



### Ride of the Month

**Roger and Hope Schnelten's 30th Annual Oktoberfest is Ride of the Month**

Roger and Hope mapped out nice 20 and 30 mile routes leading back to their house where riders enjoyed good food, drink, music, a bonfire, friendship and an all-around good time. Thanks Roger and Hope!

### Almost Anything Award

**The Almost Anything Award goes to our own Legislative /Education Committee for promoting the new Springfield Bicycle Advisory Council (BAC)**

The SBC recognizes the great work of it's Legislative/Education Committee, specifically Lynn Miller, Bill Donels, Kevin Greene, Sid Marder, David Sykuta and Rich Tapia for their efforts to get the Springfield BAC ordinance passed. This work is only starting but it's a great start. Thanks guys! (See related article on page 19)

**SBC's Holiday Party  
Is Now the  
SBC WINTER PARTY  
January 17, 2008**

*Spinner and NoBell awards, and fun!  
See page 9*



***Annual  
Last Weekend Ride  
is December 28!***

***New Years Day Ride from Rock-  
N-Roll Hardees***

*See page 8*

***Come Ride with  
Us! • What's in  
this Month's QR***

*See page 3*

**Janet Cooper is  
Rider of the  
Month with 664  
miles!**

*Details on page 4*

**Lookin' for a  
Ride?**

*See Ride Schedule,  
pages 7-8*

## President's Column

December 2008

Change is in the air. The days have gotten shorter, the weather has turned colder, and warm summer days seem like a distant memory. A new Springfield Bicycle Club Board has been seated and I have been elected SBC president.

The SBC has many recent past accomplishments to be proud of. We've completed our most successful CCC ever with over 85 volunteers and approximately 700 riders. For these efforts, we gave many people an enjoyable experience for a day and netted about \$7400. Our club treasury now has about over \$15,000 after donating \$2500 to the League of Illinois Bicyclists. With the urging of the SBC, the City of Springfield will be forming a Bicycle Advisory Committee.

The Interurban Trail will open next year with two grade separations, one under MacArthur Boulevard and one over the Norfolk Southern Railroad. Just about four years ago we were told by IDOT that the Interurban Trail would be barricaded at the railroad crossing and cut in half. We were also told by IDOT the Interurban will be closed for about a year during the construction of the MacArthur extension. Thanks to the help of many club members and the great cooperation from IDOT spurred on by open communications, these things have not happened.

I decided to take this position of SBC president because I want to make the SBC fun again. I became active in the SBC way back in 1985 and have previously served as president for four terms from 1992-1997. The SBC has much to be proud of and has a bright future ahead. We will be asking club members in the near future to provide their thoughts on how to improve the SBC and our rides. Please watch for the announcement or feel free to email me your ideas.

The SBC traditional December Holiday Party has been replaced by a Winter Party to be held in January. It will combine the many of the festivities of the Holiday Party with the presentation of the Spinner Awards and the NoBell Award.

Karl Kohlrus  
SBC President



## Come Ride with Us

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With fall activities underway, some are tapering off their cycling, while others continue to ride in the new season—and perhaps year-round. Sharing the cycling experience is what makes riding more enjoyable and one of the reasons that the Springfield Bicycle Club (SBC) sponsors rides virtually every day of the year. Members have come to appreciate the wide variety of destinations, distances and pace to accommodate cyclists of different abilities and skill levels.

The EZ Rider program, for example, is for riders new to the sport or riders who simply prefer to ride at a more relaxed pace. Also, contrary to what many people might believe, you don't need an expensive bicycle or have to wear spandex to be a member. SBC members ride just about anything with two wheels and pedals, including those funny looking contraptions called recumbents.

The SBC rides offer a variety of benefits. The rides provide an opportunity to meet and socialize with others in the community who also enjoy cycling. They encourage cyclists to learn about different riding styles, and improve their riding skills and confidence. Novice riders will be introduced to safety techniques, effective riding habits and tips on basic bike maintenance. Another advantage of riding with the SBC is to learn preferred bicycle routes, both in town and out in the country.

