



# the Quick Release

www.spfldcycling.org

December 2012

## Ride of the Month

Roger Schnelten's Octoberfest ride was selected as ride of the month for October. On a chilly fall afternoon about 10 people met at Roger's place, then did a loop that included the Lost Bridge Trail to Rochester. Afterwards came Roger's Octoberfest party, with plenty of food, live music, and a fire to keep warm. Roger's Octoberfest celebration has long been a premiere social event for the bike and ski clubs. Thank you for another great event, Roger.

## Almost Anything Award

This month's award goes to Franklyn Moreno, the father of Cindy Moreno, who brought a large block of Chocolate to Roger's Octoberfest party. People enjoyed the chocolate while sitting around the fire. It was much appreciated as a dessert item following the burgers and brats. Thank you, Franklyn.

## Monthly Ride Leader Incentive Drawing

Stephen Paca won this month's Ride Leader Incentive Drawing. Stephen will receive a \$50 gift certificate to the bike shop of his choice.

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## *Winter* Party & Awards Banquet is January 25: Save the Date!

By popular demand the Winter Party and Awards Banquet will be held once again at Maldener's Restaurant in downtown Springfield. Cocktails are available at 6 p.m. and dinner will be at 7 p.m. Immediately following the dinner, the 2012 award recipients will be recognized and honored for the NoBell Award, Spinner Awards, and Cycling Challenge Medals.

Reservations will be necessary for this banquet and details will be posted in our January newsletter, so please mark your calendars now for Friday January 25, 2013.

## **December Socializer**

Wednesday, December 12  
5 - 7 p.m.



Celebrate the end of the Mayan calendar by joining us for our December SBC Socializer at Dublin Pub. Free appetizers. Greeter

table near the door. Members and potential members are welcome to participate.

**2013 FIGHT  
FOR AIR  
CLIMB**

February 16, 2013  
Springfield, IL  
Hilton Springfield

**Sign up for the Springfield Bicycle Club team to participate in the "Fight for Air" Climb on February 16, 2013.**

Let's challenge other Central Illinois bicycle clubs to a friendly competition!

The "Fight for Air" Climb is a competitive stair climb to benefit the American Lung Association. Novice and experienced climbers of all ages are welcome. Choose to climb all 32 floors of the Hilton Springfield once or take the Ultimate challenge and climb all 32 floors as many times as you can in one hour.

Contact Tracey Hurley at (217) 414-8900 to join the Springfield Bicycle Club team.

For more information about the climb, please go to <http://www.lungil.org/>

## **Secretary's Report**

*by Ken Anderson, Secretary*

### **Renewals**

Ellen Kay Schlieckau

Lenny Sherry Miner

Becky Smith

Chuck & Gerry Orwig

### **Renewals at Sustaining Level**

Blaine Redemer

Mary Venturini

Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.



Find us on  
**Facebook**



To join or renew your membership online,  
go to

**[www.spfldcycling.org/membership](http://www.spfldcycling.org/membership)**

and click on the **Active.com** link.

## **President's Column**

*by Tom Clark, President*

*It is with great sadness that I note the passing of SBC member Grover Everett on November 15. We have lost a dear friend and highly respected club member in a senseless accident. Grover was struck from behind while riding in the bike lane on Highway 104 near Auburn. A ride of respect will be scheduled in his memory. Please keep his family in your thoughts and prayers.*

*Mark your calendars!* Social Chair Gladys Hajek is hosting the Winter Party at Maldaner's on Friday, January 25. A brief announcement appears in this month's QR. A more detailed announcement will appear in the January QR. This year, the Cycling Challenge medals will be presented at Winter Party, in addition to the Spinner Awards and the NoBell Award.

*The deadline is December 15 for NoBell Award nominations.* See the article in this month's QR, which includes contact information for recent NoBell recipients who choose the new awardee(s). The NoBell is our lifetime award, given *in recognition of significant contributions in promoting and supporting bicycling with the Springfield community.* Past recipients have included individuals, couples and even a family. When making a nomination, it is helpful to provide evidence that illustrates the contributions and character of the nominee(s).

It's been an amazing year for SBC and Springfield area bicyclists. Key civic happenings included the unveiling of Lincoln Penny themed bike racks downtown during Bike to Work Week in May and the release of a new Springfield bicycle map in July and the Springfield Area Transportation Study's draft bike-ped plan in August. We also had monthly Socializers during the off season, a joint Socializer with Ski Club, and a joint picnic with Running Club and Ski Club. Riding-related events included another successful Capital City Century, the 2nd year of the SBC Great Cycling Challenge, another offering of the Bicycling Academy, and full schedules of member-led rides during the prime cycling season. Thanks to all who helped achieve these milestones in 2012.

