



# the Quick Release

[www.spfldcycling.org](http://www.spfldcycling.org)

February 2015

## *A few words from Tom Clark, SBC President . . .*



February is the heart of the cycling off-season. We've had quite a cold snap, with some snow and ice on the roads. Many of us are doing spin classes or riding our wind trainers. Some members have departed for warmer climes. I for one am hoping an early spring is on the way!

Our February Socializer will be held at 5:30 p.m. on Wednesday, February 11<sup>th</sup> at Frankies on the Boulevard, in the Town and Country Shopping Center on MacArthur. The event is being held in the party room at the back of the bar. Stop by to meet new members, and catch up with existing members! Free appetizers will be provided.

Our new Social Co-Chair, **Poonam Mahajan**, will be your host that night. Welcome, Poonam! **Julie Ann Love** is continuing as Social Co-Chair. Julie will be busy with graduate school and looks forward to seeing everyone at the Summer Picnic.

The Fight for Air Climb at the Hilton is on Sunday February 8. A record-breaking nine SBC members have joined our stair climb team this year! A few more donations are needed to ensure that everyone on the team (**Deb Cooper, Amy Goldesberry, Carolyn Lawrence, Hope Rolens, Larry Stone, Shane Westbrook, Alan Whitaker**, and yours truly) can participate. Donations can be made online ([www.tinyurl.com/sbcclimb15](http://www.tinyurl.com/sbcclimb15)) or by mailing a check to ALA, 3000 Kelly Lane, Springfield, IL 62711. **Your donation would be greatly appreciated.** We climb in memory of **Grover Everett**, our all-time mileage champion. Please contact **Tom Clark** at 726-5560(cell) or [president@spfldcycling.org](mailto:president@spfldcycling.org) for further information.

During the winter months, we schedule mostly Show-N-Go ride opportunities for those hardy souls interested in group rides. These include Show-N-Go's in February on Lincoln's Birthday on Thursday the 12<sup>th</sup>, and President's Day on Monday the 16<sup>th</sup>. We'll return to leader-led rides in March. If you are interested in leading a club ride or organizing an event, please email [vp@spfldcycling.org](mailto:vp@spfldcycling.org) to volunteer. The weekend and holiday A-Rides organized by **Lisa Kidd** continue in February. These A-Rides are faster and longer than our regular club rides.

Hope to see you at the Socializer!

## Incentive Awards

*Stephen Paca, Incentive Chair*



**RIDE OF THE MONTH:** There were no eligible rides for the month of December 2014.

**ALMOST ANYTHING AWARD:** The AAA goes to all the dedicated riders who rode in the cold month of December. Several groups continued to ride both during the week and on weekends as road conditions allowed; others continued to commute, braving frigid temperatures; and some rode as much as they could, often many days in a row, in order

to reach their goals of logging a certain number of miles by the end of the year. Well done, you hardy cyclists!

**RIDE LEADER INCENTIVE DRAWING:** There were no eligible ride leaders for the month of December 2014

*Any rider or member can nominate rides or leaders for the above recognition. Please send nominations or ride anecdotes to incentive (at) spfldcycling.org*



## Membership News

*by Alan Whitaker, Secretary*

I would like to thank the following renewing members for their continued support of the Springfield Bicycle Club:

### Renewals

Jack & Gerry Casey  
 Esteban Cruz  
 David & Becky Kalaskie  
 Harv Koplo & Annett Chinuge  
 Jim Melville  
 Christa McLaren-Morris  
 Jeff Price  
 Kevin and Carolyn Proctor  
 David Ross & Sheryl Essenburg  
 John L. Sanford  
 Judy Shipp  
 Becky Smith  
 Dan & Janelle Snyder  
 Jim & Deb Stahl  
 Susan L. Taylor  
 Mike Vonnahmen

### Renewals at the Contributing Level

Vicki Berry  
 Tom Clark  
 Joe Deen  
 Jim Disney  
 Alan & Harriet Josephson  
 David & Anita McDivitt

### Renewals at the Sustaining Level

Maggie & Loren Easter  
 Kevin & Naomi Greene  
 Dwight O'Keefe  
 Bob and Sandy Steimel

### Renewal at the Corporate Level

R & M Cyclery



### **Dean Wisleder (1941-2014)**

Long-time club member Dean Wisleder passed away on December 25, after a long battle with prostate cancer.

Dean was a true “biker” and made bicycling an integral part of his life. He commuted to work at the Armory building downtown on his bicycle for over 30 years. He was very active in Springfield Bicycle Club. He both led and participated in many club rides, and taught bicycle maintenance classes.

