



November, 2005

RIDE OF THE MONTH

Karl Kohlrus's Labor Day "standard" ride to Mt. Pulaski is rated higher than "standard".

Karl Kohlrus led the ride starting from Sherman and proceeding counterclockwise to Mt. Pulaski. A refreshment stop was made at a convenience store in Mt. Pulaski. The return trip via Elkhart and Williamsville completed the 52 mile ride. The shorter route was out and back 30 miles to Elkhart. Thanks, Karl, for a great holiday ride.

ALMOST ANYTHING AWARD

Bill Donels and Lynn Miller work tirelessly on the Interurban Trail and their hard work pays off.

Bill and Lynn have been working for months on a workable alternative to the closing of the Interurban Trail during nearby road construction. At the end of September their work paid off!. After many meetings and an impromptu regrouping meeting, a new plan was offered that actually seems better than some of the earlier routings. The money to implement the plan, of course, has not yet been found. Thanks, Bill and Lynn, for your tenacity in keeping this trail safe and available for its many users.

LEAD WATER BOTTLE

Mike Becker receives the lead water bottle, in part, for his offer to replace the actual award—a water bottle filled with lead shot—that has been missing.

The Springfield Bicycle Club president, Dave Ross, received a message from Mike Becker offering to recreate a "proper" lead water bottle. At the time of the award's inception in 1988, Mike was the president of the club and donated a water bottle from the 1988 CCC. It was filled with lead shot donated by John Werthwein. The award was first presented in 1989. Then, as now, its purpose was to reward folk who were oh **so** deserving! Now, in October of 2005, Mike **still has** an extra 1988 water bottle to donate to replicate the original—and this is part of the reason he's receiving the lead. The other part of his nomination was that he has owned a high wheel bike for five years, stored in his dining room, that he has never ridden. When asked if he'd really ever ridden it, he replied, "Of course not, it has no brakes!" His is a reproduction of those ridden prior to 1880. Once you recreate the award, Mike, it's yours to keep for this month.

The President's Report Dave Ross

Kudos to Lynn Miller and Bill Donels for all their hard work to hammer out an acceptable solution to the MacArthur extension project's impact on the Interurban Trail. Way to go!

At our October meeting, the Board began taking a careful look at the volunteer activities the SBC is involved in. While we want to support cycling and cycling-related activities, we don't want to burn out our volunteers.

In the past, we have helped

out with the cycling portion of the Ironhorse Triathlon. This year, the event has been renamed the Iron Abe Triathlon and the date has been changed. Instead of being held on Father's Day (which was always difficult for volunteers), the Iron Abe is scheduled for July 16. We have agreed to assist with marking the route and corner marshaling.

The Club needs a volunteer coordinator for this event, but the coordinator doesn't have to do it alone. Ken Anderson will again be the

volunteer coordinator for the Senior Olympics. In exchange for assistance with the Senior Olympics, Ken will assist the Iron Abe coordinator. If you're interested, or just want some additional information, please contact either Ken or me.

See you on the road!

RIDERS OF THE MONTH

9/05 Ruth Magos 976 mi.	5/05 Pete Gudmundson 1006 mi.	1/05 Tom Clark 373 mi.
8/05 Derek Ewing 741 mi.	4/05 Byron Nesbitt 607 mi.	12/04 Dave Ross 388 mi.
7/05 Arden Gregory 844 mi.	3/05 Marty Celnick 540 mi.	11/04 Lisa Kidd 360 mi.
6/05 Cathy Yeaman 1092 mi.	2/05 Lynn Miller 565 mi.	10/04 Karl Kohrus 430 mi.

SBC Holiday Party December 11, 2005

Now that summer has drawn reluctantly to a close, fall is here with its glorious leaf color and crisp temperature-variable rides. Soon the fire will be roaring at the Beach House and we will be watching our last year's biking memories on Garland's slide show, after stuff-ing ourselves on sumptuous homemade dinner. See details below and see you there!

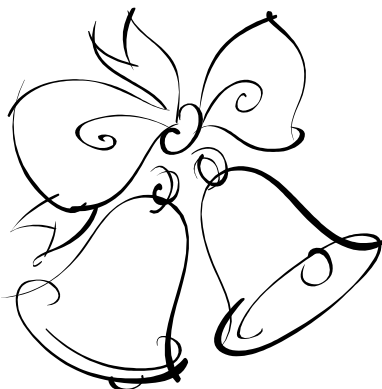
Who is invited: present and potential SBC members, their families, and friends.

