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QR Deadline 15th of the Month

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SPRINGFIELD BICYCLE CLUB

Quick Release

RIDE OF THE MONTH

Tom Clark's and Sue Dee's belated birthday ride is March's Best Ride of the Month.

The competition was tough for the best ride in March, but Tom and Sue's ride came away with the honors. The weather was almost perfect for riding with temperatures in the high 60s and almost no wind. But even that was not the best part. Sue had prepared a grilled turkey smoked with apple wood and all of the guests brought great food, making this ride's food factor one of the best. The Pisces' and procrastinators' ride will be hard to top in 2003. Thanks Tom and Sue. Great ride!!!

ALMOST ANYTHING AWARD

Mrs. Tolan from Pleasant Plains is the Almost Anything Award winner for March.

On a cold March 2nd, Don Daniels experienced a major problem with his bike while riding with a group on Tolan Road near Pleasant Plains. Because his wife wasn't home and he had no one to call, Don went to the nearest house and asked for help. Mrs. Tolan came to the door and was willing to help by offering Don a ride home in her pickup truck. She even put a blanket on the floor in the back so Don's bike wouldn't get scratched. When given a chance, let's all try to be like Mrs. Tolan. What a great lady she is!

LEAD WATER BOTTLE

Bob Sorenson takes the "lead" this month for losing his bridge on the trail.

Sometimes riding and talking don't always mix, as Bob found out on the Lost Bridge Trail. It seems that his mouth was open and his bridge was loose and bingo! It was out on the trail someplace. From now on, the trail that connects IDOT with Rochester will be known as **Bob's Lost Bridge Trail**.

RIDERS OF THE MONTH

3/03 Dave Lucas 675 mi.	11/02 Chuck Orwig 985 mi.	7/02 Cathy Yeaman 746 mi.
2/03 Marty Celnick 297 mi.	10/02 Lisa Kidd 848 mi	6/02 James DuBose 935 mi.
1/03 Bill Voss 272 mi.	9/02 Byron Nesbitt 1082 mi.	5/02 Lance Kidd 691 mi.
12/02 Karl Kohlrus 509 mi.	8/02 Lynn Rhoades 711 mi.	4/02 Charles Witsman 530

The President's Report

Alfred Arkley

May is National Bicycle Month. To celebrate Dave Lucas will lead on each Wednesday evening at 6 pm a D ride for new and member riders starting at east parking lot of the Wabash Trail. On each Sunday evening during the month of May at 6 pm Dave Lucas and/or Harriet Josephson will lead a D ride for new and member riders at locations listed the ride schedule.

As of this date, April 14, it looks very promising that the Illinois General Assembly might pass *The Bicycle*

Safety Restoration Act. The Senate has passed SB 275 and it is now in the House. Senator Larry Bomke voted for the bill. This law will make bike riders once again intended users of Illinois roadways and remove the disincentive for government entities to build and designate on-the-road bike trails and markers. The website of Chicagoland Bicycle Federation has current information on the status of bills in the Illinois House and Senate. www.chibikefed.org

I have a copy of the videos

The Return of the Scorcher and *We are Traffic, which I would be happy to share.* Mike Schwab also has copies of these videos. Both of these videos explain and analyze Critical Mass. I found these videos of bicycling interesting as they described and explained how bicycles in a group "a critical mass" are treated on the road with greater respect and safety than a single bicycle.

Out of Town Rides

Cindy Kvamme

I has collected all the informational ride brochures that have been sent to the SBC, and have filed them according to the month in which the ride takes place. If you are looking for that special out of town event see me at any ride to look over the collection.



Board Meeting Notes - March 4, 2003

Kathy Shepard

Present: Dave Lucas, Lynn Miller, Alfred Arkley, Linda Butler, Cindy Kvamme, Marty Celnick, Mike Schwab, Chuck Orwig, Curt Evoy, Jerry Ihnen, Ernie DeFrates, Alan Josephson, Jonathan Reininger, Sue Dees, Kathy Shepard

February board meeting minutes were approved as attendees dined on the tasty supper prepared by Jerry. Reviewing the treasurer's report she had e-mailed board members, Linda said membership dues currently are covering QR costs. The club has a surplus, due mainly to a drop in QR costs plus increased revenue from the CCC and raised membership dues.

Cindy said the Club Directory is in the works. Alfred said he would forward to Cathy Yeaman and Curt out-of-town ride credit rules.

Alan's Groundhog Day ride was voted Ride of the Month.

For the Almost Anything Award, Charlie Witsman was nominated for staying with Jerry and helping him without complaint on a ride when the weather was "cold, windy, and nasty." Jerry says



Charlie did most of the work in fixing Jerry's "2 or 3 flats." Deanna Shidler was nominated for blocking the wind with her van for Marty Celnick on another windy ride. Close voting saw Charlie emerge as winner of this month's Almost Anything Award.

