



the Quick Release

www.spfldcycling.org

August 2013

Call for CCC Volunteers

by Harv Koplo, Century Chair

The 41st annual Capital City Century is coming up on September 8, the Sunday after Labor Day. To make sure this year's CCC is another memorable one, we need your help! If you've volunteered before, we'd love to have **your** help again this year. Volunteering for the century is also a great way for new members to get to know their fellow bike club members. If there are enough volunteers, there's no reason you can't ride and help out as well.



This year's event will take place out of a new venue - the K of C Club on Iles and Meadowbrook on Springfield's west side.

If you enjoyed helping out in a particular volunteer job last year, here's a chance to get your "dibs" for 2013. If you enjoy working with a friend, give them a call and ask them to join you! We'll be calling club members in August about helping out with CCC. All "TBA" positions below need to be filled.

If you would like to volunteer, please get in touch with me, Harv Koplo, my Food Chair Annette Chinuge, or with one of our subcommittee chairpersons:

EVENT/CENTURY CHAIR: Harv Koplo

899-9175 or [harv\(at\)avromsystems.com](mailto:harv(at)avromsystems.com)

Subcommittee Chairs:

- 🚲 Registration: Alan Whitaker
494-6807 or [webmaster\(at\)spfldcycling.org](mailto:webmaster(at)spfldcycling.org)
- 🚲 T-shirts: Cindy Kvamme
744-8864 or [cindykvamme\(at\)att.net](mailto:cindykvamme(at)att.net)
- 🚲 Historic Sites Ride: Kevin & Naomi Greene
698-7627 or [kngreene\(at\)comcast.net](mailto:kngreene(at)comcast.net)
- 🚲 Marketing: Tom Clark
726-5560 or [president\(at\)spfldcycling.org](mailto:president(at)spfldcycling.org)
- 🚲 Road Marking: Phil Windell
824-8764 or [phillip.windell\(at\)live.com](mailto:phillip.windell(at)live.com)
- 🚲 Traffic direction: TBA
- 🚲 Family Ride: TBA
- 🚲 SAG/Signs: Tom Clark
726-5560 or [president\(at\)spfldcycling.org](mailto:president(at)spfldcycling.org)

FOOD COMMITTEE CHAIR: Annette Chinuge

899-9175 or annette@avromsystems.com

Subcommittee Chairs:

- 🚲 Knights of Columbus Food: Annette Chinuge
899-9175 or annette@avromsystems.com
 - ☆ Deb Cooper, House Manager
 - ☆ Annette Chinuge & Robert Labonte, Food Managers
- 🚲 Loami Rest Stop: Ken Anderson
522-3876 or [secretary\(at\)spfldcycling.org](mailto:secretary(at)spfldcycling.org)
- 🚲 Auburn Food Stop: Sue Hack
546-4514 or [shack3\(at\)comcast.net](mailto:shack3(at)comcast.net)
- 🚲 Baked Goods: Stephen Paca & Kristina Mucinskas
766-2604 or [recording\(at\)spfldcycling.org](mailto:recording(at)spfldcycling.org)

If you cannot volunteer your time that day, please consider supplying some baked goods for the food stops when you are contacted about doing so.



Secretary's Report

by Ken Anderson, Secretary

Renewals

- 🚲 Edward Cunningham
- 🚲 Don & Lynda England
- 🚲 Ric Thompson & Luz Lopez
- 🚲 Lance & Lisa Kidd
- 🚲 Diane Long
- 🚲 Jim Melville
- 🚲 Deb Cooper
- 🚲 Richard Regan & Family
- 🚲 John & Jody Day
- 🚲 Stan Gralnick & Laurel Garber
- 🚲 Louie Spinner
- 🚲 Jerome Themig
- 🚲 Scott & Stephanie Sievers
- 🚲 Rich Saal & Family
- 🚲 Shaun Lu

Renewals at Contributing Level

- 🚲 Frances King
- 🚲 David Banks
- 🚲 Lyn Schollett & Cindy Tubbs

Renewals at Sustaining Level

- 🚲 Ed Doornbos & Marilyn Okon

New Members

- 🚲 Marty Vandiver & Family
- 🚲 Kimberly Benckendorf
- 🚲 Phil Stenberg & Family
- 🚲 Brad Clearwater & Family

Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.



