



the Quick Release

www.spfldcycling.org

July 2014

Incentive Report

by Stephen Paca, Incentive Chair

RIDE OF THE MONTH: Michael Higgins's Night Ride was voted Ride Of The Month for May 2014. Almost 50 riders gathered at the Capitol Visitors Center the night of the 24th and rambled through the city's parks and streets. It was a night of perfect weather for the mass of blinking lights and ringing bells to cruise around downtown Springfield and the surrounding neighborhoods. After the ride, people socialized at Boone's Saloon. Thank you, Michael, for organizing a fun ride!

ALMOST ANYTHING AWARD: The AAA goes to Lynn Miller for his years of work promoting bicycling and trails development in the Springfield area. Among his accomplishments, Lynn and fellow Legislative/Education chair Bill Donels attended countless meetings to ensure that the Interurban Trail did not get cut off during the development of the Legacy Pointe area. To commemorate Lynn's leadership and efforts with fellow bicycling advocates, the Bicycle Advisory Council is facilitating the placement of a boulder and plaque dedicated to Lynn at the Centennial Park trail head of the Sangamon Valley Trail.

RIDE LEADER INCENTIVE DRAWING: Amy Goldesberry's name was drawn for the Ride Leader Incentive award. She will receive a \$50 gift certificate to the local bicycle shop of her choice. Congratulations, Amy, thanks for being a ride leader!

Any rider or member can nominate rides or leaders for the above recognition. Please send nominations or ride anecdotes to incentive (at) spfldcycling.org

Inside

Incentive Report	1	Curb Your Car Week Results	8
Secretary's Report	2	Board Meeting Minutes	10
President's Column.....	3	Membership Application	11
Ride Schedule	5-8	Board Directory	Back Cover
Other Area Rides	9		

Secretary's Report

by Alan Whitaker, Secretary

New Members

Shayla Pfaffe
Kathryn Hanlon
Terry and Mary Tuttle
Matthew Shaver & Kurt Curry
Jack Kanady and Romda Fraser

New Members at the Contributing Level

Jane Radliff

Renewals

Jon Edwards
Patricia Mees
Stephen Belcher
Cindy Kvamme
Brad Clearwater & Family
John Stierman
Thomas H. Fisher
Stan Gralnick & Laurel Garber
Robert Sorenson and Mickey Sorenson
Richard Regan & Family
Scott & Stephanie Sievers & family
Lance & Lisa Kidd
Mary & Don Schaefer

Renewals at the Contributing Level

Garland and Lesley Stevens
Barry Lacy
Thomas Dodegge
Charlie Downs
Ruth Magos
Judy Nesbitt

Renewals at the Sustaining Level

Pat & Tracie Stephens
Susan Hammond

Renewals at Patron Level

Sandra Elliott

Thanks to all for your support of the SBC and bicycling!!



New on-line registration available!

Join or renew at www.spfldcycling.org

President's Column

by Tom Clark, President

Some great Bicycle Friendly activities are going on in the Springfield area. **Robert LaBonte** advises that the Community Bike Co-op project is underway again, with the assistance of **Will Borders**, who recently move to Springfield from Bloomington, Indiana, where he helped run a similar project. Contact Robert at the Bicycle Doctor (670-0761) or email Will at williamjborders(at)gmail.com if you'd like to help with cleaning/setup of the new workspace in Enos Park, or volunteer to assist as a mechanic for a half day every month or two. The co-op will be open one day a week. Robert and Will hope to open it in August.

Thanks as well to **Dale Shultz** of Springfield Sangamon County Regional Planning Commission (SSCRPC) for coordinating another great Curb Your Car Week in May. The totals have been announced: 176 participants commuted a total of 3,825 miles, including 102 who commuted by bike at least one day.

In addition, several Springfield Bicycle Club members are assisting the Bicycle Advisory Council (BAC) with preparation of the Bicycle Friendly Community application that City of Springfield hopes to submit to League of American Bicyclists in August. Thanks to SBC/BAC members **Bill Donels**, **Kevin Greene**, and **Michael Higgins**, as well as to **Linda Wheeland** of SSCRPC, and City Traffic Engineer **Lori Williams**, who along with yours truly are assisting in this important effort. Bill is leading this effort for the BAC.

