



Ride of the Month

Cathy Yeaman's Five County ride wins ride of the month

Despite recollections of a "headwind the whole way," it was a lovely day and a great route. Thanks Cathy!

Almost Anything Award

Jack Hurley won this month's AAA for preparing the food for Tracey's Fall Cookout ride

Tracey Hurley nominated husband Jack for cooking for the hungry cyclists who descended on the Hurley residence after Tracey's ride to New Salem. Jack rode fast and cut his ride short to make the hamburgers, brats, and world class brownies for the gang. Thanks Jack!

Lead Water Bottle

After consecutive lead-free months, the board received a plethora of strong nominations. (Plus a very weak one.)

US Secretary of Transportation Mary Peters beat out a crowded field of lead-worthy contenders for this month's lead water bottle award by offering this gem during an interview broadcast on PBS:

Peters said: ". . . there's about probably some 10 percent to 20 percent of the current [transportation] spending that is going to projects that really are not transportation, directly transportation-related. Some of that money is being spent on things, as I said earlier, like bike paths or trails."

We're not sure what the Secretary's criteria are for deeming projects "transportation-related" but they seem to be a little narrower than ours!

Riders of the Month

9/07 Lance Kidd, 857 miles	5/07 Charlie Witsman, 1323 miles	1/07 Lisa Kidd, 410 miles
8/07 Tom Clark, 908 miles	4/07 Tom Murphy, 889 miles	12/06 Kathy Shepard, 319 miles
7/07 Marty Celnick, 1111 miles	3/07 Cathy Yeaman, 1077 miles	11/06 Lance Kidd, 547 miles
6/07 Grover Everett, 1203 miles	2/07 Rob Brokaw, 221 miles	10/06 Alan Whitaker, 457 miles

President's Report

November 2007

I've been re-reading Tolkien's *Lord of the Rings* trilogy; while the movies were good, the books are fantastic.

It strikes me, this time around, that these books are really about friendship: Bilbo and his nephew Frodo; Frodo and Sam; Merry and Pippin; Gandalf and Aragorn; and, unexpectedly, Legolas and Gimli.

The *Harry Potter* books, too, are not so much adventure stories but are stories about friendship.

And what does all this have to do with bicycling?

Just this: It seems to me that the Springfield Bicycle Club is not so much about cycling as it is about friendship.



SBC members at Auburn
Food Stop on the 2007 CCC

Photo courtesy of Naomi Greene

(Oh, and about eating, too – have you noticed that we love to eat almost as much as hobbits do?)

The love of cycling may have initially brought us together, but it is the friendship and camaraderie on rides that keeps us together.

So, my friends, in this season of Thanksgiving, I give thanks for you.

See you on the road!

Board Meeting Notes— September 4, 2007

Connie Roberts, Recording Secretary

Attending: Dave Ross, David McDivitt, Ken Anderson, Dave Lucas, Roger McCredie, Tracey Hurley, Lynn Miller, Sue Hack, Marty Celnick, Bill Donels, Kevin Brown, Naomi Greene, Alan Whitaker, Connie Roberts.

Minutes from the August meeting were approved with one correction.

Treasurer's Report. Dave Lucas reported that we have a balance of \$15,812.77 as of August 31, 2007.

Ride Schedule and Meetings. David McDivitt reported that he is making good progress on the ride schedule for October. The next board meeting is scheduled for October 2, 2007.

Awards. Sue Hack presided over the awards. The Ride of the Month was awarded to Tracey Hurley for her ride from Sherman to Mt. Pulaski and Elkhart. She worked very hard on the maps and a stop was made at the Blue Stem Bakery in Elkhart. The Almost Anything Award was awarded to Anita McDivitt for providing refreshment service on Cindy Kvamme's ride to Middletown. The Lead Water Bottle was not awarded to anyone this

month.

Legislative / Education. Lynn Miller gave thanks to Bill Donels, Dave Ross, and Marilyn Clark for helping with the modestly attended reception. Bill Donels suggested that the SBC should try and encourage bike to work week next year. Roger McCredie brought up the issue of many business's not having bike racks. After some discussion it was decided the club could try to get the bike racks the city has and encourage business's and restaurant's to use them.

Social Chair. Tracey Hurley reported she had sent a few sympathy cards last month.

Special Events. Roger McCredie reported on the status of the CCC and any last minute arrangements. He also mentioned the possibility of several more sponsors for next year's CCC.

Quick Release. Marty Celnick reported they have not started on the October issue yet. Things have been going more smoothly and they are continuing to work out problems.

Old Business. Dave Lucas reported the EZ riders are going great. The new board was elected. They are President – Dave Ross, Vice President – David McDivitt, Board Secretary – Ken Anderson, Recording Secretary – Kevin Greene, Social Chair - Tracey Hurley, Legislative / Education - Lynn Miller, Incentive Chair – Alan Whitaker, Records – Karl Kohlrus, QR Editors – Marty Celnick and Tom Clark, Treasurer – Dave Lucas, Special Events – Tom Clark, At Large Members – Bill Donels, Naomi Greene, and Tom Murphy.

New Business. The Installation Dinner is scheduled for September 28, 2007, at 7:00, at Amber Jack Alehouse.

