backtracking on products I have previously reviewed. If you have any comments or experiences you'd like to share regarding products I've reviewed (or different versions thereof), please contact me as soon as possible so I might share them, anonymously or otherwise, in the next Newsletter.



Post-emergent Metric

On June 22nd the McLean County Wheelers will be hosting the Post-emergent Metric ride. This years ride will starts from Comlara Park (Evergreen Lake) north of Bloomington. The routes will be on slightly rolling to moderately hilly roads. The 32 and 65 mile routes will be on lightly traveled scenic country roads. You will be able to ride through some of the Mackinaw River valley on well-marked routes.

The ride will start of with drinks and breakfast snacks, well-stocked food stops are provided midway and lunch at the end of the renowned Avatis sub sandwiches.

The t-shirts this year will be an earth green tone made of 100% cotton. The logo will be a tasteful black, red and yellow. They are \$12 and they must be ordered by May 27th.

Preregister up to May 27th. Cost of the ride is \$15 until May 27th. It is \$18 after that and on registration day. Registration starts at 6:30 am on Sat. June 22nd. For more information e-mail: mkerber@mindspring.com

Come and join us for a great ride.

t-shirts		INSANE	
—spfld bike club members— —get 10% off custom— —screen printed sportwear—			
CARLBERG	custom embroidered caps rudy project® sunglasses imprinted athletic gear www.liquidrugby.com		
	217.528.4805 1800 S DIRKSEN old landmark ford	see more sample artwork at www.filmready.com	
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Iron Horse Triathlon Gail Mugler



Iron Horse Triathlon Help Wanted

Workers are needed to help with the Ironhorse Triathlon.

Bike course directors seeking highly motivated individuals (ie: still breathing) for responsible positions with not for profit (ie: for fun) athletic event.

Qualifications for positions include ability to speak loudly; tell people where to go; use pointer fingers; and hold water bottles. (or see above: still breathing). Previous experience not required. We have an excellent On The Job Training Program which will qualify you for similar work for many years to come.

Positions are available as traffic control/ route integrity officers (corner marshals), or hydration control officers (working a water stop).

If you possess management potential, we encourage you apply for your own franchise. You can “own” a location on the course, and hire your own workers. The advantage to owning your own location is that you choose who works for you, and you can show off your excellent team building skills. Don’t have enough friends to staff a location? Nepotism is never frowned upon by our organization.

Pay is excellent, and.... We do not charge for our franchises. 100% of the cash and “thank yous” your location receives on race day are yours to keep. (in all honesty, racers don’t seem to carry much cash, but “thank yous” are plentiful). We also provide a liberal clothing allowance consisting of an official Ironhorse shirt. Apply early and ensure the correct size.

Hours are flexible, varying

from work location to work location. Overall hours range from 7:00 a.m to noon on June 16, 2002.

Our benefits package includes the ability to spend the morning outdoors socializing with friends watching finely tuned (and frankly sexy) athletes show their stuff, and the ability to finally see what 4% body fat looks like.

AND the Bike Club receives a “per biker” stipend which helps fund the operating costs of the club (in case you ever wondered how we run a club while charging dues that are lower than the cost of producing the newsletter).

So call us today. Gail Mugler @ 787-5069, or Jerry Ihnen at 498-8877. You won’t regret it. And chances are, even if you don’t call us, we’ll call you.

June 2002 – SBC Ride Schedule

NOTE THE CHANGES IN THE SCHEDULE. SINCE MOST PEOPLE ARE LEADING RIDES FROM THE SAME LOCATION EACH WEEK ALL MONDAY-THURSDAY RIDES ARE LISTED ABOVE THE SHADED AREA. CHANGES ARE BELOW. SO IF YOU WANT TO RIDE ON A PARTICULAR DAY OF THE WEEK AND NOTHING IS LISTED, LOOK AT THE TOP. AS ALWAYS WE WILL HAVE AT LEAST ONE RIDE EACH DAY OF THE WEEK.

Anyone with questions about rides or interest in leading a ride can contact Alan Josephson at ahjosephson@yahoo.com. Look at the ride incentive guidelines and get qualified for the BIG drawing.

Remember to Share the Road and move over. Tell your buddy and ride safely.

We have had **several motorists** stop some of us during our rides especially on Monday nights to complain about groups of riders taking over the whole lane sometimes four abreast! They have a point! We must remember in every case and in every way, we lose to an automobile. Iron Bridge Road has become too busy to ride in mass. It is unsafe to take over the lane not only for those who do it but also for those who follow and must contend with irate drivers.