To join or renew your membership online,

go to

www.spfldcycling.org/membership

and click on the **Active.com** link.



"SBC Cycling Challenge"

2 down, 3 to go

3rd Challenge Ride: August 4

4th Challenge Ride: August 25

5th and Final Challenge Ride:
September 8 at the CCC

For more information, go to:

<http://www.spfldcycling.org/challenge.htm>

President's Column

by Tom Clark, President

August is here, and the dog days of summer are upon us. We have some great rides this month. **Derek & Brigetta Ewing's** SBC Great Cycling Challenge continues with 2 great rides in August. Challenge #3 is August 4, featuring a century route from Rochester to Decatur and back, and shorter 55 and 24 mile options. Challenge #4 is August 25, when the century route takes riders from Chatham to Taylorville and back, with 55 and 27 mile options as well. These unsupported rides are both free, so bring money to purchase food and drinks along the way. The last event in this series will be Cycling Challenge #5, the Capital City Century on September 8.

The Capital City Century is our signature event of the year. **Harv Koplo** leads the event as Century Chair, with **Annette Chinuge** serving as Food Chair. The CCC features food and water stops, SAG and Radio Club support, baked goods, marked routes, and a post pedalin' party with a full meal and libations—all included in the cost of online, mail-in or day of event registration. This year we have a new venue, the **Knights of Columbus @ Iles & Meadowbrook**. This new location will allow us to include a 10-mile family-oriented ride on the Sangamon Valley Trail.

SBC volunteers are what makes the CCC a very special event. If you are interested in volunteering, please contact your area chair (see **Call for CCC Volunteers**, page 1) or Century Chair Harv at events@spfldcycling.org or 899-9175 (cell). We will be contacting prior year volunteers in early August. Our annual meeting of the Capital City Century Committee will be held on Wednesday, August 7 at 6:30 p.m., before the Board meeting.

Save the date!—we'll be holding our Annual Meeting and Socializer on September 25 at Maldaner's upstairs. This will be a chance for members and potential members to socialize post-CCC. A brief annual meeting at 6:30 p.m. will precede the socializer from 7:00 to 9:00 p.m, where we will elect & install our 2013-14 board, and get your input on our plans for the future.

VP-Rides **Tracey Hurley** has put together another great ride schedule in August, which in addition to Challenges #3 and #4, includes **Mike Eymann's** out-of-town group ride on the Bloomington, Illinois trail system on August 3, **Marty Celnick's** sleep-in ride (at 9 a.m.) on August 10, and a Rotary Park ride on August 11 led by first-time ride leader **Ted Sunder**. Thanks to **Ken Anderson, Mark Rabin, Dave Ross,** and Tracey for also leading rides this month.

The weekend & holiday A-level rides organized by **Lisa Kidd** are a great option for extremely strong and competitive riders with expert bike handling skills. As such, they compliment our (typically) slower-paced, shorter weekend & holiday Club rides.

See you on the road or trail!—Tom





Incentive Report

by Naomi Green, Incentive Chair

RIDE OF THE MONTH: Charlie Witsman's ride from Lake Taylorville was voted as June's Ride of the Month. Charlie led riders on Grover Everett's first Randonneurs USA-approved 200 km route which consisted of a 100 km route and shorter cutoffs. Eighteen riders rode from 14 to 58 miles. The ride developed into a commemorative ride in honor of Grover Everett and meant a lot to Charlie and the other participants. Charlie says he hopes to make this an annual ride. Thanks, Charlie!