We had a great turnout for our first Socializer of the 2012-13 cycling off season, on November 14 at Fulgenzi's in Chatham. Thanks to Ken Anderson for hosting this event, which drew about 30 SBCers. Our next Socializer will be Wednesday, December 12, from 5 to 7 p.m., at the Dublin Pub on Wabash at Chatham Road. We'll have free appetizers, a greeter table near the front door, and the welcome mat out for potential members.

During the winter months, we plan to schedule mostly Show-N-Go ride opportunities for those hardy riders interested in group rides. However, VP Tracey Hurley plans to schedule some member-led rides each month. Thanks to Amy Goldesberry, Mike Eymann, Harv Koplo, , Bob Sorenson and Marty Celnick for stepping up to lead rides in December.

The weekend and holiday Show-N-Go A-Rides organized by Lisa Kidd will continue from December through February. These A-Rides are intended for extremely strong and competitive riders averaging 19+ mph. As such, they complement our moderately paced club rides.

## **Board Meeting Notes - November 7, 2012**

*by Stephen Paca, Recording Secretary*

**Present.** Tom Clark, Tracey Hurley, Ken Anderson, Stephen Paca, Jim Hajek, Ray Caruso, Harv Koplo, Lynn Miller, Gladys Hajek, Marty Celnick, and Kristina Mucinskas.

The meeting was called to order by Tom Clark at 7:11 p.m.

**President's Remarks.** No report.

**Treasurer's Report.** Jim Hajek presented the Treasurer's Report. He reported a balance of \$21,201.10 for the period ending 10/31/12. This balance reflects a \$3000 donation to the League of Illinois Bicyclists. This donation is at the Platinum level of sponsorship and the club received a thank you letter from the LIB. Tom will get a plaque for Denney's Jewelers in recognition of their donation to the CCC. Ken Anderson made a motion to approve the Treasurer's Report; Tracey Hurley seconded the motion; and the Board approved the report.

**Special Events Report.** Harv Koplo led a discussion about a new venue for next year's CCC. The Knight's of Columbus Hall on Iles avenue fits the requirements for the venue: it has ample parking, with overflow available at Rotary Park a block a way; it also has a bar and showers available. The hall staff would perform set up and clean up. The location would also allow us to continue to use Auburn as the main food stop, with a change to the initial route loop. Harv negotiated rental costs and beverage pricing with the hall and proposed that the club put a down payment in order to book the venue. Ken Anderson made a motion to accept the proposal that the 2013 CCC start and finish be held at the Knights of Columbus Hall on Iles Avenue and that a \$500 deposit be paid to book the venue; Lynn Miller seconded the motion; and the Board approved the motion.

**Legislative/Education Report.** Lynn Miller reported that the Springfield Bicycle Advisory Committee held meetings with Mayor Houston, and the mayor's special assistant Willis Logan, and Mark Mahoney, Director of Public Works, and Lori Williams, Traffic Engineer to promote bike lanes, sharrows and/or signage. The SBAC recommended four high priority routes that would provide links between parks, trails and access to downtown Springfield. The routes consists of 2nd/1st/North (between Eastman & Stanford); Ash/Laurel/Greenbriar (between Dirksen and Koke Mill); Lincoln/Park (between Veterans and Wabash Trail); and MLK Jr/16th /19th (between Laurel and Converse). Lynn also reported that the City completed installation of the new Lincoln Penny bike racks in the downtown area.

**Minutes.** Stephen Paca distributed a draft of the minutes from the November Board meeting via e-mail, and he made corrections based on feedback.

**Social Chair Report.** Gladys Hajek reported that the planning is complete for the December socializer; it will be at Dublin Pub on Wabash on Wednesday, December 12th from 5-7pm. Gladys talked to Steve at Maldaner's to continue planning for the annual winter party and awards banquet. Cocktail hour will start at 6pm and dinner will be served at 7pm. The Board discussed the format of the party and agreed to keep the same setup as last year for members.

We are currently looking for someone to put together the slideshow presentation.

**Incentive Chair Report.** Marty Celnick conducted the Incentive Awards. Roger Schnelten's Oktoberfest ride was voted Ride of the Month for October. The Almost Anything Award was given to Franklyn Moreno for bringing a large block of gourmet chocolate to Roger's Oktoberfest party. Stephen Paca's name was drawn for the monthly ride leader incentive award.

