



the **Quick  
Release**

[www.spfldcycling.org](http://www.spfldcycling.org)

October 2014

## Springfield Becoming More Bicycle Friendly



Bikeways added to 2nd street. Read about bicycle friendly efforts on page 5.

*A few words from Tom Clark, SBC President . . .*



Members and Friends,

Thanks to all who volunteered and/or participated in our 42<sup>nd</sup> annual Capital City Century on September 7! Many thanks to Century Chair **Harv Koplo**, Food Chair **Jim Elliott**, Registration Chair **Alan Whitaker**, Family Ride leader **Jim Percy**, our 110+ SBC volunteers and 25+ Radio Club volunteers, and to our sponsors, partners and service providers. And our 836 riders! Together, they made the CCC a tremendous success once again in 2014. We also had a great Historic Ride the day prior, led by **Naomi Greene and Jim Hajek**, and a good turnout for the Volunteer Appreciation Ride the following Sunday, led by **Alan Whitaker**.

Congratulations to **Derek & Brigetta Ewing** for staging another great Cycling Challenge series this year. The CCC serves as the final event in this five-event series. 21 Challenge riders completed the “ultimate” challenge, the 125-mile route, while 22 completed the 100-mile century. 3 rode the 72, 12 rode 54 miles, 5 rode 40 miles 1 rode 25 miles. The names of 52 riders appear on the Cycling Challenge’s Wall of Fame, including 11 gold, 32 silver, and 8 bronze awardees. Riders needed to participate in 3 events and ride at least 125 miles to win an award. A total of 112 people signed in for at least one Challenge ride this year. Kudos to our Century and Challenge riders! Challenge awards will be presented at our Winter Party in January.

With a new Board in place for 2014-2015, we are continuing our work on a single overall goal – helping the Springfield area become a more **Bicycle Friendly Community**. We should know before Thanksgiving whether the City of Springfield achieved this designation via League of American Bicyclists in its initial application. Springfield Bicycle Club played an active role in its development. As a club, we will be focusing not just on a bicycle friendly Springfield, but also bicycle friendliness in nearby towns and rural areas that constitute our greater community.

We have an amazing ride schedule planned for October. Thanks to VP **John Nelson** and monthly scheduler **Barry Tobias** for making it happen! To celebrate the CCC, we have two rides from New Salem this month – an Oct. 5 ride to Site M led by **Mark Kuhn** and **Steve Sommer**, and a ride led by **Alan Whitaker** on Oct. 26 that will take us on Loops 4 & 5 – the toughest CCC loops this year. Oct. 11<sup>th</sup> is a double header—**Linda and Ernie DeFrates** lead the ever-popular Apple Dumping Ride in the morning, while Chef **Michael Higgins** leads our 2<sup>nd</sup> annual Moonlight Ramble from Obed and Isaacs from 9 pm to midnight! **Front and back lights are required on the Moonlight** Ramble, which includes a complimentary beverage for the first 50 riders! **Roger Schnelten** hosts the 36<sup>th</sup> Annual Octoberfest on the 14<sup>th</sup>, an event jointly sponsored by SBC and the Ski Club. On Oct. 24<sup>th</sup>, **Kevin Brown** and **Lola Lucas** host their Annual Halloween Party. Other led rides in October include **Tom Clark’s** Weatherman Ride on Oct. 4<sup>th</sup>. **Karl Kohlrus’** Birthday Ride on Oct. 18<sup>th</sup>, and **Barry Tobias’** Rochester Station ride on Oct. 19<sup>th</sup>.

The weekend & holiday A-level rides organized by **Lisa Kidd** are a great option for extremely strong and competitive riders with expert bike handling skills. As such, they compliment our (typically) slower-paced, shorter weekend & holiday Club rides.

See you on a ride!—Tom

## Nearly 40 riders enjoy Lincoln sites and cookout

By Naomi Greene

The 2014 Lincoln Historic Sites Ride turned out to be one of the most memorable bike rides in recent years. Leading up to the ride, Jon Noll and his wife Pinky offered to host riders for a cookout at the Lincoln Depot, where Noll's law office is housed. This marked the first time that the Depot would be open on a Saturday as part of the ride, let alone for food and refreshments. The old brick depot is where President-elect Abraham Lincoln gave his farewell address from the back of a train, just before leaving on his inaugural journey to Washington D.C.



A total of 37 riders participated in the bicycle ride, which began and ended at the Depot. It was a nearly perfect day with sunny skies and temperatures in the low 70s. A park ranger at the Lincoln Home National Historic Site provided a brief history of the Lincoln home, which draws many visitors each year. Karl Kohlrus shared his enthusiasm and knowledge of the reconstructed Old State Capitol. Lincoln visited the building frequently as both a lawyer and a politician, and it was the location for his famous 1858 "House Divided" speech.