Derek and Brigetta Ewing are staging their third **SBC Cycling Challenge** on Sunday, July 27. It starts from Chatham Community Park at 8:00 a.m., with ride options to Taylorville/Pana (103 miles), Farmersville/Virden (55 miles) and Pawnee (27 miles). GPS downloads and cue sheets will be available at www.spfldcycling.org prior to the event.

Other July weekend rides include **Robert LaBonte's** annual Burgoo Ride to Franklin on July 4, a "**Marty (Celnick) Ride**" on July 5, **Ernie DeFrate's** lunch ride (with a stop at Engrained Brewing) on July 6, a Sherman Ride with **Barry Tobias** on July 12, **Matt Saner's** Tour de Corn Metric Century (which benefits the Chatham Jaycees—see separate advertisement) on July 13, a Bloomington (Illinois) trail ride led by **Mike Eymann** on July 19, **Mike Kokal's** lunch and winery ride on July 20, and **Ernie DeFrates** and **Linda Butler's** Tour de France Ride on July 26.

Kevin Brown is leading a new EZ ride on Tuesday nights from Engrained Brewing. **Garland Stevens** replaces **Amy Goldesberry** as Monday night BCD ride leader, and **Linda Butler** replaces **Alan Whitaker** on Wednesday nights. D riders looking for a casual-paced ride while the leader or another club member stays with the slowest rider have several options in July, including our weeknight BCD rides Monday through Thursday, the Tour De France ride on July 26, and the SBC Cycling Challenge on July 27.

The weekend & holiday A-level rides organized by **Lisa Kidd** are a great option for extremely strong and competitive riders with expert bike handling skills. As such, they compliment our slower-paced and (usually) shorter weekend & holiday Club rides.

See you on the road or trail!—Tom



Presents

The 16th Annual Tour De Corn Metric Century

Chatham Community Park

Sunday July 13th, 2014 at 7:30 a.m.

Registration will be open from 7:00-8:30 a.m. the day of the ride
Pre-register at Wheel Fast, 17 Cottonwood Dr.
in Chatham through Saturday 7-12-2014 4:00 p.m.

Mass start at 7:30 a.m.

There will be three distance options: 62, 41, & 21 miles

The cost is \$20.00

Free Wheel Fast cycling socks to the first 150 riders!!!

SAG service until 1:00 p.m.

Rest stops with food and drink

Lunch Served from 11:00-2:00 following the ride

All Proceeds benefit the Chatham Jaycees

Call Wheel Fast with any questions
217-483-7807

July 2014 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at www.spfldcycling.org. Unless otherwise indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

Ride Classifications

NC – Non-Cycling events.

MB – Rides suitable for mountain bikes.

EZ – For riders who prefer a pace under 10 mph. These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.

D – For novice or recreational riders. Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leader or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.

C – For competent riders with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12 – 15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.

B – For strong, experienced riders with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.

A – For extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper (records@spfldcycling.org).