Thanks to Dave Ross for getting the meeting room at Robert Morris College. The meeting was adjourned.

Next meeting: Tuesday, October 2, 2007, at 7:30, at Robert Morris College, 3101 Montvale Drive.

Secretary's Report

Ken Anderson, Secretary

Renewals

Dan Mitchell
Roger Wright
Sister Josepha Schaffer
Curt & Kathleen Winhold

New Members

Sandra Rourke
Bob Steimel

Renewals at the Contributing Level

Dave Lucas
Roger & PJ Burtle McCredie
Alfred&Harriet Arkley

Thanks to all for your support of the SBC and bicycling!! Ride safe!!
Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.



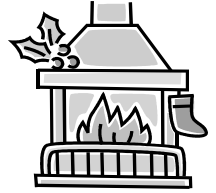
SBC HOLIDAY PARTY

December 9, 2007

By Tracey Hurley

Now that summer has drawn reluctantly to a close and fall is finally here with its glorious leaf color and crisp temperature rides, it is time to start thinking about the SBC's annual Holiday Party. The fire will be roaring at the Beach House and we will be watching our last year's biking memories on Curt's slide show after stuffing ourselves on turkey dinner.

See details below and see you there!



WHO is invited: Present and potential SBC members, their families, and friends.

WHERE: Lake Springfield Beach House

WHEN: Sunday December 9

Noon: Marty's birthday ride starts from the Beach House

2:30: Help decorate

5:00: Party officially begins

6:00: Potluck dinner, then White Elephant gift exchange, then Ride Leader and Volunteer Incentive drawings, No-Bell award presentation, slide show

Please stay and help clean up, if you can.

The club will provide:

Turkey, ham, soda, table service

You should bring:

A dish to share (see name-based suggestions below) and your own libations.



A White Elephant gift (i.e., a gift-wrapped, preferably cycling-related, item in good working order to give away to another club member). Any photos you may wish to give away.

We need:

Photos, slides, CDs, diskettes, and scan-able images, particularly of SBC members and events, for the legendary slide show – Please get them to Curt Evoy ASAP and certainly before November 15. Suggestions for No-Bell award nominees – contact one of the last five recipients (see separate article).

Questions, suggestions, or offers to help:

Call Tracey Hurley 414-8900, or Dave Lucas 753-3831.

Potluck suggestions (based on first initial of last name):

A - F: Salads G - L: Veggies M - R: Desserts S - Z: Breads or Pasta

Or bring whatever you are best at preparing or purchasing.



November 2007 Ride Schedule

Be informed! Check the website www.spfldcycling.org regularly for announcements, error corrections, and last minute changes.

For questions about rides or interest in leading a ride contact David McDivitt at 725-1986 or by e-mail at [david\(at\)bikehappy.org](mailto:david(at)bikehappy.org). Report Show n Go and out of town ride mileage to Records Chair Karl Kohlrus. See Ride Rules at www.spfldcycling.org for details. **Daytime rides go as indicated except on holidays.** Contact David McDivitt with questions or suggestions for Friday night events.

We are trying to rejuvenate Friday night gatherings. Please attend some of the Friday night dinners. Also, suggest places to eat!

Weekday & Weekend Daytime Rides		Check the start times!
Monday thru Friday 10:00 am	Morning Geezer Ride Washington Park Shelter Dave Ross, 789-4823	Show-N-Go, Daily morning ride for retired geezers or those hoping to become geezers. No leader, no map. Participating riders should turn miles in to Karl Kohlrus.
Monday thru Friday 10:00 am	Daily Pana Trail Ride Lake Taylorville parking lot, Rt 29 Show-N-Go	Show-N-Go along the Lincoln Heritage Trail. Turn miles into Karl.
Monday thru Friday Noon	IDOT, Lost Bridge Trail Dirksen Parkway Lisa Kidd, 546-1698	AB - Lunch with Lisa Ride. Lisa leads the noon trail ride. Skip lunch and ride on the trail with Lisa and other SBC regulars. day of week change
Monday thru Friday 12:15 / 12:20	Robert Morris College, Vredenburg Park Dave Ross 793-4239 Robert LaBonte 787-0237	BC - West side Lunch Ride. Dave and Robert lead a ride on the trails or in the country. If they can't make it, this becomes a show-n-go. Dave leaves Robert Morris at 12:15, pick up Robert and others at Vredenburg Park at 12:20.
Sunday 10:00 am	Wabash Trail East end parking lot Park St & Wabash Ave Show-N-Go	EZ - Slow easy ride 15-20 miles.
Weekday & Weekend Evening Rides		Check the start times!
Tuesday 6:00 pm	IDOT, Lost Bridge Trail Dirksen Parkway Show-N-Go	BCD - Show-N-Go along the Lost Bridge Trail. Lights required. Turn miles in to Karl.
Monday, Tuesday, Wednesday & Thursday 6:00 pm	Pana Trail Lake Taylorville Parking Lot, Rt 29 Show-N-Go Charles Witsman, 562-5208	Show-N-Go, Ride on the Lincoln Heritage Trail. Lights are required. Turn in miles to Karl. Call Charlie if you need information about trail conditions or directions.
Thursday 6:00 pm	Parkway Point Theater Lindbergh & Robbins Road Show-N-Go	BCD - Show-N-Go along the Wabash Trail. Lights required. Turn miles in to Karl.
Saturdays 8:00 pm	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go, Nighthawk Ride , Lights required. No leader and no map. time change
Scheduled Rides and Events		Check the start times!
Friday November 2 9:00 am	D & J Cafe 915 W. Laurel St	NC - Join SBC members for breakfast and try to stay for the Geezer bike ride at 10:00 am.
Friday November 2 6:00 pm	Mekong Cafe 1308 S 2nd Street	NC - This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour. Eat at 7pm.
Saturday November 3 10:00 am	Capitol Visitors Center, across from Stratton Bldg. on College St. Kevin Greene, 793-9622	EZ - Ten easy miles through neighborhoods.