Monday - Friday 10:00 AM BC	Daily - "Show-N-Go" Arkley Residence 1511 Bates	Daily morning rides for those wanting to get in some extra miles! No leaders, no maps, although Alfred and Lynn (two retired guys) are regular riders. Participating riders should turn a ride sheet in to Karl Kohlrus.
Monday - Friday 10:00 AM BC	Daily – "Show-N-Go" Pana Trail-Lake Taylorville Lot Rt 29	Daily morning rides along the Lincoln Heritage Trail. Turn miles into Karl.
Monday Wednesday Friday Noon BCD	IDOT, South Parking Lot Dirksen Parkway Lost Bridge Trail Lisa Kidd, 546-1698	"Lunch with Lisa" ride. Back by popular demand. Lisa leads the noon trail ride on M-W-F each week. Skip lunch and get ready for Lisa and the other regulars. 10-13 miles.
Monday 6:00 PM BCD	Show me's Parking Lot Interurban Trail North Street & McArthur Blvd Cindy Moreno, 546-5852	Queen's Court. NEW ROUTE. This is a multiple distance on road beginning training ride. Riders of all levels can ride with Queen taking the rear at a C pace. Distance will be from 13-22 miles. These rides are designed to <u>especially help beginning riders</u> (C/D) build their physical abilities so they will be able to participate in longer weekend rides.
Tuesday 6:00 PM AB	Lindsay Boat Launch, Lake Spfld, Long Bay Drive Bob Sorenson, 529-1141	Intermediate East Side Training Ride. All riders welcome. A workout for those who want to train hard and fast for those strong summer winds, races or general fitness. 25 to 30 miles
Tuesday 6:00 PM BC	517 Appomattox Dr. Lisa Kidd, 546-1698	Lisa's Legions! Intermediate West Side Training Ride. This generally is a slower pace than the East side ride but is geared for those who want to train hard and fast like the East riders. 16-30 miles
Tuesday 6:00 PM BCD	IDOT, South Parking Lot Dirksen Parkway Lost Bridge Trail	These are Show-N-Go rides. No leader. These worked out well last year. Turn miles into Karl.
Tuesday 6:00 PM BCD	Taylorville Firststar Bank 106 West Market St. Charles Witsman, 562-5208	Taylorville Show-N-Go. Meet in the rear parking lot of the bank. Charlie will lead from the back most times but might need a fill in. So volunteer!
Wednesday 6:00 PM D & ER	Lincoln Park Pavillion Harriet Josephson, 793-0590	This is designed as a neighborhood easy social ride. No maps. Everyone stays together. This will go on June 5th since the Board meeting is at Ernie's home.
Wednesday 6:00 PM CD	Pana Trial-Lake Taylorville lot Rt 29	Weekly night Show-N-Go along the Lincoln Heritage Trail. Turn miles into Karl.
Thursday 6:00 PM AB	Lindsay Boat Launch, Lake Spfld, Long Bay Drive Mark Flotow, 546-2579	Intermediate East Side Training Ride. All riders welcome. A workout for those who want to train hard and fast for those strong summer winds, races or general fitness. 25-30 miles