### Club Rides

The SBC ride program contains rides to suit just about every cycling interest, whether for recreation, fitness, sport or touring (see Ride Schedule beginning on page 8, and listing of ride types on page 11). In addition, the SBC annually sponsors the Capital City Century on the first Sunday after Labor Day, with routes of 12 to 100 miles.

If you are a novice or new to group riding, we encourage you to start with a weekend, EZ, or neighborhood ride that has a designated ride leader. Plan to arrive at least 10 minutes before the starting time so that you have an opportunity to meet the ride leader and other members of the group.

Please contact a club officer or ride leader if you have any questions. We look forward to riding with you!

## Secretary's Report

Ken Anderson, Secretary

Renewals

Ellen Kay Schlieckau  
 Pat Aulich & Barry Erlandson  
 Curt & Kathleen Winhold  
 Cindy Moreno  
 Mary Grant

Renewals at the Sustaining Level

Tom Clark  
 Bill Donels  
 George Anne Daly

New MembersRenewals at the Contributing Level

David Ross and Sheryl Essenburg & Family  
 Karl & Christine Kohlrus  
 Marty Celnick  
 Bill & Dara Voss  
 David Banks

Labeaux Schiek

Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

### Riders of the Month

10/08 Janet Cooper 664 miles	6/08 Marilyn Powell, 619 miles	2/08 Cathy Yeamen, 903 miles
9/08 Karl Kohlrus, 765 miles	5/08 Charlie Witsmen, 818 miles	1/08 Jack Hurley, 926 miles
8/08 Marty Celnick, 923 miles	4/08 Mike Vonnahmen, 963 miles	12/07 Mike Vonnahmen, 269 miles
7/08 Byron Nesbitt, 1,004 miles	3/08 Grover Everett, 1,303 miles	11/07 Karl Kohlrus, 602 miles

## Board Meeting Notes— October 1, 2008

David Lucas, Volunteer Recording Secretary

Members Present: Robert LaBonte, David McDivitt, Ken Anderson, David Lucas, Tom Clark, Lynn Miller, Alan Whitaker, Karl Kohrus, Marty Celnick, Naomi Greene

President Robert LaBonte called the meeting to order at 7:00 p.m.

Treasurer's Report. Dave Lucas reported that following a successful Capital City Century, we now have a balance on hand of \$20,610.07. Since CCC requests for reimbursement continue to be received, a final CCC report is not yet available. Following some brief questioning regarding the CCC income and expenses, the Treasurer's report was accepted as written.

Recording Secretary's Report. Naomi Greene, the volunteer recording secretary at the last board meeting, submitted the minutes for the board's review and approval. There were no additions or corrections, and the minutes were approved as written.

Legislative/Education Report. Lynn Miller indicated that he had met with staff from both Weber Construction and IDOT regarding the building and operation of an onsite asphalt plant to be lo-

cated near the Interurban Trail and I-72. Lynn was assured that measures would be taken to limit the amount of dust that this plant would generate, and the trail itself would be closed for only short periods of time not expected to exceed one week at any one time.

It was noted by Lynn and several board members that the management and workers involved in the construction of the MacArthur Street extension had been exceptionally courteous during the construction process and had been very accommodating of the needs of cyclists using the trail. It was suggested that letters be sent to IDOT and others concerned expressing the club's thanks for the courtesy and concern shown by all those involved in the construction process.

Lynn also reported good progress in the establishment of a city wide bicycle advisory committee and will soon meet with members of the mayor's staff in order to begin identifying appropriate business and neighborhood representatives for this committee.

Lynn next reported on his

attendance at the recent Pro-Bike/ProWalk Conference in Seattle. Lynn circulated some very informative and useful written material that he had received at the conference and felt that the information would be of great assistance to him in future dealings with state and local officials as well as with other groups interested in furthering bicycling in Springfield.

Social Chair Report. No report was submitted as Tracey was not in attendance.

