



# the Quick Release

[www.spfldcycling.org](http://www.spfldcycling.org)

May 2014

## Incentive Report

by Stephen Paca, Incentive Chair

**RIDE OF THE MONTH:** Harv Koplo's ride from Rochester Station to close out the month was voted Ride Of The Month for March 2014. Even though there was a fair amount of wind, a good number of riders showed up to enjoy the Sun and warmer temps as they rode routes of 28 to 38 miles. Thank you, Harv, for putting together a nice ride.

**ALMOST ANYTHING AWARD:** The March AAA goes to Ray Caruso for his "Being Bicycle Friendly" presentation at the Pecha Kucha Night. Ray joined several other presenters at the Hoogland Center for the Arts to give talks on various topics. The format for talks at Pecha Kucha Night is 20 slides, and 20 seconds per slide. This was a great way to share the idea of being bicycle friendly with the community. Thanks, Ray, for helping to spread the word.

**MONTHLY RIDE LEADER INCENTIVE DRAWING:** Jerry Ihnen's name was drawn for the Ride Leader Incentive award. He will receive a \$50 gift certificate to the local bicycle shop of his choice. Congratulations, Jerry, and thanks for being a ride leader.

***Any rider or member can nominate rides or leaders for the above recognition. Please send nominations or ride anecdotes to [incentive \(at\) spfldcycling.org](mailto:incentive@spfldcycling.org)***

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## **Secretary's Report**

by Alan Whitaker, Secretary

### **New Members**

Alexis Burnett  
Adam Dichsen  
Larry Stone  
Tom and Barb Young

### **New Members at the Contributing Level**

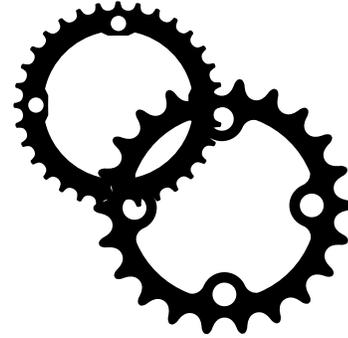
Justin Burdick  
Tina Neely

### **Renewals**

JoAnn Abrams  
Michael Castleman  
Bill McGee  
Stephen Paca & Kristina Mucinskas  
Connie Roberts  
Annette Williams and Chuck Zalar

### **Renewals at the Sustaining Level**

Vaughn Morrison & Sherry Knight



Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

**Thanks to all for your support of the SBC and bicycling!!**



To **join or renew online**, go to [www.spfldcycling.org/membership](http://www.spfldcycling.org/membership)  
and click on the **Active.com** link.

## **President's Column**

*by Tom Clark, President*

We have a lot of great events coming up in May, which is National Bicycle Month. Springfield Sangamon County Regional Planning Commission (SSCRPC) will be holding its 6<sup>th</sup> annual Curb Your Car Week from Monday, May 19 through Saturday May 24. Springfield area organizations stage a friendly competition in small, mid-sized and large categories to record the highest percentage of participants using alternative transportation modes (walk, run, bike, bus). SBC members are encouraged to participate. Thanks to **Linda Wheeland**, **Dale Schultz** and SSCRPC Transportation Planning staff for organizing this weeklong event once again in 2014. For details, Google "SSCRPC Active Transportation."

Two related events occur on Wednesday, May 21. At 7:30 a.m., Illinois Department of Transportation Secretary **Ann Schneider** and Illinois Department of Revenue Secretary **Brian Hamer** have been invited to act as honorary leaders of SBC's annual Bike to Work Week Group Commute, which will end at the Downtown Farmers Market in front of Café Moxo. At 7:00 p.m. that evening, our 2<sup>nd</sup> annual Ride of Silence will be held at the State Capital Visitors Center, 425 S. College. **Naomi and Kevin Greene** will lead this memorial ride. See the ride schedule for details.

**The Challenge continues! Derek and Brigetta Ewing** will stage the next SBC Great Cycling Challenge on Sunday, June 1. This is the second of five challenge events. Each includes 25, 50 and 100 mile options. Participants can earn a Bronze, Silver or Gold medal, by riding at least 125, 200 or 375 miles total during the series. You don't need to be an SBC member to participate; all riders are welcome. Brigetta will ride at the back of the 25-mile group. The ride is non-supported, but riders can visit convenience stores on the route along the way.

