



# the Quick Release

www.spfldcycling.org

April 2014

## Help Make Springfield More Bicycle Friendly

Please take the time to complete the Springfield Area Transportation Study Citizen Survey.

The Springfield Area Transportation Study is seeking community input to help guide the process of extending the Long Range Transportation Plan through 2040. This survey is intended for everyone in the area, but as bicycle riders, we need to make sure our opinions are reflected in the information funneled to the SATS committee.

The survey's web address is very long, so use the link from our web site at [www.spfldcycling.org](http://www.spfldcycling.org).

For the long range plans to contain elements for bicycling, it is important for us as bicyclists to tell planning groups what our needs are. Please fill out the survey and pass this message along.

The survey is available until April 30, 2014.

## **SBC April Socializer**

**Mariah's Restaurant and Bar  
Wednesday, April 9, 2014 - 5:00 - 7:00 pm**



**Appetizer Buffet Provided!**

**Sign in for a chance to win a free drink!**

**This is the last socializer for this season, so I hope to make it successful and see a lot of familiar faces. Hope to see you there, Gladys Hajek**

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## Secretary's Report

by Alan Whitaker, Secretary

### New Members

- 🚲 Todd Ranney
- 🚲 Bill & Lisa Schultz

### Renewals

- 🚲 Mike Becker
- 🚲 Bill & Carol Bock
- 🚲 Brian & Becky England

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

### Renewals at Contributing Level

- 🚲 Mark & Linda Flotow

Thanks to all for your support of the SBC and bicycling!!



To **join or renew online**, go to [www.spfldcycling.org/membership](http://www.spfldcycling.org/membership) and click on the **Active.com** link.

## Incentive Report

by Stephen Paca, Incentive Chair

**RIDE OF THE MONTH:** There were no eligible rides for the month of February 2014.

**ALMOST ANYTHING AWARD:** The March AAA goes to the members of the Bicycle Advisory Council and City Traffic Engineer Lori Williams for their work in moving the 2nd Street enhancements forward. The section of 2nd Street, from Eastman to Laurel, will be designated as a preferred bicycle route. This is part of the Bicycle & Pedestrian Plan that was adopted last year. The City of Springfield held a public hearing in January and will start striping and signage this spring.

**MONTHLY RIDE LEADER INCENTIVE DRAWING:** There were no eligible ride leaders in February 2014.

***Any rider or member can nominate rides or leaders for the above recognition. Please send nominations or ride anecdotes to incentive (at) spfldcycling.org***

## **President's Column**

by Tom Clark, President

**The riding season has begun!** If you haven't been riding your bike during the off season, we recommend getting a tune-up and safety check. ***We urge you to be aware of other cyclists and motor vehicles, and to ride responsibly and safely.*** In the coming months, I will be reporting on ways in which our club is helping Springfield become more bicycle friendly, and steps we are taking to support the City's application to LAB for Bicycle Friendly Community status.

**Welcome to our new VP!** John Nelson has agreed to become our Vice President. You may have seen John with his wife Kathy and kids on the CCC's family ride last year. An avid cyclist and triathlete, John says he's very open to suggestions and wants to build on our past successes.

Thanks to Ride Committee member Lynn Miller for scheduling some great rides in April! **Derek and Brigetta Ewing** will lead the first Cycling Challenge of 2014 at Rotary Park on April 27 at 9:00 a.m. (see separate article). Other weekend Club ride leaders in April include **Marty Celnick, Deb Cooper, Ernie DeFrates, Kevin Greene, Tracey Hurley, Cindy Kvamme, and Lynn Miller.** One of these ride leaders will win a \$50 gift certificate to the bike shop of their choice.

**Club ride options.** Our ABC "Club Rides" are led by a ride leader who provides a map and checks the route prior. Riding groups form naturally during the ride based on riding speed and distance option chosen, with members of each riding group encouraged to help others who have breakdowns or other issues. Club ride participants should be comfortable navigating by a map if separated from the group, and can handle their own mechanical repairs.