Lead nominees were Jerry, for standing back and letting Charlie do all the work fixing his flats, Dave, for forgetting to wear noggin protection on a ride, two nonmember riders who rode against traffic and were involved in accidents, and the weather forecaster who produced bad riding weather on a recent

weekend. In a vote that was not close, the two reckless riders won the Lead Water Bottle Award.

Alan reported that the SJR had interviewed SBC members for a story on people who had switched from other sports to biking. Any ideas for future stories should be forwarded to Alan to pass on to Outdoors Editor Chris Young.

Reporting on their meeting with Menard County Trails Coalition representatives, Linda and Lynn said the Trails Coalition saw the TGISpring as a fundraiser for improved trails. They

recommended that we give the Trails Coalition all the profits from this year's ride. It was pointed out that the SBC has made significant contributions, including publicity and SAG supply transport by Jerry and hours of sign placement and pick-up by Don Struck. After discussion, it was agreed that the Trails Coalition should keep all of this year's profits, with the understanding that they would provide SAG and food stop support throughout the ride.

Jonathan distributed drafts of the TGISpring and CCC brochures. Posters with pockets for the brochures will be assembled and distributed with Cindy's help. Slightly higher fees for the lower-mileage CCC routes were proposed.

Leftover QR's will be provided for display at Fit Club West if they approve. Marty Celnick expressed interest in organizing the Ironhorse Triathlon, with possible help from Jon Edwards. Attendees discussed House and Senate bills to counteract the effects of the Illinois Supreme Court's 1998 Boub decision regarding liability for injuries to cyclists on municipal property. It was suggested that ice cream and Sunday rides be promoted to attract new members, particularly during Bike Month in May.

The meeting then was adjourned. Attendees expressed their thanks to Jerry, who Debbie confirmed had prepared the food with help from their daughter Rachel, who passed out popcorn during the meeting.

Secretary's Report Cindy Kvamme, Secretary

Renewals

Rick Davis
Tony Henn
Mary Jane Stahr
Jason Loerakker
Michael Becker
Kyle Beachy
Connie Roberts
Peter Harjes
Scott & Stephanie
Charlie Rabins
Genio Staranczak
Rebecca Hood
John & Judy Day
Cindy Kvamme

Renewals at the Contributing Level

Barry & Theresa Wood
Greg Pinto
Kevin Brown & Lola Lucas
Micci Bly
Joel Johnson
Judy Nesbitt

Renewals at the Sustaining Level

Vaughn Morrison, Sherry Knight & Family

New Members

Ken Anderson
Bond Tarr & Family
John Fee & Family
John Franklin
Kathy Harvey
Chuck Coderko

Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

Tried and True or Tried and Trash

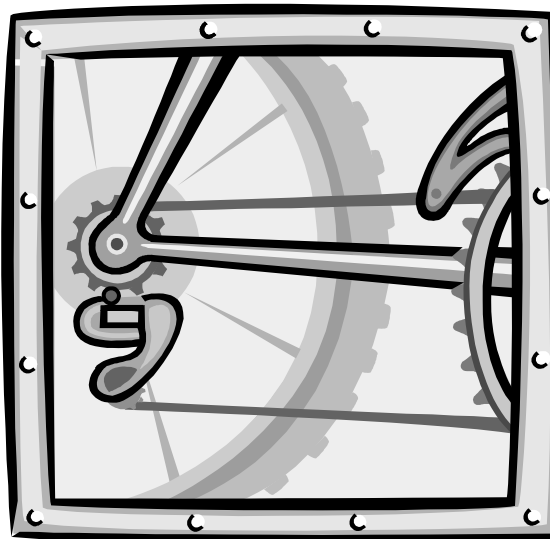
Mark Flotow

Tacx "Tao" bottle cage, Wippermann "Connex" 9-speed stainless steel chain, and Continental Grand Prix "Attack" and "Force" tires

In a recent issue of *VeloNews*, each of these brand-spankin' new products were featured in a color advertisement and/or briefly reviewed. Since I've just acquired these myself, I'll give you a "first look" and my initial impressions of each. We'll go cheapest, first.

Tacx "Tao" bottle cage

The Tacx "Tao" cage has been on the market for about a year or so. Laurent Jalabert used them during last year's Tour de France on his way to winning the "king of the mountains" title. The cage is made of aluminum and plastic with rubber trim. The aluminum provides the structure of the cage's flat-formed wraparound figure-eight shape. A piece of thumbnail-size tough plastic is the stopper that prevents the bottle from slipping out the bottom. The rubber lines the aluminum skeleton where a bottle would make contact. It is light at 37 grams and comes in silver or black aluminum.



My experience with such cages is the plastic bottom to stop the bottle is the weak spot of the product. It can snap off from replacing a heavy bottle too forcefully. Hopefully, Tacx has got this potential trouble point adequately reinforced. Unlike traditionally-shaped bottle cages, there is not a lot of give or flex for accommodating different bottle sizes. Naturally, a Tacx water bottle fits very securely.