Incentive Chair Report. Alan Whitaker indicated that there were multiple rides in September that were eligible for the Ride of the Month (ROM). The CCC was mentioned as a candidate for ROM, and there was no objection to considering this event.

After a very close vote, the CCC was selected as this month's ROM. Tracey Hurley's Fall Cookout Ride was a very close second and certainly deserves honorable mention for a well organized, well attended ride with lots of good food and fellowship. Thanks to all!

*(Continued on page 6)*

*(Continued from page 5)*

Voting next turned to nominations for the Almost Anything Award (AAA). Nominees were: 1.) Ernie De-Frates for his recent outstanding ride in the Madison County area and 2.) all of the approximately 100 volunteers who helped make the recent CCC a success. Voting was so close that it was decided that both nominees would share this month's Almost Anything Award.

Karl Kohlrus indicated that it is still too early in the month to determine a Rider of the Month.

Later in the meeting, Alan presented the mileage and incentive recommendations that were disseminated in the September newsletter. After some discussion regarding the definition of "commuting miles" it was decided to eliminate the word "primary" from the definition of commuting. Naomi Green moved that the committee's recommendation be accepted with this minor change. It was seconded by Robert LaBonte and passed unanimously. The effective date of the new changes will be 1/1/09.

Special Events Report. Tom Clark indicated that we had a record number of participants in this year's CCC. Over 700

riders participated, and an online survey of riders indicated that all enjoyed the event. There were no serious injuries and no reported conflicts with other road users. Tom then discussed some of the changes and improvements he envisioned for next year, and all look forward to our next event during the Lincoln Bicentennial year.

Newsletter Editor Report. Marty Celnick reported that the editing process is going well; however, some difficulty was experienced with the mileage files last month. Dave McDivitt and Karl Kohlrus volunteered to assist in resolving this issue before the next newsletter deadline

Dave Lucas noted that the officer page of the newsletter needs to be updated as there have been several changes on the board that are not reflected in the officer listing. Robert indicated that Kevin Greene resigned as vice president.

Discussion ensued regarding the need to fill existing vacancies on the board and to hold an election. No plans were currently in place to hold an election or to fill existing vacancies. Naomi Greene then moved that a nominating committee be established in order

to find individuals willing to serve on the board. This was seconded by Robert and passed without dissent.

There followed a discussion of the current volunteer needs of the club and the nature and extent of the ride schedule. Ken Anderson moved that a ride committee be established to address the continuing problem of finding ride leaders and filling the ride schedule. This motion was seconded by Robert and passed without dissent.

New business – Dave Lucas resigned as club treasurer effective 10/31/08.

The next board meeting will be held Wednesday, 11/5, at 7:00 p.m. in Room LL07, Robert Morris College.

David Lucas

*Addendum: In the period following the October 1 meeting, president Robert LaBonte resigned his position and treasurer Dave Lucas decided to rejoin the board and run for re-election.*

## December 2008 Ride Schedule

For updates, corrections and last minute changes to the ride schedule, check the SBC website at [www.spfldcycling.org](http://www.spfldcycling.org). Unless otherwise indicated, daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

Each ride in the schedule is designed for riders of a specific skill level or ability. A ride usually consists of more than one level and riders will normally break up into groups that ride at a similar pace. If you are unsure about your cycling ability, try a ride or ride with a group one class slightly below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive 10 minutes early and be ready to leave on time; all rides leave promptly at the time listed. Make sure your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws; wear a helmet; carry a spare inner tube, patch kit, tire irons, pump and water bottle; and have a rear-view mirror.

If there is no ride leader specified for a scheduled ride, club members are asked to greet newcomers, assist those who are not familiar with the route and report miles using a ride sheet. In the case of inclement weather, or if the leader fails to appear (probably because of an emergency), form a group and go on a ride if you like.

Please report miles to records (at) [spfldcycling.org](http://spfldcycling.org). See the ride rules at [www.spfldcycling.org](http://www.spfldcycling.org) for details.