**Slower-paced ride options.** Those looking for a ride where no rider is left behind have several D and EZ Ride options this month. Our evening rides start on the bike trails, and include a D option. A slower-paced riding group usually forms. Riders are encouraged to carry a cell phone just in case they are separated from other riders. **Kevin Greene's** Earth Awareness Fair ride on April 26 is an EZ ride option. D ride options include our weekday evening rides and the 25-mile route on the April 27 Cycling Challenge. All of the Cycling Challenge events this season include a slower-paced 25 mile ride option with a leader at the back that is suitable for C and D riders.

**Faster-paced ride options.** Our weekend & holiday A-Rides organized by **Lisa Kidd** are intended for extremely strong and competitive riders with expert bike handling skills. These riders maintain speeds of 19+ mph for extended distances using pace lines. As such, they complement our weekend & holiday Club Rides, which are slower-paced and usually shorter.

**Last Socializer of the off season is April 9!** The April Socializer will be held on Wednesday, April 9 at Mariah's from 5:00 to 7:00 p.m. Check in at the sign-in table and get a chance to win a free libation. Appetizers provided. Members and potential members welcome. We continue to offer social opportunities during the ride season. Hope to see you at a bike ride or other event! - Tom

**It's That Time Again!**  
**Get yourself and your bike ready for**  
**The Great SBC Cycling Challenge**

The Cycling Challenge is designed to aid in your cycling fitness and to help riders prepare to complete their chosen distance on the annual ***SBC Capital City Century***.

Each daily Challenge consists of a century (100 miles) ride with shorter options of approximately 25 miles and 50 miles. The first four Challenges are totally self-supported. The 5th and last of the year's Cycling Challenge events is the ***SBC Capital City Century*** on September 7. The Great SBC Cycling Challenge takes you on low-volume rural roads and will lead you through small quiet towns.

**The first event is set for Sunday, April 27 at Rotary Park at 9 a.m.** Ride along with others on Challenge routes of approximately 25, 50 and 100 miles. The cost is free. You may want to purchase food and drink items or take a break along the way at local mom and pop restaurants and convenience stores that are marked on the mapped route.

Whatever your typical riding speed or distance, there will be a riding group you can join. The 50 and 100 mile riders should seek to keep pace with the rearmost group and should be comfortable navigating with a map and completing their own mechanical repairs if separated from the group. The 25 mile riders will ride at a slower pace and will have a ride leader on the back to ensure no one is left behind.

All riders who complete the series minimum of 3 rides are placed on the ***SBC Challenge Wall of Fame***. In addition, you may receive a **Gold**, a **Silver** or a **Bronze** Award for all of your hard work in achieving your cycling goal. Your mileage is recorded and a point awarded for each mile ridden.

**Award Earned - Points (miles) needed:**

Bronze: 125 - 199

Silver: 200 - 374

Gold: 375+

Awards will be distributed at the January SBC Awards Banquet (can also be received without attending).

**SBC Members:** Your **TO** and **FROM** ride miles can be counted as SBC ride miles, but are not counted towards Cycling Challenge point totals.

## April 2014 Ride Schedule

For updates, corrections and last minute changes, check the SBC website [www.spfldcycling.org](http://www.spfldcycling.org). Unless indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

RIDE CLASSIFICATIONS	
<b>NC</b>	<b>Non-Cycling events.</b>
<b>MB</b>	<b>Rides suitable for mountain bikes.</b>
<b>EZ</b>	<b>For riders who prefer a pace under 10 mph.</b> These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.
<b>D</b>	<b>For novice or recreational riders.</b> Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leaders or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.
<b>C</b>	<b>For competent riders with basic safety and bike handling skills.</b> These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12-15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.
<b>B</b>	<b>For strong, experience riders with considerable group riding experience.</b> Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.
<b>A</b>	<b>For extremely strong and competitive riders with expert biking handling skills.</b> Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper ([records@spfldcycling.org](mailto:records@spfldcycling.org)).