Quick take comment: looks different but is functional and light

Other: these can be a little hard to find, since they come from a smaller U.S. distributor

Who'd be interested: those who like something a little different

Who'd give it a skip: those

who don't like to hear smaller or odd-sized bottles rolling around

Approximate retail price: \$15

Wippermann "Connex" 9-speed stainless steel chain

Aren't all derailleur chains stainless steel? No, none of the others are - many are made of nickel-plated steel. All chains made of steel are subject to rust, except perhaps this one. It's supposedly one of the strongest chains and has a 20 percent longer running life than other chains. Like many high-end chains, it comes with its own connector link that can be assembled by hand. The Connex version is a little trickier than the one for Sachs chains, for example, but it makes sense once you connect and disconnect

it a few times. Connex also makes 8 and 10-speed versions.

One thing about an all-silver (actually, a sort of off-silver grey), stainless chain is you readily can see when it's dirty. The "weak link" of a chain, if you will, is the outside plates that hold the rivet pins in place. This is because a pin popping out of a plate is often how they fail. Chain rivet tools tend to deform the pins slightly, introducing irregularities around the rivet holes in the plates. Simply using the connector link minimizes this potential problem.

Do you really need a \$45 chain to keep rust at bay? No - regular periodic cleaning and lubrication will suffice. Somewhat paradoxically, a person likely to buy this chain also likely is one not to totally neglect chain maintenance.

Quick take comment: stylish, practical and expensive
Other: I would think the 10-speed version would be a Godsend for anyone who has used a Campy 10-speed chain.

Who'd be interested: people who like spotless bikes, perhaps?

Who'd give it a skip: those who would rather have two high-quality chains for the price of this one

Approximate retail price: \$45

Continental Grand Prix "Attack" and "Force" tires

Speaking of \$45 chains, would you pay \$55 for one of these Continental clincher tires? Not to worry - they're only sold in pairs at \$110 a set, at least currently. What's unique about the set is one is designed for the front wheel and the other for the rear. This is not unprecedented in the world of bike tires for the road, but it is rare. (The only other instance I can conjure was a pair of sew-up tires from Vittoria, although that arrangement stopped about five years ago.) Naturally, the front is lighter and the rear has a thicker tread, but there is a bit more to it than that. The front tire has softer rubber for gripping the road, but it is narrower in profile than its rearward counterpart. Both tires have curvy, almost art-looking tread lines and again, these differ from front to rear. The front's tread is almost slick, with only a slight tread pattern near the sides, and the rear has a wavy tread pattern across its width and length.

It makes perfect sense to have a thicker tread on the rear tire. Rear road tires wear anywhere from two to five times faster than front ones. Rear tires, besides be-

ing subject to more rider avoirdupois, also are inflicted with more lateral force. Think of the rear tire as a pencil eraser, taking small sideways swipes on the asphalt as you apply alternating downward pedal pressure going down the road.

These are really light, at 192 and 214 grams. For club riders who appreciate a light, responsive (read: expensive) tire, I suggest the following. "Such light tires can have their place, like for fast riding or a race, but come cinders in which to play, save these treads for another day."

Quick take comment: a sensible front/rear idea, but not for everyday use

Other: want to pay more? You can buy the tires as part of a set with tubes, rim strips, tire levers and a jersey for about \$200.

Who'd be interested: well-off, performance types

Who'd give it a skip: those who value reliability and durability from their tires

Approximate retail price: \$110 for a front/rear set

Next Time: a final update of recently reviewed products. Want to add your comments to this column on any product you're ever read about among these pages? Let me know by May 10th!

CALENDAR OF EVENTS

Friday May 2	Trivia Night Fund Raiser
Saturday May 3	TGI Spring Ride
Sunday May 11	Lake Lou Yeager Ride
Saturday May 17	Asparagus Ride
Saturday May 24	SHIFT Rides begin
Saturday May 24	Pete's Riverton Ride



Paid Advertisement

May 2003 Ride Schedule

Anyone with questions about rides or interest in leading a ride can contact Cathy Yeaman at 483-4912 or e-mail her at cycycle@msn.com. May is bike month and you are encouraged to use your bike to commute to work. **Bike commute miles for May can be counted as club miles** by turning your miles into Karl Kohlrus at Kkohlrus@netzero.net. **Each club member can choose one out of town scheduled ride to count toward club miles each month. It is the rider's responsibility to inform Karl Kohlrus of the ride and mileage.**