Where: Lake Springfield Beach House

When: Sunday, December 11

Noon: Ride starts from the Beach House. 2:30 p.m.: Help decorate.

5 p.m.: Party officially be-



gins.

6 p.m.: Potluck dinner, then white elephant gift exchange, Ride Leader Incentive Programs drawing, No-Bell award presentation, Slide Show.

The club will provide:

Turkey, ham, soda, ice, disposable plates and table service.

You should bring:

A dish to share (see name-based suggestions below) and libations.

A white elephant gift (i.e., a gift-wrapped, preferably cycling-related, item in good working order to give away to another club member.) Any photos you may wish to give away.

We need:

Photos, slides, CDs, diskettes, and scan-able images, particularly of SBC members and events, for Garland Stevens' legendary slide show - please get them to him ASAP but certainly by November 15 (see separate article for more details.) Suggestions for No-Bell award nominees - contact one of the



last five recipients.

Questions, suggestions, offers to help? Call Alan or Harriet Josephson, 793-0590 or ahjosephson@yahoo.com

Potluck Suggestions (based on first initial of last name)

A through F: Salads

G through L: Veggies

M through R: Desserts

S through Z: Breads or pasta

or bring whatever you are best at preparing (or purchasing).

Call for No Bell Nominations

Each year at the club's December Holiday Party, the SBC bestows perhaps its highest honor with the naming of the recipients of the NoBell Award (NBA). The recipient is chosen by the NBA Committee, which is comprised of the past five winners of this award. The current NBA Committee members are Mark Flotow (2000), Don Struck (2001), Lance and Lisa Kidd (2002), Chuck Orwig (2003), and Cathy Yeaman (2004). The NBA Committee is taking nominations from the SBC membership for this prestigious award. Potential nominees should have a record of outstanding efforts in the support of bicycling, especially in the greater Springfield area. A long record of such efforts, going above and beyond to support cycling, or even being an SBC member are not necessary for nomination, but such attributes certainly help. And although the NBA committee researches the merits of each nominee, if you have any (perhaps little known) information about a candidate that you could share we would appreciate it. Please contact any of the committee members by **November 15th** with an NBA nomination. Thanks for your input.

Board Meeting Notes - September 6, 2005 Dave Ross

Attending: Lynn Miller, Bill Donels, Tom Clark, Karl Kohlrus, Dave Lucas, Christa McLaren-Morris, Chuck Orwig, Jerry Ihnen, Curt Evoy, Linda Butler, Connie Roberts, Aaron Shehan, Cindy Moreno, Lyn Schollett, Harriet Josephson, Marty Celnik, Cindy Kvamme, Ken Anderson, Dave Ross.

Minutes of the August meeting were approved with one clarification.

Treasurer's Report. Dave Lucas reported that we are in good shape with a balance of \$17,248.60. We have received over 200 CCC preregistrations!

Special Events. Jerry reported on CCC plans. Dale Isaacson is still looking for SAG drivers; Linda is handling the T-shirts; Lanny and Mike Elston will handling the fish; Lenny Miner has a brat cooker; Chuck is handling the route and markings; Lance Kidd and Alan Josephson will place signs along the route with assistance from Don Struck; Sue Hack is still looking for a few Beach House volunteers. The Board decided to rent port-a-potties for the stop at Auburn due to ongoing problems with the rest rooms in the park.

Ride Schedule and Meetings. The next Board meeting will be on Wednesday,

October 5, at Cindy Kvamme's; the November meeting will be on Wednesday, November 2. Cindy reported that there are still a few ride openings in October. Kevin Brown will take over ride scheduling beginning with the November rides.

Awards. Tom Clark presided over this portion of the meeting. The Ride of the Month was awarded to Kevin Brown and Lola Lucas for Kevin's birthday ride. The Almost Anything Award went to Bill Houlihan for arranging a meeting with IDOT and the Governor's Office regarding the Interurban Trail. Terri Nel-

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Secretary's Report Ken Anderson, Secretary

Holiday Party Photos

Renewals

Janet Cooper
 Roger Wright
 Mike Vonnahmen
 Sharon Stanley
 Debby Lewis
 Sr. Josepha Schaeffer
 Curt, Kathleen Winhold & Family
 Pat Aulich
 Karl & Christine Kolrus
 Terri Nelson & Family
 Jon Halterman
 Mark Rolens
 Jim Winhold & Family

Garland needs your pictures for the Holiday Party slide show. Please drop them off at his home 228 Appomattox , 698-8363, or if digital email them to

garlands@simplexdirect.com no later than November 15, 2005.