Thanks to all who made this event possible through assistance before, during or after the ride - Vicki Berry, Jim & Gladys Hajek, Kevin Greene, Karl Kohlrus, Bonnie Nicholson, Dave Ross, Alan Whitaker, Louis Spinner, Mabel Martin and Chris Spinner. But most importantly, a thank you to Jon Noll for hosting riders at the Depot and providing hot dogs, brats, wine, beer, chips and soda.



## Biking the I & M Canal Trail

I, Sammie Morris, age 13, recently bicycled the I & M Canal Trail with my grandparents, Janet and Harold Glick. This was our second annual bicycle vacation. We spent four days and three nights on the trail, biking 127 miles total, and staying in hotels and a cabin at Starved Rock.

The I & M Canal Trail is rich in history and goes along the Illinois and Michigan canal, Illinois River, and Des Plaines River. We bicycled under the longest bridge in Illinois, the Abraham Lincoln Memorial Bridge. The 1850's mule barn, one of the few remaining structures along the canal, provided a beautiful view. In Seneca, we saw the Hogan Grain Elevator, the last surviving 19<sup>th</sup> century elevator on the canal, and an old swing bridge. The swing bridge allowed railroad cars to pass across the canal, paying a dollar per car, which was run by a bridge tender instead of the traditional lock tender. Also, in LaSalle/Peru, we rode on a replica of a mule drawn boat. Moe was the mule pulling the boat at one mile per hour. We ate lunch at the Lock 16 Café, which was very nice and relaxing. I highly recommend stopping here for food, which is all homemade. The Fox River Aqueduct is the longest aqueduct on the trail and we bicycled over it, going over the Fox River. The trail is limestone and very nice, and does not go very far away from society, so there are many lunch options. We always make sure to find someplace for an ice cream stop, so in Ottawa we went to Triple J Ice Cream, which is very close to the trail.

I'm looking forward to next year's bicycle vacation with my grandparents. We plan to take that one in Southern Illinois.

You can read more about my I & M adventures at

[www.SammieBiking.blogspot.com](http://www.SammieBiking.blogspot.com)





## Bicycle Friendly Community Recognition Sought

A Bicycle Friendly Community application was recently submitted to the League of American Bicyclists on behalf of the City of Springfield. It was a lengthy application and required extensive work to complete.

A special thanks to a stalwart group of visionary leaders who worked diligently at this task, including Kevin Greene (Chair), Lori Williams, Michael Higgins, Linda Wheeland and Tom Clark.

## Bicycle Friendly Initiatives

### Bike Lanes

As part of Springfield's long range bicycle plan, 2<sup>nd</sup> street has recently been painted with bicycle lanes from Dodge street to South Grand.

With change, however, comes those who resist it and the bicycle lanes on 2<sup>nd</sup> are no exception. With the marking of the roads there are of course going to be motorists complaining about the changes to the street and the increased presence of bicycles, as well as a legitimate worry that cyclists will not follow the rules of the road. While bicycles may be an annoyance to motorists, motorists can be a danger to bicyclists. Being hit by a vehicle is the most common source of injury to cyclists. These dangers will hopefully slowly decline as drivers get used to seeing cyclists as long as cyclists make sure to follow the rules of the road. Another group of complainers are the owners of businesses along 2nd street. The bike lanes replace stretches of on-street parking, inconveniencing the businesses. While city code requires on-site parking along that corridor, the change has ruffled some feathers. The vast majority of bicycle accommodations planned for Springfield do not take away parking, but are more like the shared lanes along Laurel Street.

### Sharrows

After the lanes end at South Grand the street is adorned with sharrows, shared lane markings, to create a place for cyclists along roads with side street parking. The markings show both cyclists and cars that a cyclist is able to use the full lane while the markings are usually put closer to the middle of the road to encourage cyclists to cycle closer to the middle to stay away from parked cars to prevent accidents if a door were suddenly opened.

### You can Help

You can help advance the bicycle plan and bicycle friendliness by voicing your support and appreciation for bicycle safety measures to your alderman or favorite city employee.



## Thank You CCC Volunteers!

Harv Koplo, Capital City Century Chair

115 SBC and 26 ham radio volunteers helped make our 42<sup>st</sup> annual Capital City Century on Sunday, September 7<sup>th</sup> a big success – a record – the most volunteers who have helped over the 42 year history of the CCC! . The day started out with beautiful weather – probably why almost 300 walk-in riders showed up. Added to the 576 pre-registered riders, this brought our total up to 836 participants.