The club may owe its continued existence to Dean. In the early 80s, the club was on the verge of disintegrating. No one would step forward to serve as an officer, and no one would volunteer to lead rides or provide meeting programs.

A special meeting was scheduled to officially disband the club. At that meeting, Dean indicated that he would serve as President if others would step forward and serve as well. Others followed Dean’s example and volunteered as well. Dean was the club’s NoBell winner in 1985.

Dean enjoyed life outdoors, including bicycling and camping, which he did in nearly all of the 50 states. When touring by bicycle, he was always a self contained camper. Dean is pictured here on his well equipped trike. He went everywhere on it.

Dean was always a true gentleman willing to help anyone who needed it. His thoughtful, reasoned approach to all challenges, including his prostate cancer, should serve as a model for all of us as we travel through life. He will be sorely missed.

Dean is survived by his wife Nancy, two sons, a grandson, three siblings, three nieces and two nephews. A number of Springfield Bicycle Club members attended Dean’s visitation or funeral in late December.

Memorial contributions may be made to: The League of IL Bicyclists, 2550 Cheshire Dr., Aurora, IL 60504 or Simmons Cancer Institute at SIU, 927 N. Rutledge, P.O. Box 19666, Springfield, IL 62794.



## **Board Meeting Minutes - January 7, 2015**

*Chanell Hamilton, Recording Secretary*

Present. Tom Clark, Chanell Hamilton, Ken Anderson, Stephen Paca, Julie Love, Jim Hajek, Bill Donels, Alan Whitaker, Marty Celnick, John Nelson

The meeting was called to order by Tom Clark at 7:12 p.m.

President's Remarks. Conducted by Tom Clark. No remarks

Vice President's Remarks. Conducted John Nelson. Reported that the ride schedule is nearly finished.

Secretary's Report. Conducted by Alan Whitaker. Reported that there was 1 new member, 7 membership renewals.

Minutes. Conducted by Chanell Hamilton. December's Minutes were recorded and emailed to the Board in advance by Alan Whitaker, and were approved by the board after amendments.

Treasurer's Report. Conducted by Jim Hajek. Jim reported that all but 3 expected donations for the CCC have now been received. The December Treasurer's Report was submitted via email prior to the meeting, with an ending balance of \$26,540.19. The Treasurer's Report was approved. Jim also submitted the quarterly budget report, which balanced with the Treasurer's report. Jim also presented the Board with the proposed draft budget for 2015. The FY 2015 draft budget was approved.

Incentive Chair Report. Stephen Paca conducted the Incentive Awards. There were no eligible rides for the The Ride of the Month Award for December. There were no eligible ride leaders for The Ride Leader Incentive Award for December. There were no nominations for The Almost Anything Award for December.

Special Events Report. Conducted by Tom Clark in Harv Koplo's absence. No remarks.

Legislative/Education Report. Legislative and Education report conducted by Bill Donels. The LIB is concerned with not being able to find a teacher/leader for the Bicycle Safety Quiz. Not a lot of responses in Springfield area to the online quiz. They are interested in hiring several ambassadors in the Springfield area, and are asking for applications/resume's to be submitted via email. More details about this will be added to the SBC website.

Social Chair Report. Conducted by Julie Love. Annual Winter Banquet is set for January 23<sup>rd</sup>, 2015, at Maldanors. The next socializer will be held February 11<sup>th</sup>, 2015 at 5:30pm at Frankie's Boulevard in Town and Country Shopping Center.

Newsletter Editor Report. Tom Clark conducted the Newsletter Editor Report in Joe Agner's absence. Nothing new to report.

Webmaster Report. Conducted by Alan Whitaker. The Bicycle Safety quiz will be going on the SBC website. The Database Transition Team has nothing new to report.

New Business. The Methodist Church/Distribution Center in Chatham is in need of volunteers, and that information will also be added to the website.

The meeting adjourned at 8:48 p.m. The next meeting is scheduled for Wednesday, February 4<sup>th</sup>, 2015 at 7:00 p.m. at the home of Ken and Sandy Anderson.



Thank you to  
the Springfield  
Bicycle Club  
for all you do!