Thursday 6:00 PM CD	Grotto Business 55 in Sherman Louis Spinner, 523-1615	Louie leads the pack for a 15-25 –C pace ride. D's can stretch. If Louie is unable to be there this ride becomes a Show-N-Go.
Thursday 6:00 PM ABC	Rotary Park Iles & Archer Elevator Rd. Linda Butler, 787-5027	Training ride from 16-30 miles. Linda has volunteered to trail the pack and bring maps with multiple cut offs. Ride as hard, fast as you wish.
Thursday 6:00 PM BCD	Taylorville Firststar Bank 106 West Market St. Charles Witsman, 562-5208	Taylorville Show-N-Go. Meet in the rear parking lot of the bank.
Thursday 6:00 PM D	IDOT South Parking Lot Dirksen Parkway Lost Bridge Trail	Show –N-Go on the LBT. Turn miles into Karl.
Saturday June 1 8:30 AM ABCD	Chatham Train Station Mulberry Rd. at the tracks (1 blk S of Hucks on Rt 4) Karl Kohlrus, 544-8410	This is CHATHAM TRAILS DAY to celebrate the 1.5 mi of the Interurban Trail from Chatham. Karl will lead a 15 mile ride with longer options. There will be a celebration at 10:00 AM. Need more miles, ride to the ride.
Sunday June 2 8:30 AM Leave Spfld. 9:30 AM ABC	Perkins, Parkway Point 3429 Freedom Drive Mark Flotow, 546-2579	Ninth Annual LOILVA (Lower Illinois Valley) Metric from Glasgow to Kampsville (see newsletter article). We will cross the Illinois river at Detroit and follow the Illinois river road (Rt. 100) down the west side of the river. Carpool from the Perkins parking lot to the start of the ride in Glasgow. The route can be shortened for the "C" riders (no sag or ride followers). Easy route to follow with maps provided. Food stop in Pearl & Kampsville. Free Ferry ride at Kampsville. 65 Miles.
Sunday June 2 5:00 PM MTB/D/ER	Strike & Spare West Lawrence Ave Ernie DeFrates, 544-1398 Alan Josephson, 793-0590	Ernie will take those novice mountain bikers over to the church trails on Koke Mill. Alan will take the D/ ER riders on a neighborhood tour. Sunday afternoon rides are especially designed as a social rides for "less seasoned riders" and families. So all of you dust off those bicycle cobwebs and join us.
Wednesday June 5 6:00 PM-D 7:00 NC	Lincoln Park Pavillion Harriet Josephson, 793-0590 2068 N 6 th Ernie DeFrates, 544-1398	Regular D ride at 6:00 PM at Lincoln Park (see above) followed by the 7:00 PM BOARD MEETING at Ernie's home. Come and enjoy, meet the regulars and vote for those awards.
Friday June 7 7:00 AM NC	Jungle Jim's Café 1923 Peoria Rd 789-6173	End the week with eggs, pancakes and other special items.
Friday June 7 6:00 PM D	3019 Cameron Dr. Chuck & Gerry Orwig, 793-3782	Chuck will have a short 10-15 mile ride followed by a POT LUCK. Bring something to share. WE are celebrating Chuck's 59 ½ birthday. What an excuse for fun, food and drink!
Saturday June 8 8:00 AM 9:00 AM 10:30 AM NC/ABC	228 Appomattox Dr. Hope Evangelical Church Koke Mill & Old Jacksonville Rd. Garland Stevens, 698-8363	This is Old Jack Cleanup #2. WE NEED YOUR HELP. Garland will offer a waffle bribe at his home at 8:00 AM. Then we will meet at the church at 9:00 AM for cleanup assignments followed by a ride around 10:30. Last year this ride turned into a fun wind assisted ride. This is a community service event so let's have a great number of people show. BTW, the waffles are terrific! Be there regardless of weather!
Sunday June 9 9:00 AM ABCD/ER	Rochester Station Rt 29 J & J DuBose, 498-8221	This is a great makeup birthday ride for Jane's birthday that got rained out in April. James will lead a 38 mile ride and Jane will lead a 26 mile ride. Others can take to the trail. BRUSH up on your JANE trivia for a chance to win prizes.