It seems that our new food stop at the Clayville Historical Site and new routes, including the 25 mile challenge loop designed by Derek Ewing, were well received – our online surveys should help determine this. If you rode in the CCC please fill one out to help us determine what direction we should take next year. If you're into stats, know that we devoured 500 brats, 150 pounds of fish and the equivalent of 6 kegs of beer to feed about 950 folks. Once again, music at KC was provided by the Samba Llamas, with acoustic music at Clayville performed by Bill Furry and Sally McDaniel Smith.

Our CCC volunteers perform a wide range of tasks needed to plan, prepare, set up, implement, and wrap up this large scale recreational cycling and community event. Many of our volunteers work long hours and make multiple contributions, and some pass up an opportunity to ride to help us stage our signature event.

Our 2014 volunteers included SBC club members and friends, Springfield Clinic volunteers, and students from Auburn High School, Chatham Glenwood High School and Rochester Intermediate School. Thanks again go to Denise Sample of Auburn High School for recruiting National Honor Society students for us.

We would also like to thank the 26+ ham radio volunteers from Sangamon Valley Radio Club as well as other Central IL counties and their CCC coordinator Jess Hunter, as well as Sangamon County Deputy Anthony Mayfield and the Pleasant Plains police dept. for helping us look out for the health and safety of our riders.

We also want to thank Patti Kuhn and Kaitlin of Gold Sponsor Springfield Clinic for their invaluable assistance with event marketing. These and other sponsors including Silver Sponsors Denney Jewelers & MJ Kellner, along with Bronze Sponsors Ace Bicycle Shop, Biketek Inc., FitClub, Maldaner's Restaurant and Catering, R & M Cyclery, Spinner Plastics Inc., Springfield Bicycle Doctor, Wheel Fast Bicycle Company, Illinois Stewardship Alliance and JeffVeloArt.com made financial contributions and/or donated goods or services in support of the event.

The reason our Capital City Century is so successful is easy to determine – it is because of the excellent job performed by every one of our volunteers. Our riders have a safe, enjoyable, fun ride because our volunteers have fun doing their jobs so well. The following list of these great volunteers is complete to the best of our knowledge. If you know someone who we missed please advise us. We'll post a supplemental list on the SBC web site and include their names in the next newsletter.

Event	Harv Koplo, Event Coordinator
Volunteer Comm.	Cathy Popovitch (chair), Jon Popovitch
Treasurer	Jim Hajek
Data Committee	Harv Koplo (chair), Chanell Hamilton, Joe Agner, Alan Whitaker

Food Chairs	Jim Elliot (Food Chair), Deb Cooper (KC-House Madam), Robert LaBonte (Kitchen chair), Sue Hack (Clayville Stop chair), Ken Anderson (Bunn Stop chair), Ted & Judy Sunder (Cleanup co-chairs), Stephen Paca & Kristina Mucinskas (Baked Goods co-chairs)
Clayville Food Stop	Sue Hack (chair), Anne Aldrich, Rebecca Hood, Harriet Josephson, Francie King, Anne King, Tom King, Christine Kohlrus, Debby Lewis, Mabel Martin, Judy Nesbitt, Gerry Orwig, Chuck Orwig, Louie Spinner, Garland Stevens, Bill Furry (Musician) & Sallie McDaniel Smith (Musician)
Bunn Rest Stop	Ken Anderson (chair), Dan & Patti Payne
Knights of Columbus Food	Jim Elliot (chair), Deb Cooper (House Manager), Robert LaBonte (Kitchen chair), McKenzie Beck, Karri Blanchard, Rich Chaput, Kyler Clark, Matthew Clark, Annette Chinuge, Wade Cook, Curt Evoy, Kristen Fox, Melanie Glisson, Bobby Hall, Don Harvey, Katie Kerhliker, Lincoln Kinley, Cyd LaBonte, Taylor Leverenz, Colton McDannald, Peyton McDonald, Allison McMinn, Maddie McMinn, Grace Norris, Catherine O'Connor, Evan Patterson, Madeline Pearce, Patti Reutell, Terry Reutell, Allyx Roher, Dave Ross, John Sanford, Deanna Shidler, Becky Smith, Shayne Warner, ErikWelch, Krissy Williams, Cathy & Jon Popovitch, Mary Beth & Russ Thomas, Ted & Judy Sunder, Mike Royer, Glenn Schmideler, John Williams
Historic Ride	Jim Hajek (co-chair), Naomi Greene (co-chair)
Family Ride	Jim Percy (chair)
Information	Judy Shipp (Clayville), Becky Smith (KC)
Persons	
Marketing	Tom Clark (chair)
Photography	Dannyl Dolder (chair), Harv Koplo (photo booth)
SBC Radio Liason	Chanell Hamilton
Registration	Alan Whitaker (chair), ED doombos, Brian England, Kevin Greene, Naomi Greene, Gladys Hajek, Jim Hajek, Kim Hayden, Kristina Mucinskas, Patty Kuhn, Carolyn Lawrence, Marilyn Okon, Stephan Paca, Pam Warden, Kathy Whitaker, Alan whitaker, Rhonda Frazier, Jack Kanady
T-Shirts	Cindy Kvamme (chair), Harv Koplo (design & ordering), Christa M. Morris. Rhonda Frazier, Jack Kanady. Sorting & Folding: Mark & Barbara Rabin, Ash & Chanell Hamilton, Annette Chinuge, Deb Cooper
Route & Maps	Tom Clark (chair), Derek Ewing, Harv Koplo, Roger McCredie
Route-Marking	Phil Windell (chair), Bill Bock, Tom Clark, Bob Steimel, Joe Agner, Carl Johnson
Route-Checking	Tom Clark (chair), Rich Chaput, Suren Gummadi, Becky Smith,
Route Signage	Tom Clark (chair), Nick Sunder, Ted Sunder, Jon & Cathy Popovitch
Route-SAG	Cark Johnson (chair), Mark Rabin, Jim Disney, Alan Josephson, Marty Morris. Sangamon Valley Radio Club: Ryan Juhl, Rudy Rudolph, Nick Scaggs
Route-Traffic Direction	Chanell Hamilton (chair), Vicki Berry, Larry Doelring, Kevin Lux, Pia & Rodney Yoswig
Radio Club Club	Jess Hunter (chair), Craig Held, Jim Pitchford, Ryan Juhl, Rudy Rudolph, Nick Scaggs, Debra & Jim Peters