**Ride Committee Report.** Tracey Hurley distributed a copy of the completed December ride schedule and asked for feedback. She made minor corrections based on comments.

**Newsletter Editor Report.** No report.

**Webmaster Report.** Alan Whitaker reported via e-mail that he will send out an announcement about the NoBell Award and the November 14th socializer.

**Old Business.** Tom brought up the proposal that the club become a sponsor for the 2013 Fight For Air Climb at the Hilton. The Board discussed the proposal and decided that the club would form a team for the event, but that the club would not become a sponsor. Kristina Mucinskas said that she can help get a team for the club set up on the American Lung Association's event website. Tom and Kristina will work on an article for the newsletter to inform club members about joining the team.

The meeting adjourned at 8:45 p.m. The next meeting is scheduled for Wednesday, December 5th, 2012 at 7:00 p.m. at the home of Ken and Sandy Anderson.



“When I see an adult on a bicycle, I do not despair for the future of the human race.”

- H.G. Wells

## December 2012 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at [www.spfldcycling.org](http://www.spfldcycling.org). Unless otherwise indicated, daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

RIDE CLASSIFICATIONS	
Code	Definition
<b>NC</b>	<b>Non-Cycling events.</b>
<b>MB</b>	<b>Rides suitable for mountain bikes.</b>
<b>EZ</b>	<b>For riders who prefer a pace under 10 mph.</b> These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.
<b>D</b>	<b>For novice or recreational riders.</b> Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leaders or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.
<b>C</b>	<b>For competent riders with basic safety and bike handling skills.</b> These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12-15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.
<b>B</b>	<b>For strong, experience riders with considerable group riding experience.</b> Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.
<b>A</b>	<b>For extremely strong and competitive riders with expert biking handling skills.</b> Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper ([records@spfldcycling.org](mailto:records@spfldcycling.org)).

*Questions about leading a ride? Contact [vp@spfldcycling.org](mailto:vp@spfldcycling.org) .*

<b>Weekday Daytime Rides</b>		<b>Check start times!</b>
Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Shelter on the South side of the park Pete Gudmundson, 523-8200	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Pete shows up often enough for this ride that he should be able to answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper. <b>*Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.</b>
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride Lake Taylorville parking lot. Rt. 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr. & Crusaders Rd. Tom Clark, 726-5560 Dave Ross 789-4823	BC – Westside Lunch Ride. Dave or Tom will hit the trails or go out in the country.
<b>Weekday Evening Rides</b>		<b>Check start times!</b>
Thursday 6:00 p.m	Parkway Pointe Theater Lindbergh & Robbins Rd Show-N-Go	BCD – Show-N-Go along the Wabash and Interurban Trails. Lights required. Turn miles in to the club records keeper.
Mon., Tues., Wed., and Thursday 6:00 p.m.	Pana Trail Lake Taylorville parking lot Rt 29 Charlie Witsman, 299-7038	Show-N-Go – Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions. Bring lights.
<b>Weekend Daytime Rides -</b>		
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 546-1698	<b>Weekend A-Ride.</b> This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. <b>*Disclaimer: Schedule sometimes changes due to weather. Please call ahead.</b>
Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 546-1698	<b>Weekend A-Ride.</b> See Saturday Weekend A-Ride description. <b>*Disclaimer: Schedule sometimes changes in fall due to weather. Please call ahead.</b>

<b>Scheduled Rides and Events</b>		<b>Check start times!</b>
Saturday December 1 Noon	Rotary Park Iles Ave & Archer Elevator Rd Amy Goldesberry, 714-8762	ABCD – Ride to New Berlin for 30 miles or Auburn for 42 miles. If the weather is bad, ride the trails. D riders can ride the trail but should be self-sufficient.
Sunday December 2 Noon	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Wednesday December 5 7:00 p.m.	Residence 2301 Sangamon Ave Ken Anderson, 522-3876	NC – <b>Board Meeting.</b> All SBC members are invited to attend the board meetings.