ALMOST ANYTHING AWARD: The June Critical Mass ride – a local unorganized ride – resulted in an interesting predicament. A handful of riders rode around downtown for a bit before heading north on Walnut Street. One of the riders was a young man on a mountain bike, which had seen its share of rough rides. After hitting some bumps in the road, his rear tire went flat. Then, like a Tour de France team support - three riders promptly went into action. Kevin Greene took the rear tire off; Harv Koplo took the tube off; Alan Escobar also helped with the inner tube and tried to find the source of the leak. Unlike the Tour de France - there were a few snags.

First, the pit crew wrestled with locating the leak in the tire. Then, the rider turned out not to have a spare tube, thankfully Judith White (a Bike Academy alum) had one that matched and volunteered it. Next, two hand pumps proved less than efficient, to the point where Harv tried to determine whether the tire was CO2 cartridge-worthy. But Judith came to the rescue again with a good pump. After pumping, changing the tire, and getting the rider set to roll, rather than finishing the ride, he thanked everyone and was last seen riding off into the sunset. P.S. Judith's tube did get replaced the next day! Thanks to all the Good Samaritans!

MONTHLY RIDE LEADER INCENTIVE DRAWING: Lyn Schollett won this month's drawing for ride leader incentive. Lyn receives a \$50 gift certificate to the bike shop of her choice.

Any rider or member can nominate rides or leaders for the above recognition. Please send nominations or ride anecdotes to incentive (at) spfldcycling.org



SAVE THIS DATE:
SEPTEMBER 14, 2013

The Ride will take place on Saturday, September 14, 2013.
Courses available will be 20, 25, 36 or 62.

Money raised from this ride will go to the Waverly Volunteer Fire and Rescue squad.

\$20. Food and beverages before and during ride. Meal provided after ride.

Check in 7 a.m. to 9 a.m. – Riders may start at any time.

For more information:
<https://www.facebook.com/TourDeTrauma>

August 2013 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at www.spfldcycling.org. Unless otherwise indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

RIDE CLASSIFICATIONS	
Code	Definition
NC	Non-Cycling events.
MB	Rides suitable for mountain bikes.
EZ	For riders who prefer a pace under 10 mph. These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.
D	For novice or recreational riders. Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leaders or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.
C	For competent riders with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12-15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.
B	For strong, experience riders with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.
A	For extremely strong and competitive riders with expert biking handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper (records@spfldcycling.org).

Questions about leading a ride? Contact vp@spfldcycling.org .



Weekday Daytime Rides		Check start times!
Monday 10:00 a.m.	Lewis Memorial Park Koke Mill Rd Robert LaBonte, 787-0237	MB – Meet at the pavilion and ride the church trails for an hour or so. This ride will be at an easy pace and is suitable for beginner and intermediate riders. Ride is dependent on trail conditions so call Robert for details.
Monday thru Friday 9:00 a.m.	Morning Geezer Ride Washington Park Pavillion on the South side of the park Tom Clark, 726-5560 Note location change	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Tom shows up often enough for this ride that he should be able to answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper. *Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride Lake Taylorville parking lot Rt 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr. & Crusaders Rd. Tom Clark, 726-5560 Dave Ross 789-4823	BC – Westside Lunch Ride. Dave or Tom will hit the trails or go out in the country.
Weekday Evening Rides		Check start times!
Mondays 5:45 p.m. NOTE TIME	E End Wabash Trail By Sonic Alan Whitaker, 494-6807	BC — Leave from the east end of the trail at 5:45 p.m. Those riding from Parkway Point will start a few minutes earlier to allow time to sign in. This popular ride will get you 16 miles from Sonic or 21 miles from Parkway Point.
Tuesday 6:00 p.m.	Capitol Visitor's Center College & Edwards Streets Kevin Greene, 793-9622 NOTE LOCATION CHANGE	EZ – Meet in the parking lot and ride 10 miles at a relaxed pace through city neighborhoods. Those interested will meet for dinner afterwards at a local restaurant.
Tuesday 6:00 p.m.	IDOT Dirksen Pkwy & Ash St Show-N-Go	BCD – Show-N-Go along the Lost Bridge Trail. Turn miles in to the club records keeper.
Wednesday 6:00 p.m.	Centennial Trail South End Parking Lot Bunker Hill Rd Linda Butler, 899-7165	BCD – Ride the trail for 12 or add a low traffic county road to the airport for a total of 15.
Thursday 5:45 p.m.	Parkway Pointe Theater Lindbergh & Robbins Rd Show-N-Go	BCD – Show-N-Go along the Wabash and Interurban Trails. Turn miles in to the club records keeper.
Thursday 5:30 p.m.	IDOT Dirksen Pkwy & Ash St Cindy Kvamme, 744-8864	BCD – Ride the Lost Bridge Trail for 10-14 miles.
Mon., Tues., Wed., and Thursday 6:00 p.m.	Pana Trail Lake Taylorville parking lot Rt 29 Charlie Witsman, 299-7038	Show-N-Go – Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions.
Weekend Daytime Rides		
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 341-6181	Weekend A-Ride. This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. *Disclaimer: Schedule sometimes changes due to weather. Please call ahead.
Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 341-6181	Weekend A-Ride. See Saturday Weekend A-Ride description. *Disclaimer: Schedule sometimes changes in fall due to weather. Please call ahead.