Monday thru Friday 9:00 AM	Morning Geezer ride Arkley Residence 1511 Bates	BC ride, Daily morning rides for retired geezers or those hoping to become geezers. No leaders, no maps. Participating riders should turn a ride sheet in to Karl Kohlrus.
Monday thru Friday 9:00 AM	Daily Show-N-Go Pana Trail-Lake Taylorville parking lot, Rt 29	BC ride, Show-N-Go along the Lincoln Heritage Trail M thru F during the day. Turn miles into Karl.
Monday, Wed, and Friday Noon	IDOT, Lost Bridge Trail Dirksen Parkway Lisa Kidd, 546-1698	BC ride "Lunch with Lisa" ride. Lisa leads the noon trail ride three days a week. Skip lunch and ride on the trail with Lisa and other SBC regulars!
Mondays 6:00 PM	Blue Cross/ Blue Shield 3405 Liberty Dr, behind Walmart Alan Josephson, 793-0590	C ride, An easy ride to get started and gain conditioning. The ride will be slow enough for conversation. 10 to 22 miles.
Mondays 6:00 PM	Washington Park, South side of the picnic pavilion, Jim Agnew, Lynn Rhoades, Mark Flotow, 546-2579	C "gruppetto" ride. This ride is intended for riders that have put in fast long rides or races over the weekend and need a slow ride to recover.
Tuesdays 6:00 PM	Lindsay Boat Launch Lake Springfield, Long Bay Drive Arden Gregory, 585-8017	AB training ride, A workout for those who want to train hard and fast for long summer rides, races, or general fitness. 20 to 30 miles
Tuesdays 6:00 PM	Carmody Residence 517 Appomattox Drive Pete Gudmudson, 523-8200	ABC training ride. This is the West side ride and is geared for those who want to train hard and fast like the East siders. Several cutoffs from 12 to 25 miles.
Tuesdays 6:00 PM	Taylorville Firststar Bank 106 W. Market Street Charles Witsman, 562-5208	ABCD ride. Taylorville Training ride. Meet in the rear parking lot of the bank. Charlie will usually be there with a route and assure that everyone successfully completes the ride. 12-25 miles.
Tuesday 6:00 PM	IDOT, Dirksen Parkway Lost Bridge Trail Show & Go	BCD ride, This is a show-and-go. No leader. Turn in miles to Karl.
Wednesdays 6:00 PM	Wabash Trail, East end parking lot Wabash and Park Street Dave Lucas, 753-3831	D ride, this ride will use the Wabash and/or Interurban trail, the pace will be leisurely and well suited for new riders. The ride leader will be available to answer questions about bicycling and the bike club.
Wednesday 6:00 PM	Pana Trail-Lake Taylorville Parking Lot Rt 29 Charles Witsman, 562-5208	BCD ride, This is a weekly show-and-go on the Lincoln Heritage Trail. Turn in miles to Karl.
Thursdays 6:00 PM	Lindsay Boat Launch Lake Springfield, Long Bay Drive Cathy Yeaman, 483-4912	AB training ride, A workout for those who want to train hard and fast for those strong summer winds, races, or general fitness. 20 to 30 miles
Thursdays 6:00 PM	Rotary Park Archer Elevator & Iles Byron Nesbitt, 899-3988	ABC training ride. This is the West side ride and is geared for those who want to train hard and fast like the East siders. Several cutoffs from 12 to 25 miles.
Thursdays 6:00 PM	Taylorville Firststar Bank 106 W. Market Street Charles Witsman, 562-5208	ABCD ride. Taylorville Training ride. Meet in the rear parking lot of the bank. Charlie will usually be there with a route and assure that all successfully complete the ride. 12-25 miles.
Thursdays 6:00 PM	Williamsville 111 Price Kedra Elston, 566-2698	ABCD ride, All are welcome to join in on this Williamsville ride of approximately 15 to 20 miles.
Thursday 6:00 PM	IDOT, Dirksen Parkway Lost Bridge Trail Show & Go	BCD ride, This is a show-and-go. No leader. Turn in miles to Karl.