Saturday November 3 11:00 am	Waldrop Park Andrew Road, Sherman David Banks, 566-3560	ABCD -First time ride leader! David has a 48 mile route planned with a shorter route of 30 miles.
Sunday November 4 10:00 am	residence 3019 Cameron Drive Chuck Orwig, 793-3782	ABCD - Annual Back to Standard Time Ride . Chuck has 30 miles planned and will provide soup and Stag beer. Non riders may show up at noon for the party.
Tuesday November 6 7:00 pm	Robert Morris College, room 227 3101 Montvale Dr Dave Ross, 789-4823	NC - Board Meeting . All SBC members are invited to attend board meetings. To find room 227, go across the bridge to the south wing.
Friday November 9 6:00 pm	Fritz's Wagon Wheel Restaurant 2709 S MacArthur David McDivitt, 725-1986	NC - This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour. Eat at 7pm. RSVP David McDivitt if you plan to attend.
Saturday November 10 10:00 am	residence 4117 Gaskell Drive Alan Josephson, 793-0590	ABCD - Birthday Ride . Go 0-45 miles. Join Harriet, Kedra, Sue, and Alan as they celebrate one more birthday during the month. Food starts around noon regardless of weather. Non-riders welcome to join in.
Sunday November 11 11:00 am	IDOT, Lost Bridge Trail Dirksen Parkway David McDivitt, 725-1986	ABCD - The route will go through Mechanicsburg for 30-50 miles.
Monday November 12 11:00 am	Rock & Roll Hardees 2501 Stevenson Drive Show-N-Go	Show-N-Go - Veterans Day Ride . Ride with your bike buddies wherever you want. Please use a ride sheet if riding together. Turn in miles to Karl.
Friday November 16 6:00 pm	Azteca Mexican Grill 2753 Chatham Rd	NC - This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour. Eat at 7pm.
Saturday November 17 11:00 am	Pana Trail Lake Taylorville Parking Lot, Rt 29 Deanna Shidler, 562-4583	ABCD - Deanna has a neat route planned, going from Taylorville to Pana on an alternate route, then coming back on the Pana Trail. Should be 30 miles.
Sunday November 18 11:00 am	Vredenburg Park Saxon Dr & Crusaders Rd Tom Murphy, 725-6539	ABCD - Tom has 30 miles planned but didn't say where!
Thursday November 22 9:00 am	Washington Park Picnic Shelter Show-N-Go	Show-N-Go - Thanksgiving Day Cold Duck Ride , The Springfield Running Club started this party and we have joined them over the years. Ride loops around the park or do your own ride from the park. Turn miles into Karl.
Friday November 23 6:00 pm	Corky's Ribs and BBQ 3458 Freedom Drive	NC - This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour. Eat at 7pm.
Saturday November 24 11:00 am	TGI Fridays Restaurant 2100 W White Oaks Drive Tom Clark, 726-5560	ABCD - TGI Fridays Ride . Tom has 30-40 miles planned. Fridays preferred; other bicycles tolerated. Late lunch optional at Fridays afterward. After 12 noon, feel free to drop by Tom's place (across pond from Fridays) for snacks in new sunroom.
Sunday November 25 11:00 am	Centennial Park Bunker Hill Rd & Lenhart Road Robert LaBonte, 787-0237	ABCD - Robert said emphatically we will either go north or south for 30 miles.
Friday November 30 7:00 pm	Ruby Tuesday Restaurant 2501 W Wabash (White Oaks Mall) David McDivitt, 725-1986	NC - This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour. Eat at 7pm. RSVP David McDivitt if you plan to attend.
Saturday December 1 12:00 am	Stuart Park Winch Road & Palomino Road Show-N-Go	Show-N-Go - Ride with your bike buddies wherever you want. Please use a ride sheet if riding together. Turn in miles to Karl.
Sunday December 2 12:00 am	Panera Bread W White Oaks & Wabash Lance Kidd, 546-1698	ABCD - Lance has 30-40 miles planned. Hope it's not too cold.

Ride Types

- A** Speed 18+mph average
- B** Speed 15 to 18 mph average
- C** Speed 12 to 15 mph average
- D** Speed 8 to 12 average
- ER** Speed under 8 mph average, slow paced social group ride without map, usually neighborhood tour
- EZ** Easy ride with no given speed
- NC** Non cycling event, but to/from miles still count
- MB** Suitable for mountain and all terrain bikes
- Show-N-Go** No ride leader, no speed specified, ride on your own and turn in miles to the Club Records Keeper

Ride Leader Incentive Program

The goal of the incentive program is to encourage members to volunteer to lead rides and to encourage new ride leaders.