Renewals at the Contributing Level

Alfred Arkley
 Mark Shea
 Brett Bersche
 Susan Hack
 David Lucas
 David Ross, Sheryl Essenburg & Family



Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.



SBC Member, Lola Lucas, Releases Book

Lola Lucas' first book, *At Home in the Park: Loving a Neighborhood Back to Life*, has hit the shelves. She chronicles the rebirth of Enos Park, a section of Springfield that went through a period of urban decay before rebounding. With wry humor, she shows why it's worth the effort to reweave a neighborhood's social fabric so that residents can once again enjoy their homes.

Lola also writes about her husband, Ride Czar Kevin Brown, and their travels. She includes a column about how her life was changed by the Springfield Bicycle Club. "Be careful

about peer pressure," she advises, "because good or ill, you're likely to get involved with what the people around you are doing."

In her case, it meant that she got an adult tricycle and took off on it since she never learned to ride a two-wheeled bicycle. Her conquest of the hills of Washington Park gave her immense satisfaction---and introduced her to the reality of helmet hair!

SBCers will enjoy spotting themselves and people they know in the book's pages and some will even find references to events they attended, such as the annual cheesecake bake-off. "The

bike club is the most *functional* group I've ever encountered," says Lola. "When I encourage people to bond together in community, I always have SBC in mind as a model."

Copies can be ordered from local bookshops as well as on Amazon.com and Barnes & Noble online. Prices are \$14.95 for the paperback or \$24.95 for the hardbound version. They make great holiday presents since *At Home in the Park* is funny, touching and inspiring. The author will cheerfully autograph books upon request.



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son was awarded the Lead Water Bottle for mistaking a fire hydrant for a dog after removing her contacts at RAGBRAI.

Legislative / Education Report. Lynn and Bill reported on their meeting with the Governor's staff and IDOT; it appears that a favorable outcome regarding the Interurban Trail is close. There are several options on the table involving a bridge over or a tunnel under MacArthur. It does appear that the trail will be closed for up to 11 months during the construction work, and that the northern part of the trail will become an urban trail rather than the woody, park-like setting we have now. After a fair amount of discussion and questions, the Board asked Lynn and Bill to continue working with the various parties.

Social Chair Report. Harriet represented the Social Chairs, and there was a brief discussion of presenting a letter to non-Club-

member Almost Anything Award recipients.

Quick Release. Curt had a few technical questions about the computer software that Marty Celnick will need as he takes over as QR editor. The Board approved a motion for Marty to obtain a copy of Microsoft Publisher. Curt and Marty will work together on the October newsletter, and Marty will take over in November.

Nominating Committee. The Board expressed its thanks to Cathy Yeaman and Lyn Schollet for their work on the nominating committee. The following members were elected to the Board for the coming year: Dave Ross, President; Kevin Brown, VP; Ken Anderson, Board Secretary; Connie Roberts, Recording Secretary; Dave Lucas, Treasurer; Cathy Yeaman, Special Events; Alan & Harriet Josephson, Social Chairs; Lynn Miller, Legislative / Education Chair; Sue Hack, Incentive Chair; Karl Kohlrus, Records;

Marty Celnick, QR Editor; Bill Donels and Aaron Shehan, At-Large Members.

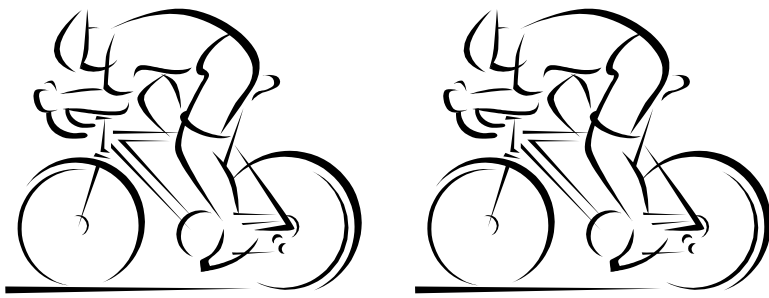
Old Business. Ken Anderson reported on the Senior Olympics. The route has been changed for this year, and many corner marshals will be necessary.

The Board decided to discontinue the SBC "to discuss" email list.