Friday May 2 7:00 AM	Steak-N-Shake 6 th & Ash	NC, End the week with eggs, pancakes and other special breakfast items.
Friday May 2 5:30/6:30 PM	Trivia Night KC Hall, Meadowbrook and Iles Chuck Orwig, 793-3782	Chuck Orwig and Curt Evoy are organizing a trivia night to raise money for the Lance Armstrong Foundation and Cystic Fibrosis. Come ride with us, have dinner at Casey's Pub, and/or join us for night of gaming for a \$10 fee.
Saturday May 3 8:00/9:00 AM	Lincoln Land Campus, 522 S. 6th Petersburg Lynn Miller, 787-3354	TGI Spring, There will be several routes to choose from including 12, 25, 40, or 62 miles. Great routes with hills and food stops! Registration from 8:00 to 9:00 AM.
Sunday May 4 9:00 AM	Sherman Park Andrew Rd. ½ mile E. of Bus. 55 Louie Spinner, 523-1615	ABC ride, Breakfast ride to Athens. After yesterdays long ride, today is a leisurely ride to Athens with options to stop for breakfast. 23 to 30 miles.
Sunday May 4 6:00 PM	Butler School parking lot 1701 South MacArthur Dave Lucas, 753-3831	D ride, the pace will be leisurely and well suited for new riders. The ride leader will be available to answer questions about bicycling and the bike club.
Tuesday May 6, 5:30 6:15/7:00 PM	1511 Bates Avenue Alfred Arkley, 546-4972	Board Meeting, Alfred will lead a ride then host dinner for those who RSVP. The board meeting will begin at 7:00 PM. A good way to get involved in planning the club activities and have fun.
Friday May 9 7:00 AM	Baker's Square 3434 Freedom Dr Parkway Point	Breakfast is a great way to finish the week by socializing with friends. Enjoy the good coffee and watch out for the bakery.
Friday May 9 6:30/7:30 PM	Thailand Cuisine 3134 Montvale Drive Kevin Brown, 787-5652	Kevin leads a one hour ride beginning at 6:30 PM, followed by a Friday night favorite dinner at 7:30 PM. Come to ride, have dinner, or both.
Saturday May 10 9:00 AM	Wabash Trail, East parking Lot Karl Kohlrus, 544-8410	In cooperation with the Sangamon Valley Trails Coalition, there will be a clean up on the Wabash Bike Trail. After the cleanup there will be a 10 to 30 mile bike ride using the Interurban Bike Trail to Chatham.
Sunday May 11 9:00 AM 10:00 AM 11:00 AM 12:30 PM	Lake Lou Yeager Litchfield Mike Schwab, 324-6951	Mike's B'day ride. 9am 40-60 mi, 10am 27-40mi, 11am, 10-15mi, 12:30pm dinner. Bring your own side dish and drinks. I-55 exit 52, take IL 16 East through town about 3 miles, there will be a large cemetery on the right (south), turn left (north) at the brown Lake Lou Yeager sign. Travel north 1 mile, curves right (east) 2 miles, turn left (north) onto Park Road for picnic area. If see the lake, you have gone too far, turn around. The picnic areas and marinas are on the right.
Sunday May 11 6:00 PM	Baskin & Robbins Fairhills Mall, 1911 W. Monroe Dave Lucas, 753-3831	D ride, the pace will be leisurely and well suited for new riders. The ride leader will be available to answer questions about bicycling and the bike club.
Monday May 12 10:00 AM	Williamsville 111 Price Kedra Elston, 566-2698	Kedra would like some company as she spends 3 to 4 hours exploring some new routes to use for future club rides. Bring your maps and suggestions.
Friday May 16 7:00 AM	Brewhaus 617 E. Washington	NC, Breakfast is a great way to finish the week by socializing with friends.
Friday May 16 6:00/7:15 PM	Vic's Pizza, 2025 N. Peoria Road Dave Lucas, 753-3831 Spflddave@aol.com	Ride for an hour on the North side, then regroup at Vic's at about 7:15PM. Call or e-mail the ride leader by noon on the 16 th for an accurate restaurant count.
Saturday May 17 10:00 AM	Jeffries Orchard Rt 29 & Jefferies Road (6N) Lynn Miller, 787-3354	ABC ride, Asparagus ride, A great hilly ride along the river, then the opportunity to buy asparagus at Jeffries Orchard.
Sunday May 18 10:00 PM	Fairhills Mall Washington and Chatham Road Marty Celnick, 522-4206	ABC ride, 25 to 40 mile route which could include Salisbury, Athens, Pleasant Plains or New Berlin depending on wind direction and the weather forecast.
Sunday May 18 6:00 PM	Kreckel's Custard 2121 North Grand Ave, East Dave Lucas, 753-3831	D ride, the pace will be leisurely and well suited for new riders. The ride leader will be available to answer questions about bicycling and the bike club.

Friday May 23 7:00 AM	Hen House I-55 & Toronto Road 529-3690	NC, Breakfast is a great way to finish the week by socializing with friends.
Friday May 23 6:30/7:30 PM	Lost Bridge Trail IDOT Parking lot Dirksen Parkway	Ride the trail for an hour, then join others at the Smokey Bones for dinner at 7:30 PM
Saturday May 24	SHIFT, SIU Touch of Nature Giant City State Park Dean Wisleder, 787-4892	Southern Hilly Illinois Family Tour (SHIFT). 20 to 70 miles of beautiful, hilly areas south of Carbondale.
Saturday May 24 12:00 Noon	Riverton, CCC Rest Stop Pete Harjes, 629-7847	ABC ride, Pete has a route of about 50 miles with cut-offs if you want a shorter route. Call Pete if you need directions to the start location.
Sunday May 25	SHIFT, SIU Touch of Nature Giant City State Park Dean Wisleder, 787-4892	Southern Hilly Illinois Family Tour (SHIFT). 20 to 70 miles of beautiful, hilly areas south of Carbondale.
Sunday May 25 9:00 AM	Forest Park West, Lake Springfield. East Lake Shore Drive Arden Gregory, 585-8017	ABC ride, Arden will have options ranging from 30 to 60 miles.
Sunday May 25 6:00 PM	Strike and Spare West 2660 West Lawrence Harriet Josephson, 793-0590	D ride, the pace will be leisurely and well suited for new riders. The ride leader will be available to answer questions about bicycling and the bike club.
Monday May 26	SHIFT, SIU Touch of Nature Giant City State Park Dean Wisleder, 787-4892	Southern Hilly Illinois Family Tour (SHIFT). 20 to 70 miles of beautiful, hilly areas south of Carbondale.
Monday May 26 9:00 AM	Lincoln Memorial Gardens 2301 E. Lake Drive Cathy Yeaman, 483-4912	ABC ride. Memorial Day ride will take us to Pawnee, Bulpitt, Edinburg, Roby and Rochester. 36 or 49 mile options are offered.
Friday May 30 7:00 AM	Parkway Café 2715 N. Dirksen Dr.	NC, Come start the day and end the week with fellow SBC'ers.
Friday May 30 6:30 PM	2526 Austin Drive Jonathan Reiningger Residence 698-1724	Jonathan is hitting the BIG 30! Maybe we can ride 30k. Jonathan plans on serving his famous jerk chicken. Side dishes and desserts are welcome and maybe something to drink while Jonathan says goodbye to the 20's.
Saturday May 31 9:00 AM	Sherman Park Andrew Rd. ½ mile E. of Bus. 55 Louie Spinner, 523-1615	ABC ride, Louie will have a route of 30 to 35 miles to help us add the last of our SBC May miles.
Sunday June 1 9:00 AM	Lewis Memorial Christian Village 3400 W. Washington Linda Butler, 787-5027	ABC ride, Begin June with a Sunday morning ride. Linda has a 40 to 50 mile route with suggested cut-offs for those looking for less mileage.