We apologize to anyone whose name we failed to mention. The many faithful volunteers who come out every year help make this a great event – it couldn't be done without you! Your efforts are greatly appreciated!

## Oct 2014 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at [www.spfldcycling.org](http://www.spfldcycling.org). Unless otherwise indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

RIDE CLASSIFICATIONS	
<b>NC</b>	<b>Non-Cycling events.</b>
<b>MB</b>	<b>Rides suitable for mountain bikes.</b>
<b>EZ</b>	<b>For riders who prefer a pace under 10 mph.</b> These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.
<b>D</b>	<b>For novice or recreational riders.</b> Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leaders or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.
<b>C</b>	<b>For competent riders with basic safety and bike handling skills.</b> These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12-15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.
<b>B</b>	<b>For strong, experience riders with considerable group riding experience.</b> Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.
<b>A</b>	<b>For extremely strong and competitive riders with expert biking handling skills.</b> Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper ([records@spfldcycling.org](mailto:records@spfldcycling.org)).

Questions about leading a ride? Contact [vp@spfldcycling.org](mailto:vp@spfldcycling.org)

Weekday Daytime Rides		Check start times!
Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Pavilion on the South side of the park Pete Gudmundson, 523-8200	Show-N-Go ride for retired geezers or wannabes. No leader or map, but Pete shows up often enough for this ride that he can answer questions. Please use ride sheet if riding together. Riders should turn in miles to the club records keeper. <b>*Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.</b>
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride, Lake Taylorville parking lot, Rt 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat can answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tom Clark, 726-5560 Dave Ross 789-4823	Show-N-Go westside lunch ride that begins on the Wabash Trail. Dave or Tom will be there sometimes to hit the trails or go out in the country. They can answer questions about this ride.
Weekday Evening Rides		Check start times!
Monday 5:30 p.m. <b>NOTE TIME</b>	East end parking lot, Wabash Trail by Sonic (Wabash & Park) Amy Goldsberry, 714-8762	BCD - Leave from the east end of the Wabash Trail at Sonic. Riders may also start from AMC Parkway Pointe (Lindbergh & Robbins Rd) at 5:15 p.m. This popular ride will get you 16 miles from Sonic or 21 miles from Parkway Pointe. Sunset at 6:30 early in the month to 6:00 by late in the month.
Tuesday 5:30 p.m.	IDOT, Dirksen Pkwy & Ash St Show-N-Go	BCD - Show-N-Go ride on the Lost Bridge Trail for 10-14 miles. Sunset at 6:30 early in the month to 6:00 by late in the month.
Wednesday 5:30 p.m. <b>NOTE TIME</b>	Centennial Trail South End Parking Lot, Bunker Hill Rd Alan Whitacre, 494-6807	BCD - Ride the trail for 12 or add a low traffic county road to the airport for a total of 15. Sunset at 6:30 early in the month to 6:00 by late in the month.
Thursday 5:30 p.m.	IDOT Dirksen Pkwy & Ash St Cindy Kvamme, 971-8687	BCD -- Ride the Lost Bridge Trail for 10-14 miles. Sunset at 6:30 early in the month to 6:00 by late in the month.
Mon., Tues., Wed., & Th. 6:00 p.m.	Pana Trail, Lake Taylorville parking lot, Rt. 29 Charlie Witsman, 299-7038	Show-N-Go - Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions.
Weekend Daytime Rides		
Saturday 4:30 p.m.	Lewis Memorial Park Koke Mill Rd Robert LaBonte, 787-0237	MB - Meet at the pavilion and ride the church trails for an hour or so. This ride will be at an easy pace and is suitable for beginner and intermediate riders. Ride is dependent on trail conditions so call Robert for details. If you don't have a mountain bike, Robert can loan you one if your call ahead.
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 341-6181	<b>Weekend A-Ride.</b> Ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. <b>er: Schedule sometimes changes due to weather. Please call ahead.</b>
Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 341-6181	<b>Weekend A-Ride.</b> See Saturday Weekend A-Ride description. <b>*Disclaimer: Schedule sometimes changes due to weather. Please call ahead.</b>