Tom Clark presented a final copy of the ride rules which included a new rule that had been approved by the Board in April; the Board approved the rules.

New Business. The Board agreed to take up a collection for Mike Royer's medical expenses at the CCC, and to sell bicycle pins to support trail advocacy at the CCC.

Next meeting: Wednesday, October 5, at Cindy Kvamme's



November 2005 Ride Schedule

Anyone with questions about rides or interest in leading a ride can contact Kevin Brown at 787-5652 or by e-mail at kjbrown@prodigy.net. **Each club member can choose one out of town scheduled ride to count toward club miles each month. It is the rider's responsibility to inform Karl Kohlrus of the ride and mileage.** Daily rides are displayed above the shaded area and go as indicated except on holidays. Special events, weekend, and holiday rides are listed below the shaded area.

Monday thru Friday 10:00 AM	Morning Geezer Ride Washington Park Shelter Dave Ross, 789-4823	BC ride, Daily morning rides for retired geezers or those hoping to become geezers. No leaders, no maps. Participating riders should turn miles in to Karl Kohlrus. No ride on Veteran's or Thanksgiving Day.
Monday thru Friday 10:00 AM	Daily Show & Go Pana Trail-Lake Taylorville parking lot, Rt 29	BC ride, Show-N-Go along the Lincoln Heritage Trail M thru F during the day. Turn miles into Karl. . No ride on Veteran's or Thanksgiving Day.
Monday thru Friday Noon	IDOT, Lost Bridge Trail Dirksen Parkway Lisa Kidd, 546-1698	BC ride "Lunch with Lisa" ride. Lisa leads the noon trail ride. Skip lunch and ride on the trail with Lisa and other SBC regulars. . No ride on Veteran's or Thanksgiving Day.
Tuesday 12:15 PM	Robert Morris College, West Parking lot 3101 Montvale Dr. Dave Ross, 785-4823	BC ride, West side Lunch ride, Dave leads on the Wabash & Interurban trails for 10 miles, or out in the country for more miles. If Dave can't make it, this becomes a show-n-go. No ride on Veteran's Day
Tuesday 6:00 PM	IDOT, Lost Bridge Trail Dirksen Parkway Show & Go	BCD ride, Weekly show and go ride with lights required. A good way to keep getting some miles.
Tuesday, Wednesday & Thursday 6:00 PM	Pana Trail-Lake Taylorville Parking Lot Rt 29 Charles Witsman, 562-5208	BCD ride, This is a weekly show-and-go on the Lincoln Heritage Trail. Turn in miles to Karl. Call Charlie if you need information about trail conditions or directions.
Thursday 12:15 PM	Robert Morris College, West Parking lot 3101 Montvale Dr. Dave Ross, 785-4823	BC ride, West side Lunch ride, Dave leads on the Wabash & Interurban trails for 10 miles, or out in the country for more miles. If Dave can't make it, this becomes a show-n-go. No ride Thanksgiving Day.
Thursday 6:00 PM	Parkway Point Theater Lindbergh & Robbins Road Show & Go	BCD ride, This is a show-and-go with lights required. No leader and no maps. Turn in miles to Karl.
Wednesday Nov 2 7 pm	Ken Anderson 2301 E. Sangamon Ave 522-3876	NC, Board Meeting. Ken is hosting the board meeting. All members invited.
Friday Nov 4 th 8:30 AM	Cook's Spice Rack & Chilli Co. 910 West North Grand Ave.	NC, Geezer Breakfast, Join SBC members for breakfast and try to stay for the Geezer bike ride at 10:00 AM.
Friday Nov 4 th 6:00 PM	Dublin Pub Town & Country Shopping Center	NC, This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour. No leader – walks are self directing! If you have questions or suggestions for a Friday nigh event, contact Kevin Brown by e-mail at kjbrown@prodigy.net or phone 787-5652.
Saturday Nov 5 th 10:00 AM	Vredenburg Park, Sherwood Subdi- vision on the Wabash Trail. Byron Nesbitt 483-3429	ABCD ride. Byron plans 35 – 40 miles with an 18 mile trail option.
Sunday Nov 6 th 10:00 AM	Alan Josephson 793-0590 Panera Bread on Wabash Ave.	ABCD- Ride the trails or in the country. Routes of about 30, 45 and 59 miles.