RIDE TYPES

A - 17+mph average speed

B - 15 to 18 mph average

C - 12 to 15 mph average

D - 8 to 12 mph average

ER - under 8 mph average*

NC - Non-cycling event

MB - Rides suitable for mountain and all-terrain bikes

Show-N-Go - No ride leader is scheduled. Ride on your own and turn in miles to Karl.

ER rides are slow paced social group rides without maps. Usually neighborhood tours.

Springfield Bicycle Club Mileage and Activity File As of March, 2003

Possible Miles for the Month
882

Year
1671

FIRST NAME	LAST NAME	RIDE	T/F	TO-			LED	RIDE	T/F	TOTAL	RIDES	LED	LENGT H
				TAL	RIDES	LED							
1	Bill	Voss	374	131	505	10		798	275	1073	27	0	39.7
2	Marty	Celnick	352	139	491	17	1	790	265	1055	43	3	24.5
3	Dave	Lucas	551	124	675	25		662	167	829	32	0	25.9
4	Karl	Kohlrus	159	111	270	7		382	285	667	19	0	35.1
5	Lisa	Kidd	390	85	475	18		547	114	661	26	0	25.4
6	Cathy	Yeaman	368	103	471	11		553	103	656	13	0	50.5
7	Lance	Kidd	376	85	461	17		532	114	646	25	0	25.8
8	Lynn	Rhoades	194	101	295	7	1	404	162	566	17	2	33.3
9	Pat	Stephens	303	0	303	10		553	0	553	22	0	25.1
10	Deeana	Shidler	315	14	329	7		521	14	535	14	1	38.2
11	Byron	Nesbitt	293	29	322	11	1	483	32	515	18	1	28.6
12	Pete	Gudmundson	306	0	306	13		486	0	486	21	0	23.1
13	Chuck	Orwig	161	56	217	5	1	318	129	447	12	2	37.3
14	Jerry	Ihnen	175	30	205	6		378	30	408	14	1	29.1
15	Arden	Gregory	272	40	312	9		336	68	404	12	0	33.7
16	Charlie	Witsman	267	46	313	6		331	66	397	8	0	49.6
17	Ernie	DeFrates	194	0	194	9		376	0	376	20	1	18.8
18	Tom	Clark	247	32	279	13	1	332	43	375	18	1	20.8
19	Alan	Josephson	219	31	250	8	2	315	31	346	14	3	24.7
20	Bob	Sorenson	190	36	226	8	1	284	51	335	12	2	27.9
21	Lynn	Miller	230	9	239	9		307	9	316	13	0	24.3
22	Pete	Harjes	126	36	162	9		246	64	310	17	0	18.2
23	Frank	Kink	138	64	202	4		227	80	307	8	0	38.4
24	Derek	Ewing	232	10	242	6		262	27	289	8	0	36.1
25	Louie	Spinner	186	2	188	9		257	2	259	13	0	19.9
26	Bill	Bock	188	0	188	4		252	0	252	6	0	42.0
27	Linda	Butler	170	7	177	5		241	9	250	8	1	31.3
28	Roger	McCredie	181	10	191	7		232	10	242	10	0	24.2
29	Phil	Arnold	59	76	135	3		125	114	239	6	0	39.8
30	Alfred	Arkley	237	0	237	16		237	0	237	16	1	14.8
31	Kedra	Elston	182	10	192	9		206	10	216	11	0	19.6
32	Brock	Webb	166	0	166	5		180	26	206	6	0	34.3
33			92	31	123	3		149	47	196	6	0	32.7
34	Mike	Vonnahmen	111	75	186	5		111	75	186	5	0	37.2
35	James	DuBose	137	16	153	4	1	163	16	179	5	1	35.8

