



the Quick Release

www.spfldcycling.org

March 2013

Ride of the Month

Marty Celnick and his New Year's Day ride was selected as January's Ride of the Month. The traditional annual ride started from Hardee's on Stevenson. It turns out that Marty was the only rider to brave 20-something degree weather with 15 - 20 mph winds. Marty managed to get in nine miles in this cold lonely ride.

Almost Anything Award

The AAA this month goes to Gladys Hajek and all who contributed to make the SBC Winter Party such a great success. About 100 SBC members and guests enjoyed the food and company at Maldaner's. In addition to awards, guests remembered Grover Everett through a special tribute and slide show put together by Harv Koplo. Gavin Caruso put together a biking slide show. Thanks to all for the efforts!

Monthly Ride Leader Incentive Drawing

In addition to being selected for the Ride of the Month, Marty Celnick's name was also drawn for the Ride Leader Incentive drawing. Marty will receive a \$50 gift certificate to the local bike shop of his choice.

Any rider or member can nominate rides or leaders for the above recognition. Please send nominations or ride anecdotes to:

 *incentive (at) spfldcycling.org*

UPCOMING EVENTS

- MARCH 6:
Board Meeting
- MARCH 13:
**Socializer
"13 at Cousin Eddie's"**
(see P12)
- APRIL 28:
SBC Cycling Challenge #1
(see P2)

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It's That Time Again!
Get yourself and bike ready for
"The Great SBC Cycling Challenge".

The Cycling Challenge is designed to aid in your cycling fitness and accomplish a hopeful **Goal** of completing the annual **"SBC Capital City Century"**.

Each daily Challenge consists of a century (100 miles) ride with shorter options of approximately a 25 mile and a 50 mile ride. The first four challenges are totally self supported. The 5th and last of the years Cycling Challenge events is the SBC Capital City Century held in September.

The first event is set for April 28 Rotary Park at 9 a.m. Ride along with others for a 27 mile route or 56 route or the Challenge route of 101 miles to Chandlerville. Food and rest stops along the way. The cost is free. You may want to purchase food and drink items along the way.

The Great SBC Cycling Challenge takes you on low traveled roads and will lead you through small quiet towns. Rest stops along the way may be the local mom and pop restaurant or a convenient store. To help insure that all has someone to complete the ride with, there will be groups of all ride levels to ride with.

All riders who complete the series minimum of 3 rides are placed on the **"SBC Challenge Wall of Fame"**. In addition you may receive a **Gold**, a **Silver** or a **Bronze** Award for all of your hard work in achieving your cycling goal. Your mileage is recorded and a point awarded for each mile.

Award Earned - Points (miles) needed:

🚲 Bronze: 125 - 199

🚲 Silver: 200 - 374

🚲 Gold: 375+

Awards will be distributed at the January SBC Awards Banquet (can also be received without attending).

SBC Members: Your **TO** and **FROM** ride miles can be counted as SBC ride miles, but are not counted towards CHALLENGE totals.



President's Column

by Tom Clark, President

Don't forget to **spring ahead** on Sunday, March 10! The first ride led by **Robert LaBonte** since his successful cardiac surgery in December 2012 starts at 10 a.m. that day (Daylight Savings Time), from Centennial Park. See the ride schedule for details. Other leader-led weekend rides in March will be on the 24th (**Harv Koplo**) and 30th (**Alan Josephson**).

We had a great **Winter Party** at Maldaners on January 25, with over 100 in attendance, and another well-attended **Socializer** at the Office on February 13. Thanks to Social Chair **Gladys Hajek** for organizing these great club events. I hope I don't jinx things by pointing out that the next Socializer is also on the 13th – this time at Cousin Eddies in Fairhills Mall. **Tracey Hurley's Super Bowl Party** also had a big turnout on February 4.

During the **Awards Banquet** conducted at Winter Party, we paid tribute to the life of long-time SBC member **Grover Everett**, who was awarded our top mileage award for 2012 posthumously. Grover's widow Pat Everett was on hand to accept it. In future years, our top mileage award will be known as the **Grover Everett Award**. The NoBell Award was presented to **Kevin Greene**, for his many efforts to promote bicycling in our area. These included leading countless rides, Board service and Century volunteering, bicycle planning work, and service on the city's Bicycle Advisory Council, which he currently chairs. Many others received awards during the banquet. See the article on P4 for details; the slideshows have been posted to the SBC Web site.