Scheduled Rides and Events		<i>Check start times!</i>
Saturday December 8 10:00 a.m.	Rochester Station Walnut St & Rt 29 Rochester Mike Eymann, 638-0178	ABCD – Mike will take us on a ride of about 35 miles. To view Mike's route go to <a href="http://www.mapmyride.com/routes/view/152513457">www.mapmyride.com/routes/view/152513457</a> . D riders can ride the trail but should be self-sufficient.
Sunday December 9 Noon	Rotary Park Iles Ave & Archer Elevator Rd Harv Koplo, 899-9175	ABCD – Harv will lead us for 30 or so miles with the wind at our backs! D riders can ride the trail but should be self-sufficient.
Wednesday December 12 5:00 p.m. – 7:00 p.m.	Dublin Pub 1975 W Wabash Springfield Gladys Hajek, 698-7626	NC - <b>Socializer</b> . Celebrate the end of the Mayan calendar by joining us for our December SBC Socializer at Dublin Pub. Free appetizers. Greeter table near the door. Members and potential members are welcome to participate.
Saturday December 15 10:00 a.m. <b>Note Time</b>	Rochester Station Walnut St & Rt 29 Rochester Bob Sorenson, 529-1141	ABCD – Bob will lead us for 30 – 40 miles to wherever the wind takes us! D riders can ride the trail but should be self-sufficient.
Sunday December 16 Noon	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Saturday December 22 Noon	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday December 23 Noon	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Friday December 28 6:00 p.m.	Centennial Park Lenhart and Bunker Hill Roads Marty Celnick, 522-4206	ABCD – <b>Full Moon Ride</b> . Meet at the Sangamon Valley Trailhead and ride the SVT with a full moon. Lights required.
Saturday December 29 Noon	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday December 30 Noon	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Tuesday January 1 time varies (see Disclaimer)	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 546-1698	<b>Holiday A-Ride</b> . See Saturday Weekend A-Ride description. <b>*Disclaimer: Schedule sometimes changes in fall due to weather. Please call ahead.</b>
Tuesday January 1 Noon	Rock 'N Roll Hardees 2501 Adlai Stevenson Dr Marty Celnick, 522-4206	ABCD – <b>New Years Day Ride</b> . Ride for 10-25 miles. Start the new year by keeping your resolution to ride more miles!
Tuesday January 1 2:00 - 7:00 p.m.	Residence 10980 Darnell Road, Dawson Christa McLaren Morris, 494-4028	<b>New Years Day Open House</b> . Come join Christa and Marty to celebrate the New Year with friends, family, and food. Soup and snacks will be provided, but please bring a dish to share.

## Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR.

*NOTE: 'Other area ride' miles count for club miles, as they are organized rides.*

Other Area Rides & Events		
Tuesdays 6:00 p.m.	BikeTek parking lot 957 Clock Tower Dr Jeff Williams, 546-8819 Jeff(at)jeffveloart.com Facebook: Jeff Curtis Williams	<b>Tuesday Night Trail Rides</b> – MTB/cyclocross/off road bikes recommended. All Are welcome! We will split off at Washington & Koke Mill to do the “church trail”. LIGHTS and HELMETS please and thanks!!! <b>Disclaimer: Routes will vary based on conditions.</b> Contact Jeff for more information.
Thursdays 5:30 p.m.	Rochester Park Cemetary/Ball Field parking lot Main St Rob Brokaw, 652-7615	<b>Thursday Night Off Road Rides</b> -- MTB/cyclocross/off road bikes recommended. Meet near the cemetery and ball fields to ride the course in Rochester Park. Ride lasts about one hour. LIGHTS and HELMETS required.

“There is no such thing as bad weather,  
just inappropriate clothing.”

*Robert “Doc” LaBonte*



### ***New! Endura Cycle-wear***

Insulated & Wool Gloves

Arm & Leg Warmers

Skullcaps, Headbands, Socks, & Shoe Covers

## **Sale!**

**All Accessories & Tools**

**Selected In-stock Jamis Bicycles**

**15% off through Dec. 21st**

## **Bicycle Doctor**

1037 N. 5<sup>th</sup> St. 670-0761

[www.springfieldbicycledoctor.com](http://www.springfieldbicycledoctor.com)

**Notice:** We will close *temporarily* 12/21, as the “Doc” is having a “grand opening” of the surgical sort. He expects a full recovery by Groundhog Day.

So come visit “Robert 2.0,” at the shop, in February.

# Nominations Open for 2012 NoBell Award

*by The NoBell Committee*

Nominations are now being accepted for the 2012 NoBell Award (NBA). This is perhaps the highest honor the Springfield Bicycle Club will bestow upon an individual who has made a significant or outstanding contribution to bicycling in the Springfield area. The origin of the award's name is somewhat murky, but presumably involves the prestige of the international Alfred Nobel Prize combined with the more specific bicycling reference to a Bell helmet, one of the first truly effective cycling helmets.

While there are no formal requirements for being nominated for this illustrious award, the selection committee takes into account the length of time the nominee has been involved in bicycling and the contributions he/she has made within the local cycling community. Past award recipients have been recognized for going above and beyond normal levels of support and enthusiasm for bicycling. They work tirelessly for bicycling in general, contribute much to the club, and are admired and respected by their peers.