Sundays time varies with multiple loops (see Disclaimer)	Chatham Community Park South West Parking lot John Nelson, 652-8981 <a href="mailto:luv2flyjm@aol.com">luv2flyjm@aol.com</a>	<b>Weekend BC-Ride.</b> My first Century Group. Ride is typically multiple loops of 20-30 miles allowing for riders of varying abilities to do distances appropriate to their ability. Many in the group are working towards their first milestone ride. Please contact John before Sunday to get a link to the weekend's routes and to ensure that he does not start a loop without you. No rider is left behind with an experienced rider always in the back. <b>Schedule sometimes changes due to weather. Please call ahead.</b>

Scheduled Rides and Events		<i>Check start times!</i>
Wednesday October 1	Residence 2301 Sangamon Ave Ken Anderson, 522-3876	NC – <b>Board Meeting</b> . All SBC members are invited to attend the board meeting.
Saturday October 4 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Tom Clark, 726-5560	ABC – <b>Weatherman Ride</b> – Tom will provide a mapped ride of about 40 miles with cutoffs, based on predicted wind direction the morning of the ride. D riders are welcome to ride the trails.
Sunday October 5 9:00 a.m.  NOTE TIME	New Salem State Park Visitors Center parking lot Rt 97, Petersburg Mark Kuhn, 652-5309 Steve Sommer, 553-5415	ABC – <b>New Salem Ride</b> . Meet at the New Salem visitors' center parking lot. Mark & Steve have scenic roads for us to explore! Ride options are 32 or 54 miles. The 32 mile ride is out to site M campground and back, with water and bathrooms at the campground. The 54 miler extends to Chandlerville, Oakford, Atterberry and back to New Salem, with a water stop in Chandlerville. The route to Chandlerville winds thru Jim Edgar Panther Creek State Park, is rolling and scenic, then flattens out between Chandlerville, Oakford and back to New Salem. Plan for a stop at the Shambole Golf Clubhouse after the ride.
Saturday October 11 10:00 a.m.	Residence 3917 Surry Place Lane Linda & Ernie DeFrates, 971-1246 Naomi Greene, 793-9622	ABC – <b>Apple Dumpling Ride</b> . Linda will again present us with her wonderful apple dumplings and ice cream following a ride of 30-40 miles. Naomi will lead the D riders on a trail or neighborhood ride.
Saturday October 11 9:00 p.m.- midnight NOTE TIME	Obed & Issacs 500 S Sixth St (parking in lot south of Obed's, off Sixth St) Michael Higgins, 836-9821	ABCD – <b>Moonlight Ramble</b> . Other cities have a midnight ramble so Michael is starting a Springfield version. Ride an 18-mile loop or a 6-mile shorter option. Front and back lights required, please and thanks. Complimentary beverage coupon to first 50 riders courtesy of Maldaner's and Michael Higgins.
Sunday October 12 2:00 p.m.	Residence 245 Circle Drive Roger Schnelten, 529-0780	ABCD – <b>36<sup>th</sup> Annual Oktoberfest</b> . The 30-mile ride starts at 2 p.m. The 15-mile ride starts at 3 p.m. Burgers, brats, and fish coming off the grill at 4:30 p.m. Antone and Wick will be performing in the late afternoon/evening. Bonfire at dusk. See newsletter article for details. Let's make this 36 <sup>th</sup> year a good one!
Monday October 13 10:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	<b>Columbus Day Show-N-Go</b> – Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Monday October 13 9:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Lisa Kidd, 341-6181	<b>Holiday A Ride</b> . See weekend A ride description. Schedule changes so please call ahead.
Saturday October 18 10:00 a.m.	Waldrop Park Andrews Road Sherman Karl Kohlrus, 544-8410	ABC – <b>Karl's Birthday Ride</b> . Come and help Karl celebrate by riding 30 – 52 miles with him either to Elkhart or Mt. Pulaski..
Sunday October 19 10:00 a.m.	Rochester Station Lost Bridge Trail Barry Tobias, 303-6782	ABC – Barry will take us on a ride for 25 miles through Edinburg and up to Roby or 40 to Mechanicsburg
Friday October 24 6:30 p.m.	Residence 8 Bridge Terrace (off Outer Park) Kevin Brown and Lola Lucas, 787-5652	NC – <b>Annual Halloween Party</b> . Bring food and/or drink to share. Costumes are very strongly encouraged. Overflow parking in the school lot off Chatham Rd, at the top of the street on the other side of the fence.
Saturday October 25 Time?	Vredenburg Park Saxon Dr & Crusaders Rd Tracey Hurley, 414-8900	ABCD – Ride to a spooky mystery location. Plan on around 40 miles with shorter options available. Kevin will lead the D riders to the Apple Barn.
Sunday October 26 10:00 a.m.	Lincoln's New Salem State Park Parking lot Alan Whitaker 494-6807	ABC – Loop 4 and 5 Ride - If you've heard great reports about the CCC Challenge loop but 125 miles seems like too much of a good thing, Alan has the ride for you! Starting at New Salem State Park we'll do CCC loop 4 (30 miles) and then loop 5 (the Challenge loop, 24 miles).  We might even find pie somewhere along the way!