We have a nice ride schedule once again in May, thanks to the efforts of monthly ride scheduler **Barry Tobias** and our new Vice President **John Nelson**. Much appreciated, Barry and John! Leader-led Club rides this month include a ride from New Salem on May 4 led by **David Banks**, a Café Moxo ride led by **Kevin Greene** on May 17, an UN-Traditional Kampsville Ride led by **Alan Josephson** the morning of May 24, and a Night Ride from Boone's Saloon/Capitol Area Visitors Center led by **Michael Higgins** the evening of May 24. The Night Ride will include a lights giveaway. Other Club ride leaders in May include **Tom Clark** (May 3), **Les Warden** (May 10), and **Barry Tobias** (May 18). Thanks to one and all!

Ride leaders who accumulate 3 or more points during a month by leading mapped weekend rides (3 points) and/or non-mapped rides (2 points) will have their names placed in the hat for a chance to win a \$50 bike shop gift certificate.

And thanks to SBC's weekend & holiday A ride organizer, **Lisa Kidd**. These A-level rides are intended for extremely strong and competitive riders with expert bike handling skills. As such, they compliment our slower-paced and (typically) shorter weekend & holiday Club rides.

Hope to see you on a bike ride! -Tom



## The Badger State is a Great Destination for Biking

*by Jon Popovitch*

Since I have started riding, I have enjoyed reading magazine and blogging articles describing various trips around the world. Living in Central IL, I have been looking for destination trips that are also affordable. Growing up, one of my favorite destinations was to head to northern Wisconsin to experience one of nature's impressive displays of color. So naturally a trip to the north woods for the fall would be a destination to consider.

North Central Wisconsin has a plethora of different trail systems that are bicycle friendly. A trip to consider would be a weekend trip to Wausau, WI. Originally founded as a logging community, the land that once was called Big Blue Falls is now a modern bustling city.

The Ice Age National Trail and the Mountain-Bay Trail are monitored state and federal networks of crushed limestone paths. The Ice Age National Scenic Trail is over 1200 miles long. The Mountain-Bay trail, which shares some of the same network path leaving Wausau, travels across the rest of Marathon County for 18 miles.

Additionally there is a system of bicycle paths zig-zagging across the Wisconsin River and through the city that provide access to many different stores and restaurants. More importantly, there are a few microbreweries in town that you can reach via bicycle.

A must visit is the Red Eye Brewing Company. This microbrewery is located on the East side of Wausau. Their mission is to measure business success through commitment to the community and the environment, paired with sound economic practices. Their building uses renewable resources such as solar panels to provide energy to their building.

The most visually capturing aspect of the building would have to be the vintage suspended bicycles from the rafters. The building has exposed rafters moving across the ceiling. Benotto, Colnago and a few other names that I didn't recognize hang by their seat post.

Among these bikes, there is a massive chalk board with the beers they have on tap. In addition to having a great beer selection, their food menu is outstanding! Try their fire oven pizza, heated with local hard woods. The pizza dough is all organic, with hand chopped ingredients. I ordered the Thai chicken Wrap, with some of their home made kettle chips! Wisconsin trails and beer, a perfect combination!

For more information, follow these links.

<http://www.nps.gov/iatr/planyourvisit/directions.htm>

<http://mountain-baytrail.org/trail-information/marathon-county/>

<http://www.bicyclewausau.org/>

<http://www.redeyebrewing.com/>



# Capital City Biathlon

Saturday

May 24, 2014

7:30 a.m.

Lake Springfield  
Beach House

Run 3.1 miles  
Bike 15 miles

**\$40/individual (\$50 after April 26)**

**\$75/team (\$85 after April 26)**

**Packet pick-up: 4:00–7:00 p.m. May 23  
at the Lake Springfield Beach House**

The race transfer policy can be found at the website below. Each entrant must sign a waiver at packet pickup. Please make checks payable to:

**Capital City Biathlon, Inc.**

1315 W. Lawrence Ave.  
Springfield, Illinois 62704

**[www.capitalcitybiathlon.com](http://www.capitalcitybiathlon.com)**



**Habitat for Humanity**

of Sangamon County

**MEMORIAL WEEKEND-May 23-26, 2014- OUT OF TOWN RIDE- QUAD CITIES**

Think warm, sunshine and a chance to be outside. It's not too early to think about Memorial weekend in the Quad Cities.