Some of our members and friends organized a team to participate in the American Lung Association's **Fight for Air Climb** at the Hilton on February 16. We climbed in memory of Grover Everett. Congrats to **Amy Goldesberry, Jacob Mileham, Bradley Scott** and **John Williams**, who joined yours truly on **Team SBC Mt Everett Memorial Climbers**. Thanks to all who donated—we surpassed our fundraising goal of \$750. Pat Everett advises that Grover's first big bicycle adventure was a ride across the U.S. to benefit the American Lung Association. So it was fitting that we completed that organization's stair climb in his memory.

Our club's stated mission is to "promote bicycling in all of its manifestations." As part of meeting that mission, we support our statewide organization, the League of Illinois Bicyclists. This month's QR includes an article by Ed Barsotti, Executive Director of LIB. In this article, Ed explains how LIB promotes bicycling through its bicycle advocacy, education, and planning efforts, and how those efforts have an impact in the Springfield area.

A majority of weekend rides continue to be show-n-gos in March. Thanks to VP **Tracey Hurley** as Club ride contact, and **Lisa Kidd** as A ride organizer for these rides. March also sees the resumption of a limited number of evening rides. A full ride schedule will return in April. It's warming up, and bicycling season isn't far away. Hope to see you soon!

- Tom

SBC Annual Winter Party Honors

Everett and Members

by Naomi Greene, Incentive Chair

SBC's Annual Winter Party recognized Grover Everett posthumously with a Lifetime Achievement Award. Members of Grover's family, including his wife Patricia, were on hand the special evening (see Grover's tribute and article posted on website with slideshow). Grover's family were the first to hear that the club will honor the top club cyclist annually with the Grover Everett Award starting in 2014. Along with Grover, 40 other SBC members were recognized with the Spinner Awards. Other cyclists receiving recognition include:

Platinum Level Award

Jack Hurley (13,290 miles) and Charles Witsman (10,011 miles)

Gold Level Award

Derek Ewing (8,428 miles) and Don Daniels (7,737 miles)

Silver Level

Earl Burton (7,151 miles) and Marty Celnick (5,325 miles)

Bronze Level

Tom Clark (4,679 miles), Lynn Miller (4,613 miles), Don Harvey (3,328 miles), Bill Bock (3,113 miles), Mark Rabin (3,005 miles), David McDivitt (2,887 miles), David Ross (2,805 miles), Amy Goldesberry (2,805 miles), Alan Whitaker (2,740 miles), Tracey Hurley (2,606 miles), and Alan Josephson (2,523 miles).

Mileage Pins

Carol Bock (2,416 miles), Phillip Windell (2,138 miles), Karl Kohlrus (2,015 miles), Lisa Casson (2,005 miles), Cindy Kvamme (1,991 miles), Cindy Tubbs (1,653 miles), Ruth Magos (1,489 miles), Lyn Schollett (1,485 miles), Deb Cooper (1,460 miles), Rick Haberkorn (1,384 miles), Pat Stephens (1,315 miles), Bob Carmody (1,205 miles), Mike Eymann (1,203 miles), Garland Stevens (1,197 miles), Michael Higgins (1,130 miles), Curt Evoy (1,091 miles), Ernie De Frates (1,077 miles), Ted Sunder (1,067 miles), Linda Butler (1,064 miles), Roger Schnelten (1,064 miles), Stephen Paca (1,060 miles), Kevin Greene (1,033 miles), Robert LaBonte (1,007 miles).

The following individual's names were pulled in drawings for volunteers or rides:

Tom Clark, Jim Hajek, Alan Josephson, Harriet Josephson, Cindy Tubbs and Alan Whitaker

SBC Slideshows

Three slideshows prepared by Harv Koplo are available on youtube.com:

- Grover Memorial Show
<http://www.youtube.com/watch?v=hkRQf6FhmjE>
- Gavin SBC Show
<http://www.youtube.com/watch?v=TvTDIG85X-l>
- Harv SBC Show (compilation of photos forwarded to photos@spfldcycling.org)
<http://www.youtube.com/watch?v=bTOg4mGep2g&fmt=18>

Grover Everett Tribute

SBC Banquet - January 25, 2013
Presented by Naomi Greene, Incentive Chair

(This is the introduction to the special slide show presentation and the award presented to Grover's family.)

This year the Springfield Bicycle Club lost one of our most respected cyclists with the passing of Grover Everett in November. Grover joined SBC in 2001 and once he found his biking legs he became a perennial top rider, logging thousands of miles.