<b>Other Area Rides &amp; Events</b>		Springfield area bike shops and other entities sponsor or host a number of rides and events each year, which we help publicize here. <b>NOTE: 'Other area ride' miles count for club miles, as they are organized rides.</b>
Mondays 5:30 p.m.	Ace Bicycle Shop 2500 S. MacArthur Blvd Rich Moscardelli, 523-0188	<b>Trail and Road Ride.</b> Join Pete and Rich for a casual 30-35 mile ride down the trail and out into the country. All levels of riders are welcome. Riders usually break up into two riding groups, which average 13-15 mph and 17-20 mph.
Tuesdays 5:15 p.m.	Biketek 957 Clock Tower Dr Jim Elliott, 529-5848	<b>Bike Tek Road Ride.</b> This ride is for C level riders. Jim will lead a ride for about 15 miles at a much easier pace than the AB ride.
Tuesdays 5:30 p.m.	Biketek 957 Clock Tower Dr Tom Murphy, 787-2907	<b>Bike Tek Salisbury Hills Ride.</b> A and B group leaders assist developmental riders. The route is challenging and hilly. Each group re-forms periodically. The Thursday rides are all show-n-go rides, with no official leader.
Wednesdays 6:10ish p.m.	Wheelfast 17 Cottonwood Dr Matt Saner, 483-7807	<b>Wheelfast Road Ride.</b> ABC Intermediate training ride. Meet at the bike shop and plan on 16-20 miles. The ride will begin when the shop is closed and locked up for the evening.
Every other Wednesday Sept. 10 & 24 5:30 p.m.	New City Church parking lot New City Rd Pawnee Steve Schien, 741-8388	<b>New City Time Trials.</b> This is a non-affiliated 10.85-mile time trial on Pawnee New City Road. Most riders are seeking to improve their cycling ability and personal time trial speed. All are welcome to participate. Check-in immediately after arriving. The goal is to send off the first rider at 6:00. Riders are started in 15-second intervals starting with the slower riders first. Bring \$2 for the timer. Ask to be put on the email group to learn of date and time changes.
Thursdays 5:45 p.m.	Scheels 3801 S. MacArthur Blvd Michael Ritzer, 726-6330	<b>Trail and Road Ride.</b> A chance for fellow bike enthusiasts to get together and share their passion. This ride is intended for all levels of riders. Some riders stay on the trails for 10-12 miles while others add a road ride for 20-30 miles. A designated rider leader stays at the back of each riding group.
Thursdays 5:45 p.m.	Biketek 957 Clock Tower Dr Tom Murphy, 787-2907	<b>Bike Tek Salisbury Hills Ride.</b> A and B group leaders assist developmental riders. The route is challenging and hilly. Each group re-forms periodically. The Thursday rides are all show-n-go rides, with no official leader.
<b>Regional Events</b>		
Sunday Oct. 5	<b>25<sup>th</sup> Annual Pumpkin Pie Ride.</b> 28/42/63/103 road rides and trail ride. \$30 online or day of event. Pumpkin pie included. <a href="mailto:starvedrockcycling@yahoo.com">starvedrockcycling@yahoo.com</a> , <a href="http://www.starvedrockcycling.com">www.starvedrockcycling.com</a>	