We have reserved a block of rooms at the Quality Inn Davenport (#2 in trip advisor) for Memorial Weekend at a cost of \$76 +tax per room, per night, breakfast included. Bicycles will be permitted in the rooms. The cut off date is May 1<sup>st</sup> so please check with me ([ahjosephson@gmail.com](mailto:ahjosephson@gmail.com)) to see about availability and reservations ASAP.

Our past times in the Quad Cities have been wonderful for both riders and non-riders alike. It is NOT a far drive from Springfield. There are some great trails and roads to ride. For non-riders there are plenty of shopping areas, museums and places for just walking around. Arsenal Island is a favorite for both. Go on line and check out the area.

From our location on the North side of Davenport near I-80, we will have to load up our bikes to travel to the trail rides. Country rides may be accessible from the hotel or not. Distances will vary but usually are in the 25-45+ mile range depending upon if we break down into 2 or more groups. All groups ride together so no one is left behind. We do plan to ride Duck Creek trail probably on Monday.

Meals are on our own although I try to offer group dinners at some agreed upon restaurant in the area.

If you haven't gone on any out of town rides previously, give it a try. You will enjoy a new place, really like the group and have a great time.

Any questions you may have regarding this trip please let me know, even if you are a non-rider or new to the SBC.

Remember for reservations and up to date information contact me.

Alan Josephson  
217-793-0590  
[ahjosephson@gmail.com](mailto:ahjosephson@gmail.com)

## *LIB Extra - from the League of Illinois Bicyclists*

Advocacy, rides, and more - for further stories, see [www.bikelib.org](http://www.bikelib.org) and our current newsletter

### **Illinois Bike Summit Huge Success**

Nearly 300 bicycle advocates and professionals attended the third annual Illinois Bike Summit on April 15 in Champaign. It was a day of learning and networking, with a theme of “Advance your Agenda” to help attendees make their towns more bike-friendly! The event was co-sponsored by [LIB](#) and [Champaign County Bikes](#), with help from other organizers and generous support from 14 sponsors.



The presentations, attendee list, printed program, and more are all available at the Summit webpage, [www.illinoisbikesummit.org](http://www.illinoisbikesummit.org).

### **State Bike Transportation Plan Released**

The Illinois Department of Transportation released its much-anticipated [Illinois State Bike Transportation Plan](#) at the 2014 Illinois Bike Summit on April 15. The plan is part of IDOT’s Long Range Transportation Plan and the agency’s Transforming Transportation for Tomorrow multimodal vision of a modern transportation system that works for all users. Using extensive public outreach, internal policy review, and comparison to federal and states’ best practices, IDOT’s plan plots a course for a more bicycle-friendly Illinois.

The plan presents an ambitious slate of action items and performance measures for IDOT, while offering recommendations for other state departments and local agencies. [IDOT’s bike plan website](#) includes PDFs of its summary, technical documents and appendices. At the Summit, LIB presented [10 priority plan recommendations and performance measures deemed most impactful to bicyclists](#). LIB and others in the bike community intend to work with IDOT on implementation progress for these and other issues.

### **Transportation Enhancements Grants Announced**

Grant winners from the 2013 Illinois Transportation Enhancements Program (ITEP) were announced on April 12. The vast majority are trails and other bikeway projects. ITEP is administered by the Illinois Department of Transportation, using federal Transportation Alternatives Program (TAP) funding. LIB thanks IDOT and the Governor’s office for:

- Keeping all TAP dollars for TAP-related purposes, and bringing in additional funds;
- So heavily emphasizing bicycling among TAP-eligible categories;
- Fully funding larger, regionally-significant projects – instead of spreading funds too thinly.

See [www.bikelib.org](http://www.bikelib.org) for the list of 71 projects totaling \$52.7 Million.

