



the Quick Release

www.spfldcycling.org

January 2014

Incentive Report

by Stephen Paca, Incentive Chair

RIDE OF THE MONTH: Kevin Greene’s Veterans Day Observance ride was voted Ride of the Month for November. On the Saturday before Veterans Day, Kevin led riders on a tour of the memorials and museums in Springfield. The group visited sites such as the Spanish-American War Memorial; the Korean War Memorial at Oak Ridge cemetery; the Grand Army of the Republic Memorial Museum; the Korean War National Museum; and the Illinois State Military Museum at Camp Lincoln, which featured exhibits from several wars, including the Civil War and World Wars I and II.

ALMOST ANYTHING AWARD: The December AAA goes to Shirley Baer for her service as QR Editor for the past two years. Thank you, Shirley, for doing a great job on the newsletter!

MONTHLY RIDE LEADER INCENTIVE DRAWING: Kevin Greene’s name was drawn for the monthly ride leader incentive award. He will receive a gift certificate to a local bike shop of his choice. Congratulations, Kevin, and thanks for being a ride leader!

Any rider or member can nominate rides or leaders for the above recognition. Please send nominations or ride anecdotes to incentive (at) spfldcycling.org



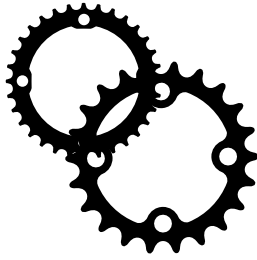
RSVP by January 17!

**2013 Awards Banquet -- Winter Party
Friday, January 24, 2014
Maldaner’s Restaurant**

Details inside

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Secretary's Report

by Alan Whitaker, Secretary

Renewals

- 🚲 Ed Caupert & family
- 🚲 Mike and Allyson Curry & family
- 🚲 Art Meyer
- 🚲 Chuck and Gerry Orwig

Renewals at Contributing Level

- 🚲 Steve Schroll and Ann Baker

Renewals at Sustaining Level

- 🚲 Martin Celnick
- 🚲 Kevin and Naomi Greene
- 🚲 Les and Pam Warden

New Members

- 🚲 Sue Moriearty and Richard Rogal
- 🚲 Kevin and Carolyn Proctor

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

Thanks to all for
your support of the
SBC and bicycling!!
Ride safe!!



To **join or renew your membership online**, go to

www.spfldcycling.org/membership

and click on the **Active.com** link.

President's Column

by Tom Clark, President

Our December Socializer at the Dublin Pub drew 42 members and friends. Kudos to our Social Chair, **Gladys Hajek**! Gladys will host our **Annual Awards Banquet and Winter Party** at Maldaner's on Friday, January 24. **An RSVP is required by January 17. Call 217/698-7626 to RSVP.** Each member may bring one guest. The cost of the catered buffet dinner is \$10 per attendee this year. Please plan to pay by cash or check at the door. Each meal actually costs us about \$25; attendees receive a discount equivalent to our basic annual membership fee.

Awards presented during the Banquet will include the Cycling Challenge Awards, the NoBell Award, the Spinner Awards and the Grover Everett Award. **Derek and Brigetta Ewing** renewed the SBC Great Cycling Challenge for 2013. A total of 40 riders earned a Challenge award, while three attained the maximum possible—507 miles—by completing a century on all five rides.

The NoBell is our "lifetime achievement" award, presented to a club member who has made significant contributions to cycling in the Springfield area. Thanks to everyone who submitted a nomination. Our awards ceremony ends with the Spinner Awards for SBC cycling mileage, and the **Grover Everett** Award for our top cyclist of the year. A slide show of member photos rounds out the evening. Please send your photos to photos(at)spfldcycling.org by Monday, January 13.

Grover, our all-time mileage champion, died tragically in November 2012 in a bicycle-car accident caused by distracted driving. For the second year, SBC is sponsoring a team for American Lung Association's **Fight for Air** stair climb at the Hilton on Friday, February 22. We named this team **SBC Mt Everett Memorial Climbers** in Grover's memory. Grover's widow **Pat Everett** says that the first charity ride in which Grover participated benefited the ALA. Google "2014 climb springfield" to locate the home page where you can donate or join the team. If you have questions, please contact Kristina at 766-2054 (cell) or at kmucinkas(at)gmail.com.