Friday Nov 11 th 10:00 AM	Fairhills Mall Chatham Road & Washington Marty Celnick, 522-4206	ABC ride, Veteran's Day Ride , As a true veteran ride leader Marty will put together a great autumn ride! Hope you have the day off and can join in.
Friday Nov 11 th 6 pm	Imo's Pizza 751 S. Durkin Dr.	NC, This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour. No leader – walks are self directing!
Saturday Nov 12 th 10:00 AM	4117 Gaskell Dr. Cobblestone Subdivision Alan Josephson, 793-0590	ABCD/NC ride, November Birthday ride , join Alan & Harriett, Sue Hack and Kedra Elston for a D Trail ride and a 25-40 mile road ride with food served at Noon. If weather bad show up at Noon for food anyway!
Sunday Nov 13 th 10:00 AM	IDOT, Lost Bridge Trail Dirksen Parkway Byron Nesbitt 483-3429	ABCD ride. Byron plans a 35 – 40 route. D riders can ride on the Lost Bridge Trail.
Friday Nov 18 th 6:00 PM	Golden Dragon 5 th & North Grand Ave	NC, This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour. No leader – walks are self directing!
Saturday Nov 19 th 10:00 AM	Sherman City Park Andrew Rd ½ mile East of Bus 55 Cindy Kvamme 744-8864	ABC ride. Late breakfast ride starting from Sherman park. 24 - 35 miles.
Sunday Nov 20 th 10:00 AM	Rotary Park Lance Kidd 546-1698	ABC ride. Rotary Park for a weather-dependant 40 to 50 miler.
Thursday Nov 24 th 9:00 AM	Washington Park Picnic Shelter Show and Go Thanksgiving Ride	ABCD ride, Cold Duck Ride , The Springfield Running Club started this party and the SBC has joined them over the years. Ride loops around the park or do your own ride from the park. Turn miles into Karl.
Friday Nov 25 th 11:00 AM	Stuart Park Winch Lane Ernie DeFrates 544-1398	ABC ride, The Day After Ride . Get over that stuffed feeling by going out for a spin. Ride 40 miles with Ernie who also has shorter options.
Friday Nov 25 th 6:00 PM	Globe Tavern Renaissance Hotel	NC, This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour. Meet in the Globe for a drink and appetizers. Then walk and decide on a place downtown for dinner.
Saturday Nov 26 th 10:00 AM	IDOT, Lost Bridge Trail Dirksen Parkway Lance Kidd 546-1698	ABC ride . We will do a Rochester, etc. ride for around 40-50 miles with cut-off options for shorter mileages.
Sunday Nov 27 th 10:00 AM	Centennial Park Robert LaBonte 787-0237	ABC ride starting at Centennial Park for points west, or a trail ride to Chatham. Expect 25 – 30 miles.

RIDE TYPES

A - 18+mph average speed

B - 15 to 18 mph average

C - 12 to 15 mph average

D - 8 to 12 mph average

ER - under 8 mph average*

NC - Non-cycling event

MB - Rides suitable for mountain and all-terrain bikes

Show-N-Go - No ride leader is scheduled. Ride on your own and turn in miles to the Club's Record Keeper.

ER rides are slow paced social group rides without maps. Usually neighborhood tours.