*Questions about leading a ride? Contact [vp@spfldcycling.org](mailto:vp@spfldcycling.org).*

<b>Weekday Daytime Rides</b>		<b>Check start times!</b>
Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Pavillion on the South side of the park Pete Gudmundson, 523-8200	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Pete shows up often enough for this ride that he should be able to answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper. <b>*Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.</b>
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride Lake Taylorville parking lot Rt 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr. & Crusaders Rd. Tom Clark, 726-5560 Dave Ross, 789-4823	Show-N-Go ride on the trails or out in the country. Dave or Tom show up often enough to answer questions about this ride. Riders should turn in miles to the club records keeper.
<b>Weekday Evening Rides</b>		<b>Check start times!</b>
Monday 5:45 p.m.	East end parking lot, Wabash Trail by Sonic (Wabash & Park) Amy Goldesberry, 714-8762	BCD — Leave from the east end of the Wabash Trail at Sonic. Riders may also start from AMC Parkway Pointe (Lindbergh & Robbins Rd) at 5:30 p.m. This popular ride will get you 16 miles from Sonic or 21 miles from Parkway Pointe.
Tuesday 5:30 p.m.	IDOT Dirksen Pkwy & Ash St Show-N-Go	BCD – Show-N-Go ride on the Lost Bridge Trail for 10-14 miles
Thursday 5:30 p.m.	IDOT Dirksen Pkwy & Ash St Cindy Kvamme, 971-8687	BCD – Ride the Lost Bridge Trail for 10-14 miles.
Mon., Tues., Wed., and Thursday 6:00 p.m.	Pana Trail Lake Taylorville parking lot Rt 29 Charlie Witsman, 299-7038	Show-N-Go – Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions. Lights required.
<b>Weekend Daytime Rides</b>		
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 341-6181	<b>Weekend A-Ride.</b> This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. <b>*Disclaimer: Schedule sometimes changes due to weather. Please call ahead.</b>
Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 341-6181	<b>Weekend A-Ride.</b> See Saturday Weekend A-Ride description. <b>*Disclaimer: Schedule sometimes changes due to weather. Please call ahead.</b>

<b>Scheduled Rides and Events</b>		<b><i>Check start times!</i></b>
Wednesday April 2 7:00 p.m.	Residence 2301 Sangamon Avenue Ken Anderson, 522-3876	NC - <b>Board Meeting</b> . All SBC members are invited to attend the board meeting.
Saturday April 5 10:00 a.m.	Vredenburg Park Deb Cooper, 546-5099	ABC—Deb will lead us to Auburn for 40 miles and beyond for the hardy, with trail options for lesser mortals.
Sunday April 6 10:00 a.m.	Vredenburg Park Lynn Miller 787-3354	ABC – Show N-Go. Grab a friend and start training for the Cycling Challenge ride April 27! Turn in your miles to the club records keeper
Wednesday April 9 5:00-7:00 p.m.	Mariah's Restaurant and Bar Gladys Hajek, 698-7626	NC - <b>Socializer</b> . Free appetizers buffet. This will be our last socializer before the ride season gears up. Members and potential members are welcome to participate.
Saturday April 12 10:00 a.m.	Waldrop Park Sherman Cindy Kvamme 971-8687	ABC—Cindy will take us 35 miles to Athens, with a 24 mile option.
Sunday April 13 9:00 a.m. <b>Note Time</b>	Vredenburg Park Tracey Hurley 414-8900	ABC – Ride with Tracey into the wind! 50 miles with shorter options.
Saturday April 19 10:00 a.m.	Stuart Park Lynn Miller 787-3354	ABC – It's time to head to Salisbury for pie and more at Morningstar. 25 miles to Salisbury, Challenge riders can push on to Petersburg for 50 miles.
Sunday April 20 10:00 a.m.	Rotary Park Marty Celnick 522-4206	ABC – Marty will take us where he will take us. 25 & 40 mile options.
Saturday April 26 10:00 a.m.	Sangamon Valley Trail head Bunker Hill Rd Ernie DeFrates, 971-1246	ABC – Ride 30 miles or so with Ernie. . Consider it a warm-up for tomorrow's Cycling Challenge.
Saturday April 26 11:00 a.m. <b>Note Time</b>	Lincoln Park 1601 N. 5th St Kevin Greene, 793-9622	EZ – <b>Earth Awareness Fair Bike Ride</b> . Ride for about 1 hour at a relaxed pace through city neighborhoods. After the ride, visit the exhibits and activities at Springfield's 22nd annual Earth Awareness Fair. The fair will be held from 10 a.m. to 2 p.m. at Lincoln Park.
Sunday April 27 9:00 a.m. <b>Note Time</b>	Rotary Park Derek & Brigetta Ewing, 624-2016 See separate article in QR	ABCD – This is the first of five events in the 2014 <b>Cycling Challenge</b> . The Cycling Challenge is designed to aid in your cycling fitness in preparation for SBC's Capital city Century. 100 miles with 25 and 50 mile options. Bring it on!

## Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR.

*NOTE: 'Other area ride' miles count for club miles, as they are organized rides.*

Other Area Rides & Events		
Tuesdays 6:00 p.m.	Washington Park Pavilion on the South side of the park Jeff Williams, 546-8819 Jeff(at)jeffveloart.com Facebook: Jeff Curtis Williams	<b>Tuesday Night Trail Rides</b> – MTB/cyclocross/off road bikes recommended. All Are welcome! We will split off at Washington & Koke Mill to do the “church trail”. <b>LIGHTS and HELMETS</b> please and thanks!!! Disclaimer: <b>Routes will vary based on conditions.</b> Contact Jeff for more information.
Wednesdays 5:30 p.m.	Wheelfast 17 Cottonwood Dr Matt Saner, 483-7807	<b>ABC — Wheelfast Road Ride.</b> Intermediate training ride. Meet at the bike shop and plan on 16-20 miles.
Thursdays 5:45 p.m.	Scheels 3801 S. MacArthur Blvd Michael Ritzer, 726-6330	<b>Trail and Road Ride</b> — A chance for fellow bike enthusiasts to get together and share their passion. This ride is intended for all levels of riders. Some riders stay on the trails for 10-12 miles while others add a road ride for 20-30 miles. A designated rider leader stays at the back of each riding group.
Friday April 28 5:30 p.m.	State Capitol Visitors' Center 425 S. College St. (west of the Stratton Building across College Street) Alan Escobar, 638-9523	EZ – <b>Critical Mass Ride.</b> Ride for about 1 hour at a slow pace. Suitable for all bikes. Critical Mass is a worldwide event held the last Friday of every month. It is open to all, and it welcomes all riders to join in a celebration of riding bicycles. Why? Because bikes are fun! <b>Front and rear LIGHTS recommended.</b>
Regional Events		
N/A	N/A	<i>For an up-to-date listing of upcoming rides, go to <a href="http://www.mikebentley.com">www.mikebentley.com</a> and check <b>Illinois Bicycle Rides</b> .</i>

### 3rd Annual Illinois Bike Summit – April 15, Champaign

Join other bicycle advocates and interested professionals from around the state in Champaign on Tuesday, April 15. Over 200 people are expected for a day of learning and networking, meant to help you make your town more bike-friendly! The event is co-sponsored by the League of Illinois Bicyclists and Champaign County Bikes.

There will be something for everyone, as this year's Summit features more options and speakers. Most time slots will offer breakout sessions, each with a lineup of panelists sharing a range of experiences from different parts of the state. Other options include a technical training track, field trips, “coffee talks” on niche topics, and ample networking time.

The main program runs from 10am-4:15pm, starting with a session on IDOT's new Bicycle Transportation Plan. IDOT Secretary Ann Schneider will summarize the plan, and LIB's Ed Barsotti will describe implementation priorities of the bicycling community.

Get more information at [www.bikelib.org/other-advocacy/illinois-bike-summit/](http://www.bikelib.org/other-advocacy/illinois-bike-summit/)



**Board Meeting Minutes - March 5th, 2014**  
**by Chanell Bradbury, Recording Secretary**

Present. Tom Clark, Chanell Bradbury, Ken Anderson, Stephen Paca, Gladys Hajek, Jim Hajek, Lynn Miller, Bill Donels, Joe Agner, Alan Whitaker, Marty Celnick, Mike Schwab.

