



the Quick Release

www.spfldcycling.org

December 2013

Incentive Report

by Stephen Paca, Incentive Chair

RIDE OF THE MONTH: The inaugural Moonlight Ramble, organized by Michael Higgins, was voted as Ride of the Month for October 2013. The ride started and ended at Obed & Isaac’s microbrewery, where Michael treated riders to a post-ride beverage. Braving the rain, over 50 riders participated, riding up to 12 miles on the streets through downtown and the surrounding neighborhoods. The mass of cyclists with their blinkies was a sight to see! Michael wants to make this tradition in Springfield--similar to midnight rides in other cities--and next year he plans to make this an event that is open to the general public, with official support from the city. Thanks for putting together a great ride and we’re looking forward to an even bigger event in 2014!

ALMOST ANYTHING AWARD: The November AAA goes to Roger Schnelten and his family for hosting the 35th annual Oktoberfest. Riders rode up to 30 miles on a route through Rochester and around Lake Springfield before returning to the Schnelten home to enjoy a variety of grilled foods and a tasty selection of Oktoberfest beers. Over the course of the day there was a huge turnout of party attendees and the bonfire kept everyone warm as the temperature dropped at night. Thanks, Roger, for hosting a wonderful social event year after year--cheers to many more Oktoberfests!

MONTHLY RIDE LEADER INCENTIVE DRAWING: Tracey Hurley’s name was drawn for the monthly ride leader incentive award. She will receive a gift certificate to a local bike shop of her choice. Congratulations, Tracey, on your first monthly incentive award win and thanks for being a ride leader! ***Any rider or member can nominate rides or leaders for the above recognition. Please send nominations or ride anecdotes to incentive (at) spfldcycling.org***



SAVE THE DATE

2013 Awards Banquet -- Winter Party
Friday, January 24, 2014
Maldaner’s Restaurant
(details to follow in the January Newsletter)

What’s Inside

Incentive Report	1
Secretary’s Report	2
President’s Column.....	3
2013 NoBell Award Nominations	4
Ride Schedule	5-7
Other Area Rides	8
Board Meeting Minutes	9-10
Membership Application	11
Board Directory	Back Cover



Secretary's Report

by Alan Whitaker, Secretary

Renewals

- 🚲 Don Daniels
- 🚲 Judy Ship
- 🚲 Dennis and Nancy Tucker
- 🚲 Bill and Dara Voss

Renewals at Sustaining Level

- 🚲 Marty Celnick
- 🚲 Barbara and Mark Rabin
- 🚲 Blaine Redemer
- 🚲 Loren Easter and Magdalena Rosol

New Members

- 🚲 Debra Gonzalez

Thanks to all for
your support of the
SBC and bicycling!!
Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.



To join or renew your
membership online, go to

www.spfldcycling.org/membership

and click on the **Active.com** link.

President's Column

by Tom Clark, President

Well, another year has come and gone! Isn't it amazing how time flies? A number of cycling milestones were achieved in 2013, including County and City approval of the Springfield Area Bicycle & Pedestrian Plan, and another great Cycling Challenge series and Capital City Century.

Mark your calendars! Social Chair **Gladys Hajek** is hosting the **Winter Party & Awards Banquet** at Maldaner's on Friday, January 24. A "save the date" appears in this month's QR. A more detailed announcement will appear in the January QR. The Cycling Challenge medals, Spinner Awards and NoBell Award are presented at this event, which includes a buffet dinner.

*Send us your **NoBell Award** nominations by December 20!* See the article in this month's QR, which includes contact information for recent NoBell recipients who will choose the new awardee. The NoBell is our lifetime award, given **in recognition of significant contributions in promoting and supporting bicycling with the Springfield community**. In making a nomination, it is helpful to provide evidence that illustrates the contributions and character of the nominee. See the list of prior recipients at: http://www.spfldcycling.org/NoBell_listing.htm.

Gladys says that our next **SBC Socializer** will be held on Wednesday, December 11 at the Dublin Pub on Wabash. We'll have free appetizers. Members and potential members are welcome! About 30 members and friends attended our November Socializer at Fulgenzis in Springfield.

Our winter rides on weekends and holidays are all Show-N-Gos, with two exceptions: annual rides, such as the New Years Ride, where we contact last year's leader; and rides that a club member asks us to schedule, while volunteering to act as ride leader. This year, we have a full Ride Committee that will schedule rides through October 2014. Each member has pledged to schedule rides for a month or two. I will act as committee chair until a Vice President is named.