Springfield Bicycle Club Mileage and Activity File As of September 30, 2005

Possible Miles for the Month

Year

1588

9415

Name	RIDE	T/F	TOTAL	RIDES	LED	RIDE	T/F	TOTAL	RIDE S	LED	LENGTH
Byron Nesbitt	857	66	923	17		5754	447	6201	138	2	44.9
Cathy Yeaman	1049	93	1142	20		5479	563	6042	113	5	53.5
Marty Celnick	557	85	642	20	1	4370	1118	5488	183	11	30.0
Pete Gudmundson	1027	0	1027	21	3	5298	15	5313	117	5	45.4
Tom Clark	619	185	804	23		3821	1308	5129	156	1	32.9
Lisa Kidd	590	85	675	20		3800	700	4500	145	1	31.0
Lynn Miller	439	63	502	11	1	4215	274	4489	115	4	39.0
Lance Kidd	576	85	661	17	1	3609	658	4267	130	9	32.8
Phil Arnold	407	233	640	12		2713	1411	4124	80	1	51.6
Arden Gregory	534	193	727	14		2981	1116	4097	87	0	47.1
Bill Bock	628	0	628	15		3510	0	3510	85	0	41.3
Karl Kohlrus	351	171	522	10	1	2234	1195	3429	81	3	42.3
Derek Ewing	341	22	363	6		2713	683	3396	63	0	53.9
Ruth Magos	690	0	690	17		3343	27	3370	85	0	39.6
Carol Bock	580	0	580	13		3042	0	3042	73	0	41.7
Curt Evoy	160	34	194	4		2613	402	3015	75	1	40.2
Bill Voss	297	93	390	11		2088	816	2904	90	0	32.3
Lynn Rhoades	229	97	326	8		2139	745	2884	63	1	45.8
Dave Ross	608	40	648	16	2	2508	315	2823	88	16	32.1
Cindy Kvamme	539	14	553	20	2	2448	152	2600	111	3	23.4
Robert LaBonte	237	54	291	12		2355	219	2574	113	7	22.8
Ken Anderson	502	45	547	8		2055	516	2571	58	4	44.3
David McDivitt	211	0	211	7		2425	141	2566	83	1	30.9
Pat Stephens	323	0	323	10		2540	12	2552	90	0	28.4
Dave Lucas	290	63	353	15	1	2020	450	2470	116	9	21.3
Garland Stevens	122	26	148	4		1765	421	2186	75	7	29.1
Ernie DeFrates	351	0	351	13		2159	9	2168	86	4	25.2
Chuck Orwig	139	20	159	5	1	1637	414	2051	60	2	34.2
Bob Sorenson	301	42	343	8		1775	212	1987	52	0	38.2
Mike Vonnahmen	225	8	233	8		1886	91	1977	65	0	30.4
Joel Johnson	181	56	237	4		1306	545	1851	36	0	51.4
Alan Josephson	157	29	186	4	1	1574	226	1800	64	13	28.1
Marilyn Powell	259	59	318	11		1650	119	1769	67	0	26.4
Roger McCredie	349	0	349	8		1577	105	1682	41	0	41.0
Jon Edwards	151	40	191	4		1334	311	1645	46	0	35.8

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1588

9415

Name	RIDE	T/F	TOTAL	RIDES	LED	RIDE	T/F	TOTAL	RIDES	LED	LENGTH
Bob Carmody	287	0	287	9	1	1506	55	1561	53	16	29.5
Brock Webb	228	0	228	4		1396	140	1536	29	0	53.0
Gary Swaggerty	119	30	149	2		1212	324	1536	42	7	36.6
Bruce Yurdin	47	0	47	1		1322	131	1453	36	0	40.4
Charlie Witsman	219	0	219	4		1365	71	1436	36	0	39.9
Micci Bly	256	2	258	5		1364	20	1384	32	1	43.3
Cindy Moreno	205	0	205	7		1256	112	1368	58	4	23.6
Dan Mitchell	312	2	314	5		1230	8	1238	26	0	47.6
Jerry Ihnen	113	36	149	3		1069	116	1185	29	2	40.9
Rich Saal	252	57	309	6		890	294	1184	35	0	33.8
Mark Smith	167	33	200	7		935	200	1135	46	0	24.7
Sr Josepha Schaffer	144	41	185	3		1040	56	1096	31	0	35.4
Linda Butler	196	10	206	9	3	1000	32	1032	42	4	24.6
Kent Kraft	253	0	253	4		919	55	974	26	0	37.5
Katie Weidner	190	12	202	8		849	74	923	32	0	28.8
Sue Dees	173	0	173	8		858	24	882	48	0	18.4
Don Daniels	50	2	52	1		673	199	872	16	0	54.5
Karen Bretenbach	240	0	240	7		819	19	838	23	0	36.4
Jackie Galli	115	4	119	2		764	58	822	22	0	37.4
Matt Saner	135	24	159	3	2	645	166	811	23	19	35.3
Ben Fox	198	0	198	5		787	0	787	26	0	30.3
Cyd LaBonte	36	18	54	3		761	24	785	44	0	17.8
Connie Roberts	142	0	142	4	1	720	10	730	25	2	29.2
Kevin Brown	125	6	131	6		687	41	728	44	5	16.5
Janice Perino	89	4	93	4		609	109	718	44	0	16.3
Brigitta Ewing	144	2	146	5		660	37	697	33	0	21.1
Aaron Shehan	30	0	30	1		582	71	653	14	0	46.6
Louie Spinner	23	3	26	2		635	18	653	33	2	19.8
Christine Kohlrus	28	74	102	4		309	333	642	22	0	29.2
Jan Cimarosa	80	0	80	4		617	0	617	26	0	23.7
Ed Taylor	72	0	72	3		578	32	610	25	0	24.4
Roger Wright	52	18	70	1		401	207	608	10	0	60.8
Angie Gum	168	0	168	5		494	40	534	18	0	29.7
Gerry Orwig	40	7	47	2		268	234	502	27	0	18.6
Roger Schnelten	240	7	247	7		463	19	482	18	0	26.8