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***Bike club members:*** LIB's efforts to improve bicycling are supported by 1,500 members – many belonging to clubs that donate. Become an individual member at [www.bikelib.org/join](http://www.bikelib.org/join)

## May 2014 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at [www.spfldcycling.org](http://www.spfldcycling.org). Unless otherwise indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

RIDE CLASSIFICATIONS	
<b>NC</b>	<b>Non-Cycling events.</b>
<b>MB</b>	<b>Rides suitable for mountain bikes.</b>
<b>EZ</b>	<b>For riders who prefer a pace under 10 mph.</b> These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.
<b>D</b>	<b>For novice or recreational riders.</b> Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leaders or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.
<b>C</b>	<b>For competent riders with basic safety and bike handling skills.</b> These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12-15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.
<b>B</b>	<b>For strong, experience riders with considerable group riding experience.</b> Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.
<b>A</b>	<b>For extremely strong and competitive riders with expert biking handling skills.</b> Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper ([records@spfldcycling.org](mailto:records@spfldcycling.org)).

*Questions about leading a ride? Contact [vp@spfldcycling.org](mailto:vp@spfldcycling.org) .*

Weekday Daytime Rides		<i>Check start times!</i>
Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Pavilion on the South side of the park Pete Gudmundson, 523-8200	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Pete shows up often enough for this ride that he should be able to answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper. <b>*Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.</b>
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride, Lake Taylorville parking lot, Rt 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tom Clark, 726-5560 Dave Ross 789-4823	BC — Westside Lunch Ride. Dave or Tom will hit the trails or go out in the country.
Weekday Evening Rides		<i>Check start times!</i>
Monday 5:45 p.m.	East end parking lot, Wabash Trail by Sonic (Wabash & Park) Amy Goldesberry, 714-8762	BCD — Leave from the east end of the Wabash Trail at Sonic. Riders may also start from AMC Parkway Pointe (Lindbergh & Robbins Rd) at 5:30 p.m. This popular ride will get you 16 miles from Sonic or 21 miles from Parkway Pointe.
Tuesday 5:30 p.m.	IDOT, Dirksen Pkwy & Ash St Show-N-Go	BCD — Show-N-Go ride on the Lost Bridge Trail for 10-14 miles.
Tuesday 6:00 p.m.	State Capitol Visitor's Center 425 S College St (west of the Stratton Building, across College) Kevin Greene, 793-9622	EZ- 10 miles at a relaxed pace through city neighborhoods. Those interested will meet for dinner afterwards at a local restaurant.
Wednesday 6:00 p.m. <b>Starting May 14.</b> No ride on May 21 (Ride of Silence)	Centennial Trail South End Parking Lot, Bunker Hill Rd Alan Whitaker, 494-6807	BCD — Ride the trail for 12 or add a low traffic county road to the airport for a total of 15.
Thursday 5:30 p.m.	IDOT Dirksen Pkwy & Ash St Cindy Kvamme, 971-8687	BCD — Ride the Lost Bridge Trail for 10-14 miles.
Mon., Tues., Wed., & Th. 6:00 p.m.	Pana Trail, Lake Taylorville parking lot, Rt 29 Charlie Witsman, 299-7038	Show-N-Go — Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions. Lights required.
Weekend Daytime Rides		
Saturday 4:30 p.m.	Lewis Memorial Park Koke Mill Rd Robert LaBonte, 787-0237	MB — Meet at the pavilion and ride the church trails for an hour or so. This ride will be at an easy pace and is suitable for beginner and intermediate riders. Ride is dependent on trail conditions so call Robert for details. If you don't have a mountain bike, Robert can loan you one if your call ahead.
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 341-6181	<b>Weekend A-Ride.</b> This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. <b>*Disclaimer: Schedule sometimes changes due to weather. Please call ahead.</b>

Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 341-6181	<b>Weekend A-Ride.</b> See Saturday Weekend A-Ride description. <b>*Disclaimer: Schedule sometimes changes due to weather.</b> <b>Please call ahead.</b>
<b>Scheduled Rides and Events</b>		<b>Check start times!</b>
Saturday May 3 9:00 a.m.	Rotary Park Iles and Archer Elevator Tom Clark, 726-5560	ABC — Ride 40 – 50 miles to Pleasant Plains and beyond with Tom. Shorter distances available.
Sunday May 4 9:00 a.m.	New Salem State Park Rt 97 Petersburg David Banks, 691-2917	ABC — Meet at the visitors' center parking lot. David has new roads for us to explore! Ride options are 32 or 54 mile. The 32 miler is out to site M campground and back, water and bathrooms at the campground. The 54 miler is Chandlerville, Oakford loop. Taverns and restaurants in both towns but you should bring plenty of water and GU's just in case. The route to Chandlerville winds thru Panther Creek, is rolling and scenic then flattens out between Chandlerville, Oakford and back to New Salem.
Wednesday May 7 7:00 p.m.	Residence 2301 Sangamon Avenue Ken Anderson, 522-3876	NC — <b>Board Meeting.</b> All SBC members are invited to attend the board meeting.
Saturday May 10 9:00 a.m.	Rochester Station Lost Bridge trailhead Les Warden, 299-1118	ABC — Les will take us on a ride for 30 to 50 miles to Edinburg and Roby or on to Mechanicsburg.
Sunday May 11 9:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go — Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Saturday May 17 9:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go — Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Saturday May 17 9:00 a.m.	Café Moxo 411 E. Adams Kevin Greene, 793-9622	EZ — Kevin will lead a 10 mile ride at a relaxed pace through city neighborhoods. <i>NOTE: Those interested in an ABC ride may do a 9 a.m. Show-N-Go from Vredenburg Park.</i>
Sunday May 18 9:00 a.m.	Waldrop Park Sherman Barry Tobias, 303-6782	ABC — Barry will lead you on a ride to Elkhart for 28 or on the Athens for 50 miles
Monday Through Friday May 20-24	Your Residence!	NC — <b>Curb your car during Bike to Work Week.</b> Join other bike commuters from SBC and the Springfield area for the ride into work all week long! This is the fifth year for the event. Check with your employer to see if it is participating in the Curb Your Car challenge. For details go to the Springfield-Sangamon County Regional Planning Commission alternative transportation website at <a href="http://www.co.sangamon.il.us">www.co.sangamon.il.us</a> . Don't forget to turn in commuting miles to the club record keeper.
Wednesday May 21 7:30 a.m.	Washington Park Pavilion (south side of park) Bill Donels, 546-8036	NC — <b>Bike to Work Week Group Commute.</b> This will be a ride as part of the Curb Your Car week, riding from the park to downtown at the farmers market grand opening in front of Cafe Moxo. IDOT Secretary Schneider and IDOR Secretary Hamer have been invited to be honorary ride leaders. Those interested can continue the ride out to a trail.

Wednesday May 21 7:00 p.m.	State Capitol Visitors' Center 425 S. College St. (west of the Stratton Building across College Street). Parking lot entrance on Edwards St. Naomi and Kevin Greene, 793-9622	EZ — <b>Ride of Silence</b> . Join cyclists worldwide in a silent, slow-paced ride (max. 12 mph) in honor of those who have been injured or killed while cycling on public roads. The goal is to raise awareness that cyclists have a legal right to the public roadways and to ask that we all share the road. Riders should begin gathering at 6:30 PM. The ride will depart in silence at 7:00 PM. Helmets recommended, lights required. To learn more about this ride and its history, please visit: <a href="http://www.rideofsilence.org">www.rideofsilence.org</a> .
Friday May 23 4:00 p.m.- 7p.m.	12 Washington Place Lynn Miller, 787-3354	NC — <b>'Goodbye to SPI'</b> garage sale 4 pm to 7 pm May 23 at home of Lynn Miller. Beer and wine may be involved. Help Lynn clean out his stuff as he prepares to leave for rainy rides in Redmond, WA. Some adventures ahead with family/grandkids.
Saturday May 24 9:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go — Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Saturday May 24 9:00 p.m.	Boone Saloon/State Capitol Visitors Center parking lot Michael Higgins, 836-9821	EZ — <b>Night Ride</b> . Chef Michael Higgins has a 12 mile route. Helmets recommended, lights required. <b>Light give-away at 8:00PM.</b>
Sunday May 25 9:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go — Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient.
Saturday May 31 11:00 a.m. <b>NOTE TIME</b>	Vredenburg Park Saxon Dr & Crusaders Rd Mike Kokal, 618-560-9288	ABC — <b>Lunch &amp; Winery Ride</b> . Ride with Mike to Shepps in New Berlin for lunch, and then on to Danenberger Family Vineyards (12341 Irish Road, New Berlin) for snacks and libations. 16-24 miles depending. D riders can ride the trail.
Sunday June 1 8:00 a.m. <b>NOTE TIME</b>	Location Address Derek & Brigetta Ewing, 624-2016	ABCD — <u>Springfield Bicycle Club Cycling Challenge #2</u>  <b>Mark your calendars!</b> Location and ride description will appear in the June QR.