As most of you know, or had an opportunity to read, Grover was born in 1941 in Fisk, Missouri. He married Patricia in 1968. They raised four children, Jeffrey, Mark, Sheryl and Elizabeth.

His career was in teaching and serving as an administrator in mental health as part of the Illinois Department of Corrections in Lincoln and Taylorville. But his passion was in sports and loved to push the limits of his body and challenge himself physically.

Whether it was baseball in high school, trampoline in college, weightlifting, swimming, running, skydiving or biking - when he loved something, he got good at it. In 1972 Grover weighed in at 148 lbs. and won the National Junior Weight Championship by lifting 290 lbs. In trampoline he developed enough skills to be part of a traveling squad. When he took up running, he got good enough to run a marathon. As a skydiver he became part of events at the 1988 Lincoln Air Show. As a swimmer he would swim two miles every day, and when he retired he became a lifeguard in Taylorville. Only a bad shoulder would put a stop to his swimming.

As a cyclist, Grover would record more than 10,000 miles every year. In 1989, he rode more than 3,000 miles cycling from Seattle to Atlantic City. One year he logged as many as 18,638 SBC miles. Up to the time of his passing, Grover, had just turned 71 and had already recorded 16,303 miles.

One of the most intriguing things about Grover was that sports wasn't just about competing against others, but it was more about challenging his own limits. Those of us who held the Incentive Chair position were challenged every year to come up with a unique award for someone who had a collection of bike-related gifts. Yet, he was so humble, quiet and appreciative, it was always a joy to recognize and see if we could pleasantly surprise him.

His life was an inspiration to many. (Please visit <http://www.youtube.com/watch?v=hkRQf6FhmjE> or find the link on the SBC website to view the special slide show presentation on Grover's life).

We'd like to invite his family to receive Grover's Award for 2012. We have a plaque that presents Grover with a Lifetime Achievement Award recognizing his 80,737 recorded miles.

Board members would also like Grover's family to know we have decided to name the top cycling award in his honor. Starting in 2014 we will be recognizing the top cyclist with the Grover Everett Award.



SPRINGFIELD BICYCLE CLUB BUDGET FOR CALENDAR YEAR 2013

As approved by the SBC Board of Directors at its February 2013 meeting

Budget Detail	Proposed Budget
<i>Estimated Income for 2013</i>	
Capitol City Century (based on the 2012 CCC income)	\$ 26,000.00
Membership Dues	4,600.00
Membership Donations	200.00
Classified Ad Fees in Newsletter	140.00
Names Badge Sales	300.00
TOTAL PROPOSED INCOME	\$ 31,240.00
<i>Proposed Expenses for 2013</i>	
Capitol City Century (based on the 2012 CCC expenses)	\$ 12,300.00
Quick Release Printing and Mailing (12 mos. X \$360)	4,320.00
Commercial General Liability Insurance	980.00
Liability Insurance for Officers and Directors	400.00
Ride Leader of the Month Gift Certificates (12 mos. X \$50)	600.00
Name Badge Purchases	300.00
SBC Great Cycling Challenge (advertising)	120.00
SBC Great Cycling Challenge (printing)	60.00
SBC Great Cycling Challenge (awards)	240.00
Annual Winter Party and Awards Banquet (110 X \$22 ea.)	2,420.00
Annual Awards	800.00
Annual Recognition Gift Certificates	450.00
Summer Picnic (food and drinks)	500.00
Oktoberfest (SBC offset donation)	300.00
Monthly Winter Socializers (5 mos. X \$280 avg.)	1,400.00
Annual Meeting Socializer (food provided)	500.00
Website and Hosting (2 year fee)	230.00
General Postage for Misc. Mailings	60.00
General Office Supplies	60.00
Club Marketing	500.00
Secretary of State (annual not-for-profit filing fee)	13.00
Social Chair Incidentals (greeting cards, name tags, etc.)	100.00
SBC Bike Academy	100.00
US Post Office Box Rental (annual fee)	80.00
Donation - Rails to Trails	100.00
Donation - Adventure Cycling	80.00
Donation - League of Illinois Bicyclists	3,000.00
Donation - League of American Bicyclists	100.00
Donation - Alliance for Biking and Walking	100.00
Donation - Curb Your Car Week (formerly Bike to Work Week)	100.00
Donation - Miscellaneous, Memorials, etc.	300.00
Miscellaneous Expenses (commodities, contractual, equipment)	300.00
TOTAL PROPOSED BUDGET	\$ 30,913.00