## Flash Mob Photo Op @ Moonlight Ramble

Michael Higgins' encore edition Moonlight Ramble is set for Saturday, October 11 at 9:00 p.m. Meet at Obed & Issacs. There will be a group photo (a really big group photo) at the intersection of 7<sup>th</sup> and Capitol.



The photo will be taken with the Capitol in the background, and stands a great chance of being the sharpest looking picture we've ever had in this club. Don't be left out!

## Incentive Awards

by Stephen Paca, Incentive Chair



**RIDE OF THE MONTH:** Derek and Brigetta Ewing's 4th installment of this year's Cycling Challenge was voted Ride of the Month for August. Despite the high temps and a heat index of over 100 in the afternoon, an estimated 65 riders showed up at Rochester Station for the last Challenge ride before the CCC. Of those who signed in: 18 rode 101 miles, 30 rode 55 miles, and 3 rode 24 miles. Destinations on this ride included Riverton, Illiopolis, Decatur, and Mt. Auburn. The riders who went all the way to Decatur got to enjoy the Stevens Creek and Rock Springs trails. Thank you, Derek and Brigetta, for another great series of rides!

**ALMOST ANYTHING AWARD:** The Almost Anything Award goes to the group of individuals representing local boards and organizations who assisted the City of Springfield's Mayor's Bicycle Advisory Council in preparation of the Bicycle Friendly Community application to League of American Bicyclists. The application was successfully submitted on behalf of the City of Springfield before the August 14 deadline by Kevin Greene, Chair of the Council. Those who helped develop the application included Lori Williams, Traffic Engineer, City of Springfield; Michael Higgins, Maldaner's Restaurant; Linda Wheeland, Springfield Sangamon County Regional Planning Commission; and Tom Clark, Springfield Bicycle Club. Thank you all for helping to take this step towards getting Springfield recognized as a Bicycle Friendly Community!

**RIDE LEADER INCENTIVE DRAWING:** Marty Celnick's name was drawn for the Ride Leader Incentive award. He will receive a \$50 gift certificate to the local bicycle shop of his choice. Congratulations, Marty, thanks for being a ride leader!

**Any rider or member can nominate rides or leaders for the above recognition. Please send nominations or ride anecdotes to incentive (at) spfldcycling.org**



<https://www.flickr.com/photos/capitolcitycentury>



## Membership News

by Alan Whitaker, Secretary

I would like to introduce and welcome these **new members** to our club:

- Michael Agner
- Cindy Brewer
- Jerry M. Morrison

Joining us at the **Contributing Level**: Elizabeth Kuhn

I would also like to thank the following renewing members for their continued support of the Springfield Bicycle Club.

### Renewals

Rachel Doctors, Craig Kniffin & family  
Pete Gudmundson  
Lynndell Jarrett  
John J. Nonneman  
Mark and JoAnn Rolens  
Deb and Rick Schulenburg  
Mark Summer  
Marty Vandiver  
Phillip Windell

### Renewals at *Contributing Level*

Jim Covington  
James & Nancy Hall  
Margaret Kelly  
Roger & P.J. McCredie  
Lynn Miller  
Barry and Shaun Tobias

### Renewals at *Sustaining Level*

Joe and Maureen Agner



<https://www.flickr.com/photos/capitolcitycentury>



## **Board Meeting Minutes - September 3, 2014**

*by Chanell Hamilton, Recording Secretary*

Present. Tom Clark, Chanell Hamilton, Harv Koplo, Stephen Paca, Gladys Hajek, Jim Hajek, Mike Schwab, Alan Whitaker, Ken Anderson, Marty Celnick

The meeting was called to order by Tom Clark at 7:18 p.m.

**President's Remarks**. Tom Clark had nothing to report.

**Vice President's Remarks**. Tom Clark reported for John Nelson that the ride schedule is nearly finished.

**Secretary's Report**. Alan Whitaker reported 22 renewal membership payments, 9 new members. Will bring some new member sign up forms to the upcoming CCC. 410 (517 riders) registered for the CCC.

**Minutes**. Conducted by Chanell Hamilton. August's minutes were emailed to the board in advance, and were approved by the board.