Scheduled Rides and Events		<i>Check start times!</i>
Saturday August 3 8:30 a.m. NOTE TIME	King Pin Lanes Sangamon Ave Mike Eymann, 638-0178	ABC – Bloomington Trail Ride . Mike has a soft trail ride planned so that everybody can save their energy for tomorrow's Century Challenge. Meet at King Pin Lanes and carpool to Bloomington. Many options for distances.
Saturday August 3 8:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	Show-N-Go – For those of you who are not going to Bloomington, you can ride to where ever you want. Turn in your miles to the Club records keeper.
Sunday August 4 8:00 a.m.	Rochester Station Walnut St Rochester Derek & Brigetta Ewing, 624-2016	ABCD – Century Challenge #3 . Ride along with others for 24 or 55 miles, or the Challenge route of 101 miles to Decatur. Food and rest stops along the way. Cost: Free! You may want to purchase food and drinks along the way. Additional information at www.spfldcycling.org . For routes go to: 24 Mile - http://ridewithgps.com/routes/2563503 55 Mile - http://ridewithgps.com/routes/2563529 101 Mile - http://ridewithgps.com/routes/2563533
Wednesday August 7 6:30 p.m. – Century 7:00 p.m. – Board	Residence 2301 Sangamon Ave Ken Anderson, 522-3876	NC – CCC Chairs Meeting at 6:30 p.m. followed by the Board Meeting at 7:00 p.m. All SBC members are invited to attend the Board meetings.
Saturday August 10 9:00 a.m. NOTE TIME	Vredenburg Park Saxon Dr & Crusaders Rd Marty Celnick, 522-4206	ABC – Marty's sleep in Ride. Marty wants to sleep in today. Wind will determine the destination. Plan on around 40 miles with cutoffs.
Sunday August 11 8:00 a.m.	Chatham Community Park 760 S. Main Chatham Mark Rabin, 836-8500	ABC – Mark has a great route planned that we didn't get to do in June because of the weather. 40ish miles with shorter options.
Saturday August 17 8:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	ABC – Plan on around 40 miles with the wind determining direction. There will be shorter options.
Sunday August 18 8:00 a.m.	Rotary Park Iles and Archer Elevator Ted Sunder, 698-9194	ABC – Ted has 40ish miles with cutoff options planned for his inaugural ride leader event.
Saturday August 24 8:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Ken Anderson, 522-3876 Kevin Greene, 793-9622	ABCD– Ken will take us to Auburn for 35 miles. Kevin will lead the D riders to the Apple Barn.
Sunday August 25 8:00 a.m.	Chatham Community Park 760 S. Main Chatham Derek & Brigetta Ewing, 624-2016	ABCD – Century Challenge #4 . Ride along with others for a 27 or 55 miles, or the Challenge route of 103 miles to Taylorville. Food and rest stops along the way. The cost of the challenge is free although you may want to purchase food and drinks along the way. Additional information at www.spfldcycling.org . For routes go to: 27 mile - http://ridewithgps.com/routes/2633119 55 mile - http://ridewithgps.com/routes/2633246 103 mile - http://ridewithgps.com/routes/2633401
Saturday August 31 8:00 a.m.	Rotary Park Iles and Archer Elevator Dave Ross, 789-4823	ABC – Join Dave for 40+ miles with shorter distances available. He is going to let the wind determine our destination. There may be pie!
Sunday September 1 9:00 a.m. NOTE TIME	Waldrop Park Andrews Rd Sherman Robert LaBonte, 787-0237	ABC – Brunch with Robert. Ride to Athens and have brunch at Grant's Homestyle Café. 40 or so miles. Shorter options available but you'll miss brunch.
Monday September 2 8:00 a.m.	Rotary Park Iles and Archer Elevator Tom Clark, 726-5560	ABC – Celebrate Labor Day by riding 40 – 50 miles to Pleasant Plains with Tom. Shorter distances available. It's not laborious if you ride with your friends.