March 2013 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at www.spfldcycling.org. Unless otherwise indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

RIDE CLASSIFICATIONS	
Code	Definition
NC	Non-Cycling events.
MB	Rides suitable for mountain bikes.
EZ	For riders who prefer a pace under 10 mph. These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.
D	For novice or recreational riders. Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leaders or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.
C	For competent riders with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12-15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.
B	For strong, experience riders with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.
A	For extremely strong and competitive riders with expert biking handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper (records@spfldcycling.org).

Questions about leading a ride? Contact vp@spfldcycling.org .

Weekday Daytime Rides		<i>Check start times!</i>
Monday starting March 10 10:00 a.m.	Lewis Memorial Park Koke Mill Rd Robert LaBonte, 787-0237	MB – Meet at the pavilion and ride the church trails for an hour or so. This ride will be at an easy pace and is suitable for beginner and intermediate riders.
Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Pavillion on the South side of the park Tom Clark, 726-5560 Note location change	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Tom shows up often enough for this ride that he should be able to answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper. *Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride Lake Taylorville parking lot Rt 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr. & Crusaders Rd. Tom Clark, 726-5560 Dave Ross 789-4823	BC – Westside Lunch Ride. Dave or Tom will hit the trails or go out in the country.
Weekday Evening Rides		<i>Check start times!</i>
Monday 6:00 p.m	Parkway Pointe Theater Lindbergh & Robbins Rd Show-N-Go	BCD – Show-N-Go along the Wabash and Interurban Trails. Lights required. Turn miles in to the club records keeper.
Thursday starting March 14 5:30 p.m.	IDOT Dirksen Pkwy & Ash St Cindy Kvamme, 744-8864	BCD -- Ride the Lost Bridge Trail for 10-14 miles. Lights recommended.
Mon., Tues., Wed., and Thursday 6:00 p.m.	Pana Trail Lake Taylorville parking lot Rt 29 Charlie Witsman, 299-7038	Show-N-Go – Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions. Bring lights.
Weekend Daytime Rides -		
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 546-1698	Weekend A-Ride. This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. *Disclaimer: Schedule sometimes changes due to weather. Please call ahead.
Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 546-1698	Weekend A-Ride. See Saturday Weekend A-Ride description. *Disclaimer: Schedule sometimes changes in fall due to weather. Please call ahead.

Scheduled Rides and Events		<i>Check start times!</i>
Saturday March 2 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday March 3 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Wednesday March 6 7:00 p.m.	Residence 2301 Sangamon Ave Ken Anderson, 522-3876	NC – Board Meeting. All SBC members are invited to attend the board meetings.
Saturday March 9 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday March 10 10:00 a.m.	Centennial Park Bunker Hill Road (trail parking lot) Robert LaBonte, 787-0237	ABCD -- Robert is back! And he will take us 25 - 40 miles. Loami is a possibility depending on winds. Plenty of other options and shorter distances available. Sangamon Valley Trail is an option for D riders. Don't forget to Spring ahead!
Wednesday March 13 5:00 p.m. - 7:00 p.m.	Cousin Eddie's Bar & Grill Fairhills Mall Gladys Hajek, 698-7626	NC -- Socializer. Join us for our March 13, 2013 SBC Socializer at Cousin Eddie's Bar & Grill. Free appetizers with cash bar. Greeter table near the door. Members and Potential members are welcome to participate. Come out and celebrate Lucky 13 again this month!
Saturday March 16 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday March 17 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Saturday March 23 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday March 24 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Harv Koplo, 899-9175	ABCD -- Harv will once again try to lead us on a ride to Grover Everett's memorial near Auburn. If it's too windy, Harv has other options. 30 or so miles. The trail is an option for D riders.
Saturday March 30 10:00 a.m.	Rochester Station Rt 29 & Walnut St Rochester Alan Josephson, 793-0590	ABCD -- Alan is back! Wind determines direction but plan on 25-40+ miles to Mechanicsburg or Edinburg or both. Lost Bridge Trail is always an option for D riders.
Sunday March 31 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go -- Ride the trails to Chatham or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.