## Cycling Route Marker Needed: Illinois Senior Olympics

Illinois Senior Olympics is looking for someone to mark the routes for their time trial and 20k road races this July. Former SBC member Ed Taylor marked their routes for years, but has moved away. These events will be held on Saturday, July 12, 2014 with a rain date of Sunday, July 13, 2014. If interested, contact State Games Director Jennifer Phillips, at 217-528-4035 ext. 130 or [rsvp@ssoci.org](mailto:rsvp@ssoci.org).

## Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR. *NOTE: 'Other area ride' miles count for club miles, as they are organized rides.*

Other Area Rides & Events		
Tuesdays 5:30 p.m.	Biketek 957 Clock Tower Dr Jim Elliott, 529-5848	<b>Bike Tek Road Ride.</b> This ride is for C level riders. Jim will lead a ride for about 15 miles at a much easier pace.
Tuesdays 5:45 p.m.	Biketek 957 Clock Tower Dr Ray Caruso, 891-5464	<b>Bike Tek Salisbury Hills Ride.</b> A and B group leaders assist developmental riders. The route is challenging and hilly. Each group reforms periodically. The Thursday rides are all show-n-go rides, with no official leader.
Wednesdays 6:10ish p.m.	? Wheelfast 17 Cottonwood Dr Matt Saner, 483-7807	<b>Wheelfast Road Ride.</b> ABC Intermediate training ride. Meet at the bike shop and plan on 16-20 miles. The ride will begin when the shop is closed and locked up for the evening.
Every other Wednesday May 14 & 28 5:30 p.m.	New City Church parking lot New City Rd Pawnee Steve Schien, 741-8388	<b>New City Time Trials.</b> This is a non-affiliated 10.85-mile time trial on Pawnee New City Road. Most riders are seeking to improve their cycling ability and personal time trial speed. All are welcome to participate. Check-in immediately after arriving. The goal is to send off the first rider at 6:00. Riders are started in 15-second intervals starting with the slower riders first. Bring \$2 for the timer. Ask to be put on the email group to learn of date and time changes.
Thursdays 5:45 p.m.	Scheels 3801 S. MacArthur Blvd Michael Ritzer, 726-6330	<b>Trail and Road Ride.</b> A chance for fellow bike enthusiasts to get together and share their passion. This ride is intended for all levels of riders. Some riders stay on the trails for 10-12 miles while others add a road ride for 20-30 miles. A designated rider leader stays at the back of each riding group.
Thursdays 5:45 p.m.	Biketek 957 Clock Tower Dr Ray Caruso, 891-5464	<b>Bike Tek Salisbury Hills Ride..</b> A and B group leaders assist developmental riders. The route is challenging and hilly. Each group reforms periodically. The Thursday rides are all show-n-go rides, with no official leader.
Friday May 30 5:30 p.m.	State Capitol Visitors' Center 425 S. College St. (west of the Stratton Building across College Street) Alan Escobar, 638-9523	<b>Critical Mass Ride.</b> Ride for about 1 hour at a slow pace. Suitable for all bikes. Critical Mass is a worldwide event held the last Friday of every month. It is open to all, and it welcomes all riders to join in a celebration of riding bicycles. Why? Because bikes are fun! <b>Front and rear LIGHTS recommended.</b>
Regional Rides		
		<i>For an up-to-date listing of upcoming rides, go to <a href="http://www.mikebentley.com">www.mikebentley.com</a> and check <b>Illinois Bicycle Rides</b></i>
May 23-26	Alan Josephson, 793-0590	<b>Out of town Quad Cities Ride</b> category NC-B Join Alan and try something new. Join the group of non-riders and riders for a fun filled weekend. See article elsewhere in the QR. Contact Alan for room availability by May 1.
Saturday May 31	Barry Tobias, 303-6782	<b>Tour de Cure.</b> Annual ride in St. Louis area to benefit American Diabetes Association. Contact Barry for more information.