Want to lead a scheduled ride this winter? Please email me at president@spfldcycling.org.

We are looking for a Vice President—otherwise, we have a full Board once again. Since **the Ride Committee will handle most scheduling issues**, we'd like to recruit a VP who has a passion about **promoting bicycling in all of its manifestations** (our mission), and who is willing to take leadership on a specific aspect of **helping Springfield become a Bicycle Friendly Community** (our current goal). Contact me if you're interested, or know someone who might be.

We have no scheduled leader-led rides in December. We look forward to the New Years Day Ride led by **Marty Celnick** and the Open House hosted by **Marty & Christa Morris**. The weekend and holiday Show-N-Go A-Rides organized by **Lisa Kidd** will continue in the winter. These A-Rides are intended for extremely strong and competitive riders averaging 19+ mph. As such, they complement our moderately paced club rides.

See you on the road or trail!—Tom



Nominations Needed for 2013 NoBell Award

Nominations are now being accepted for the 2013 NoBell Award. This is perhaps the highest honor that the Springfield Bicycle Club bestows each year: to recognize an individual who has made a significant contribution to bicycling in the Springfield area. The origin of the award's name is somewhat murky, but presumably involves the prestige of the international Alfred Nobel Prize and the more specific bicycling reference to a Bell helmet, one of the first truly effective cycling helmets.

While there are no formal requirements for being nominated for this prestigious award, the award committee takes into account the length of time the nominee has been involved in cycling and the contributions he/she has made within the local cycling community. Past award recipients have been recognized for going above and beyond normal levels of support and enthusiasm for bicycling. They have worked tirelessly to promote bicycling, contribute much to the club, and are admired and respected by their peers.

Nominations for this year's award should be submitted to one of the members of the 2013 NoBell Selection Committee, which is comprised of former NoBell recipients. Currently, the members of this committee are: Kevin Greene, Brigetta Ewing, Tom Clark, Bill Donels, and Robert LaBonte. You can make your nominations in person, by e-mail, by phone or by snail mail, but the nominations should all be received by no later than December 20th.

To assist the NoBell Selection Committee in their task of reviewing nominations for 2013, it is recommended that you submit a brief narrative supporting your nomination, although this is not a requirement. The committee will do some research on their own before arriving at a winner for this year. Little-known information about a nominee is always appreciated and makes for a more informative and potentially a more entertaining formal announcement of the winner.

Past winners of this prestigious award are:

1982 – Rich Huelskoetter	1983 – Greg Lakebrink	1984 – Louie Spinner
1985 – Dean Wisleder	1986 – Dave Ringland	1987 – Bud Cline
1988 – John & Marcy Werthwein	1989 – Dave Stjern	1990 – Mike Becker
1991 – Karl Kohlrus	1992 – Theresa DeLeon	1993 – Dave Heaps
1994 – Ernie DeFrates	1995 – Garland Stevens	1996 – Derek Ewing
1997 – Alan Josephson	1998 – Dave Lucas	1999 – Linda Butler
2000 – Mark Flotow	2001 – Don Struck	2002 – Lance & Lisa Kidd
2003 – Chuck Orwig	2004 – Cathy Yeaman	2005 – Cindy Kvamme
2006 – Lynn Miller	2007 – Robert LaBonte	2008 – Elston Family
2009 – Bill Donels	2010 – Tom Clark	2011 – Brigetta Ewing
2012 – Kevin Greene		

Please give this some careful thought and get your nominations in to a committee member by no later than Dec. 20th. Your support and input are needed and greatly appreciated.

Thanks – The NoBell Selection Committee.

December 2013 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at www.spfldcycling.org. Unless otherwise indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

RIDE CLASSIFICATIONS	
Code	Definition
NC	Non-Cycling events.
MB	Rides suitable for mountain bikes.
EZ	For riders who prefer a pace under 10 mph. These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.
D	For novice or recreational riders. Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leaders or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.
C	For competent riders with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12-15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.
B	For strong, experience riders with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.
A	For extremely strong and competitive riders with expert biking handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper (records@spfldcycling.org).

Questions about leading a ride? Contact vp@spfldcycling.org .