Scheduled Rides and Events		<i>Check start times!</i>
Saturday April 6 10:00 a.m.	Rotary Park Iles & Archer Elevators Roads Dave Ross, 789-4823	ABC -- Join Dave on his early birthday ride. He will take us 40 miles with cutoffs for shorter distances. Destination will depend on the wind. There may be pie!
Sunday April 7 10:00 a.m.	Centennial Park Bunker Hill Rd Parking lot Cindy Moreno, 546-5852	Cindy plans to go 25 - 35 miles with the wind at our backs.

Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR.

NOTE: 'Other area ride' miles count for club miles, as they are organized rides.

Other Area Rides & Events		
Tuesdays starting April 2 5:40 p.m.	Fairhills Mall SW corner parking lot Monroe St Steve Schien, 741-8388	Salisbury Hills Ride. This is a non-affiliated road ride for A-level and B-level riders. A and B group leaders assist developmental riders. Riders are encouraged to leave as soon as there is a group of 15 or so. The route is challenging and hilly. Each group re-forms periodically. <i>Steve will personally lead and sweep for the 'A' group on April 2, 16, and 30.</i> If it rains, the ride will be held the next day (Wednesday). Ask Steve to be put on the email group or 'friend' him on Facebook to learn of date and time changes.
Wednesdays starting March 13 5:30 p.m.	Wheelfast 17 Cottonwood Dr Matt Saner, 483-7807	Wheelfast Road Ride. ABC — Intermediate training ride. Meet at the bike shop and plan on 16-20 miles.
Every other Wednesday starting April 10 5:30 p.m.	New City Church parking lot New City Rd Pawnee Steve Schien, 741-8388	New City Time Trials. This is a non-affiliated 10.85-mile time trial on Pawnee New City Road. Most riders are seeking to improve their cycling ability and personal time trial speed. All are welcome to participate. Check-in immediately after arriving. The goal is to send off the first rider at 6:00. Riders are started in 15-second intervals starting with the slower riders first. Bring \$2 for the timer. Ask to be put on the email group to learn of date and time changes.
Thursdays starting March 14 5:45 p.m.	Scheels 3801 S. MacArthur Blvd Michael Ritzer, 726-6330	Trail and Road Ride. A chance for fellow bike enthusiasts to get together and share their passion. This ride is intended for all levels of riders. Some riders stay on the trails for 10-12 miles while others add a road ride for 20-30 miles. A designated rider leader stays at the back of each riding group.
Thursdays starting April 4 5:40 p.m.	Fairhills Mall SW corner parking lot Monroe St Steve Schien, 741-8388	Salisbury Hills Ride. This is a non-affiliated road ride for A-level and B-level riders. A and B group leaders assist developmental riders. The route is challenging and hilly. Each group re-forms periodically. <i>The Thursday rides are all show-n-go rides, with no official leader.</i> Ask to be put on the email group to learn of date and time changes.

What is the League of Illinois Bicyclists (LIB)?

By Ed Barsotti, Executive Director, League of Illinois Bicyclists



LIB is a statewide bicycle advocacy organization working for better bicycling conditions in Illinois, through bike-friendly roads, more trails, education of cyclists and motorists, and more. The work of our staff (one full-time, two part-time) is made possible by 1400+ members – and by annual donations from Springfield Bicycle Club and other clubs.

Our efforts to advocate bike-friendly roads and towns include:

- 🚲 We advocate better road design policies, such as IDOT's Complete Streets policy and, now, county DOTs. Upcoming Dirksen and Wabash projects will benefit from IDOT's new policy.
- 🚲 As time permits, we provide detailed suggestions on specific upcoming road projects by IDOT and others.
- 🚲 At seminars, conferences, and college classes, LIB has trained over 1000 Illinois planners, engineers, and others on technical and strategic details of bike-friendly roads and municipal bike planning. For most, it's the first time they have received training on the topic. 50 attended our 2010 seminar in Springfield.
- 🚲 Whether as a consultant or simply as an advisor to city staff and/or interested residents, we have helped dozens of Illinois towns create plans to become more bike-friendly. As consultant for the Springfield area's recent plan, LIB provided detailed recommendations for a network of on- and off-road bikeways in the area.

We have helped save tens of millions of dollars for Illinois trails and other bike projects, such as the Sangamon Valley Trail. Our "watchdog" role regularly brings us to Washington, Springfield, and the Governor's office.