**Treasurer's Report**. Jim Hajek submitted the Treasurer's Report via email prior to the meeting. Jim reported the 2014 budget current ending balance of \$25,990.50. The board voted to approve the Treasurers Report.

**Incentive Chair Report**. Stephen Paca conducted the Incentive Awards. The Ride of the Month Award was given to Cycling Challenge #4. The Almost Anything Award was given to ad-hoc group who assisted the City of Springfield in applying for Bicycle Friendly Community. The Ride Leader Incentive Award was given to Marty Celnick.

**Special Events Report**. Conducted by Harv Koplo. Regarding the upcoming CCC: Harv reported that he has secured 2 locations for post-ride showers. Harv has ordered 413 shirts. Harv met with the Knights of Columbus manager to go over last minute details. Insurance certificate for event insurance has been forwarded to Knights of Columbus. Live music has been arranged for both the Knights of Columbus and Clayville stop. There will be plenty of signage, for riders as well as drivers throughout the route. Beer will be through Rolling Meadows.

**Legislative/Education Report**. Conducted by Tom Clark in Bill Donels absence. The bicycle friendly community application for the City of Springfield was submitted before the deadline. Tom met on August 12th with Will Borders regarding a bike co-op that Will is starting. Otherwise, Tom had nothing to report.

**Social Chair Report**. Gladys's Hajek reported there was no August Socializer. Tom is organizing the annual board meeting for September 24th at Brickhouse West. Gladys is working on the annual winter party for January 2015.

**Newsletter Editor Report**. Joe Agner reports there is nothing new to report.

**Webmaster Report**. Alan Whitaker reports that he sent an announcement to members regarding CCC information.

**New Business**. Stephan Paca suggested the possibility of adding route bike repair stations to some of the bike routes throughout Springfield area. The board agreed to explore the topic at the next board meeting. The meeting adjourned at 9:04 p.m.

The next meeting is scheduled for Wednesday, October 1, 2014, at the home of Ken & Sandy Anderson.

# Springfield Bicycle Club Membership Application

New Member

Renewing Member

Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

### Type of Membership (check one):

Individual: \$15 per year

Family: \$20 per year

Contributing: \$25 per year

Sustaining: \$50 per year

Patron: \$100 per year

Corporate: \$100 per year

### Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of:  Club e-mail announcements

Quick Release mailing (issues are available at [www.spfldcycling.org](http://www.spfldcycling.org))

I would like to help with SBC activities:  Yes  No

If yes, please check any specific areas of interest:

Lead bike rides

Help with social activities

Help with bicycle advocacy

Help w/ Capital City Century

Serve on the SBC Board

Other \_\_\_\_\_

### Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

### Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$12.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: \_\_\_\_\_

\*providing birth dates is optional, but recommended to help us keep track of club demographics.

### Mail with Check to:

Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705

Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705  
Address Service Requested  
Not for Commercial Use

Presorted Standard  
U.S. Postage Paid  
Springfield, IL  
Permit #800

## **Springfield Bicycle Board Members**

### **President**

Tom Clark  
726-5560  
president(at)spfldcycling.org

### **Treasurer**

Jim Hajek  
698-7626  
treasurer(at)spfldcycling.org

### **Legislative/Educational**

Bill Donels / Lynn Miller  
546-8036 / 787-3354  
legislative(at)spfldcycling.org

### **At-Large Members**

Mike Schwab  
801-7224  
at-large(at)spfldcycling.org

### **Vice President**

John Nelson  
vp(at)spfldcycling.org

### **Special Events**

Harv Koplo  
899-9175  
events(at)spfldcycling.org

### **Web Master**

Alan Whitaker  
494-6807  
webmaster(at)spfldcycling.org

Dave Lucas  
585-1078  
at-large(at)spfldcycling.org

### **Board Secretary**

Alan Whitaker  
494-6807  
secretary(at)spfldcycling.org

### **Records**

David McDivitt  
787-5964  
records(at)spfldcycling.org

### **QR Editor**

Joe Agner / Mike Agner  
361-5077  
editor(at)spfldcycling.org

Marty Celnick  
522-4206  
at-large(at)spfldcycling.org

### **Recording Secretary**

**Membership Chair**  
Chanell Hamilton  
recording(at)spfldcycling.org

### **Social Chair**

Gladys Hajek  
social(at)spfldcycling.org

### **Incentive Chair**

Stephen Paca  
766-2604  
incentive(at)spfldcycling.org

Ken Anderson  
522-3876  
at-large(at)spfldcycling.org

Ray Caruso  
891-5464  
at-large(at)spfldcycling.org

### **Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40**

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.

**QR Deadline is the  
15th  
of the month**