Questions about leading a ride? Contact vp@spfldcycling.org

Weekday Daytime Rides		<i>Check start times!</i>
Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Pavilion on the South side of the park Pete Gudmundson, 523-8200	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Pete shows up often enough for this ride that he can answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper. *Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride, Lake Taylorville parking lot, Rt 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat can answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tom Clark, 726-5560 Dave Ross 789-4823	Show-N-Go westside lunch ride that begins on the Wabash Trail. Dave or Tom will be there sometimes to hit the trails or go out in the country. They can answer questions about this ride.
Weekday Evening Rides		<i>Check start times!</i>
Monday 5:45 p.m.	East end parking lot, Wabash Trail by Sonic (Wabash & Park) Garland Stevens, 698-8363	BCD — Leave from the east end of the Wabash Trail at Sonic. Riders may also start from AMC Parkway Pointe (Lindbergh & Robbins Rd) at 5:30 p.m. This popular ride will get you 16 miles from Sonic or 21 miles from Parkway Pointe.
Tuesday 6:00 p.m.	Engrained Brewing 1120 W Lincolnshire Blvd Kevin Brown, 971-8862	EZ- 10 miles at a relaxed pace on the trail. Those interested will end the ride with dinner and/or a cold beverage at Engrained.
Tuesday 5:30 p.m.	IDOT, Dirksen Pkwy & Ash St Show-N-Go	BCD — Show-N-Go ride on the Lost Bridge Trail for 10-14 miles.
Wednesday 6:00 p.m.	Centennial Trail South End Parking Lot, Bunker Hill Rd Linda Butler, 899-7165	BCD — Ride the trail for 12 or add a low traffic county road to the airport for a total of 15.
Thursday 5:30 p.m.	IDOT Dirksen Pkwy & Ash St Cindy Kvamme, 971-8687	BCD -- Ride the Lost Bridge Trail for 10-14 miles.
Mon., Tues., Wed., & Th. 6:00 p.m.	Pana Trail, Lake Taylorville parking lot, Rt 29 Charlie Witsman, 299-7038	Show-N-Go – Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions.
Weekend Daytime Rides		
Saturday 4:30 p.m.	Lewis Memorial Park Koke Mill Rd Robert LaBonte, 787-0237	MB – Meet at the pavilion and ride the church trails for an hour or so. This ride will be at an easy pace and is suitable for beginner and intermediate riders. Ride is dependent on trail conditions so call Robert for details. If you don't have a mountain bike, Robert can loan you one if you call ahead.
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 341-6181	Weekend A-Ride. This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. Disclaimer: Schedule sometimes changes due to weather. Please call ahead.
Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 341-6181	Weekend A-Ride. See Saturday Weekend A-Ride description. *Disclaimer: Schedule sometimes changes due to weather. Please call ahead.

Sundays time varies with multiple loops (see Disclaimer)	Chatham Community Park South West Parking lot John Nelson, 652-8981 luv2flyjm@aol.com	Weekend BC-Ride. My first Century Group. The ride is typically multiple loops of 20-30 miles allowing for riders of varying abilities to do distances appropriate to their ability. Many in the group are working towards their first metric century, century, or 160 mile bike ride. Please contact John before Sunday to get a link to the weekend's routes and to ensure that he does not start a loop without you. No rider is left behind with an experienced rider always in the back. *Disclaimer: Schedule sometimes changes due to weather. Please call ahead.
---	---	--

Scheduled Rides and Events

Check start times!