Sunday June 9 5:00 PM D	Harvey's Frozen Custard S. 6 th St near Stevenson Rd. Alan Josephson, 793-0590	Sunday afternoon rides are especially designed as a social rides for "less seasoned riders" and families. So all of you dust off those bicycle cobwebs and join us.
Friday June 14 7:00 AM NC	Ritz's Lil Fryer #2 Jefferson & MacArthur NOTE NEW ADDRESS	Let's try this new version again. Good food and close to Garland's work.
Friday June 14 6:30 PM NC	Ball Chatham Elementary School 9.0 South & 1.25 East Gail Mugler, 785-3107	Ironhorse Triathlon Sweep. We will be preparing the roads for Sunday's event. Gloves are definitely recommended. You may also bring a stiff push broom and shovel if you have them available. All sweepers will be treated to pizza, beverages and a T-shirt. Directions: Take I-55 south to exit 88 (Chatham). Follow the frontage road. Turn right toward Chatham and then left at the first intersection toward New City. The school is 1.25 Miles ahead on the left after you cross I-55.
Saturday June 15 9:00 AM ABC	Riverton CCC Food Stop Pete Harjes, 629-7847	Pete has a multiple distance ride from 25-50 miles. There is a parking lot nearby we should use so we don't take all the parking spaces at the picnic shelter. We use the starting place as the Riverton CCC Food Stop.
Sunday June 16 6:30 AM NC	Ball Chatham Elementary School 9.0 South & 1.25 East Gail Mugler, 785-3107	Ironhorse Triathlon. Volunteer early to help with corner marshalling and water stop duties as the Ironhorse continues to grow. This event is a <u>BIG fundraiser</u> for the club and an excellent sporting event. Volunteers get an upfront view of the action on the cycling course. Follow the directions above to the Ball Chatham Elementary School.
Sunday June 16 1:00 PM ABC	Ball Chatham Elementary School 9.0 South & 1.25 East	A Show-N-Go follows the race at 1:00 PM for those hearty souls. I'd suggest going South toward Auburn or Virden depending on the heat! Turn miles into Karl.
Sunday June 16 5:00 PM MTB/D/ER	Strike & Spare West Lawrence Ave Ernie DeFrates, 544-1398 Alan Josephson, 793-0590	Ernie will take those novice mountain bikers over to the church trails on Koke Mill. Alan will take the D/ER riders on a neighborhood tour. Sunday afternoon rides are especially designed as a social rides for "less seasoned riders" and families.
Wednesday June 19 6:00 PM MTB	Lewis Memorial Village W. Washington Ernie DeFrates, 544-1398	Ernie will take those novice mountain bikers over to the church trails on Koke Mill. Bring good lights just in case we are out there too long. Regular Weds. ride will go at Lincoln Park.
Friday June 21 7:00 AM NC	Hen House I-55 & Toronto Rd	Breakfast is a great way to finish the week by socializing with friends. Don't forget about those P-E-C-A-N Waffles.
Friday June 21 6:30 PM D	1424 W. Lawrence Cindy Moreno, 546-5852	"Queen & Princess" Birthday ride and cookout. Join Cindy and Brea as they celebrate their respective June birthdays following a 1 hour D ride. Bring a dish to share along with whatever Cindy and Kedra whip up for us. Show up regardless of weather and have some fun!
Saturday June 22 9:00 AM 10:00 AM ABCD/ER	Forest Park East East Lake Shore Drive/ IDOT- Lost Bridge Trail A & H Josephson, 793-0590	SUMMER PICNIC! Alan will lead a 35-45 mile ride at 9:00 AM while Harriet will meet the D's/ER's at the Lost Bridge Trail at 10:00 AM . The picnic begins following the rides probably after 12:00. See article elsewhere in the QR. Call Kathy Shepard 546-1426. Food, games and Marlboro drawings add up to another great time regardless of weather.
Sunday June 23 9:00 AM ABCD/ER	Show Me's Parking Lot Interurban Trail North Street & MacArthur Blvd Marty Celnick, 522-4206	Marty will have a multiple ride from 30-60 miles. Others can do the trails or an out and back.
Sunday June 23 5:00 PM D	Owen Marsh School 1100 Avon (off Parkview by Wash. Pk) Dave Lucas, 753-3831	Sunday afternoon rides are especially designed as a social rides for "less seasoned riders" and families. So all of you dust off those bicycle cobwebs and join us.

Sunday June 23 9:00 PM C/D	Rotary Park Archer Elevator & Iles Dave Lucas, 753-3831	A Dave DOUBLE! What a great night for a full moon ride . Join Dave for a relaxing ride in the country to howl at the moon!
Friday June 28 7:00 AM NC	D & J Café 901 W. Laurel (State & Laurel)	Come join us for a great breakfast. Park in the correct spaces or you may get towed!
Friday June 28 6:30 PM D	Damons Parkway Point Marty Celnick, 522-4206	Marty will lead the group on a 10-12 mile ride on the roads or trail followed by dinner at 7:30PM. If you plan to just eat, call Marty to advise.
Saturday June 29 9:00 AM ABCD	Rochester Station Rt 29 Jerry Ihnen, 498-8877	Jerry will take us 30-45 miles around the lakes. Lots of twists and turns so be prepared to use your map reading skills.
Sunday June 30 9:00 AM ABC	Sherman City Park Andrew Rd. ½ mi E of Bus 55 Cindy Kvamme, 744-8864	This is a reprise of Cindy's rained out ride in April. She has a 25-40 mile ride toward Middletown. Plan to eat lunch at the Grotto following the ride. Note, we think the Grotto closes at 2:00 PM
Sunday June 30 5:00 PM D	Illini Bank Iles & Koke Mill Alan Josephson, 793-0590	Sunday afternoon rides are especially designed as a social rides for "less seasoned riders" and families. So all of you dust off those bicycle cobwebs and join us on a neighborhood tour using country roads. Indulge at Harvey's custard next to Cub Foods after the ride.

RIDE TYPES

- A - 17+mph average speed
- B - 15 to 18 mph average
- C - 12 to 15 mph average
- D - 8 to 12 mph average
- ER - under 8 mph average*
- NC - Non-cycling event

MB - Rides suitable for mountain and all-terrain bikes

Show-N-Go - No ride leader is scheduled. Ride on your own and turn in miles to Karl.