If you have a question or interest in leading a ride, contact the webmaster by e-mail: [webmaster \(at\) spfldcycling.org](mailto:webmaster@spfldcycling.org). You can also contact him if you would like to lead an ad hoc ride. The ride will be posted on the web site. Please provide at least three days notice.

<b>Weekday &amp; Weekend Daytime Rides</b>		<b><i>Check the start times!</i></b>
Monday thru Friday 10:00 am	Morning Geezer Ride Washington Park Shelter Show-N-Go	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map. Participating riders should turn in miles to Karl Kohlrus.
Monday thru Friday 10:00 am	Daily Pana Trail Ride Lake Taylorville parking lot, Rt 29 Show-N-Go	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to Karl.
Mon, Wed, Fri Noon	IDOT, Lost Bridge Trail Dirksen Parkway Lisa Kidd, 546-1698	AB – <b>Lunch with Lisa Ride</b> . Skip lunch and ride on the trail with Lisa and other SBC regulars.
Monday and Wednesday 12:15/ 12:20 pm	Robert Morris College 3101 Montvale Dr. and Vredenburg Park Saxon Dr. & Crusaders Rd. Dave Ross, 789-4823	BC – <b>Westside Lunch Ride</b> . Leaves Robert Morris College at 12:15 pm and Vredenburg Park at 12:20 pm. We'll hit the trails or go out in the country.
Monday through Friday Noon	Harris Building 100 S. Grand (at 2 <sup>nd</sup> St.) David McDivitt, 725-1986	BC – Ride 10-12 miles during lunch. Meet at the bike rack. Harris Building is at southwest corner of intersection. Please call in advance. Start time flexible.
<b>Weekday &amp; Weekend Evening Rides</b>		<b><i>Check the start times!</i></b>
Monday, Tuesday, Wednesday & Thursday 6:00 pm	Pana Trail Lake Taylorville Parking Lot, Rt. 29 Show-N-Go Charles Witsman, 562-5208	Show-N-Go ride on the Lincoln Heritage Trail. Lights are required. Call Charlie if you need information about trail conditions or directions. Turn in miles to Karl.
<b>Scheduled Rides and Events</b>		<b><i>Check the start times!</i></b>
Wednesday December 3 7:00 pm	Robert Morris College 3101 Montvale Dr. Room # LL07 Karl Kohlrus, 544-8410	NC – <b>Board Meeting</b> . All SBC members are invited to attend the board meetings.

Saturday December 6 Noon	Vredenburg Park Saxon Dr. & Crusaders Rd. Alan Whitaker, 494-6807	ABCD – Alan has 20-30 miles planned, weather dependent.
Sunday December 7 11:00 am	Brew-Bakers Caffe 1941 Iles Ave. Kevin Greene 793-9622	EZ – 10-12 easy miles through neighborhoods. Stay afterwards for hot beverages.
Sunday December 7 Noon	Arbys at Fairhills Mall Chatham Rd & Monroe St Marty Celnick, 522-4206	ABCD – <b>Marty's Birthday Ride</b> . Marty has 32 miles planned with shorter options.
Saturday December 13 Noon	Brew-Bakers Caffe 1941 Iles Ave. Dave Ross, 789-4823	ABCD – Dave has 20-30 miles planned, weather dependent. Stay afterwards for hot beverages.
Sunday December 14 Noon	Lynn Miller's House 1428 Cherry Rd Lynn Miller, 787-3354	ABCD – <b>Lynn's Warm-Up Ride</b> . Soup for insurance after the ride. Come at 1:00 or so and warm up with friends.
Saturday December 20 Noon	Panera Bread W. White Oaks & Wabash Ernie DeFrates, 544-1398	ABCD – Ernie has 20-30 miles planned, weather dependent.
Sunday December 21 Noon	TGI Fridays 2100 W White Oaks Dr Tom Clark, 726-5560	ABCD – <b>Ride to Disneyland</b> . Tom has 30 miles planned to New Berlin with an 18 mile cutoff. Join SBCers for late lunch or a dessert starting at 1:00 PM.
Saturday December 27 Noon	Vredenburg Park Saxon Dr. & Crusaders Rd. Show-N-Go	ABCD – Get together with your riding buddies and select a route. Please use a ride sheet and turn miles into the club record keeper.
Sunday December 28 Noon	Panera Bread W. White Oaks & Wabash Alan Josephson 793-0590	ABCD – <b>Annual Last Weekend Ride of the Year</b> . Go 0-45 miles. Alan will have maps available. Come ride or eat while silly people are freezing!
Thursday January 1 Noon	Rock & Roll Hardees 2501 Stevenson Dr. Karl Kohlrus, 544-8410	ABCD – <b>New Years Day Ride</b> . Get 2009 off on the right foot, or right pedal. 10-25 miles.