Wednesday July 2 7:00 p.m.	Residence 2301 Sangamon Ave Ken Anderson, 522-3876	NC – Board Meeting. All SBC members are invited to attend the board meetings.
Friday July 4 Start Time depends on Start Location	Panera Bread West – 8 a.m. Wabash Ave. & White Oaks Dr. County Market – 8:40 a.m. 1099 Jason Place, Chatham U.S. Post Office – 9:15 a.m. 100 Church Street, Loami Robert LaBonte, 787-0237	ABCD – Annual Franklin Burgoo Ride. Celebrate our nation's Independence Day with a ride to Franklin, IL for its annual Burgoo Festival. The start times and ride distances are staggered to provide all riders an opportunity to participate. Leave from Springfield for 62 miles; Chatham for 48 miles; or Loami for 28 miles. It will be hot. Roads will be soft and oily! Be sure to bring plenty of water and money for those pies!
Friday July 4 8:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 341-6181	Holiday A-Ride. See Saturday Weekend A-Ride description. Schedule sometimes changes. Please call ahead.
Saturday July 5 9:00 a.m.	Rotary Park Archer Elevator & Iles Marty Celnick, 522-4206	ABC — For today's ride Marty will be looking at the wind direction to determine the best route. Ride will be between 25 to 45 miles.
Sunday July 6 9:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Ernie DeFrates, 971-1246	ABC — Lunch ride. Ernie plans on riding in the country heading south and will return on the trail from Chatham with a stop at Engrained Brewing for lunch. Option of 35 miles or 20 miles.
Saturday July 12 8:00 a.m.	Waldrop Park Sherman Barry Tobias, 303-6782	ABC — Barry will lead you on a ride to Elkhart for 30 or on to Athens for 50 miles.
Sunday July 13 Registration from 7:00 a.m. to 9:00 a.m. Mass start at 7:30 a.m.	Chatham Community Park 760 S. Main Chatham Matt Saner/Wheel Fast, 483- 7807	ABC – Tour de Corn Metric Century. 62, 31, and 22 mile route options. Cost is \$20. Proceeds benefit Chatham Jaycees. Sag service until 1:00 p.m. BBQ lunch at the park after the ride from 11 a.m. to 2 p.m. Cycling socks to the first 150 riders donated by Wheelfast. Pre-Register at Wheel Fast through Saturday July 12th. NOTE: The Sweet Corn Festival is the following weekend.
Saturday July 19 8:30 a.m. NOTE TIME	King Pin Lanes Sangamon Ave Mike Eymann, 638-0178	ABC – Bloomington Trail Ride. Mike has a ride planned that explores the city using their great net(work of paved trails. Meet at King Pin Lanes and carpool to Bloomington. Many options for distances.
Saturday July 19 9:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go — Ride the trails or go out in the country. Turn in your miles to the club records keeper. D riders can ride the trail but should be self-sufficient
Sunday July 20 12:00 p.m.	Vredenburg Park Saxon Dr & Crusaders Rd Mike Kokal, 618-560-9288	ABC — Lunch & Winery Ride. Ride with Mike to Danenberger Family Vineyards (DFV), located at 12341 Irish Road, New Berlin, for lunch and libations. DFV will be having music this day as well. Route will be a total of 28 miles. All non-riders are welcome to join the group for lunch and socializing at 1:00 p.m.

Saturday July 26 8:00 a.m.	Residence 3817 Surry Place Ln Ernie DeFrates & Linda Butler, 971-1246	ABCD – The Tour de France begins at 8 a.m. We will have our own 35 – 40 mile tour of the Sangamon County Countryside. D riders are welcome to come and ride on a 12-mile option on the Sangamon Valley Trail. Snacks including cheese, crackers, e'clairs, etc and of course wine will be served after the ride while we watch the race.
Sunday July 27 8:00 a.m. NOTE TIME	Chatham Community Park 731 S Main St Chatham Derek & Brigetta Ewing, 624-2016	ABCD — Springfield Bicycle Club Cycling Challenge #3 . Challenge yourself with a 103 mile ride to Pana/Taylorville, a 55 mile ride to Farmersville/Virden, or a 27 mile ride to Pawnee. GPS downloads and printable cue sheets can be accessed via the home page at www.spfldcycling.org prior to each Challenge.



2014 Curb Your Car Week Results

May 19 - May 24

- 21 REGISTERED teams with participants, 27 total employers with eligible participants
- 3 winning teams with the highest rate of employee participation:
 - Memorial Health System Sports Care (5-49 employees category)
 - Illinois Commerce Commission (50-299 employees)
 - Illinois Department of Revenue (300 or more employees)
- 176 eligible workers who participated
- 541 person days of curbed cars
- 102 people who rode a bicycle on at least one day during their commute
- 22 people who rode the bus on at least one day during their commute
- 2 people who ran on at least one day during their commute
- 56 people who walked on at least one day during their commute
- 3,825 miles traveled via active transportation
- 191 gallons of gas saved
- \$728 of fuel costs saved
- 3,906 pounds of carbon dioxide not emitted

Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR. *NOTE: 'Other area ride' miles count for club miles, as they are organized rides.*