The League of Illinois Bicyclists' Executive Director **Ed Barsotti** has asked SBC to help get the word out about its online Bicycle Safety Quiz and bicycle safety campaign. We will be posting LIB's safety quizzes for adults, children and motorists (www.bikesafetyquiz.com) to our Web site and encouraging members to complete them. We hope to take further steps to promote quiz completion and bicycle safety in the Springfield area this year.

During the winter months, we schedule mostly Show-N-Go ride opportunities for those hardy souls interested in group rides. But if you want to plan and lead a club ride or event, great! Email vp(at)spfldcycling.org or call/text 217-726-5560 to volunteer. The weekend and holiday A-Rides organized by **Lisa Kidd** continue through the winter. These A-Rides are faster and longer than our moderately paced club rides.

Happy 2014 to all! Hope to see you at the Winter Party! -Tom



What's up?

Things going on in and around the club

Join our 2014 Stair Climb Team!

Registration has begun for the Hilton Stair Climb, which will be held Saturday, February 22.

We're looking for club members to join our team, **SBC Mt. Everett Memorial Climbers**. This year there's an option to participate in Illinois Senior Olympics via the Stair Climb. Donations support American Lung Association's Fight for Air campaign.

For more information, contact SBC member Kristina Mucinskas at 217-766-2054 or kmucinskas(at)gmail.com.

Ray Caruso to Present at PechaKucha Night Springfield - February 6

PechaKucha 20x20 is a presentation format where you show 20 images, each for 20 seconds. The images advance automatically and you talk along to the images. Why such a format? Because creative people talk too much!

PechaKucha Nights (PKN) are informal and fun gatherings where people get together and share their ideas, works, thoughts -- just about anything, really -- in the PechaKucha 20x20 format.

Ray will be sharing thoughts on Bicycle Friendly Communities.

Illinois is ranked #9 in the nation as a bicycle friendly state. Many communities our size have been designated as Bicycle Friendly, including Evanston, Champaign, Urbana, Naperville and Schaumburg. The SBC has been working diligently to improve Springfield's biking infrastructure with an eye towards a Bicycle Friendly designation.

Anyone interested in learning more about bicycle friendliness and the efforts in Springfield specifically, mark Thursday, February 6 on your calendar.



January 2014 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at www.spfldcycling.org. Unless otherwise indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

RIDE CLASSIFICATIONS	
Code	Definition
NC	Non-Cycling events.
MB	Rides suitable for mountain bikes.
EZ	For riders who prefer a pace under 10 mph. These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.
D	For novice or recreational riders. Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leaders or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.
C	For competent riders with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12-15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.
B	For strong, experience riders with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.
A	For extremely strong and competitive riders with expert biking handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper (records@spfldcycling.org).

Questions about leading a ride? Contact vp@spfldcycling.org .

Weekday Daytime Rides		Check start times!
Monday 10:00 a.m.	Lewis Memorial Park Koke Mill Rd Robert LaBonte, 787-0237	MB – Meet at the pavilion and ride the church trails for an hour or so. This ride will be at an easy pace and is suitable for beginner and intermediate riders. Ride is dependent on trail conditions so call Robert for details.
Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Pavillion on the South side of the park Pete Gudmundson, 523-8200	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Pete shows up often enough for this ride that he should be able to answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper. *Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride Lake Taylorville parking lot Rt 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr. & Crusaders Rd. Tom Clark, 726-5560 Dave Ross 789-4823	BC – Westside Lunch Ride. Dave or Tom will hit the trails or go out in the country.
Weekday Evening Rides		Check start times!
Tuesday 6:00 p.m.	IDOT Dirksen Pkwy & Ash St Show-N-Go	BCD – Show-N-Go along the Lost Bridge Trail. Turn miles in to the club records keeper. Lights required.
Thursday 6:00 p.m.	Parkway Pointe Theater Lindbergh & Robbins Rd Show-N-Go	BCD – Show-N-Go along the Wabash and Interurban Trails. Turn miles in to the club records keeper. Lights required.
Mon., Tues., Wed., and Thursday 6:00 p.m.	Pana Trail Lake Taylorville parking lot Rt 29 Charlie Witsman, 299-7038	Show-N-Go – Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions. Lights required.
Weekend Daytime Rides		
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 341-6181	Weekend A-Ride. This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. *Disclaimer: Schedule sometimes changes due to weather. Please call ahead.
Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 341-6181	Weekend A-Ride. See Saturday Weekend A-Ride description. *Disclaimer: Schedule sometimes changes due to weather. Please call ahead.
Scheduled Rides and Events		Check start times!
Wednesday January 1 Time varies	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 546-1698	Holiday A-Ride. See Saturday Weekend A-Ride description. *Disclaimer: Schedule sometimes changes in fall due to weather. Please call ahead.