### Ride Types

- A** Speed 18+mph average
- B** Speed 15 to 18 mph average
- C** Speed 12 to 15 mph average
- D** Speed 8 to 12 average
- ER** Speed under 8 mph average, slow paced social group ride without map, usually neighborhood tour
- EZ** Easy ride with no given speed
- NC** Non cycling event, but to/from miles still count
- MB** Suitable for mountain and all terrain bikes
- Show-N-Go** No ride leader, no speed specified, ride on your own and turn in miles to the Club Records Keeper



**SBC WINTER PARTY**  
**January 17, 2009**

We are trying something different this year. The annual Holiday Party has been combined with the Spinner Awards. The events will be similar to the Holiday Party – we'll still have the potluck, the No-Bell award, and the legendary slide show. We've just added the Spinners and we won't be having the White Elephant.

*When:* Saturday, January 17, 2009

- 5:00 Party officially begins
- 6:00 Potluck dinner, then Ride Leader and Volunteer Programs drawings, then No-Bell award presentation, then Spinner awards, then slide show

*Where:* Lake Springfield Beach House

*The club will provide:* Turkey, ham, soda, table service.

*You should bring:* A dish to share and your own libations.

*We need:* Photos, particularly of SBC members and events for the slide show. Please e-mail them to Curt Evoy, [cmevoy@comcast.net](mailto:cmevoy@comcast.net) by January 7.

*No-Bell award nominees:* Contact one of the last five recipients (see separate article).

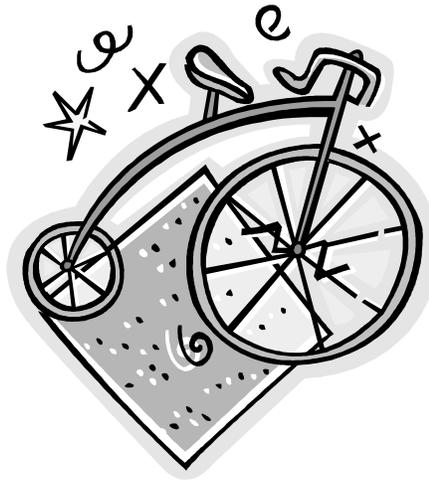
*Questions:* Call Tracey Hurley, 414-8900

## Volunteer Incentive Awards

by Alan Whitaker, Incentive Chair

*Reminder: January 10<sup>th</sup> is the deadline for reporting 2008 volunteer hours*

The goal of the Volunteer Incentive Program is to recognize and encourage volunteerism at SBC sponsored or endorsed events. A drawing will be held and awards presented at the Winter Party in January, based on volunteer hours worked during the previous year and reported to the Incentive Chair by the deadline date of January 10th.



Eligible events are those for which SBC members are asked to volunteer by an individual designated by the Board for that event. Board members may not report hours for duties related to their board position.

For every 5 hours volunteered and reported to the Incentive Chair, the member's name is placed in the hat for a Winter Party drawing of four \$50 gift certificates, redeemable at the bike shop of the member's choice. A volunteer's name can be drawn more than once.