Other Area Rides & Events		
Mondays 5:30 p.m.	Ace Bicycle Shop 2500 S. MacArthur Blvd Rich Moscardelli, 523-0188	Trail and Road Ride. Join Pete and Rich for a casual 30-35 mile ride down the trail and out into the country. All levels of riders are welcome. Riders usually break up into two riding groups, which average 13-15 mph and 17-20 mph.
Tuesdays 5:30 p.m.	Biketek 957 Clock Tower Dr Jim Elliott, 529-5848	Bike Tek Road Ride. This ride is for C level riders. Jim will lead a ride for about 15 miles at a much easier pace than the AB ride.
Tuesdays 5:45 p.m.	Biketek 957 Clock Tower Dr Tom Murphy, 787-2907	Bike Tek Salisbury Hills Ride. A and B group leaders assist developmental riders. The route is challenging and hilly. Each group re-forms periodically. The Tuesday rides are all show-n-go rides, with no official leader.
Wednesdays 6:10ish p.m.	Wheel Fast 17 Cottonwood Dr Matt Saner, 483-7807	Wheel Fast Road Ride. ABC Intermediate training ride. Meet at the bike shop and plan on 16-20 miles. The ride will begin when the shop is closed and locked up for the evening.
Every other Wednesday July 9, 23 5:30 p.m.	New City Church parking lot New City Rd Pawnee Steve Schien, 741-8388	New City Time Trials. This is a non-affiliated 10.85-mile time trial on Pawnee New City Road. Most riders are seeking to improve their cycling ability and personal time trial speed. All are welcome to participate. Check-in immediately after arriving. The goal is to send off the first rider at 6:00. Riders are started in 15-second intervals starting with the slower riders first. Bring \$2 for the timer. Ask to be put on the email group to learn of date and time changes.
Thursdays 5:45 p.m.	Scheels 3801 S. MacArthur Blvd Michael Ritzer, 726-6330	Trail and Road Ride. A chance for fellow bike enthusiasts to get together and share their passion. This ride is intended for all levels of riders. Some riders stay on the trails for 10-12 miles while others add a road ride for 20-30 miles. A designated rider leader stays at the back of each riding group.
Thursdays 5:45 p.m.	Biketek 957 Clock Tower Dr Tom Murphy, 787-2907	Bike Tek Salisbury Hills Ride. A and B group leaders assist developmental riders. The route is challenging and hilly. Each group re-forms periodically. The Thursday rides are all show-n-go rides, with no official leader.
Regional Rides		
		<i>For an up-to-date listing of upcoming rides, go to www.mikebentley.com and check Illinois Bicycle Rides</i>
Saturday July 12	Staunton, IL	Tour de Donut. 34 mile route. The original Tour De Donut web site, presented by the Boeing Employee Bicycle Club! The goal of the event is to have FUN . Come and strive for a personal best, or enjoy a nice ride in the country.
Saturday July 19	Peoria, IL	M & M Vineyard Tour. 15, 30 and 40 mile bike ride from/to Mackinaw Valley Winery, supporting METEC charity. More at www.metecresourcecenter.org
Saturday July 19	Princeton, IL	Z Tour Bike Ride. The Zearing Child Enrichment Center invites you to ride in the Z-Tour 2014 on Saturday, July 19th, 2014. Each year the scenic Z-Tour begins and ends at Princeton's beautiful Zearing Park .

Board Meeting Minutes - June 4, 2014

by Chanell Bradbury, Recording Secretary

Tom Clark called the meeting to order at 7:23 pm with Tom Clark, John Nelson, Chanell Bradbury, Harv Koplo, Stephen Paca, Jim Hajek, Mike Schwab, and Alan Whitaker present.

President's Remarks. Conducted by Tom Clark. Nothing to report.

Vice President's Remarks. Conducted by John Nelson. Reported that the ride schedule is nearly finished.

Secretary's Report. Conducted by Alan Whitaker. Alan reported 18 renewal membership payments, 3 new members. The new online membership form is working great.

Minutes. Conducted by Chanell Bradbury. May's minutes were emailed to the board in advance, and were approved by the board.

Treasurer's Report. Jim Hajek submitted the Treasurer's Report via email prior to the meeting. Jim reported the 2014 budget current ending balance of \$15,787.09. The board voted to approve the Treasurer's Report.

Incentive Chair Report. Stephen Paca conducted the Incentive Awards. The Ride of the Month Award was given to Michael Higgins. The Almost Anything Award was given to Lynn Miller. The Ride Leader Incentive Award was given to Amy Goldesberry.