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1588

9415

Name	RIDE	T/F	TOTAL	RIDES	LED	RIDE	T/F	TOTAL	RIDE S	LED	LENGTH
Harriet Josephson	37	0	37	2		441	19	460	28	0	16.4
Jim Disney	63	0	63	1		437	22	459	11	1	41.7
Curt Winhold	39	1	40	1		361	91	452	9	0	50.2
Steve Smith	14	0	14	1		401	40	441	24	0	18.4
Brian Watkins	63	0	63	1		429	0	429	14	0	30.6
Hope Schnelten	121	0	121	4		412	12	424	20	0	21.2
Mike Schwab	91	24	115	9		363	57	420	32	4	13.1
Jon Halterman	16	4	20	1		232	134	366	8	0	45.8
Christa Morris	79	0	79	5		358	0	358	24	0	14.9
John Sanford	25	0	25	1		302	49	351	17	0	20.6
Mary Lou Hicks	216	0	216	9		321	0	321	13	0	24.7
Brian Tober	17	4	21	1	1	226	70	296	8	1	37.0
Pete Harjes	20	0	20	1		294	0	294	10	0	29.4
Kedra Elston	47	0	47	2		271	0	271	14	1	19.4
Grover Everett	103	0	103	1		268	0	268	4	0	67.0
Cindy Johnson	81	2	83	2		250	12	262	8	0	32.8
Tony Henn	82	10	92	3		217	40	257	12	0	21.4
Rob Dombro	26	0	26	1		249	0	249	12	0	20.8
Harv Kaplo	113	0	113	4		234	1	235	10	0	23.5
Dee Wise	33	0	33	2		133	100	233	7	0	33.3
Charlie Downs	110	0	110	2		204	0	204	5	0	40.8
Autumn Watkins	63	0	63	1		192	0	192	5	0	38.4
P J McCredie	55	0	55	1		171	20	191	5	0	38.2
Randy Germerand	47	0	47	1		129	36	165	3	0	55.0
Sharon Stanley	47	0	47	1		147	0	147	5	0	29.4
Brea Elston	20	0	20	1		132	0	132	7	0	18.9
Charlie Rabins	55	6	61	1		106	15	121	2	0	60.5
Janet Cooper	103	0	103	1		103	0	103	1	0	103.0
Debbie Ihnen	14	0	14	1		88	10	98	3	0	32.7
Sue Hack	42	0	42	2		95	0	95	7	0	13.6
Brent Bersche	63	0	63	1		93	0	93	3	0	31.0
Marty Morris	77	0	77	2		91	0	91	3	0	30.3
Don Caspary	42	0	42	1		73	13	86	2	0	43.0
Lynndell Jarrett	63	0	63	1		63	0	63	1	0	63.0
Greg Pinto	63	0	63	1		63	0	63	1	0	63.0

Springfield Bicycle Club Mileage and Activity File As of September 30, 2005

Possible Miles for the Month

Year

1588

9415

Name	RIDE	T/F	TOTAL	RIDES	LED	RIDE	T/F	TOTAL	RIDE S	LED	LENGTH
Mary Thomas	63	0	63	1		63	0	63	1	0	63.0
Bryan Lasch	21	0	21	1		63	0	63	3	0	21.0
Jim Winhold	36	0	36	2		61	0	61	3	0	20.3
Dale Salisbury	42	0	42	1		60	0	60	2	0	30.0
Susan McClintock	18	0	18	1		54	0	54	3	0	18.0
Joni Winhold	24	0	24	1		49	0	49	2	0	24.5
Pam Alborg	47	0	47	1		47	0	47	1	0	47.0
Jeff Golden	47	0	47	1		47	0	47	1	0	47.0
David Leigh	42	0	42	1		42	0	42	1	0	42.0
Malinda Winhold	39	1	40	1		39	1	40	1	0	40.0
Tiffany Winhold	12	0	12	1		37	0	37	2	0	18.5
Steve Sommer	16	8	24	1		16	8	24	1	0	24.0
Kim Winhold	12	0	12	1		12	0	12	1	0	12.0
Laura Winhold	12	0	12	1		12	0	12	1	0	12.0
	22625	2453	25078	656	22	145104	21013	166117	5000	188	33.2