ER rides are slow paced social group rides without maps. Usually neighborhood tours.



Secretary's Report May, 2002

Dave Lucas, Secretary

Renewals

Laura Bickers
 Bill & Carol Bock
 Kevin Brown & Lola Lucas
 Joel Johnson
 Bill Kienzler
 Sarah Kohnle & family
 Ruth Magos
 Gary Osborne
 Decanna Shidler
 Myra Thoele
 Dean Wisleder

Renewals at the Contributing Level

Judy Nesbitt
 Rick & Ellen Fiersten

Renewals at the Contributing Level

Mark Smith & Kathy Shepard

New Members

Paree & Brian Day
 Charlie Downs
 Michael Hills
 Alex Holmes
 Shirley Howard
 Adam & Linette Hughes
 Ron Ottaway
 Melvin Smith
 Joni Stahlman

New Members at the Contributing Level

Jay & Susan Mogerman
 Keith Buescher & family

Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

Letter from the Editor

Curt Evoy

To have space to publish the mileage tables, I have requested that all articles be kept to a two page limit. The mileage table is not guaranteed to be published every month. I will try to publish the table only if space is available.

Two pages typed is about equal to two pages in the *QR*. *To make sure everyone's articles will meet* the two-page requirement, I use a 12-point Garamond font. Paragraphs are center justified in the *QR*, but I think for typing articles, the paragraphs can be left justified, and spaced with a line between paragraphs.

Please note the footer line, promoting sharing the road and riding safe. Unfortunately, we live in a community that does not always support our bike activities. Riders sharing the road with automobiles will hopefully gain the respect of the drivers. Not sharing the road, is going to anger drivers. Hopefully, this will make our community a better place to live and ride.

Please ride safe, and help out your fellow riders. I was amazed recently, when I received an email from a fellow rider, thanking me for doing a simple "Car Back" callout. The rider was not aware of the vehicle, and felt she was saved from great harm. I never realized a simple "Car Back" was so important.

Summer is here, please be careful out on the road. See you on the road.

Springfield Bicycle Club Mileage and Activity File As of April, 2002

Possible Miles for the Month
1216

Year
2976

RAN	FIRST	RID	TO-	RIDE							LENGT		
K	NAME	LAST NAME	E	T/F	TAL	S	LED	RIDE	T/F	TOTAL	RIDES	LEDH	
1	Bill	Voss	346	139	485	16		1070	500	1570	52	1	30.2
2	Marty	Celnick	425	93	518	25	5	1189	292	1481	73	7	20.3
3	Charlie	Witsman	530	0	530	15		1399	0	1399	43	1	32.5
4	Karl	Kohlrus	196	112	308	8		798	498	1296	36	1	36.0
5	Deeana	Shidler	249	46	295	6		1030	214	1244	27	1	46.1
6	Lisa	Kidd	432	90	522	21		1070	145	1215	59	0	20.6
7	Lance	Kidd	432	90	522	21		977	145	1122	52	1	21.6
8	Alfred	Arkley	212	9	221	7		996	77	1073	37	2	29.0
9	Mark	Flotow	340	112	452	13	3	699	227	926	28	3	33.1
10	Pat	Stephens	306	40	346	12		791	119	910	31	0	29.4
11	Lynn	Miller	329	10	339	11	1	857	39	896	32	1	28.0
12	Arden	Gregory	302	152	454	12		580	264	844	22	1	38.4
13	Tom	Clark	160	34	194	9		658	127	785	36	1	21.8
14	James	DuBose	318	44	362	10	1	639	142	781	21	2	37.2
15	Pete	Harjes	178	48	226	11		669	74	743	35	0	21.2
16	Ernie	DeFrates	351	12	363	18	1	652	36	688	33	2	20.8
17	Cathy	Yeaman	176	43	219	7		566	96	662	23	0	28.8
18	Byron	Nesbitt	291	15	306	15	3	598	60	658	28	4	23.5
19	Frank	Kink	165	82	247	6		485	168	653	17	1	38.4
20	Lynn	Rhoades	203	59	262	7		479	163	642	17	1	37.8
21	Mike	Schwab	253	5	258	14	1	596	19	615	36	1	17.1
22	Christine	Kohlrus	115	50	165	5		360	213	573	19	0	30.2
23	Curt	Evoy	245	56	301	12		461	92	553	21	0	26.3
24	Louie	Spinner	128	0	128	7		512	30	542	28	1	19.4
25	Pete	Gudmundson	271	0	271	12		519	0	519	22	0	23.6
26	Garland	Stevens	161	31	192	7		335	103	438	15	0	29.2
27	Alan	Josephson	78	4	82	4	2	388	30	418	18	4	23.2
28	Linda	Butler	294	55	349	12		324	55	379	13	0	29.2
29	Derek	Ewing	119	29	148	6		319	54	373	13	0	28.7
30	Bob	Sorenson	117	48	165	6	4	283	75	358	12	4	29.8
31	Jerry	Ihnen	102	0	102	5		345	10	355	17	1	20.9
32	Bill	Bock	230	6	236	9		301	6	307	12	0	25.6
33	Joel	Johnson	88	47	135	3		203	86	289	7	0	41.3
34	Brigetta	Ewing	62	0	62	3		270	11	281	16	0	17.6
36	Marilyn	Powell	106	46	152	4		202	49	251	7	0	35.9
35	Ruth	Magos	150	0	150	5		251	0	251	8	0	31.4
37	Bill	McGee	87	0	87	4		242	6	248	9	0	27.6
38	Bob	Carmody	86	7	93	5		227	14	241	10	0	24.1
39	Sue	Dees	66	0	66	6		239	0	239	16	0	14.9
40	Cindy	Moreno	188	1	189	13	2	233	1	234	16	2	14.6