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**Palazzolo**  
BELIEVE IN SPRINGFIELD **MAYOR**

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[www.CountOnPaul.com](http://www.CountOnPaul.com)

 Paul Palazzolo  PaulPalazzolo15

## February 2015 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at [www.spfldcycling.org](http://www.spfldcycling.org). Unless otherwise indicated, **weekday** daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

<b>Weekday Daytime Rides</b>		<b>Check start times!</b>
Monday 10:00 a.m.	Lewis Memorial Park Koke Mill Rd Robert LaBonte, 787-0237	MB – Meet at the pavilion and ride the church trails for an hour or so. This ride will be at an easy pace and is suitable for beginner and intermediate riders. Ride is dependent on trail conditions so call Robert for details.
Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Pavilion on the South side of the park Pete Gudmundson, 523-8200	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Pete shows up often enough for this ride that he should be able to answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper. <b>*Disclaimer: Geezer riders occasionally change the start time due to weather and other considerations. Please call ahead.</b>
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride Lake Taylorville parking lot Rt 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr& Crusaders Rd Tom Clark, 726-5560 Dave Ross 789-4823	BC — Westside Lunch Ride. Dave or Tom will hit the trails or go out in the country.
<b>Weekday Evening Rides</b>		<b>Check start times!</b>
Tuesday 6:00 p.m.	IDOT Dirksen Pkwy & Ash St Show-N-Go	BCD — Show-N-Go along the Lost Bridge Trail. Turn miles in to the club records keeper. Lights required.
Thursday 6:00 p.m.	Parkway Pointe Theater Lindbergh & Robbins Rd Show-N-Go	BCD – Show-N-Go along the Wabash and Interurban Trails. Turn miles in to the club records keeper. Lights required.
Mon., Tues., Wed., and Thursday 6:00 p.m.	Pana Trail Lake Taylorville parking lot Rt 29 Charlie Witsman, 299-7038	Show-N-Go – Ride on the Lincoln Heritage Trail. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions. Lights required.
<b>Weekend Daytime Rides</b>		
Saturdays time varies (see Disclaimer)	Vredenburg Park Saxon Dr& Crusaders Rd Lisa Kidd, 341-6181	<b>Weekend A-Ride.</b> This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. <b>*Disclaimer: Schedule sometimes changes due to weather. Please call ahead.</b>
Sundays time varies (see Disclaimer)	Vredenburg Park Saxon Dr& Crusaders Rd Lisa Kidd, 341-6181	<b>Weekend A-Ride.</b> See Saturday Weekend A-Ride description. <b>*Disclaimer: Schedule sometimes changes due to weather. Please call ahead.</b>
<p><b>Weekend A ride schedule through the WINTER months:</b> Saturdays and Sundays 9am start at Vredenburg Park. Some riders will meet and ride in the low and mid 20 temps. If the the trails are questionable with a possibility of ice or snow the meeting place will be at the parking lot at the trail head on South Park Street, (Sonic Burger). - <b>Derek</b></p>		

Scheduled Rides and Events		<i>Check start times!</i>
Sunday February 1 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go –Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Wednesday February 4 7:00 p.m.	Residence 2301 Sangamon Avenue Ken Anderson, 522-3876	NC – <b>Board Meeting.</b> All SBC members are invited to attend the board meeting.
Saturday February 7 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go –Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday February 8 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go –Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday February 8	Springfield Hilton 700 E Adams St Tom Clark, 726-5560	NC – <b>Fight for Air Stair Climb.</b> Team SBC Mt Everett Climbers will climb again in memory of our all-time mileage champion, Grover Everett. All donations support the American Lung Association’s Fight for Air campaign. Please consider donating so that all team members can make the climb. <b>Please see the article elsewhere in this month’s QR for details.</b>
Wednesday February 11 5:30-7:30 p.m.	The Boulevard 2413 South MacArthur Blvd Julie Ann Love 306-6313	NC - <b>Socializer.</b> Join us on at Frankie’s (next to Burlington Coat Factory in Town and Country Mall) for the February Socializer. Members and potential members are encouraged to attend.
Thursday February 12 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go – <b>Lincoln’s Birthday.</b> Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Thursday February 12 time varies	Vredenburg Park Saxon Dr& Crusaders Rd Lisa Kidd, 341-6181	<b>Holiday A-Ride.</b> See Saturday Weekend A-Ride description. <b>*Disclaimer: Schedule sometimes changes due to weather. Please call ahead.</b>
Saturday February 14 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go –Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday February 15 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go –Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Monday February 16 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go – <b>Presidents Day.</b> Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Monday February 16 time varies	Vredenburg Park Saxon Dr& Crusaders Rd Lisa Kidd, 341-6181	<b>Holiday A-Ride.</b> See Saturday Weekend A-Ride description. <b>*Disclaimer: Schedule sometimes changes due to weather. Please call ahead.</b>
Saturday February 21 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go –Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Sunday February 22 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go –Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.
Saturday February 28 11:00 a.m.	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show N-Go –Ride the trails or go out in the country. If the trail is not clear and dry but the roads are, start from the west end parking lot on Robbins Road. Turn in your miles to the club records keeper.