Springfield Bicycle Club Membership Application

Member Information

<input type="checkbox"/> New Member	<input type="checkbox"/> Renewing Member	<input type="checkbox"/> Change Address
Name _____		Home Phone _____
Address _____		Work Phone _____
City _____		Birthdate _____
State _____	Zip _____	Email Address _____
I received my application at _____		I would like to help with SBC Activities
<input type="checkbox"/> Bike Shop Name _____		<input type="checkbox"/> Yes
<input type="checkbox"/> Current Member		<input type="checkbox"/> No

Type of Membership

<input type="checkbox"/> Individual	\$15/yr	<input type="checkbox"/> Family	\$20/yr
<input type="checkbox"/> Contributing	\$25/yr	<input type="checkbox"/> Sustaining	\$50/yr
<input type="checkbox"/> Patron	\$100/yr	<input type="checkbox"/> Corporate	\$100/yr

Dollars beyond basic \$15 or \$20 rate from Contributing, Sustaining, and Patron memberships go to your choice:

<input type="checkbox"/> Bicycle Advocacy Fund	<input type="checkbox"/> SBC General Fund
--	---

My Advocacy Donation Amount is: _____

Family Member Information

The SBC presents yearly awards for the most “club miles” in various age groups. We need birth dates to determine these presentations. Your participation is optional, of course.

Name 1 _____	Birthdate _____
Name 2 _____	Birthdate _____
Name 3 _____	Birthdate _____
Name 4 _____	Birthdate _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature _____

Date _____

Parent / Guardian _____

Date _____

Official SBC Name Badges

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$10.00 dollars** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

Mail with Check to:
Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705



SPRINGFIELD BICYCLE 2005 MILEAGE SUMMARY

MONTHLY

MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH
January	2,130	346	2,476	23	113	8	4.9	21.91
February	5,947	922	6,869	21	219	9	10.4	31.37
March	8,276	1,007	9,283	37	298	10	8.1	31.15
April	13,613	2,046	15,659	54	533	24	9.9	29.38
May	22,787	3,547	26,334	66	861	31	13.0	30.59
June	21,333	3,433	24,766	66	753	31	11.4	32.89
July	25,650	3,868	29,518	53	753	29	14.2	39.20
August	22,751	3,383	26,134	64	783	24	12.2	33.38
September	22,625	2,453	25,078	57	656	22	11.5	38.23

CUMULATIVE

MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH
January	2,130	346	2,476	23	113	8	4.9	21.91
February	8,077	1,268	9,345	44	332	17	7.5	28.15
March	16,353	2,275	18,628	81	630	27	7.8	29.57
April	29,966	4,321	34,287	135	1,163	51	8.6	29.48
May	52,753	7,868	60,621	201	2,024	82	10.1	29.95
June	74,086	11,301	85,387	267	2,777	113	10.4	30.75
July	99,736	15,169	114,905	320	3,530	142	11.0	32.55
August	122,487	18,552	141,039	384	4,313	166	11.2	32.70
September	145,112	21,005	166,117	441	4,969	188	11.3	33.43



Springfield Bicycle Club
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Springfield, IL 62705

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November, 2005

Please note: Be sure to check the renewal date on your address label. If the date is **HIGHLIGHTED**, please fill out and return the renewal form along with your check. This will help to keep your membership information current and up to date. **You will get only one newsletter after your renewal date**

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789-4823
rossesse@sbcglobal.net

Vice President

Kevin Brown
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Board Secretary

Ken Anderson
522-3876

Recording Secretary

Connie Roberts
787-7410
cmroberts18@famvid.com

Treasurer

Dave Lucas
753-3831
DWLucas62704@aol.com

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483-4912
cycycle@msn.com

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Alan & Harriet Josephson
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ahjosephson@yahoo.com

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787-3354

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QR Deadline 15th of the Month

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QUICK RELEASE ADVERTISEMENT RATES

Half Page \$20 Full Page \$40

Payment in advance is required for all business ads. Ad copy should be sent to the newsletter editor no later than the 12th of the month in order for the ad to appear in the following month's newsletter. Individual club members (excluding businesses) may list bicycling related items for sale without charge.