The meeting was called to order by Tom Clark at 7:17 p.m.

President's Remarks. Conducted by Tom Clark. Tom thanks the members of the Stair Climb team.

Vice President's Remarks. Conducted by Tom Clark. Still in search of VP. Joe Agner reported that the Vice President Search Committee met 3/4/14. The discussed possible candidates for the position. Joe is contacting possible candidates via email to progress on the search. Tom asked for any volunteers for ride leaders for the month of April. Lynn is the ride scheduler for the month.

Secretary's Report. Conducted by Alan Whitaker. Four new members were reported for the month of February.

Recording & Membership Secretary's Report. Conducted by Chanell Bradbury. February's Minutes were emailed to the Board in advance, and were approved by the board.

Treasurer's Report. Conducted by Jim Hajek. The Treasurer's Report was submitted via email prior to the meeting. Jim reported that February 2014 had an ending balance of \$17,023.07. The Treasurer's Report was approved.

Incentive Chair Report. Stephen Paca conducted the Incentive Awards. There were no rides eligible for the Ride of the Month Award for February. There were no Ride Leaders eligible for the Ride Leader Incentive Award for February. The Almost Anything Award for February was given to The Bicycle Advisory Council and City of Springfield Traffic Engineer Lori Williams.

Special Events Report. Conducted by Tom Clark. Harv Koplo and Tom Clark discussed, refined and mapped out a proposed route for adding a Challenge Route to the CCC, and mapped out different proposed routes.

Legislative/Education Report. Lynn Miller and Bill Donels conducted the Legislative and Education Report. Bill reported on items related to the Bicycle Friendly Community initiative. Lori Wagner will be meeting with Lynn and Bill this week to discuss the most recent developments in the City of Springfield's plan regarding bicycle accommodations on 2nd Street. Bill reported that he has been in contact with two people with League of American Bicyclists regarding applying for bronze level for the City of Springfield. A new slide show is needed for this application. Based on discussion, Board members suggested to Bill that SBC has plenty of resources to create a professional slide show, and that the BAC might want to draw on those resources rather than contracting it out to be done. The board discussed taking on more outreach programs to spread the Bicycle Friendly Community's agenda throughout the community.

Social Chair Report. Gladys Hajek conducted the Social Chair Report. Gladys reported there were 31 attendees at February's socializer. March's socializer will be held on March 12th 5:00 p.m. - 7:00 p.m. at The Barrel Head, 1577 Wabash Ave, Jerome, IL 62704.

[continued next page]

[Board Minutes continued from page 9]

Newsletter Editor Report. Joe Agner conducted the Newsletter Editor Report. Joe reported several unrelated problems with the newsletter, regarding the communication with the printing company, the timeliness of content being submitted, as well as SBC board email issues. Joe will be resolving these issues as promptly as possible.

Webmaster Report. Alan Whitaker conducted the Webmaster Report. The socializer and the challenge are featured on the website. Back to Daylight Savings Ride March 9th is to be added to the Facebook Page.

Old Business. Chanell Bradbury and Alan Whitaker reported that the Database Transition Team met in February, and made good progress. They will be meeting again in the beginning of March.

New Business. No new business.

The meeting adjourned at 8:34 p.m. The next meeting is scheduled for Wednesday, April 2nd, 2014 at 7:00 p.m. at the home of Ken and Sandy Anderson

## Classified Ads - For Sale By Member

### Felt B16 TT/TRI Bicycle

Outstanding competition bike; good value with fast aerodynamic frameset, internal cables, and high-end components. Original equipment includes Shimano 105 derailleurs, Felt TTR4 wheels (650c) and Vittoria Rubino tires. Wellgo Road pedals and set of Vredestein Fortezza tires are included. Like new; raced less than 250 mi. Frame size 48 cm.