## Other Area Rides

Springfield area bike shops and other entities sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR. **NOTE:** 'Other area ride' miles count for club miles, as they are organized rides.

Other Area Rides & Events		
Tuesdays 6:00 p.m.	Washington Park Pavilion on the South side of the park Jeff Williams, 546-8819 Jeff(at)jeffveloart.com Facebook: Jeff Curtis Williams	<b>Tuesday Night Trail Rides</b> – MTB/cyclocross/off road bikes recommended. All Are welcome! We will split off at Washington & Koke Mill to do the “church trail”. <b>LIGHTS and HELMETS</b> please and thanks!!! Disclaimer: <b>Routes will vary based on conditions.</b> Contact Jeff for more information.
Friday February 28 5:30 p.m.	State Capitol Visitors' Center 425 S. College St. (west of the Stratton Building across College Street) Alan Escobar, 638-9523	EZ – <b>Critical Mass Ride.</b> Ride for about 1 hour at a slow pace. Suitable for all bikes. Critical Mass is a worldwide event held the last Friday of every month. It is open to all, and it welcomes all riders to join in a celebration of riding bicycles. Why? Because bikes are fun! <b>Bring front and rear LIGHTS, please.</b>
Saturday February 21 10:00 a.m.	St. Joseph Ogden High School 301 N. Main Street St Joseph, IL  Todd Jacob todd.jacob.prd3@statefarm.com 309-824-8684	<b>14th Annual Illini Chill Bike Ride (22+ miles)</b> – The day will start with the wonderful Lumberjack breakfast hosted this year by the St. Joseph Ogden High School FFA organization at the High School and of course the day will once again end with the Spaghetti lunch, provided by the youth group at the Living Word Church of St. Joseph (1000 Park Ave.) REGISTRATION: 7:00 – 9:30am @ SJO High School LUMBERJACK BREAKFAST: 7:00 – 10:00am @ SJO High School: Served by SJO FFA Chapter RIDE STARTS: 10:00am @ SJO High School Parking Lot HOT CHOCOLATE BREAK 10:30/11 am @Homer Lake Interpretive Center: Served by SJO FFA Chapter SPAGHETTI LUNCH Conclusion of Ride @ Living Word Church: Served by Living Word Youth Group



### Grand Illinois Trail and Parks Bike Tour June 14-19, 2015

Get set for the 13th annual Grand Illinois Trail And Parks (GITAP) bicycle tour in mid-June of 2015. It's a new departure for the ride, using the Grand Illinois Trail as a starting point to go south for some wonderful riding, scenery, cultural activities, and sites.



This unforgettable six-day ride will be making a loop through Illinois prairies, farmland, woodlands, river edges, and towns and cities — Kewanee, Hampton, Galesburg, Canton, and Chillicothe — with significant history. Enjoy overnights filled with good food and good fellowship, all in support of the League of Illinois Bicyclists, a nonprofit organization dedicated to improving bicycling conditions statewide.

[www.bikelib.org/2014/11/registration-is-open-for-gitap/](http://www.bikelib.org/2014/11/registration-is-open-for-gitap/)





**Feb 5** - Pecha Kucha Night at The Hoogland Center for the Arts, at 7:20 p.m

Our own Harv Koplo will be discussing "Sustainable features used in the building of Spaulding House, Springfields' first eco-house."

Get more information and buy tickets at

[www.pechakucha.org/cities/springfield-il](http://www.pechakucha.org/cities/springfield-il)



**Feb 8** - For the third straight year, SBC is sponsoring a team for American Lung Association's **Fight for Air stair climb** at the Hilton on **February 8**.

We named this team SBC Mt Everett Memorial Climbers in memory of Grover Everett, our all-time mileage champion. Visit the team page to join the team or donate to the cause:

[www.tinyurl.com/sbcclimb15](http://www.tinyurl.com/sbcclimb15)



**Feb 11** - Mark the date for the **February Socializer**

5:30 -7:30 at Frankie's on The Boulevard

Town and Country Plaza.



## The long road to bicycle friendly recognition

Springfield scored an Honorable Mention for our recent efforts at recognition for the strides we have made towards becoming a more bike conscious and supportive community.