Scheduled Rides and Events		Check start times!
Monday September 2 8:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 341-6181	Holiday A-Ride. See Saturday Weekend A-Ride description. Schedule sometimes changes. Please call ahead.
Saturday Sept. 7 9:00 a.m to 3:00 p.m.	Residence 1120 W. Edwards St. Stephen Paca, 766-2604	NC - CCC Baked Goods Drop Off. Drop off cookies and other home made goodies at Stephen and Kristina's home for the CCC ride on Sunday.
Saturday September 7 1:00 p.m.	State Capitol Visitors' Center 425 S. College St. (west of the Stratton Building across College Street) Naomi & Kevin Greene, 793-9622	EZ – Historical Sites Ride. Naomi and Kevin will lead an 8 mile tour of Springfield historic sites the day before the Capital City Century. The ride will last approximately two hours.
Sunday September 8 7:00 a.m.	Center Park Beach House 100 Long Bay Shore Drive Lake Springfield Harv Koplo, 899-9175	ABCD – 41st Annual Capital City Century/SBC Great Bicycle Challenge #5. 25, 40, 62, 80 and 100 mile routes over flat to slightly rolling terrain. Registration beings at 6:30 am. Includes SAG service, multiple food stops and “post-pedal'n” party free to registered participants. SAG service ends at 4:00 pm; all riders are asked to be off the route by that time.

Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR.

NOTE: 'Other area ride' miles count for club miles, as they are organized rides.