Weekday Daytime Rides		Check start times!
Monday 10:00 a.m.	Lewis Memorial Park Koke Mill Rd Robert LaBonte, 787-0237	MB – Meet at the pavilion and ride the church trails for an hour or so. This ride will be at an easy pace and is suitable for beginner and intermediate riders. Ride is dependent on trail conditions so call Robert for details.
Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Pavillion on the South side of the park Pete Gudmundson, 523-8200 Note location change	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Pete shows up often enough for this ride that he should be able to answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper. *Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride Lake Taylorville parking lot Rt 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr. & Crusaders Rd. Tom Clark, 726-5560 Dave Ross 789-4823	BC – Westside Lunch Ride. Dave or Tom will hit the trails or go out in the country.
Weekday Evening Rides		Check start times!
Tuesday 6:00 p.m.	IDOT Dirksen Pkwy & Ash St Show-N-Go	BCD – Show-N-Go along the Lost Bridge Trail. Turn miles in to the club records keeper. Lights required.
Thursday 6:00 p.m.	Parkway Pointe Theater Lindbergh & Robbins Rd Show-N-Go	BCD – Show-N-Go along the Wabash and Interurban Trails. Turn miles in to the club records keeper. Lights required.
Mon., Tues., Wed., and Thursday 6:00 p.m.	Pana Trail Lake Taylorville parking lot Rt 29 Charlie Witsman, 299-7038	Show-N-Go – Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions. Lights required.
Weekend Daytime Rides		
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 341-6181	Weekend A-Ride. This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. *Disclaimer: Schedule sometimes changes due to weather. Please call ahead.
Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 341-6181	Weekend A-Ride. See Saturday Weekend A-Ride description. *Disclaimer: Schedule sometimes changes due to weather. Please call ahead.
Scheduled Rides and Events		Check start times!
Saturday, November 30 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go -- Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.

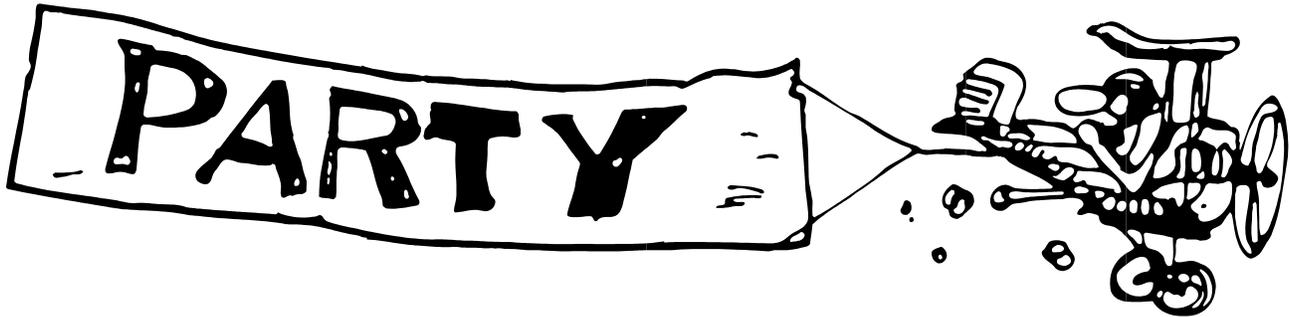
Scheduled Rides and Events		<i>Check start times!</i>
Sunday, December 1 11:00 a.m. NOTE TIME	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go -- Ride the trails or go out in the country. Turn in our miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Wednesday December 4 7:00 p.m.	Residence 2301 Sangamon Avenue Ken Anderson, 522-3876	NC – Board Meeting . All SBC members are invited to attend the board meeting.
Saturday December 7 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Sunday December 8 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Wednesday December 11 5:00-7:00 p.m.	Dublin Pub 1975 W Wabash Avenue Gladys Hajek, 698-7626	NC - Socializer . Join us for the fun then go Christmas shopping. Gladys hopes to see you there! Free appetizers. Members and potential members are welcome to participate
Saturday December 14 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Sunday December 15 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Saturday December 21 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Sunday December 22 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Saturday December 28 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Sunday December 29 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Wednesday January 1 Time varies	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Holiday A-Ride . See Saturday Weekend A-Ride description. *Disclaimer: Schedule sometimes changes in fall due to weather. Please call ahead.
Wednesday January 1 11:00 a.m	Rock 'N Roll Hardees 2501 Adlai Stevenson Dr Marty Celnick, 522-4206	ABCD – New Years Day Ride . Ride for 10-25 miles. Start the new year by keeping your resolution to ride more miles!
Wednesday January 1 2:00-7:00 pm	Residence 10980 Darnell Road, Dawson Christa McLaren Morris 494-4028	NC -- New Years Day Open House . Come join Christa and Marty to celebrate the New Year with friends, family, and food. Soup and snacks will be provided, but please bring a dish to share.

Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR.

NOTE: 'Other area ride' miles count for club miles, as they are organized rides.

Tuesdays 6:00 p.m.	Washington Park Pavilion on the South side of the park Jeff Williams, 546-8819 Jeff(at)jeffveloart.com Facebook: Jeff Curtis Williams	Tuesday Night Trail Rides – MTB/cyclocross/off road bikes recommended. All Are welcome! We will split off at Washington & Koke Mill to do the "church trail". LIGHTS and HELMETS please and thanks!!! Disclaimer: Routes will vary based on conditions. Contact Jeff for more information.
Friday December 27 5:30 p.m.	State Capitol Visitors' Center 425 S. College St. (west of the Stratton Building across College Street) Alan Escobar, 638-9523	EZ – Critical Mass Ride. Ride for about 1 hour at a slow pace. Suitable for all bikes. Critical Mass is a worldwide event held the last Friday of every month. It is open to all, and it welcomes all riders to join in a celebration of riding bicycles. Why? Because bikes are fun!



December Socializer

Wednesday, December 11, 2013

**Dublin Pub
Wabash Avenue
Springfield, IL**

5 p.m. -- 7 p.m.

Come join us for the fun and then go Christmas Shopping.

Hope to see you there.. Gladys Hajek

Board Meeting Minutes - November 6, 2013

by Chanell Bradbury, Recording Secretary

Present. Tom Clark, Ken Anderson, Stephen Paca, Jim Hajek, Joe Agner, Derek Ewing, David Carron, Lynn Miller, Alan Whitaker, Marty Celnick, Bill Donels, and Mike Schwab.

The meeting was called to order by Tom Clark at 7:05 p.m.

President's Remarks. Welcome and introductions.

Vice President. Vice president position is still vacant. Interim report by Tom Clark. Marty Celnick is arranging the December ride schedule, which is mostly show & go's.

Secretary's Report. Alan Whitaker met with Ken Anderson regarding the database transition, paying special attention to the online membership directory reorganization. The online board member list has been updated. Still working on a solution to notification of lapsing members.

Recording Secretary's report. October board meeting minutes presented for approval. Motion to approve by Alan W. 2nd by Lynn M. Minutes approved.

Treasurer's Report. Jim Hajek distributed the Treasurer's Report prior to the meeting via e-mail, including the net profit for the CCC. Still awaiting some sponsor payments. All CCC expenses have been paid. Motion to approve by Lynn M. 2nd by Alan W. Treasurer's Report approved.

Incentive Chair Report. Stephen Paca conducted the Incentive Awards. The Moonlight Ramble was voted the Ride of the Month, with Michael Higgins being the Ride Leader. The Almost Anything Award was given to Roger Schnelten for Oktoberfest. Tracy Hurley's name was drawn for the monthly Ride Leader Incentive award.

Special Events Report. Derek Ewing and David Carron attended the Board meeting. They met earlier with Harv and Tom to work on possible changes to the CCC route for upcoming years, including adding a challenge loop option for 2014.

Legislative/Education Report. Lynn Miller to follow up with Franklin MS principal about interest in repaving path next spring. Lynn to send mailing addresses for Aldermen and Mayors office to Alan Whitaker so they can be added to the QR mailing list.

Social Chair Report. Jim Hajek reports November's socializer will be held on November 13th at Fulgenzies 5-7pm. December's socializer to be held on December 11th at Dublin Pub on Wabash 5-7pm.

Newsletter Editor Report. Joe Agner to take over as Newsletter Editor. Suggested changes to the newsletter, including monthly articles featuring Bicycle Friendly Businesses.

Webmaster Report. Facebook events to be created for future monthly socializers, with assistance from Chanell.

Old Business. Lynn M will have more to report on the Franklin Middle School path next month. The database transition is still underway.

The meeting adjourned at 9:01 p.m. The next meeting is scheduled for Wednesday, December 4th, 2013 at 7:00 p.m. at the home of Ken and Sandy Anderson.