Scheduled Rides and Events		Check start times!
Wednesday January 1 11:00 a.m	Rock 'N Roll Hardees 2501 Adlai Stevenson Dr Marty Celnick, 522-4206	ABCD – New Years Day Ride . Ride for 10-25 miles. Start the new year by keeping your resolution to ride more miles!
Wednesday January 1 2:00-7:00 pm	Residence 10980 Darnell Road, Dawson Christa McLaren Morris, 494-4028	NC – New Years Day Open House . Come join Christa and Marty to celebrate the New Year with friends, family, and food. Soup and snacks will be provided, but please bring a dish to share.
Saturday January 4 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday January 5 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Wednesday January 8 7:00 p.m.	Residence 2301 Sangamon Avenue Ken Anderson, 522-3876	NC - Board Meeting . All SBC members are invited to attend the board meeting.
Saturday January 11 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday January 12 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Saturday January 18 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday January 19 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Monday January 20 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Martin Luther King's Birthday Ride . Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Friday January 24 6:00 pm Party 7:00 pm Food	Maldaner's Restaurant (upstairs) 222 S Sixth St Gladys Hajek, 698-7626	NC - Annual Awards Banquet and Winter Party . The event is open to all SBC members and 1 guest each. The cost of the meal will be \$10 per attendee this year. A RSVP will be necessary, so please call Gladys at 698-7626 for your reservations. Money will collected at the door. You may pay by check made payable to SBC or in cash (exact change would be appreciated). Party begins at 6:00 PM and the catered dinner is at 7:00 PM. Deadline for reservations is January 17. Dinner will be followed by incentive drawings and presentations of the Cycling Challenge medals, the NoBell Award, the Spinner Awards and the Grover Everett Award. A traditional slide show will be shown, so please send photos to photos(at)spfldcycling.org.
Saturday January 25 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday January 26 11:00 a.m	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go – Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.

Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR.

NOTE: 'Other area ride' miles count for club miles, as they are organized rides.

Springfield Area		
Tuesdays 6:00 p.m.	Washington Park Pavilion on the South side of the park Jeff Williams, 546-8819 Jeff(at)jeffveloart.com Facebook: Jeff Curtis Williams	Tuesday Night Trail Rides – MTB/cyclocross/off road bikes recommended. All Are welcome! We will split off at Washington & Koke Mill to do the “church trail”. LIGHTS and HELMETS please and thanks!!! Disclaimer: Routes will vary based on conditions . Contact Jeff for more information.
Friday January 24 5:30 p.m.	State Capitol Visitors' Center 425 S. College St. (west of the Stratton Building across College Street) Alan Escobar, 638-9523	EZ – Critical Mass Ride . Ride for about 1 hour at a slow pace. Suitable for all bikes. Critical Mass is a worldwide event held the last Friday of every month. It is open to all, and it welcomes all riders to join in a celebration of riding bicycles. Why? Because bikes are fun! Bring front and rear LIGHTS, please.
Regional Events		
Saturday February 22	13th Annual Illini Chill Bike Ride “A Red Flannel Affair”	Organized by the St. Joseph Chamber of Commerce. 22 mile event from St. Joseph to Homer. stjoechamber.org

New Year's Resolutions: Sharing Ideas From My List

Join a club ride. Reconnect with old friends, make new ones, or learn a new route.

Lead a ride. We all get into route ruts and look to fellow club members to expand our horizons. Share one of your routes with others. Ride Leaders are responsible for scouting a route, providing a map and ride sheet for sign-in, and turning in accurate mileage records using the appropriate online mileage entry form. The leader or an experienced rider should bring up the rear to ensure all riders are accounted for.