The current program year is December 1, 2006 through November 30, 2007. Thanks to everyone who volunteered to lead rides through November this program year!

Rides are assigned point values. Here is the point system:

- 1 point -- C/D/ER neighborhood or trail rides of about an hour where no map is necessary - Friday night rides, no matter how long
- 2 points -- ABC weekly training rides
- 3 points -- ABC weekend/holiday rides

Note that true show-n-go rides have no point value, since they have no ride leaders.

A total of 15 points are necessary to qualify for the drawing to be held at the Holiday Party each December. The name of each ride leader who accumulates 15 points will be put in the hat only once, regardless of how many points the leader accumulates over 15.

Four winners will be drawn from eligible ride leaders. Each winner will receive a \$50 certificate, redeemable at the bike shop of his/her choice.

Each ride leader will receive the appropriate points when they sign up, whether or not the ride actually takes place. Of course, by volunteering to lead a ride, each leader is obligated to follow the rules, which include planning and scouting a route in anticipation of the ride.

If the ride is cancelled due to weather, the leader still should be compensated for stepping forward.

The only exception is if the ride leader recruits a substitute. The substitute leader then earns the points, but only if the ride scheduler is informed of the change before or not later than one week following the ride.

So, what are you waiting for? Volunteer to lead a ride next program year. Contact David McDivitt david (at)bikehappy.org to get started on earning your points for a chance to win a \$50 gift certificate.

Nominations Needed for '07 NoBell Award

By Dave Lucas

Each year since 1982, at the club's December Holiday Party, the Springfield Bicycle Club bestows perhaps its highest honor upon an individual who has made a significant contribution to bicycling in the Springfield area. This award is known as the NoBell Award (NBA). The origin of the award's name is somewhat murky, but presumably involves the prestige of the international Alfred Nobel Prize and the more specific bicycling reference to a Bell helmet, one of the first truly effective cycling helmets.

While there are no formal requirements for being nominated for this prestigious award, the award committee takes into account the length of time the nominee has been involved in cycling and the contributions he/she has made within the local cycling community. Winners of past awards have consistently demonstrated cycling activities that have gone above and beyond normal levels of support and enthusiasm. Their cycling knowledge is well known and widely recognized, and they willingly share this knowledge with others around them.

Nominations for this year's award should be made to one of the members of the current NoBell committee which is made up of the last five NBA recipients. Currently, the members of this committee are: Lynn Miller, Cindy Kvamme, Cathy Yeaman, Chuck Orwig, and Lance & Lisa Kidd. You can make your nominations in person, by e-mail, by phone or by snail mail, but the nominations should all be received by no later than November 15th.

In order to assist the NBA committee in their task of selecting a winner for '07, a brief narrative supporting your nomination would be helpful although this is not a requirement as the committee will do some research on their own before arriving at a winner for this year. Little-known information about a nominee is always appreciated and makes for a more informative and sometimes entertaining formal announcement of the winner.

Past winners of this prestigious award are:

1982 – Rich Huelskoetter	1983 – Greg Lakebrink	1984 – Louie Spinner
1985 – Dean Wisleder	1986 – Dave Ringland	1987 – Bud Cline
1988 – John & Marcy Werthwein	1989 – Dave Stjern	1990 – Mike Becker
1991 – Karl Kohlrus	1992 – Theresa DeLeon	1993 – Dave Heaps
1994 – Ernie DeFrates	1995 – Garland Stevens	1996 – Derek Ewing
1997 – Alan Josephson	1998 – Dave Lucas	1999 – Linda Butler
2000 – Mark Flotow	2001 – Don Struck	2002 – Lance & Lisa Kidd
2003 – Chuck Orwig	2004 – Cathy Yeaman	2005 – Cindy Kvamme
2006 – Lynn Miller		

Please give this some careful thought and get your nominations in to a committee member by no later than Nov. 15th. Your support and input are needed and greatly appreciated. Thanks.

Springfield Bicycle Club Mileage and Activity File

As of September 30 2007

Editor's note: Only those who rode in the current month are listed below. This is done to reduce printing costs. All riders can view their current mileage on the club Web site at www.spfldcycling.org