**Board Meeting Minutes - April 2nd, 2014**

by Chanell Bradbury, Recording Secretary

Present. Tom Clark, Chanell Bradbury, John Nelson, Ken Anderson, Stephen Paca, Gladys Hajek, Jim Hajek, Lynn Miller, Bill Donels, Joe Agner, Alan Whitaker, Marty Celnick.

The meeting was called to order by Tom Clark at 7:08 p.m.

**President's Remarks.** Conducted by Tom Clark. No special remarks.

A special election for Vice President was on the agenda. John Nelson was placed in nomination, and there being no other candidates, was elected Vice President by acclamation.

**Vice President's Remarks.** Tom Clark introduced and welcomed Vice President John Nelson. John described progress to date on the May ride schedule. Ride Committee member Barry Tobias is ride scheduler for May.

**Secretary's Report.** Conducted by Alan Whitaker. Nothing new to report.

**Recording Secretary's Report.** Conducted by Chanell Bradbury. March's Minutes were emailed to the Board in advance, and were approved by the board.

**Treasurer's Report.** Conducted by Jim Hajek. The Treasurer's Report was submitted via email prior to the meeting. Jim reported that March 2014 had an ending balance of \$16,929.03. The Treasurer's Report was approved.

**Incentive Chair Report.** Stephen Paca conducted the Incentive Awards. The Ride of the Month Award for March was given to Harv Koplo. The Ride Leader Incentive Award for March was given to Jerry Ihnen. The Almost Anything Award for March was given to Ray Caruso for his Pecha Kucha presentation.

**Special Events Report.** Conducted by Harv Koplo. There is now a Volunteer Coordinating Committee for the CCC, which met for the first time in late March. Kathy Popovich will be the committee chair. there will be volunteer check-in at the K of C in Springfield and Clayville Food Stop, as well as job description in a volunteer packet will be mailed out in advance. The Volunteer Committee discussed how other larger scale events are organized, and explored ideas on restructuring the organization of the event planning for the CCC. Derek Ewing and Tom Clark refined and mapped out a new route, adding a Challenge Route with a double metric route (125 mile route) to the CCC. Harv has secured Clayville as a new food stop on the CCC route, with the possibility of having family activities there during CCC. Harv will be meeting with Jeff Williams in early April in regard to designing the t-shirt's for this years CCC. Harv has reviewed all of the committees required to put on the CCC. He has designated most of the committee chairs, and will fill the remaining vacancies soon. Harv also discussed our current and future reciprocal marketing of CCC with regional bike clubs. Chanell suggested involving the club in local parades for more exposure. The Board agreed that it is an interesting idea and will explore the options.

**Legislative/Education Report.** Lynn Miller and Bill Donels conducted the Legislative and Education Report. Bill reported on items related to the Bicycle Friendly Community initiative. Bill and Tom have been working on producing a PowerPoint presentation for Becoming a Bicycle Friendly Community. Bill was asked to be involved with the planning committee, and to give input on behalf of the SBC on proposed bike routes that will follow the Sangamon River.

Lynn Miller reported that the Bicycle Advisory Council heard from Lori Williams from the City of Springfield regarding the 2nd street bike route, and that although there were some objections to removing parking on some sections, Lori thinks everything will get worked out. Striping will occur this spring.

Bike to work/curb your car week for Springfield is May 19-24, 2014.

**Social Chair Report.** Gladys Hajek conducted the Social Chair Report. April's socializer will be held on April 9th 5:00 p.m. - 7:00 p.m. at Mariah's. Gladys will be setting up the next social event, the July picnic. She plans to step down as Social Chair at the end of the Board year, but believes she has a candidate already lined up to fill her position.