Springfield Bicycle Club Mileage and Activity File As of March, 2003

Possible Miles for the Month
882

Year
1671

FIRST NAME	LAST NAME	TO-				LENGT					
		RIDE	T/F	TAL	RIDES	LED	RIDE	T/F	TOTAL	RIDES	LED
Jon	Edwards	126	53	179	4	126	53	179	4	0	44.8
Brian	Tober	150	0	150	1	150	0	150	1	0	150.0
Mike	Hills	77	32	109	2	107	40	147	4	0	36.8
Bob	Carmody	100	0	100	4	127	4	131	5	0	26.2
Cindy	Kvamme	107	0	107	5	131	0	131	7	0	18.7
Dave	Ross	52	25	77	5	91	39	130	8	0	16.3
Don	Daniels	83	44	127	3	83	44	127	3	0	42.3
Carol	Bock	98	0	98	3	126	0	126	4	0	31.5
Bruce	Yurdin	106	20	126	3	106	20	126	3	0	42.0
Mike	Boyd	46	20	66	2	80	45	125	3	0	41.7
Ruth	Magos	60	0	60	1	122	0	122	2	0	61.0
Brigetta	Ewing	103	0	103	5	118	0	118	6	0	19.7
Jim	Agnew	74	15	89	2	84	23	107	3	0	35.7
Joel	Johnson	73	30	103	2	73	30	103	2	0	51.5
Marilyn	Powell	100	0	100	3	100	0	100	3	0	33.3
Don	Struck	18	14	32	1	64	36	100	3	0	33.3
Jack	Elston	96	0	96	4	96	0	96	4	0	24.0
Garland	Stevens	56	8	64	2	85	8	93	4	0	23.3
Tim	Schmidt	53	20	73	2	68	24	92	3	0	30.7
Mike	Schwab	50	0	50	5	91	0	91	10	0	9.1
Mike	Elston	90	0	90	4	90	0	90	4	0	22.5
Sue	Dees	69	0	69	4	89	0	89	6	0	14.8
Jackie	Galli	87	0	87	3	87	0	87	3	0	29.0
Brea	Elston	86	0	86	4	86	0	86	4	0	21.5
Brian	Watkins	26	13	39	1	58	22	80	2	0	40.0
Daniel	Ewing	64	0	64	4	76	0	76	5	0	15.2
Christine	Kohlrus	56	20	76	2	56	20	76	2	0	38.0
Jane	DuBose	62	5	67	2	62	5	67	2	0	33.5
Roger	Wright	36	0	36	1	62	0	62	2	0	31.0
John	Day	25	0	25	1	58	0	58	2	0	29.0
Dan	Liekvold	38	20	58	1	38	20	58	1	0	58.0
Lenny	Miner	58	0	58	2	58	0	58	2	0	29.0
Kerry	Boss	38	0	38	1	51	0	51	2	0	25.5
Alex	Holmes	39	5	44	1	39	5	44	1	0	44.0
Joe	Angermeier	28	14	42	1	28	14	42	1	0	42.0

Springfield Bicycle Club Mileage and Activity File As of March, 2003

Possible Miles for the Month
882

Year
1671

FIRST NAME	LAST NAME	RIDE	T/F	TO-TAL	RIDES	LED	RIDE	T/F	TOTAL	RIDES	LED	H	LENGT
71	Clay	Slagle	28	14	42	1	28	14	42	1	0	42.0	
72	Christa	Morris	27	0	27	2	41	0	41	3	0	13.7	
73	Jon	HaHerman	36	3	39	1	36	3	39	1	0	39.0	
74	Jim	Disney	36	2	38	1	36	2	38	1	0	38.0	
75	Mike	Ryan	36	2	38	1	36	2	38	1	0	38.0	
76	Rodney	Yoswig	38	0	38	1	38	0	38	1	0	38.0	
77	Paul	Hosmanek	36	0	36	1	36	0	36	1	0	36.0	
78	Mike	Royer	36	0	36	1	36	0	36	1	0	36.0	
79	Harriet	Josephson	20	0	20	2	30	0	30	3	0	10.0	
80	Ken	McCarvey	28	0	28	1	28	0	28	1	0	28.0	
81	Cindy	Moreno	0	0	0	0	24	0	24	2	0	12.0	
82	Jim	Hajek	0	0	0	0	19	2	21	1	0	21.0	
83	Tony	Henn	21	0	21	2	21	0	21	2	0	10.5	
84	Gail	Mugler	20	0	20	1	20	0	20	1	0	20.0	
85	Jonathon	Reininger	17	0	17	1	17	0	17	1	0	17.0	
86	Patrick	Small	14	3	17	1	14	3	17	1	0	17.0	
87	Shaun	Stanley	0	0	0	0	15	0	15	1	0	15.0	
88	Sharon	McBride	13	0	13	1	13	0	13	1	0	13.0	
89	Rick	Regan	13	0	13	1	13	0	13	1	0	13.0	
90	Kevin	Brown	11	0	11	1	11	0	11	1	0	11.0	
91	Scott	Gauvin	0	0	0	0	11	0	11	1	0	11.0	
92	Sue	Hack	0	0	0	0	10	0	10	1	0	10.0	
93	Sherry	Miner	5	5	10	1	5	5	10	1	0	10.0	
94	Ruth	Rank	10	0	10	1	10	0	10	1	0	10.0	
95	Craig	Ross	10	0	10	1	10	0	10	1	0	10.0	
96	Donna	Soulet	0	0	0	0	10	0	10	1	0	10.0	
97	P J	Burtle	7	0	7	1	7	0	7	1	0	7.0	
98	Debby	Lewis	7	0	7	1	7	0	7	1	0	7.0	
99	Lori	Midden	7	0	7	1	7	0	7	1	0	7.0	
100	Marty	Morris	7	0	7	1	7	0	7	1	0	7.0	
101	Skylar	Morris	7	0	7	1	7	0	7	1	0	7.0	
102	Gerry	Orwig	7	0	7	1	7	0	7	1	0	7.0	
103	Karol	Young	0	0	0	0	7	0	7	1	0	7.0	
TOTALS			11068	1926	12994	435	9	16159	2921	19080	685	20	27.9