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RID ES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TOTAL	RID ES	AVG RIDE	LED	LDR PTS
Rob Brokaw	1,088		1,088	28	38.86			7,835	554	8,389	218	38.48		
Charlie Witsman	1,448		1,448	29	49.93			8,097	133	8,230	160	51.44		
Tom Murphy	1,122	75	1,197	29	41.28	3	7	7,275	436	7,711	215	35.87	5	13
Tom Clark	829	36	865	25	34.6			5,902	268	6,170	192	32.14	2	6
Grover Everett	1,500		1,500	28	53.57			5,703		5,703	130	43.87		
Mike Vonnahmen	720	24	744	24	31			5,535	28	5,563	176	31.61		
Cathy Yeaman	374	3	377	13	29	1	3	5,339	217	5,556	123	45.17	4	12
Marty Celnick	665	124	789	21	37.57			4,593	956	5,549	171	32.45	5	15
Pete Gudmundson	678		678	19	35.68			5,494		5,494	162	33.91		
Lisa Kidd	858	93	951	29	32.79			4,996	369	5,365	182	29.48		
Derek Ewing	816		816	21	38.86			5,221		5,221	145	36.01		
Lance Kidd	769	88	857	26	32.96			4,530	386	4,916	156	31.51	2	6
Karl Kohlrus	690	161	851	30	28.37	1	3	3,946	860	4,806	236	20.36	1	3
Jack Hurley	809	53	862	24	35.92	1	3	4,215	453	4,668	113	41.31	1	3
Marilyn Powell	834		834	21	39.71			4,164	66	4,230	137	30.88		
Alan Whitaker	337	77	414	13	31.85			2,964	451	3,415	98	34.85	2	6
Roger McCredie	650		650	16	40.63			3,336	64	3,400	98	34.69		
Dean Wisleder	674		674	14	48.14			3,271	30	3,301	137	24.09		
Dave Ross	256	3	259	10	25.9	1	3	3,038	135	3,173	123	25.8	6	14
Arden Gregory	147	46	193	3	64.33			2,583	575	3,158	73	43.26		
Mark Summer	409		409	10	40.9			3,149		3,149	75	41.99		
Curt Evoy	232	6	238	9	26.44			3,012	133	3,145	105	29.95	4	8
Janet Cooper	127		127	4	31.75			3,082		3,082	126	24.46		
Ken Anderson	493	127	620	16	38.75			2,518	548	3,066	80	38.33	1	1
David McDivitt	428	66	494	18	27.44			2,624	442	3,066	97	31.61	2	6
Tracey Hurley	486	14	500	13	38.46	5	11	2,822	196	3,018	82	36.8	14	30
Bob Sorenson	115	10	125	3	41.67			2,598	409	3,007	91	33.04	1	3
Ruth Magos	318	3	321	8	40.13			2,929	38	2,967	83	35.75		
Pat Stephens	537		537	15	35.8			2,770		2,770	129	21.47		
Alan Josephson	301	27	328	11	29.82	3	5	2,419	236	2,655	81	32.78	4	8
Connie Roberts	348	9	357	11	32.45			2,453	27	2,480	81	30.62		

Springfield Bicycle Club Mileage and Activity File As of September 30 2007

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RID ES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TOTAL	RID ES	AVG RIDE	LED	LDR PTS
Kathy Shepard	144	23	167	4	41.75			2,190	265	2,455	65	37.77		
Bill Bock	346		346	9	38.44			2,435		2,435	62	39.27		
Carol Bock	346		346	9	38.44			2,398		2,398	62	38.68		
Linda Butler	358	17	375	13	28.85			2,263	69	2,332	77	30.29	3	7
Dave Lucas	191	22	213	20	10.65	8	8	2,143	179	2,322	177	13.12	29	40
Robert LaBonte	242	9	251	11	22.82			2,233	67	2,300	98	23.47	8	19
Lynn Miller	245		245	10	24.5			2,242	54	2,296	69	33.28	1	3
Byron Nesbitt	571		571	18	31.72			2,251		2,251	71	31.7		
Mark Smith	210	31	241	5	48.2			2,020	222	2,242	55	40.76		
Kevin Greene	157	34	191	10	19.1			1,837	320	2,157	129	16.72	4	6
Cindy Kvamme	282		282	13	21.69	1	2	2,113	30	2,143	98	21.87	6	15
David Sykuta	214	8	222	9	24.67			1,997	31	2,028	67	30.27		
Mike Schwab	195		195	18	10.83			1,855	3	1,858	141	13.18	1	3
Bob Carmody	331		331	10	33.1			1,671	26	1,697	57	27.96		
Louie Spinner	403	5	408	13	31.38			1,650	25	1,675	63	26.59		
Bob Dettling	199	9	208	13	16			1,618	14	1,632	104	15.69		
Janice Perino	72		72	5	14.4			1,613		1,613	58	27.81		
Ben Fox	208	6	214	12	17.83			1,671	40	1,611	72	22.38		
Christa Morris	489		489	13	37.62			1,555	24	1,579	56	28.2		
Jerry Ihnen	80		80	1	80			1,479	70	1,549	78	19.86		
Chuck Orwig	45	14	59	2	29.5	1	1	1,504	33	1,537	58	26.5	2	4
Fred Bascom	308		308	6	51.33			1,529		1,529	58	26.36		
Sr Josepha Schaffer	315		315	7	45			1,478	19	1,497	48	31.19		
Joel Johnson	162	72	234	4	58.5			1,006	482	1,488	29	51.31		
Ernie DeFrates	255		255	10	25.5			1,330	12	1,342	52	25.81	3	9
Jon Edwards	112	36	148	4	37			1,134	196	1,330	35	38	1	3
Julie Perino	72		72	5	14.4			1,264		1,264	45	28.09		
Dan Payne	318	10	328	7	46.86			1,148	69	1,217	30	40.57		
Michelle Cozadd	263		263	6	43.83			1,099	22	1,121	29	38.66		
Sue Dees	193		193	8	24.13			1,074		1,074	60	17.9		
Rich Saal	138	36	174	5	34.8			784	277	1,061	38	27.92		
David Banks	299		299	6	49.83			984	58	1,042	24	43.42		