**Newsletter Editor Report.** Joe Agner conducted the Newsletter Editor Report. Joe reports that all issues with the newsletter's timeliness have been resolved. He would like to start promoting more events that local club members will be doing out of the area.

**Webmaster Report.** Alan Whitaker conducted the Webmaster Report. He said that the Springfield Area Transportation Survey is on the website. Alan reported that he and the data team has begun work and testing on a new content management system for the club website that will be used for membership applications, CCC registration and other purposes.

**Old Business.** No old business.

**New Business.** Stephen Paca advised that the Moonlight Marathon on May 3rd at Oak Ridge cemetery in need of volunteers for course marshals.

The meeting adjourned at 9:15 p.m. The next meeting is scheduled for Wednesday, May 7th, 2014 at 7:00 p.m. at the home of Ken and Sandy Anderson.

### **Classified Ads - For Sale By Member**

**Goodbye SPI Garage & Emporium Sale,** Friday, May 23<sup>rd</sup> 4-7pm, 12 Washington Place .

Ok, that's a bit of hype, but I'm downsizing for my move to Redmond, WA! Beside some gently used bike stuff, there will be cooking utensils, dishes, books, AND

Furniture from Goods in Kewanee, La-Z-Boy: Antiqued queen metal bed in scroll design, mattress, box spring, maple blanket chest on rollers, La-Z-Boy recliner in burgundy, computer desk w file drawer & hutch with cable bar access, Herman Miller Aeron chair, lamp tables, pictures, prints, etc. Previews prior, 787-3354. Lynn Miller

# Springfield Bicycle Club Membership Application

 New Member

 Renewing Member

 Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

### Type of Membership (check one):

 Individual: \$15 per year

 Family: \$20 per year

 Contributing: \$25 per year

 Sustaining: \$50 per year

 Patron: \$100 per year

 Corporate: \$100 per year

### Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of:  Club e-mail announcements

Quick Release mailing (issues are available at [www.spfldcycling.org](http://www.spfldcycling.org))

I would like to help with SBC activities:  Yes  No

If yes, please check any specific areas of interest:

 Lead bike rides

 Help with social activities

 Help with bicycle advocacy

 Help w/ Capital City Century

 Serve on the SBC Board

 Other \_\_\_\_\_

### Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

### Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: \_\_\_\_\_

\*providing birth dates is optional, but recommended to help us keep track of club demographics.

### Mail with Check to:

Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705

Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705  
Address Service Requested  
Not for Commercial Use

Presorted Standard  
U.S. Postage Paid  
Springfield, IL  
Permit #800

## Springfield Bicycle Board Members

### President

Tom Clark  
726-5560  
president(at)spfldcycling.org

### Treasurer

Jim Hajek  
698-7626  
treasurer(at)spfldcycling.org

### Legislative/Educational

Bill Donels / Lynn Miller  
546-8036 / 787-3354  
legislative(at)spfldcycling.org

### At-Large Members

Mike Schwab  
801-7224  
at-large(at)spfldcycling.org

### Vice President

John Nelson  
vp(at)spfldcycling.org

### Special Events

Harv Koplo  
899-9175  
events(at)spfldcycling.org

### Web Master

Alan Whitaker  
494-6807  
webmaster(at)spfldcycling.org

Dave Lucas  
585-1078  
at-large(at)spfldcycling.org

### Board Secretary

Alan Whitaker  
494-6807  
secretary(at)spfldcycling.org

### Records

David McDivitt  
787-5964  
records(at)spfldcycling.org

### QR Editor

Joe Agner / Mike Agner  
361-5077  
editor(at)spfldcycling.org

Marty Celnick  
522-4206  
at-large(at)spfldcycling.org

### Recording Secretary

Membership Chair  
Chanell Bradbury  
recording(at)spfldcycling.org

### Social Chair

Gladys Hajek  
social(at)spfldcycling.org

### Incentive Chair

Stephen Paca  
766-2604  
incentive(at)spfldcycling.org

Ken Anderson  
522-3876  
at-large(at)spfldcycling.org

Ray Caruso  
891-5464  
at-large(at)spfldcycling.org

### **Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40**

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.

**QR Deadline is the  
15th  
of the month**