Springfield Bicycle Club Membership Application

Member Information

New Member
 Renewing
 Change of Address

Name _____ Home Phone _____

Address _____ Work Phone _____

City _____ Birthdate _____

State _____ Zip _____ Email Address _____

I received my application at _____ I would like to help with SBC Activities

Bike Shop Name _____ Yes

Current Member No

Type of Membership

Individual \$15/yr
 Family \$20/yr

Contributing \$25/yr
 Sustaining \$50/yr

Patron \$100/yr
 Corporate \$100/yr

Dollars beyond basic \$15 or \$20 rate from Contributing, Sustaining, and Patron memberships go to your choice:

Bicycle Advocacy Fund
 SBC General Fund

My Advocacy Donation Amount is: _____

Family Member Information

The SBC presents yearly awards for the most "club miles" in various age groups. We need birth dates to determine these presentations. Your participation is optional, of course.

Name 1 _____ Birthdate _____

Name 2 _____ Birthdate _____

Name 3 _____ Birthdate _____

Name 4 _____ Birthdate _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature _____

Date _____

Parent / Guardian _____

Date _____

Official SBC Name Badges

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$7.50 dollars** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

Mail with Check to:
Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705

League of Illinois Bicyclist News

Boub Legislation Advances in Springfield

Together with the Chicagoland Bicycle Federation, LIB is working to pass a state bill that affects bicycling conditions throughout Illinois. House Bill 1248 and Senate Bill 275 would correct the negative impacts of the 1998 Illinois Supreme Court Boub vs. Wayne decision, which has been a disaster for on-road cycling in the state. Until the bill gets passed:

Towns that want to improve on-road bike safety through signage or bike lanes incur liability, towns that do nothing get immunity;

Bicyclists do not have any on-road liability protection from road defects, as other Illinois road users and other states' bicyclists do, and Illinois cyclists did before 1998; MANY local bike planning efforts are being stalled;

We're the only state with this bizarre and powerful disincentive for improving bike safety.

On Feb. 20, our House bill won a 13-4-1 victory in the House Judiciary Committee. Many thanks go to the cyclists and bike shops in key districts where phone calls

and faxes swung a number of the votes.

On March 4, our Senate bill did NOT pass through the Senate Judiciary Committee, being held by a 4 "Yes", 1 "No", 4 Present vote. Several Senators wanted to see compromise language worked out with local government groups.

Afterwards, the bill was amended by the sponsor, Sen. Cullerton, with language suggested at a negotiation meeting. The new wording still provides some liability protection (although lower than the original text) on all roads, and it removes the

liability disincentive. The amended bill passed the Senate Committee unanimously on March 11. SB275 then passed 47-10 in the full Senate.

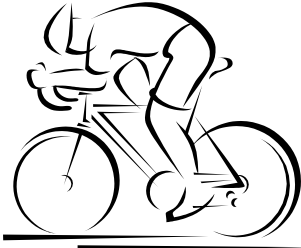
As of April 18, both bills are in the House, where we'll need the help of cyclists in all the state's districts. Find your legislators' phone numbers and keep up to date on the bills' progress at bike-lib.org and biketraffic.org.



Springfield Bicycle Club
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May, 2003

Please note: Be sure to check the renewal date on your address label. If the date is **HIGHLIGHTED**, please fill out and return the renewal form along with your check. This will help to keep your membership information current and up to date. **You will get only one newsletter after your renewal date**

*Welcome
To
Bike Month
May 2003*