Springfield Bicycle Club Mileage and Activity File As of September 30 2007

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RID ES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TOTAL	RID ES	AVG RIDE	LED	LDR PTS
Brigitta Ewing	242	20	262	10	26.2			849	124	973	51	19.08		
Jim Hajek	73	21	94	4	23.5			853	93	946	49	19.31		
Mike Eymann	174		174	8	21.75			912	7	919	32	28.72		
Dan Mitchell	85		85	2	42.5			760	24	784	19	41.26		
Cindy Moreno	83		83	5	16.6			760		760	42	18.1		
Tracie Stephens	250		250	15	16.67			659		659	48	13.73		
Brock Webb	84		84	3	28			613	34	647	19	34.05		
Naomi Greene	50	4	54	3	18			559	58	617	40	15.43		
Jan Cimarossa	81		81	3	27			587		587	22	26.68		
Roger Schnelten	225		225	10	22.50			559	10	569	43	13.23		
Bruce Yurdin	93		93	2	46.5			500	44	544	11	49.45		
Micci Bly	101		101	3	33.67			524	2	526	13	40.46		
Marcia Sykuta	148	8	156	6	26			492	8	500	20	25		
Christine Kohlrus	15	12	27	1	27			379	108	487	16	30.44		
Cyd LaBonte	11		11	1	11			466	18	484	28	17.29		
Roger Schnelten	127		127	2	63.5			461	10	471	35	13.46		
Brenda Reiling	97	7	104	2	52			452	7	459	16	28.69		
Lyn Schollett	20	3	23	1	23			415	40	455	22	20.68	4	8
Gerry Orwig	6	4	10	1	10			432	20	452	42	10.76		
Kent Kraft	172	9	181	3	60.33			411	39	450	9	50		
Hope Schnelten	105		105	2	52.5			430		430	28	15.41		
Jackie Galli	326	9	335	10	33.5			393	17	410	12	34.17		
Cindy Tubbs	20	3	23	1	23			354	34	388	20	19.4	1	1
Janet Bascom	51		51	2	25.5			367		367	18	20.39		
Pete Harjes	34		34	1	34			357		357	22	16.23		
Bill Voss	39		39	1	39			281	43	324	11	29.45		
Katie Weidner	48	4	52	1	52			292	20	312	12	26		
Mary Lou Hicks	12		12	1	12			281		281	16	17.56		
Charlie Downs	100		100	1	100			270	2	272	4	68		
Deb Cooper	62		62	3	20.67			244		244	12	20.33		
David Drennan	71	6	77	2	38.5	1	3	187	36	223	6	37.17	1	3
Dale Fagg	25		25	1	25			199	13	212	4	53		

Springfield Bicycle Club Mileage and Activity File As of September 30 2007

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RID ES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TOTAL	RID ES	AVG RIDE	LED	LDR PTS
Ed Taylor	48		48	2	24			178	6	184	8	23		
Scott Cheffy	142		142	6	23.67			183		183	8	22.88		
Larry Pemberton	17	33	50	2	25			98	66	164	8	20.5		
Jim Disney	33	5	38	1	38	1	3	135	20	155	4	38.75	2	6
Greg Lakebrink	100		100	1	1			119	6	125	2	62.50		
Mark Rabin	84		84	1	84.0			120		120	2	60		
John Sanford	100		100	1	100			100		100	1	100		
Pam Salela	18	6	24	1	24			49	6	55	2	27.5		
Roger Frye	40		40	1	40			53		53	2	26.5		
Mike Higgins	52		52	1	52			52		52	1	52		
Cris Martin	52		52	1	52			52		52	1	52		
Becky Jenison	45		45	1	45			45		45	1	45		
Stephen Jenison	45		45	1	45			45		45	1	45		
Carlos Mellado	40		40	1	40			40		40	1	40		
Mike Parish	37		37	3	12.33			37		37	3	12.33		
Anita McDivitt	20		20	3	6.67			20		20	3	6.67		
Laura James	18		18	1	18			18		18	1	18		
Totals	30,141	1,531	31,672	944	33.55	27	52	206,735	12,040	218,775	7,357	29.74	133	294

November Memories

By Mike Becker

1972–35 Years Ago: A thorough check of archival documents turned up nothing to say about this month 35 years ago. We know they were busy, but, as is said, if you didn't document it, it didn't happen.

1977–30 Years Ago: The Club's balance stood at \$260.44. Class: compare and contrast to today. Begin. ++The number of rides was much smaller also. Only six rides were scheduled, including one for Thanksgiving Day. Today, we usually schedule more rides and events than the number of days in a month. ++Speaking of Turkey Day, here is part of the write up of a ride on that day:

The most memorable happening was a small brown dog who joined us in Washington Park and ran with us for the next 10 miles or so. When we all stopped to take a break and let everyone get back together, we noticed that the little dog was very tired. Someone suggested that he get a ride back to town in the club dog carrier, formerly known as the Ringland's Cannondale Bugger. With very little convincing of Brent Ringland, the sole occupant of the bugger, the dog was put in for a free ride back to town. The ride was only temporary, for when we returned to Springfield, the dog was well rested and jumped out at Fairhills and ran along for a little while longer.