Springfield Bicycle Club Mileage and Activity File As of April, 2002

Possible Miles for the Month
1216

Year
2976

RAN K	FIRST NAME	LAST NAME	RIDE	T/F	TOTAL	RIDES	LED	RIDE			LENGT		
								RIDE	T/F	TOTAL	S	LED	H
41	Brian	Watkins	84	10	94	4		199	16	215	8	0	26.9
42	Jacki	Galli	33	0	33	1		214	0	214	9	1	23.8
43	Curt	Winhold	97	0	97	4		181	22	203	8	0	25.4
44	Melinda	Winhold	97	0	97	4		168	33	201	8	0	25.1
45	Don	Struck	61	72	133	5		118	79	197	7	0	28.1
46	Daniel	Ewing	40	0	40	2		176	11	187	10	0	18.7
47	Mary	Thomas	170	0	170	4		170	0	170	4	0	42.5
48	Carol	Bock	125	6	131	5		162	6	168	6	0	28.0
50	Bruce	Yurdin	68	0	68	2		155	10	165	5	0	33.0
49	Gail	Mugler	34	0	34	2		155	10	165	8	0	20.6
51	Doug	Dalby	111	15	126	6		137	23	160	8	0	20.0
52	Chuck	Orwig	60	16	76	3		134	22	156	6	1	26.0
53	Dave	Lucas	88	8	96	6		142	13	155	10	1	15.5
54	Jon	Edwards	92	29	121	5		117	37	154	6	0	25.7
56	Cindy	Kvamme Vonnah- men	96	0	96	6	1	150	0	150	10	1	15.0
57	Mike	Lasch	65	45	110	2		96	48	144	3	0	48.0
58	Bryan	Daniels	46	0	46	2		138	4	142	6	0	23.7
59	Don	Brown	65	36	101	2		91	46	137	3	0	45.7
60	Kevin	Elston	121	10	131	9	1	121	10	131	9	1	14.6
61	Kedra	Elston	41	5	46	3		121	5	126	8	0	15.8
62	Jack	Elston	41	5	46	3		115	5	120	7	1	17.1
63	Jonathan	Reininger	34	11	45	2		98	18	116	5	0	23.2
64	Tim	Schmidt	58	20	78	3		83	30	113	4	0	28.3
65	Russ	Farson	33	4	37	2		108	4	112	5	0	22.4
66	Ken	McGarvey	28	0	28	1		85	25	110	3	0	36.7
67	Grover	Everett	102	0	102	4		102	0	102	4	0	25.5
68	Len	Miner	82	0	82	5		97	0	97	6	0	16.2
69	Carol	Anderson	90	0	90	4		90	0	90	4	0	22.5
70	Sharon	McBride	78	1	79	5		88	1	89	6	0	14.8
71	Rick	Regan	78	1	79	5		88	1	89	6	0	14.8
72	Brea	Elston	41	5	46	3		77	5	82	5	0	16.4
74	Mike	Ryan	40	0	40	1		73	0	73	2	0	36.5
75	Karol	Young	71	0	71	6		71	0	71	6	0	11.8
76	Kent	Kraft	42	2	44	2		67	2	69	3	0	23.0
77	Irina	Scott	33	0	33	1		69	0	69	4	0	17.3
78	Neil	Scott	33	0	33	1		69	0	69	4	0	17.3
79	John	Day	51	14	65	3		51	14	65	3	0	21.7
80	Michael	Boyd	46	18	64	2		46	18	64	2	0	32.0
81	Mike	Elston	41	5	46	163		58	5	63	4	0	15.8
82	Armand	Tippet	20	0	20	1		52	8	60	2	0	30.0