Invite someone to go biking. Whether it be your kids, a parent, a co-worker, running buddy, fellow camper, model airplane enthusiast or another conspirator in crime. Biking is a great activity. We should help it grow.

Invite someone to join the club. We are large group as diverse as the community we live in. Anyone who enjoys biking can find a niche, share, explore or expand their biking experience.

Share your experiences. Sometimes they are cautionary tales, other times they inspire and encourage us to deepen our own experiences on two wheels. If you have tips on getting kids on bikes, blood off clothes, warnings, trip reports, favorite destinations, or humorous anecdotes, share them here. Send your tales of woe, wisdom or glory to editor(at)spfldcycling.org

Bike more. More often. More places. More styles. With more people.

Board Meeting Minutes - November 6, 2013

by Chanell Bradbury, Recording Secretary

Present. Tom Clark, Chanell Bradbury, Harv Koplo, Ken Anderson, Stephen Paca, Gladys Hajek, Jim Hajek, Alan Whitaker, Lynn Miller, Bill Donels, Marty Celnick, Mike Schwab, Joe Agner.

The meeting was called to order by Tom Clark at 7:11 p.m.

President's Remarks. No remarks.

Vice President's Remarks. Tom Clark reports that there has been no progress in finding a new Vice President. The ride schedule for January is done.

Secretary's Report. Alan Whitaker reported that he is working on the membership database, removing obsolete information and methods, and further familiarizing himself with the database content. Alan also sent postcards to those with expired memberships as of aug. Lynn will get a list of city aldermen and address' for Alan.

Minutes. Tom motioned to approved the November Board meeting minutes; Alan seconded the motion; and the Board approved the minutes. Chanell Bradbury distributed a draft of the minutes from the December Board meeting via e-mail, and made corrections based on feedback.

Treasurer's Report. Jim Hajek distributed the Treasurer's Report prior to the meeting via e-mail. We are still awaiting CCC income (donations and food purchases). He reported a balance of \$23,471.18 for the period ending 11/30/13. Ken Anderson motioned to approve the Treasurer's Report; Chanell Bradbury seconded; and the Board approved the report.

Gladys Hajek reported on the budget, and explained the proposed budget in comparison to the actual budget. Lynn suggests to build a budget solely for special interests (small trails, education, matching contributions, trail enhancements). Harv suggested an ad hoc committee should be formed to further explore this suggestion, including volunteers Ken, Lynn, Harv, and Joe. Jim motioned to make the payments/donations as previously budgeted; Tom seconded the motion; the Board approved.

Incentive Chair Report. Stephen Paca conducted the Incentive Awards. Kevin Greene's Veterans Day Observance Ride was voted the Ride of the Month for November. The Almost Anything Award was given to Shirley Baer, who recently stepped down from the position of QR editor. Kevin Greene's name was drawn for the monthly Ride Leader Incentive Award.

Special Events Report. Harv Koplo reported that he still has a small inventory of jerseys and t-shirts for sale on a first come first serve basis. Chanell suggested to post this information on the club's Facebook page.

Legislative/Education Report. Bill Donels conducted the Legislative Report. He said they are still working with the mayors office on the Bicycle Friendly Community initiative. Tom reports that he spoke with at large board member Ray Caruso about a PechaKucha Night event on February 6 at the Hoogland Center for the Arts, which will include a talk about Bicycle Friendly Community.

Social Chair Report. Gladys Hajek reported that December's socializer will be held on Wednesday December 11th at Dublin Pub from 5pm - 7pm. The Winter Party/Awards Banquet will be held at Maldaners on January 24th at 6:15pm, \$10 per person.