Tuesday 5:40 p.m.	Fairhills Mall SW corner parking lot Monroe St Steve Schien, 741-8388	Salisbury Hills Ride. This is a non-affiliated road ride for A-level and B-level riders. A and B group leaders assist developmental riders. Riders are encouraged to leave as soon as there is a group of 15 or so. The route is challenging and hilly. Each group re-forms periodically. Steve will personally lead and sweep for the 'A' group on August 6 & 20. If it rains, the ride will be held the next day (Wednesday). Ask Steve to be put on the email group or 'friend' him on Facebook to learn of date and time changes.
Tuesday & Thursday 5:45 p.m.	BikeTek 957 Clock Tower Dr Ray Caruso, 891-5464	Bike Tek Road Ride. There will be two separate rides -- a 15-mile route and a 26-mile route with each consisting of two levels starting at the same time.
Wednesday 6:10ish p.m.	Wheelfast 17 Cottonwood Dr Matt Saner, 483-7807	Wheelfast Road Ride. ABC — Intermediate training ride. Meet at the bike shop and plan on 16-20 miles. The ride will begin when the shop is closed and locked up for the evening.
Every other Wednesday August 14 & 28 5:30 p.m.	New City Church parking lot New City Rd Pawnee Steve Schien, 741-8388	New City Time Trials. This is a non-affiliated 10.85-mile time trial on Pawnee New City Road. Most riders are seeking to improve their cycling ability and personal time trial speed. All are welcome to participate. Check-in immediately after arriving. The goal is to send off the first rider at 6:00. Riders are started in 15-second intervals starting with the slower riders first. Bring \$2 for the timer. Ask to be put on the email group to learn of date and time changes.
Thursday 5:45 p.m.	Scheels 3801 S. MacArthur Blvd Michael Ritzer, 726-6330	Trail and Road Ride. A chance for fellow bike enthusiasts to get together and share their passion. This ride is intended for all levels of riders. Some riders stay on the trails for 10-12 miles while others add a road ride for 20-30 miles. A designated rider leader stays at the back of each riding group.
Thursday 5:40 p.m.	Fairhills Mall SW corner parking lot Monroe St Steve Schien, 741-8388	Salisbury Hills Ride. This is a non-affiliated road ride for A-level and B-level riders. A and B group leaders assist developmental riders. The route is challenging and hilly. Each group re-forms periodically. The Thursday rides are all show-n-go rides, with no official leader. Ask to be put on the email group to learn of date and time changes.
Friday August 30 5:30 p.m.	State Capitol Visitors' Center 425 S. College St (west of the Stratton Building) Alan Escobar, 638-9523	EZ – Critical Mass Ride. Ride for about 1 hour at a slow pace. Suitable for all bikes.

Board Meeting Minutes - July 10, 2013

by Stephen Paca, Recording Secretary

Present. Tom Clark, Tracey Hurley, Ken Anderson, Stephen Paca, Jim Hajek, Harv Koplo, Gladys Hajek, Lynn Miller, Alan Whitaker, Naomi Greene, Marty Celnick, Mike Schwab, and Michael Higgins.

The meeting was called to order by Tom Clark at 7:17 p.m.

President's Remarks. Tom Clark welcomed Michael Higgins to the meeting. Harv Koplo thanked Lynn Miller for his radio interview about the bicycle pedestrian plan.

New Business. Michael presented an idea for a late night bike ride similar to the one held in St. Louis. The ride would be in early October and for this first year it would be a club ride. The plan for following years would be to secure sponsorship and traffic support; and to open the ride to the public, with registration fees and proceeds going towards fundraising. Ken Anderson made a motion to accept Michael's proposal for a late night bike ride in October; Harv seconded the motion; and the Board approved the motion.

Minutes. Naomi Greene made a motion to approve the June Board meeting minutes; Jim Hajek seconded the motion; and the Board approved the minutes. Stephen Paca distributed a draft of the minutes from the July Board meeting via e-mail, and he made corrections based on feedback.

Treasurer's Report. Jim Hajek distributed the Treasurer's Report and Annual Budget Second Quarter Report prior to the meeting via e-mail. He reported a balance of \$11,651.54 for the period ending 06/30/13. Naomi motioned to approve the Treasurer's Report; Ken seconded the motion; and the Board approved the report. Jim led a discussion about the updated budget report and encouraged Board members to think about any categories that need to be added to next year's budget.

Special Events Report. Harv reported that he and Tom visited the Village Board of Loami to propose that the CCC route go through their town. The club will post signs in Loami in the week prior to the event. Harv presented an idea for using inflatable signage at key points on the route. Re: food, Harv ordered 700 brats and has secured volunteers for front and back of house managers for the K of C hall. The second round of CCC jersey orders will close on July 21st, so that the next order will arrive before the event. Naomi suggested that Harv bring the sizing kit to the club's annual summer picnic on the 21st. Alan Whitaker reported that there are currently 40 CCC registrations, mostly from online registration. Harv presented an idea for painting a bike lane as part of the Paint The Streets downtown art event.