Special Events Report. Harv Koplo reported on the CCC. The brochure has been laid out, designed, and ready to be printed. Jeff Williams has submitted a draft t-shirt design for the CCC.

Legislative/Education Report. Conducted by Tom Clark in Bill's absence. Bill Donels submitted his report in advance of the meeting. The 2nd Avenue bike lanes will be striped soon following the approach originally planned, with the exception that shared bicycling parking lanes will be used in the two block stretch by the dentist's office, with parking prohibited from 7 am to 9 am. Bill advises that the boulder for Lynn will have been placed at the south trailhead of the Sangamon Valley Trail by the end of this week, and that he has ordered a plaque to be affixed to the boulder. The SBC and collaborating organizations are trying to set a date for a community bicycle education event with Vera Garrett of the Springfield Community Garden Family Fit Center, in July or August. The Illinois Department of Revenue may be submitting an application for Bicycle Friendly Business recognition for the June 12th deadline. John Nelson can advise on status. Will Borders is working with Robert LaBonte to re-start the bicycle kitchen project again by the fall. Will recently moved here from Bloomington, IN, where he helped operate a similar project. It would be called Enos Park Bike Co-op.

Social Chair Report. Conducted by Jim Hajek in Gladys's absence. Nothing new to report.

Newsletter Editor Report. Conducted by Tom Clark in Joe's absence. Joe and Mike are testing a new format for a dynamic email newsletter.

Webmaster Report. Alan Whitaker conducted the Webmaster Report. The new website format/design seems to be working well. Will be working on adding a social networking widget to the site.

The meeting adjourned at 9:12 p.m. The next meeting is scheduled for Wednesday, July 2nd, 2014, at the home of Ken & Sandy Anderson.

Springfield Bicycle Club Membership Application

 New Member

 Renewing Member

 Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

Type of Membership (check one):

 Individual: \$15 per year

 Family: \$20 per year

 Contributing: \$25 per year

 Sustaining: \$50 per year

 Patron: \$100 per year

 Corporate: \$100 per year

Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of: Club e-mail announcements

Quick Release mailing (issues are available at www.spfldcycling.org)

I would like to help with SBC activities: Yes No

If yes, please check any specific areas of interest:

 Lead bike rides

 Help with social activities

 Help with bicycle advocacy

 Help w/ Capital City Century

 Serve on the SBC Board

 Other _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

*providing birth dates is optional, but recommended to help us keep track of club demographics.

Mail with Check to:

Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705

Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705
Address Service Requested
Not for Commercial Use

Presorted Standard
U.S. Postage Paid
Springfield, IL
Permit #800

Springfield Bicycle Board Members

President

Tom Clark
726-5560
president(at)spfldcycling.org

Treasurer

Jim Hajek
698-7626
treasurer(at)spfldcycling.org

Legislative/Educational

Bill Donels / Lynn Miller
546-8036 / 787-3354
legislative(at)spfldcycling.org

At-Large Members

Mike Schwab
801-7224
at-large(at)spfldcycling.org

Vice President

John Nelson
vp(at)spfldcycling.org

Special Events

Harv Koplo
899-9175
events(at)spfldcycling.org

Web Master

Alan Whitaker
494-6807
webmaster(at)spfldcycling.org

Dave Lucas
585-1078
at-large(at)spfldcycling.org

Board Secretary

Alan Whitaker
494-6807
secretary(at)spfldcycling.org

Records

David McDivitt
787-5964
records(at)spfldcycling.org

QR Editor

Joe Agner / Mike Agner
361-5077
editor(at)spfldcycling.org

Marty Celnick
522-4206
at-large(at)spfldcycling.org

Recording Secretary

Membership Chair
Chanell Bradbury
recording(at)spfldcycling.org

Social Chair

Gladys Hajek
social(at)spfldcycling.org

Incentive Chair

Stephen Paca
766-2604
incentive(at)spfldcycling.org

Ken Anderson
522-3876
at-large(at)spfldcycling.org

Ray Caruso
891-5464
at-large(at)spfldcycling.org

Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.

**QR Deadline is the
15th
of the month**