The league has prepared a draft set of detailed recommendations which the group that shouldered the onerous task of applying for this recognition is currently reviewing. Once the review and discussion stage is complete, The League of American Bicyclists will provide a final recommendation, which will be shared with everyone interested.

Thank you again to the stalwart band that continues to expend their time on our, and Springfield's, behalf.

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Good afternoon,

After careful review of your Bicycle Friendly Community application and consultation with local cyclists, the League of American Bicyclists has determined that Springfield should be recognized with an Honorable Mention. You should be proud of this accomplishment, since a few additional improvements could earn a Bicycle Friendly Community award in the future.

The League will promote your Honorable Mention status on our website for one year. We will gladly review an updated application in the future, so we urge you to make as many improvements as possible. We will make the official announcement on **November 18th**, so please hold your own announcement until then.

Please find Springfield's report card attached. It features key recommendations and statistics, and your category scores. Please take a look at the data and the recommendations and let us know if any corrections are needed.

You will receive a detailed feedback report by the end of January which will outline important measures Springfield should take to become more bicycle-friendly. We are looking forward to helping you achieve a Bicycle Friendly Community status so please let us know if we can assist.

Once again, accept our congratulations on your efforts to create a Bicycle Friendly Community.

Sincerely,

Nicole

NICOLE WYNANDS, *Program Manager*

*Bicycle Friendly Community and Bicycle Friendly State*

THE LEAGUE OF AMERICAN BICYCLISTS

**[WWW.BIKELEAGUE.ORG](http://WWW.BIKELEAGUE.ORG)**



# SPRINGFIELD, IL

TOTAL POPULATION

116,250

TOTAL AREA (sq. miles)

58.9

POPULATION DENSITY

1,974.0

# OF LOCAL BICYCLE FRIENDLY BUSINESSES

0

# OF LOCAL BICYCLE FRIENDLY UNIVERSITIES

0

## 10 BUILDING BLOCKS OF A BICYCLE FRIENDLY COMMUNITY

	Average Bronze	Springfield
Arterial Streets with Bike Lanes	33%	8%
Total Bicycle Network Mileage to Total Road Network Mileage	26%	4%
Public Education Outreach	SOME	VERY GOOD
% of Schools Offering Bicycling Education	33%	15%
Bike Month and Bike to Work Events	GOOD	GOOD
Active Bicycle Advocacy Group	MAYBE	YES
Active Bicycle Advisory Committee	MAYBE	VERY
Bicycle-Friendly Laws & Ordinances	SOME	VERY GOOD
Bike Plan is Current and is Being Implemented	MAYBE	SOMEWHAT
Bike Program Staff to Population	PER 77K	7715

## CATEGORY SCORES

<b>ENGINEERING</b> <i>Bicycle network and connectivity</i>	3/10
<b>EDUCATION</b> <i>Motorist awareness and bicycling skills</i>	2/10
<b>ENCOURAGEMENT</b> <i>Mainstreaming bicycling culture</i>	3/10
<b>ENFORCEMENT</b> <i>Promoting safety and protecting bicyclists' rights</i>	3/10
<b>EVALUATION &amp; PLANNING</b> <i>Setting targets and having a plan</i>	1/10

## KEY OUTCOMES

	Average Bronze	Springfield
<b>RIDERSHIP</b> <i>Percentage of daily bicyclists</i>	1.2%	0.26%
<b>SAFETY MEASURES CRASHES</b> <i>Crashes per 10k daily bicyclists</i>	370	1,733.7
<b>SAFETY MEASURES FATALITIES</b> <i>Fatalities per 10k daily bicyclists</i>	4	33.1



## KEY STEPS TO BRONZE



- » Dedicate more staff time to bicycle planning and programming. Appoint a staff member Bicycle & Pedestrian Coordinator or create a new position.
- » Increase the amount of high quality bicycle parking throughout the community. Ensure that people arriving by bicycle have a secure and legal place to lock their bikes at popular destinations.
- » Continue to expand the on street bike network and to increase network connectivity.
- » Expand the Safe Routes to School program.
- » Offer bicycling skills training opportunities for adults frequently.

- » Promote cycling throughout the year by offering or supporting more family-oriented community or social rides.
- » Expand encouragement efforts during Bike Month. Celebrate Bike to Work Day.
- » Encourage the University of Illinois at Springfield to promote cycling to students, staff, and faculty.
- » Ensure that police officers are initially and repeatedly educated on traffic law as it applies to bicyclists and motorists.
- » Ask police officers to target both motorist and cyclist infractions.
- » Ensure that there is dedicated funding and specific targets for the implementation of the bike plan.