Warms the heart, no?



1982–25 Years Ago: After a most successful Capital City Century in September, planning for the next year's event was already underway. Calls went out for logo designs, and the winner would be selected after the March entry deadline. ++A note on rides, which is as true today as it was then:

You will notice a few rides with food & drink afterwards at the leader's home. Don't feel you must know the leaders to go on these rides. They want the company. Go out and meet them.

Active club member Margaret Kelly moved to Minneapolis. ++The topic at this month's club meeting was meteorology. Don't know why. It never rains or snows on a ride.

1987–20 Years Ago: Nada. Zilch. See 1972, *supra*.

1992–15 Years Ago: A QR note reminded members about making a special donation at a local bank—the Blood Bank. They welcome you with open arms. DO IT! And, don't forget to credit the SBC on the Bank's records when you provide this valuable service. ++QR published a Wind Chill Chart. Dang. Where did the summer go? ++Sr. Josepha Schaeffer was top rider.

1997–10 Years Ago: Dean Wisleder garnered his umpteenth Rider of the Month award. ++This being football season (not soccer, but the REAL football), the club published Top Ten Reasons Bicycling is Better Than NFL Football. Making the list were: #6. The Tour de France isn't stopped for beer commercials every five minutes; #2. Foam-rubber cheeseheads don't meet Snell foundation helmet standards; and, #1. There's no penalty for dancing a jig in your driveway when you complete a century.

Haiku and Cycling

By Mark Flotow

Personally, I don't find cycling particularly poetic or even poem inspiring. On the one hand, there is road rash, oily chains, lycra-based clothes, pinch flats, headwinds and, at the professional level, doping. On the other hand, at home we recently received in the mail a literature catalogue that listed a book exclusively on baseball haiku. Puh-leez! Baseball has bean balls, rosin, stretch pants, broken bats, rain-outs and, at the professional level, doping. So, if there is such a book for baseball . . .

That got me thinking. Forget any book deals, but what about QR? Could not we, the SBC membership, write a few of these super short poems for inclusion in our newsletter? Hold onto that pat answer for a moment . . .

What exactly is haiku and how difficult can it be to compose and understand? A little light Internet searching reveals haiku, in its most popular form, is a traditional Japanese style consisting of three non-rhyming lines of 5 - 7 - 5 syllables that focuses on the seasons. (And let's assume that does not include the "baseball season.") And, as it happens, the vortex of haiku expression outside of Japan is . . . Lincoln, IL. No joke. Lincoln dentist Lee Gurga is editor of "Modern Haiku" magazine and author of the book, "Haiku: A Poet's Guide." In a review of his book (check out www.modernhaiku.org/mhbooks/gurgaHPG2003.html), Gurga is quoted that haiku is essentially "an experience and an expression of that experience in words after it has passed through the poet's heart" and that "season is the soul of haiku."

Now back to your pat answer, but answer this question instead: how many hours did you cycle or think about cycling this week, this year, this lifetime? Uh-huh. Well, you've passed enough cycling "through your heart" that this stuff already is in your system and it is more a matter of you simply regurgitating it into the haiku format and style. (Zen master Shinryu Suzuki states "true [haiku] understanding is actual practice itself.") Even if you care to skip the regurgitation part, you certainly will have no trouble digesting cycling haiku.

In regards to writing for QR, who says we have to follow rules: different meter, rhyme, allowing a little alliteration, more lines - wait, let's stick to the three lines - but otherwise don't let these trifles stifle your creativity. To get the gig going, here's my "cycle series" - one for each season - starting with winter.

the kestrel's cold perch
left as the headwind bites through
circles behind me

gears punish the knees
enthusiastic response
renewing tan lines

melting in the sun
imperceptibly fading
only the chain knows

elongated leaf
with dust sent to the heavens
wind breaks disappear

You might pause for a moment upon reading, but you get the imagery more easily than others not into our sport because you have walked the walk, cycled the cycle and otherwise have done the heart thing. My examples might be a bit road oriented, but at least as valid disciplines are mt. biking, cyclo-cross, tandem riding, turbo training, big wheeling, etc. We'll all look forward to the results.

Send

Your



Haiku

In!

Send your bicycling Haikus to editor[at]spfldcycling.org for potential inclusion in future newsletters — the Editors.

News from the League of Illinois Bicyclists

IDOT Complete Streets legislation update – October 10, 2007

The Illinois House just voted to override the Governor's amendatory veto on Senate Bill 314 – meaning that Complete Streets is now Illinois law for IDOT roadways!!!



The bill was approved overwhelmingly by the Legislature in June, but was gutted by Gov. Blagojevich's amendatory veto on August 31. The bill had required IDOT to include walkways and bicycle ways in their road designs in urban areas (with reasonable exceptions). The veto made this optional. Both the Senate (53-0, October 3) and the House (109-3, October 10) voted to return to the original, meaningful language.