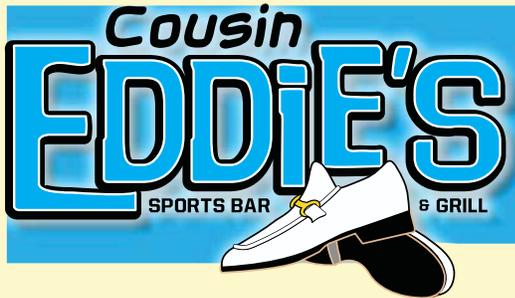
State legislature work has included proposal and passage of the 3-foot law (minimum clearance for motorists passing bikes, used mainly for education and crash prosecution) and Illinois' new Share the Road license plates.

Educating cyclists on skills and laws is important for safety, new riders' confidence – and bicyclists' public image:

- 🚲 We've sent nearly 1 million of our kids' safety sheets to elementary schools around the state, and our Train the Trainer seminars have taught 500 teachers, parents, and others how to teach bike safety to children.
- 🚲 Safety info has been distributed to adults via our Illinois Bicyclist Guide, bike law cards, and even the backs of our maps – such as the free Springfield Area Bicycle Map, produced with much SBC input.
- 🚲 We've partnered with the state drivers' education group to bring our lesson and professionally-produced video to classrooms, teaching new motorists how to more safely share the road with cyclists.
- 🚲 Now, we're creating a first-of-its kind, quiz-based online learning tool for Illinois schools, driver ed programs, and the general public. Modules for child and adult cyclists, plus motorists, will cover relevant laws and techniques. License plate income will fund promotion and participation incentives, for years to come.

continued on P12

**Springfield Bicycle Club
March Socializer
Wednesday, March 13, 2013
5 - 7 p.m.
at**



1951 West Monroe
Springfield, IL
(located in Fairhills Mall)
217-679-5777

LIB

from P11

Local cyclists, and bike clubs such as SBC, are our advocacy partners on several efforts above. SBC's Bill Donels and Karl Kohlrus are longtime LIB board members, and Lynn Miller used to work part-time with LIB.

Our thanks go out to SBC and area members who support our work! Check out LIB's work and resources at www.bikelib.org. We hope you'll become a member, too.

Secretary's Report



by Ken Anderson, Secretary

Renewals

- Donald Harvey & Family
- Larry & Cindy King
- Mark & Linda Flotow
- Alan & Harriett Josephson
- Bob Ayers
- Don & Kathy Henke
- William Bernard & Mary Harney

Renewals at Contributing Level

- Don Caspary & Family
- John & Johnny Sanford

Renewals at Sustaining Level

- Vaughn Morrison & Sherry Knight & Family

New Members

- Joe Deen
- Elisabeth Adams
- Pamela Hart

Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

Board Meeting Notes - February 6, 2013

by Stephen Paca, Recording Secretary

Present. Tom Clark, Ken Anderson, Stephen Paca, Jim Hajek, Gladys Hajek, Bill Donels, Alan Whitaker, Naomi Present. Tom Clark, Ken Anderson, Stephen Paca, Jim Hajek, Harv Koplo, Gladys Hajek, Bill Donels, Lynn Miller, Alan Whitaker, Naomi Greene, and Marty Celnick.

The meeting was called to order by Tom Clark at 7:14 p.m.

President's Remarks. No remarks.

Minutes. Jim Hajek made a motion to approve the January Board meeting minutes; Ken Anderson seconded the motion; and the Board approved the minutes. Stephen Paca distributed a draft of the minutes from the February Board meeting via e-mail, and he made corrections based on feedback.

Treasurer's Report. Jim Hajek distributed a copy of the Treasurer's Report and final CCC report prior to the meeting via e-mail. He reported a balance of \$16,978.45 for the period ending 01/31/13. Jim remarked that invoices for the purchase of awards for the winter party will be included in the February report. Ken Anderson made a motion to approve the Treasurer's Report; Alan Whitaker seconded the motion; and the Board approved the report.

Jim, Alan, and Ken discussed the separate tracking of member donations and membership registrations. Jim distributed a copy of a proposed 2013 budget, which Gladys Hajek prepared; the Board discussed several line items and suggested modifications to the budget. Harv Koplo made a motion to approve the 2013 budget; Ken Anderson seconded the motion; and the Board approved the budget.

Special Events Report. Harv Koplo reported on CCC activities. He will be meeting with the Marketing department at Springfield Clinic to discuss designs for the t-shirts, marketing materials, and possibly a new jersey. Harv plans to approach a few local businesses to become new sponsors for the 2013 CCC. LIB contacted Harv about a CCC brochure mailing, the Board discussed what might be done.