Nominations for this year's award should be submitted to one of the members of the 2012 NBA Selection Committee, which is made up of previous award recipients. The members of the committee are:

- Brigetta Ewing – thecyclist15 (at) yahoo.com
- Robert LaBonte – r.labonte (at) comcast.net
- Lynn Miller and Bill Donel – legislative (at) spfldcycling.org
- Tom Clark – 726-5560 or president (at) spfldcycling.org

You can make your nomination in person, by e-mail, by phone or by regular mail, but it should be received by no later than **December 15th**.

To assist the NBA selection committee in their task of reviewing nominations for 2012, a brief narrative supporting your nomination is recommended, although this is not a requirement. The committee will do some research on its own before arriving at a decision. Little known information about a nominee is always appreciated and makes for a more informative and sometimes entertaining award announcement.

Past winners of the NBA are:

1982 – Rich Huelskoetter	1992 – Theresa DeLeon	2002 – Lance & Lisa Kidd
1983 – Greg Lakebrink	1993 – Dave Heaps	2003 – Chuck Orwig
1984 – Louie Spinner	1994 – Ernie DeFrates	2004 – Cathy Yeaman
1985 – Dean Wisleder	1995 – Garland Stevens	2005 – Cindy Kvamme
1986 – Dave Ringland	1996 – Derek Ewing	2006 – Lynn Miller
1987 – Bud Cline	1997 – Alan Josephson	2007 – Robert LaBonte
1988 – John & Marcy Werthwein	1998 – Dave Lucas	2008 – The Elston Family
1989 – Dave Stjern	1999 – Linda Butler	2009 – Bill Donels
1990 – Mike Becker	2000 – Mark Flotow	2010 – Tom Clark
1991 – Karl Kohlrus	2001 – Don Struck	2011 – Brigetta Ewing

Please give this some careful thought and submit your nomination to a selection committee member by **December 15**. The NoBell Award will be among the awards presented at the January 25 Winter Party.

Your support is greatly appreciated. Thanks.

# Springfield Bicycle Club Membership Application

New Member

Renewing Member

Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

### Type of Membership (check one):

Individual: \$15 per year

Family: \$20 per year

Contributing: \$25 per year

Sustaining: \$50 per year

Patron: \$100 per year

Corporate: \$100 per year

### Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of:  Club e-mail announcements

Quick Release mailing (issues are available at [www.spfldcycling.org](http://www.spfldcycling.org))

I would like to help with SBC activities:  Yes  No

If yes, please check any specific areas of interest:

Lead bike rides

Help with social activities

Help with bicycle advocacy

Help w/ Capital City Century

Serve on the SBC Board

Other \_\_\_\_\_

### Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

### Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: \_\_\_\_\_

\*providing birth dates is optional, but recommended to help us keep track of club demographics.

### Mail with Check to:

Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705

Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705  
Address Service Requested  
Not for Commercial Use

Presorted Standard  
U.S. Postage Paid  
Springfield, IL  
Permit #800

## **Springfield Bicycle Board Members**

### **President**

Tom Clark  
726-5560  
president(at)spfldcycling.org

### **Treasurer**

Jim Hajek  
698-7626  
treasurer(at)spfldcycling.org

### **Legislative/Educational**

Bill Donels / Lynn Miller  
546-8036 / 787-3354  
legislative(at)spfldcycling.org

### **At-Large Members**

Mike Schwab  
801-7224  
at-large(at)spfldcycling.org

### **Vice President**

Tracey Hurley  
414-8900  
vp(at)spfldcycling.org

### **Special Events**

Ray Caruso / Harv Koplo  
891-5464 / 899-9175  
events(at)spfldcycling.org

### **Web Master**

Alan Whitaker  
494-6807  
webmaster(at)spfldcycling.org

Dave Lucas  
585-1078  
at-large(at)spfldcycling.org

### **Board Secretary**

Ken Anderson  
522-3876  
secretary(at)spfldcycling.org

### **Records**

David McDivitt  
787-5964  
records(at)spfldcycling.org

### **QR Editor**

Shirley Baer  
488-2160  
editor(at)spfldcycling.org

**QR Deadline is the  
15th  
of the month**

### **Recording Secretary**

Stephen Paca  
766-2604  
recording(at)spfldcycling.org

### **Social Chair**

Gladys Hajek  
social(at)spfldcycling.org

### **Incentive Chair**

Marty Celnick  
522-4206  
incentive(at)spfldcycling.org

### **Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40**

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.