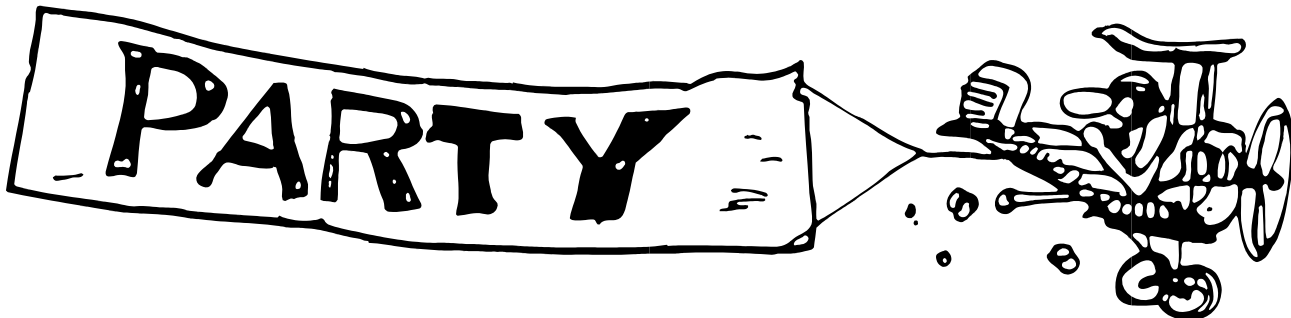
Newsletter Editor Report. Joe Agner conducted the Newsletter Editor Report on behalf of Shirley. Joe will be meeting with Alan to better familiarize himself with the printing companies and processes used for the monthly newsletter. As Joe is the incoming Newsletter Editor, he would like to start including articles monthly on different special interest topics.

Webmaster Report. Alan reported that he will be including information on the website as well regarding the jerseys and t-shirts that Harv has available for sale. He will also include the December Socializer information on the announcements list, and will include a save the date, and will create a link on the site for the bicycle safety quiz.

Old Business. Tom reports that there has been no progress on adding a challenge loop to the CCC. The SBC Database Transition Team will be meeting on December 11th.

New Business. Tom reported that the club received a letter from Ed Barsotti with LIB asking the club to support the bicycle safety initiative. SBC already supports this effort.

The meeting adjourned at 9:03 p.m. The next meeting is scheduled for Wednesday, January 8th, 2014, at the home of Ken and Sandy Anderson. There is also the December Socializer on Wednesday, December 11th.



Annual Awards Banquet

Friday, January 24 -- please RSVP by January 17

**Maldaner's (upstairs)
222 S Sixth Street
Springfield, IL**

**6:00 p.m. -- Party
7:00 p.m. -- Dinner**

Cost \$10.00 per attendee

Open to all SBC members and 1 guest each. Hope to see you there.

Springfield Bicycle Club Membership Application

 New Member

 Renewing Member

 Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

Type of Membership (check one):

 Individual: \$15 per year

 Family: \$20 per year

 Contributing: \$25 per year

 Sustaining: \$50 per year

 Patron: \$100 per year

 Corporate: \$100 per year

Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of: Club e-mail announcements

Quick Release mailing (issues are available at www.spfldcycling.org)

I would like to help with SBC activities: Yes No

If yes, please check any specific areas of interest:

 Lead bike rides

 Help with social activities

 Help with bicycle advocacy

 Help w/ Capital City Century

 Serve on the SBC Board

 Other _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

*providing birth dates is optional, but recommended to help us keep track of club demographics.

Mail with Check to:

Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705

Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705
Address Service Requested
Not for Commercial Use

Presorted Standard
U.S. Postage Paid
Springfield, IL
Permit #800

Springfield Bicycle Board Members

President

Tom Clark
726-5560
president(at)spfldcycling.org

Treasurer

Jim Hajek
698-7626
treasurer(at)spfldcycling.org

Legislative/Educational

Bill Donels / Lynn Miller
546-8036 / 787-3354
legislative(at)spfldcycling.org

At-Large Members

Mike Schwab
801-7224
at-large(at)spfldcycling.org

Vice President

Vacant
vp(at)spfldcycling.org

Special Events

Harv Koplo
899-9175
events(at)spfldcycling.org

Web Master

Alan Whitaker
494-6807
webmaster(at)spfldcycling.org

Dave Lucas
585-1078
at-large(at)spfldcycling.org

Board Secretary

Alan Whitaker
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QR Editor

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361-5077
editor(at)spfldcycling.org

Marty Celnick
522-4206
at-large(at)spfldcycling.org

Recording Secretary

Membership Chair
Chanell Bradbury
recording(at)spfldcycling.org

Social Chair

Gladys Hajek
social(at)spfldcycling.org

Incentive Chair

Stephen Paca
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incentive(at)spfldcycling.org

Ken Anderson
522-3876
at-large(at)spfldcycling.org

Ray Caruso
891-5464
at-large(at)spfldcycling.org

Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.

**QR Deadline is the
15th
of the month**