Springfield Bicycle Club Mileage and Activity File As of April, 2002

Possible Miles for the Month
1216

Year
2976

RANK	FIRST NAME	LAST NAME	RIDE	T/F	TO-TAL	RIDE S	LED	RIDE	T/F	TOTAL	RIDES	LED	LENGTH
83	Gerry	Orwig	13	16	29	2		33	22	55	4	0	13.8
84	Tony	Henn	53	0	53	4		53	0	53	4	0	13.3
85	Karen	Wright	32	0	32	2		53	0	53	3	0	17.7
87	Patrick	Small	44	8	52	2		44	8	52	2	0	26.0
88	Jon	Halterman	42	6	48	2		42	6	48	2	0	24.0
89	Pete	Hosmanek	21	0	21	1		46	0	46	2	0	23.0
92	Ben	Fox	13	0	13	1		44	0	44	2	0	22.0
93	Stan	Gralnick	30	13	43	2		30	13	43	2	0	21.5
94	Kathy	Shepard	37	5	42	3		37	5	42	3	0	14.0
95	Jeff	Coultas	41	0	41	2		41	0	41	2	0	20.5
96	Rodney	Yoswis	41	0	41	1		41	0	41	1	0	41.0
97	John	Lambert	38	0	38	3		38	0	38	3	0	12.7
100	Connie	Roberts	34	2	36	2		34	2	36	2	0	18.0
99	Christa	McLaren	8	0	8	1		36	0	36	3	0	12.0
101	Scott	Sievers	35	0	35	3		35	0	35	3	0	11.7
102	Curt	Flamm	34	0	34	2		34	0	34	2	0	17.0
105	Ronda	Schappaugh	24	6	30	1		24	6	30	1	0	30.0
107	Mike	Eymann	26	0	26	1		26	0	26	1	0	26.0
109	Terri	Nelson	26	0	26	1		26	0	26	1	0	26.0
110	Roger	Schnelten	26	0	26	1		26	0	26	1	0	26.0
111	Mark	Smith	21	5	26	2		21	5	26	2	0	13.0
112	Jane	DuBose	25	0	25	1		25	0	25	1	0	25.0
113	Stephanie	McClelland	24	0	24	2		24	0	24	2	0	12.0
115	Charlene	Lambert	20	0	20	2		20	0	20	2	0	10.0
119	Paul	Anthony	16	2	18	1		16	2	18	1	0	18.0
120	Cindy	Johnson	16	2	18	1		16	2	18	1	0	18.0
122	Jim	Disney	16	0	16	1	1	16	0	16	1	1	16.0
123	Dave	Scheina	16	0	16	1		16	0	16	1	0	16.0
128	Kathleen	Winhold	15	0	15	1		15	0	15	1	0	15.0
129	Laura	Farson	13	0	13	1		13	0	13	1	0	13.0
130	Lisa	Fox	13	0	13	1		13	0	13	1	0	13.0
131	Gene	Rupnik	13	0	13	1		13	0	13	1	0	13.0
135	Beth	Sever	10	0	10	1		10	0	10	1	0	10.0
134	Marty	Morris	8	0	8	1		10	0	10	2	0	5.0
136	Nila	Riggs	6	0	6	1		6	0	6	1	0	6.0
			1237	201									
TOTALS			3	8	14391	581	26	28933	4946	33879	1343	51	25.2
# RIDERS			115		139		48.1%	85.4%	14.6%				

Springfield Bicycle Club Membership Application

Member Information

<input type="checkbox"/> New Member	<input type="checkbox"/> Renewing Member
Name _____	Home Phone _____
Address _____	Work Phone _____
City _____	Birthdate _____
State _____ Zip _____	Email Address _____
I received my application at _____	I would like to help with SBC Activities
<input type="checkbox"/> Bike Shop Name _____	<input type="checkbox"/> Yes
<input type="checkbox"/> Current Member	<input type="checkbox"/> No