Legislative/Education Report. Lynn Miller reported that the plan for a bike path on Stanford Ave has the path running on the north side of Stanford, from Bunn Park east to Fox Bridge Rd. This will allow residents to continue parking on the south side of the street. Lynn reminded the Board about the upcoming IDOT bike plan meeting on Wednesday, July 17th 6:30pm at Lincoln Library.

Social Chair Report. Gladys Hajek reported on summer picnic planning activities. Tom and Harv will help gather reusable supplies. People who volunteered to ask the local bike shops for door prizes will follow up on that.

Incentive Chair Report. Naomi Greene conducted the Incentive Awards. Charlie Witsman's ride was voted Ride of the Month for June. The Almost Anything Award was given to Harv Koplo, Kevin Greene, and Alan Escobar for helping a rider change his flat tire at the Critical Mass ride. Lyn Schollett's name was drawn for the monthly Ride Leader Incentive award.

Naomi presented her proposal to update the incentive awards rules. The proposal includes: removing the Rider of the Month award; amending Ride of the Month to state that it can be awarded multiple times a calendar year to the same ride leader, but not in consecutive months; amending the Monthly Ride Leader Incentive Drawing to state that recipients cannot win in consecutive months, so ride leaders will not be entered into the drawing the month after they have won it. Alan made a motion to approve the updated incentive awards rules; Ken seconded the motion; and the Board approved the motion.

Ride Committee Report. Tracey Hurley distributed copies of the draft ride schedule for August and asked for volunteers to fill in the few remaining spots.

Newsletter Editor Report. Gladys asked about including pictures from the socializers in the QR; she will talk to Shirley about it.

Webmaster Report. Alan reported that he plans to send out another e-mail announcement soon and asked for suggestions on what events to include in the message.

Other New Business. Marty mentioned incidents of broken glass on the Interurban Trail and asked for ideas on what could be done about it. Tracey conveyed a suggestion to the club that some members get certified in CPR.

The meeting adjourned at 9:18 p.m. The next meeting is scheduled for Wednesday, August 7th, 2013 at 7:00 p.m. at the home of Ken and Sandy Anderson.

*Through October 31, 2013, anyone **riding their bicycle to Maldaner's for lunch or dinner and parking in front of the restaurant** will get a 10% discount on their meal (excluding alcohol, gratuity and tax).*

Help make downtown Springfield a more bicycle-friendly place—ride to Maldaner's with your friends!

—Chef Michael Higgins

Maldaner's
Since 1884
RESTAURANT

222 S. 6th St ♦ Springfield IL ♦ (217)522-4313

Springfield Bicycle Club Membership Application

New Member

Renewing Member

Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

Type of Membership (check one):

Individual: \$15 per year

Family: \$20 per year

Contributing: \$25 per year

Sustaining: \$50 per year

Patron: \$100 per year

Corporate: \$100 per year

Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of: Club e-mail announcements

Quick Release mailing (issues are available at www.spfldcycling.org)

I would like to help with SBC activities: Yes No

If yes, please check any specific areas of interest:

Lead bike rides

Help with social activities

Help with bicycle advocacy

Help w/ Capital City Century

Serve on the SBC Board

Other _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

*providing birth dates is optional, but recommended to help us keep track of club demographics.

Mail with Check to:

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Springfield, IL 62705

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494-6807
webmaster(at)spfldcycling.org

Dave Lucas
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at-large(at)spfldcycling.org

Board Secretary

Ken Anderson
522-3876
secretary(at)spfldcycling.org

Records

David McDivitt
787-5964
records(at)spfldcycling.org

QR Editor

Shirley Baer
488-2160
editor(at)spfldcycling.org

Marty Celnick
522-4206
at-large(at)spfldcycling.org

Recording Secretary

Stephen Paca
766-2604
recording(at)spfldcycling.org

Social Chair

Gladys Hajek
social(at)spfldcycling.org

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Naomi Greene
793-9622
incentive(at)spfldcycling.org

**QR Deadline is the
15th
of the month**

Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.