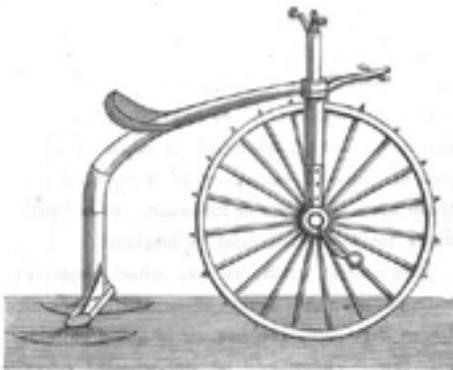
Join our 2014 Stair Climb Team!

Registration has begun for the Hilton Stair Climb, which will be held Saturday, February 22. We're looking for club members to join our team, SBC Mt. Everett Memorial Climbers. This year there's an option to participate in Illinois Senior Olympics via the Stair Climb. Donations support American Lung Association's Fight for Air campaign.

For more information, contact SBC member Kristina Mucinskas at 217-766-2054 or [kmucinskas\(at\)gmail.com](mailto:kmucinskas(at)gmail.com).

Winter Biking

1. Dress to stay warm and dry. Use layers; protect your head, face, hands and feet from the wind. Your core still gets hot as you bike, and sweating gets you wet so dress moderately and in layers. For specific advice see <http://www.rei.com/learn/expert-advice/winter-bicycling.html>



2. Stay on your bike. Use tires with more traction than the slicks you use in the summer, lower the tire pressure, and consider wider tires. Slow down! See tips at icebike.org, bikewinter.org or [wikipedia](http://wikipedia.org)'s entry cold-weather biking.

3. Maintain your equipment. Moisture, salt and debris can wreak havoc on every part of your bike. Keep it well lubed. Consider an older bike in good condition, or a single speed bike. Give your bike extra TLC. The grimy conditions require more attention to maintenance.

4. Be seen! Less daylight, overcast days, washed out landscape and when the sun does come out, it is lower in the sky (in drivers' eyes) and reflects off of wet roads and snow. Wear highly visible clothes, reflective strips, and lights, lights, lights.

5. Don a joyful attitude. If you're tired of the needles, and have always thought your bike would look great decked with a string of holiday lights, go to www.instructables.com and search bicycle holiday lights.

The gist of it is, twist 25' of lights round the frame, mount a large star somewhere, place an inverter and a small lead battery in a bread bag and tie them securely into a basket. Your bike will radiate more holiday cheer about the streets of Springfield than the average tree. Ornaments optional.

Springfield Bicycle Club Membership Application

 New Member

 Renewing Member

 Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

Type of Membership (check one):

 Individual: \$15 per year

 Family: \$20 per year

 Contributing: \$25 per year

 Sustaining: \$50 per year

 Patron: \$100 per year

 Corporate: \$100 per year

Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of: Club e-mail announcements

Quick Release mailing (issues are available at www.spfldcycling.org)

I would like to help with SBC activities: Yes No

If yes, please check any specific areas of interest:

 Lead bike rides

 Help with social activities

 Help with bicycle advocacy

 Help w/ Capital City Century

 Serve on the SBC Board

 Other _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

*providing birth dates is optional, but recommended to help us keep track of club demographics.

Mail with Check to:

Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705

Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705
Address Service Requested
Not for Commercial Use

Presorted Standard
U.S. Postage Paid
Springfield, IL
Permit #800

Springfield Bicycle Board Members

President

Tom Clark
726-5560
president(at)spfldcycling.org

Treasurer

Jim Hajek
698-7626
treasurer(at)spfldcycling.org

Legislative/Educational

Bill Donels / Lynn Miller
546-8036 / 787-3354
legislative(at)spfldcycling.org

At-Large Members

Mike Schwab
801-7224
at-large(at)spfldcycling.org

Vice President

Vacant
vp(at)spfldcycling.org

Special Events

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899-9175
events(at)spfldcycling.org

Web Master

Alan Whitaker
494-6807
webmaster(at)spfldcycling.org

Dave Lucas
585-1078
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Board Secretary

Alan Whitaker
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Marty Celnick
522-4206
at-large(at)spfldcycling.org

Recording Secretary

Membership Chair
Chanell Bradbury
recording(at)spfldcycling.org

Social Chair

Gladys Hajek
social(at)spfldcycling.org

Incentive Chair

Stephen Paca
766-2604
incentive(at)spfldcycling.org

Ken Anderson
522-3876
at-large(at)spfldcycling.org

Ray Caruso
891-5464
at-large(at)spfldcycling.org

Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.

**QR Deadline is the
15th
of the month**