Legislative/Education Report. Bill Donels reported on plans for "Curb Your Car" week, scheduled for May. The Bicycle Advisory Council plans to circulate a petition for community leaders to sign to get support for asking the City to adopt the SATS Bicycle and Pedestrian Plan. Harv made a motion that the Springfield Bicycle Club resolves to publicly support and encourage the adoption of the Springfield Area Transportation Study Bicycle and Pedestrian Plan, and ask the City of Springfield and surrounding communities to take appropriate action to adopt the plan, and to work to become more bicycle and pedestrian friendly. Alan Whitaker seconded the motion; and the Board approved the motion.

Social Chair Report. Gladys Hajek reported that the Winter Party/Awards Banquet was successful, with even more people attending than last year. Gladys discussed the locations of upcoming socializers.

Incentive Chair Report. Naomi Greene conducted the Incentive Awards. Marty Celnick's New Year's Day ride was voted Ride of the Month for January. The Almost Anything Award was given to Gladys Hajek for organizing the Winter Party/Awards Banquet and to all the contributors to the slideshows. Marty Celnick's name was drawn for the monthly ride leader incentive award. Naomi proposed the idea of presenting an annual award to an external party for contributions to bicycling advocacy.

BOARD MEETING NOTES

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Ride Committee Report.

Tracey Hurley distributed a draft of the March ride schedule prior to the meeting via e-mail. Evening rides will resume in March.

Newsletter Editor Report. No report.

Webmaster Report. Alan Whitaker reported that he updated the front page of the club's website with information about the Winter Party/Awards Banquet and the upcoming socializer.

The meeting adjourned at 8:57 p.m. The next meeting is scheduled for Wednesday, March 6, 2013 at 7:00 p.m. at the home of Ken and Sandy Anderson.



To **join or renew your membership online,**

go to

www.spfldcycling.org/membership

and click on the **Active.com** link.

2012 NoBell Award - Kevin Greene

This year's NoBell goes to someone who:

- 🚲 Has been extremely active in the club since the late 1990s.
- 🚲 Has led countless rides.
- 🚲 Seeks to encourage others to take up bicycling.
- 🚲 Has held four different positions on our Board of Directors.
- 🚲 Has volunteered many times to assist with the Century, taking on many roles.
- 🚲 Is dependable and always follows through. Who stays calm when a crisis arises, and is a source of sage advice for others.
- 🚲 Has actively supported our club's Legislative and Educational advocacy efforts, attending many meetings, and contributing much to related planning efforts.
- 🚲 Someone who has the good fortune to have a supportive spouse who also helps promote bicycling. Last year they both attended a day-long bicycle planning meeting.
- 🚲 Someone who was a charter member of the City of Springfield's Bicycle Advisory Council, which advises the Mayor on ways to make Springfield a more bicycle-friendly city.
- 🚲 And who now serves as this Council's chair.
- 🚲 Someone who enjoys riding his recumbent to work and on club rides.

In other words, this year's NoBell goes to someone who has worked ceaselessly to promote bicycling as a "green" form of transportation and recreation in our region.

This year the Springfield Bicycle Club is pleased to announce the winner of the NoBell Award is ... Kevin Greene! Thank you, Kevin for your many contributions to our club, and to the advancement of bicycling in the greater Springfield area.

Springfield Bicycle Club Membership Application

New Member

Renewing Member

Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

Type of Membership (check one):

Individual: \$15 per year

Family: \$20 per year

Contributing: \$25 per year

Sustaining: \$50 per year

Patron: \$100 per year

Corporate: \$100 per year

Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of: Club e-mail announcements

Quick Release mailing (issues are available at www.spfldcycling.org)

I would like to help with SBC activities: Yes No

If yes, please check any specific areas of interest:

Lead bike rides

Help with social activities

Help with bicycle advocacy

Help w/ Capital City Century

Serve on the SBC Board

Other _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

*providing birth dates is optional, but recommended to help us keep track of club demographics.

<p><u>Mail with Check to:</u></p> <p style="text-align: center;">Springfield Bicycle Club Post Office Box 2203 Springfield, IL 62705</p>

Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705
Address Service Requested
Not for Commercial Use

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U.S. Postage Paid
Springfield, IL
Permit #800

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Treasurer

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Incentive Chair

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**QR Deadline is the
15th
of the month**

Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.