Type of Membership

<input type="checkbox"/> Individual	\$15/yr	<input type="checkbox"/> Family	\$20/yr
<input type="checkbox"/> Contributing	\$25/yr	<input type="checkbox"/> Sustaining	\$50/yr
<input type="checkbox"/> Patron	\$100/yr	<input type="checkbox"/> Corporate	\$100/yr

Dollars beyond basic \$15 or \$20 rate from Contributing, Sustaining, and Patron memberships go to your choice:

<input type="checkbox"/> Bicycle Advocacy Fund	<input type="checkbox"/> SBC General Fund
--	---

My Advocacy Donation Amount is: _____

Family Member Information

The SBC presents yearly awards for the most "club miles" in various age groups. We need birth dates to determine these presentations. Your participation is optional, of course.

Name 1 _____	Birthdate _____
Name 2 _____	Birthdate _____
Name 3 _____	Birthdate _____
Name 4 _____	Birthdate _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature _____

Date _____

Parent / Guardian _____

Date _____

Official SBC Name Badges

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$7.50 dollars** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

Mail with Check to:
Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705

SPRINGFIELD BICYCLE CLUB 2001-02 RIDERS OF THE MONTH							
MONTH	NAME	RIDE MILES	T/F MILES	TOTAL MILES	LED	# RIDES	AVG RIDE LENGTH
Apr-02	Charlie Witsman	530	0	530	0	15	35.33
Mar-02	Deeana Shidler	360	55	415	0	7	59.29
Feb-02	Marty Celnick	311	78	389	1	18	21.61
Jan-02	Bill Voss	364	173	537	1	16	33.56
Dec-01	Bill Bock	360	45	405	1	9	45.00
Nov-01	Cathy Yeaman	429	128	557	1	14	39.79
Oct-01	Lance Kidd	573	101	674	0	25	26.96
Sep-01	Derek Ewing	636	433	1,069	0	17	62.88
Aug-01	Deeana Shidler	966	220	1,186	0	25	47.44
Jul-01	Charlie Witsman	690	406	1,096	8	19	57.68
Jun-01	James DuBose	652	90	742	0	19	39.05
May-01	Lisa Kidd	660	102	762	1	24	31.75
Apr-01	Arden Gregory	396	144	540	0	14	38.57
Mar-01	Marty Celnick	223	45	268	1	12	22.33
Feb-01	Byron Nesbitt	135	69	204	0	6	34.00
Jan-01	Bill Voss	191	69	260	0	12	21.67

SPRINGFIELD BICYCLE CLUB 2002 MILEAGE SUMMARY									
MONTHLY									
MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH	
January	5,636	1,210	6,846	31	273	9	8.8	25.08	
February	5,057	868	5,925	24	242	9	10.1	24.48	
March	5,867	850	6,717	29	247	7	8.5	27.19	
April	12,373	2,018	14,391	54	581	26	10.8	24.77	
CUMULATIVE									
MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH	
January	5,636	1,210	6,846	31	273	9	8.8	25.08	
February	10,693	2,078	12,771	55	515	18	9.4	24.80	
March	16,560	2,928	19,488	84	762	25	9.1	25.57	
April	28,933	4,946	33,879	138	1,343	51	9.7	25.23	



Join Us!!

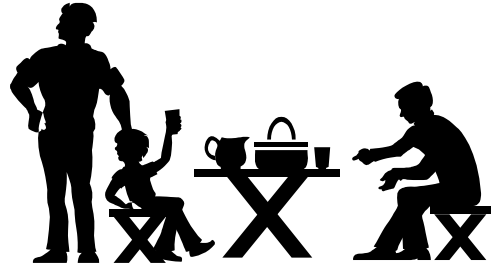
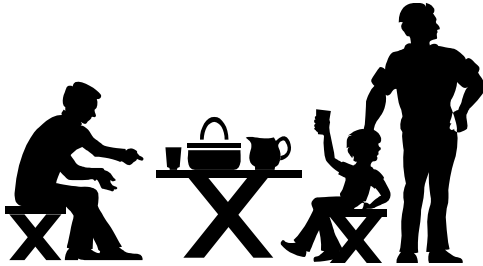
Annual Summer Picnic

June 22, 2002

Good Times and Great Fun!!

Great Food!!

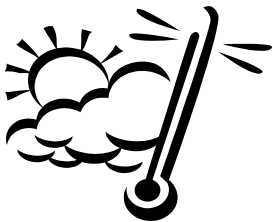
Marlboro Miles Raffle



Springfield Bicycle Club
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Springfield, IL 62705

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June, 2002