Asking \$1200. Call Ted or Judy Sunder: 698-9194

### Dean's Stuff For Sale – Cheap or FREE!

As a “serious” cyclist for more than 40 years and one who was always looking for something new, I have accumulated a lot of stuff I no longer need. Some of the stuff is almost like new and some is older but still serviceable. If you see something on the list of interest, please email me for more details and to arrange a time to come take a look. Bring money. [deanwisleder@gmail.com](mailto:deanwisleder@gmail.com)

In the interest of saving newsletter space, I have kept the item descriptions short. Some items such as the bike and trike require a lot more detail which I will happy to provide.

Bike Friday Air Glide Travel Bike with Suitcase	\$1700
Greenspeed Anura Trike	\$1100
Lake Model MXZ302 Winter Cycling Boots (Men's 46)	\$80
Planet Bike Neoprene Shoe Covers	\$12
AXO Boots (Men's 10)	\$10
Floor Pump – Long hose, fits Presta or Schrader	\$2
Kirtland Rear Panniers – 5 compartments each side	\$30
Carradice Nelson Longflap Saddlebag	\$30
Chamois Butt'r – 8oz. Tube	\$3
Nashbar Handlebar Bag & Mount	\$10
Nashbar Expandable Trunk Bag – Large	\$15
Cannondale Wedge Pack – Medium-Large	\$5
LED 1000 Lumen Headlight w/Battery & Charger (NEW)	\$25
SBC Newsletters from ~1973 – 2012	FREE
Illinois County Maps (1/2"/Mile) All but Cook Co.	FREE
Water Bottles (used)	FREE

# Springfield Bicycle Club Membership Application

 New Member

 Renewing Member

 Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

### Type of Membership (check one):

 Individual: \$15 per year

 Family: \$20 per year

 Contributing: \$25 per year

 Sustaining: \$50 per year

 Patron: \$100 per year

 Corporate: \$100 per year

### Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of:  Club e-mail announcements

Quick Release mailing (issues are available at [www.spfldcycling.org](http://www.spfldcycling.org))

I would like to help with SBC activities:  Yes  No

If yes, please check any specific areas of interest:

 Lead bike rides

 Help with social activities

 Help with bicycle advocacy

 Help w/ Capital City Century

 Serve on the SBC Board

 Other \_\_\_\_\_

### Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

### Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: \_\_\_\_\_

\*providing birth dates is optional, but recommended to help us keep track of club demographics.

### Mail with Check to:

Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705

Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705  
Address Service Requested  
Not for Commercial Use

Presorted Standard  
U.S. Postage Paid  
Springfield, IL  
Permit #800

## Springfield Bicycle Board Members

### President

Tom Clark  
726-5560  
president(at)spfldcycling.org

### Treasurer

Jim Hajek  
698-7626  
treasurer(at)spfldcycling.org

### Legislative/Educational

Bill Donels / Lynn Miller  
546-8036 / 787-3354  
legislative(at)spfldcycling.org

### At-Large Members

Mike Schwab  
801-7224  
at-large(at)spfldcycling.org

### Vice President

Vacant  
vp(at)spfldcycling.org

### Special Events

Harv Koplo  
899-9175  
events(at)spfldcycling.org

### Web Master

Alan Whitaker  
494-6807  
webmaster(at)spfldcycling.org

Dave Lucas  
585-1078  
at-large(at)spfldcycling.org

### Board Secretary

Alan Whitaker  
494-6807  
secretary(at)spfldcycling.org

### Records

David McDivitt  
787-5964  
records(at)spfldcycling.org

### QR Editor

Joe Agner / Mike Agner  
361-5077  
editor(at)spfldcycling.org

Marty Celnick  
522-4206  
at-large(at)spfldcycling.org

### Recording Secretary

Membership Chair  
Chanell Bradbury  
recording(at)spfldcycling.org

### Social Chair

Gladys Hajek  
social(at)spfldcycling.org

### Incentive Chair

Stephen Paca  
766-2604  
incentive(at)spfldcycling.org

Ken Anderson  
522-3876  
at-large(at)spfldcycling.org

Ray Caruso  
891-5464  
at-large(at)spfldcycling.org

### **Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40**

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.

**QR Deadline is the  
15th  
of the month**