The result? IDOT reconstruction and expansion roadwork in urban areas must now include provision for people who walk or bike. IDOT performance in this area had been poor, despite calls for reform of urban sidewalk and bikeway policies by LIB, the Chicagoland Bicycle Federation, and others. Our thanks go to the bill sponsors (Sen. Ed Maloney, Rep. Joe Lyons), and also to CBF for leading the charge on this year's version of the bill. Both organizations will continue our work with IDOT on policy revisions – but this time backed by Illinois law.

(Further background from an earlier bill is at www.bikelib.org/completestreets/sb508mtg1005.pdf. LIB's analysis of IDOT's bike and ped policies is at www.bikelib.org/political_state/bdmanualreview.pdf.)

PS: Thanks to all of you who contacted your legislators!

Ed Barsotti, Executive Director
League of Illinois Bicyclists

Complete Streets

From this:



To this!



Springfield Bicycle Club
Membership Application

Member

Member Information

New Member Renewing Member Change Address

Name _____ Home Phone _____

Address _____ Work Phone _____

City _____ Birth Date _____

State _____ Zip _____ Email Address _____

I obtained my application from: _____ I would like to help with SBC activities

Bike Shop Name _____ Yes

A current Club member No

Type of Membership

Individual \$15/yr Family \$20/yr Contributing \$25/yr

Sustaining \$50/yr Patron \$100/yr Corporate \$100/yr

Dollars beyond basic \$15 or \$20 rate from Contributing, Sustaining, and Patron memberships go to your choice:

Bicycle Advocacy Fund SBC General Fund

My Advocacy Donation Amount is: _____

Family Member Information

The SBC presents yearly awards for the most "club miles" in various age groups. We need birth dates to determine these presentations. Your participation is optional, of course.

Name 1 _____ Birth Date _____

Name 2 _____ Birth Date _____

Name 3 _____ Birth Date _____

Name 4 _____ Birth Date _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature _____

Date _____

Parent / Guardian _____

Date _____

Official SBC Name Badges

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$11.00 dollars** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

Mail with Check to:
Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705



SPRINGFIELD BICYCLE CLUB 2007 MILEAGE SUMMARY



MONTHLY								
MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH
January	4,578	735	5,313	183		4		29.03
February	1,343	192	1,535	90		3		17.06
March	16,236	1,154	17,390	702		12		24..77
April	20,167	1,975	22,142	849		2		26.08
May	29,516	1,183	30,699	1,084		10		28.32
June	32,261	1,570	33,831	1,051		20		32.19
July	38,052	2,274	40,326	1,207		25		33.41
August	26,837	1,366	28,203	943		23		29.91
September	30,141	1,531	31,672	944		27		33.55

CUMULATIVE								
MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH
January	4,578	735	5,313	183		4		29.03
February	5,921	927	6,848	273		7		25.08
March	22,157	2,081	24,238	975		19		24.86
April	43,400	4,056	47,456	1,867		21		25.42
May	73,523	5,239	78,762	2,969		38		26.53
June	106,188	6,809	112,997	4,039		58		27.98
July	147,642	9,123	156,765	5,356		83		29.27
August	175,773	10,489	186,262	6,340		106		29.38
September	206,735	12,040	218,775	7,357		133		29.74



Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705



Presorted
Standard
U.S. Postage
Paid
Springfield, IL
Permit #325

Address Service Requested

Not for Commercial Use

November, 2007

Please note: Be sure to check the renewal date on your address label. If the date is **HIGHLIGHTED**, please fill out and return the renewal form along with your check. This will help to keep your membership information current and up to date. **You will get only one newsletter after your renewal date.** Note: 'AT' replaces @ in all email addresses given below to protect our board members from spamming.

Officers

President

Dave Ross
789-4823
president(at)spfldcycling.org

Vice President

David McDivitt
787-5964
vp(at)spfldcycling.org

Board Secretary

Ken Anderson
522-3876
secretary(at)spfldcycling.org

Recording Secretary

Kevin Greene
793-9622
recording(at)spfldcycling.org

Treasurer

Dave Lucas
753-3831
treasurer(at)spfldcycling.org

Special Events

Tom Clark
726-5560
events(at)spfldcycling

Social Chair

Tracey Hurley
546-2750
social(at)spfldcycling.org

Legislative/ Educational Chair

Lynn Miller
787-3354
legislative(at)spfldcycling.org

Incentive Chair

Alan Whitaker
494-6807
incentive(at)spfldcycling.org

Records

Karl Kohlrus
544-8410
records(at)spfldcycling

QR Editor

Marty Celnick
editor(at)spfldcycling.org
522-4206
Tom Clark
726-5560
editor(at)spfldcycling.org

QR Deadline 15 th of the month

Web Master

David McDivitt
787-5964
webmaster(at)spfldcycling.org

At Large Members

Bill Donels
546-8036
at-large(at)spfldcycling.org
Tom Murphy
726-6539
at-large(at)spfldcycling.org
Naomi Greene
793-9622
at-large(at)spfldcycling.org

QUICK RELEASE ADVERTISEMENT RATES

Half Page \$20 Full Page \$40

Payment in advance is required for all business ads. Ad copy should be sent to the newsletter editor no later than the 12th of the month in order for the ad to appear in the following month's newsletter. Individual club members (excluding businesses) may list bicycling related items to buy or sell without charge.