## New Mileage Rules Approved for 2009

The SBC Board approved revised mileage rules at its October meeting. Background information can be found on page 19 of the September QR.

### **Effective January 1, 2009, SBC members can report and the club will track the following miles:**

Club miles: Miles ridden as part of a scheduled ride.

To/From Miles: Miles ridden to and from a club ride.

- Organized rides and tours: Miles ridden on organized rides and tours can be counted as **club miles**. In order to promote the Springfield Bicycle Club we encourage riders to wear their SBC jersey if they have one.

Commuting miles: Trips to work (paid or non-paid), and other trips whose purpose is an errand or destination.

I note that the workgroup and the Board considered some very detailed definitions of “commuting” but realized that SBC members can determine the purpose of their own trips without need for complicated, legal-sounding rules. Simple is better.

The Board also adopted a restructuring of the Spinner Awards to eliminate age and gender categories and more accurately recognize riders' achievements. The award restructuring will affect the awards given at the **end** of 2009 and so will not affect the awards to be given at next month's Winter Party.

Under the new system, **each** rider will receive an award appropriate to the number of miles ridden. Exact mileage ranges will be finalized during the coming year but they will look something like this:

- 10,000 miles + (Spinner Platinum)
- 7,500 - 9,999 (Spinner Gold)
- 5,000 - 7,499 (Spinner Silver)
- 2,500 – 4,999 (Spinner Bronze)

The club will continue to award mileage pins for 1,000 mile riders.

Alan Whitaker  
SBC Incentive Chair

## Springfield Bicycle Club Mileage and Activity File As of October 31 2008

Editor's note: Only those who rode in the current month are listed below. This is done to reduce printing costs. All riders can view their current mileage on the club website [www.spfldcycling.org](http://www.spfldcycling.org)

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RIDES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TO-TAL	RIDES	AVG RIDE	LED	LDR PTS
Grover Everett	2,149		2,149	31	69.32			16,103	84	16,187	257	62.98	3	9
Cathy Yeaman	776	72	848	20	42.4	1	3	8,695	254	8,949	199	44.97	1	3
Jack Hurley	961		961	22	43.68			8,264	268	8,532	211	40.44	1	3
Mike Vonnahmen	829	25	854	25	34.16			7,909	140	8,049	223	36.09		
Charlie Witsman	1,272		1,272	27	47.11			7,194	63	7,257	163	44.52	1	3
Marty Celnick	552	94	646	23	28.09			4,993	826	5,819	199	29.24	5	15
Lisa Kidd	558	2	560	22	25.45			5,230	210	5,440	180	30.22		
Janet Cooper	664		664	28	23.71			5,421	15	5,436	209	26.01		
Karl Kohlrus	589	78	667	36	18.53	1	3	4,628	762	5,390	304	17.73	2	6
Lance Kidd	567	9	576	21	27.43	2	6	4,812	217	5,029	160	31.43	4	12
Marilyn Powell	228		228	7	32.57			4,846	44	4,890	164	29.82	1	3
Tom Clark	366	14	380	19	20	1	3	4,715	64	4,779	190	25.15	5	13
David McDivitt	620		620	30	20.67			3,770	349	4,119	199	20.7	10	17
Tracey Hurley	179		179	7	25.57			3,482	192	3,674	114	32.23	1	3
Dean Wisleder	492		492	23	21.39			3,635	5	3,640	148	24.59		
Ruth Magos	290		290	8	36.25			3,364	8	3,372	96	35.13		
Curt Evoy	65	6	71	2	35.5			3,092	122	3,214	145	22.17	1	3
Byron Nesbitt	390		390	17	22.94			3,059	14	3,073	80	38.41		
Pat Stephens	394		394	15	26.27			2,550		2,550	102	25		
Ernie DeFrates	280		280	9	31.11			2,378	36	2,414	89	27.12	5	15
Connie Roberts	218		218	9	24.22			2,392		2,392	99	24.16		
Bill Bock	296		296	6	49.33			2,322		2,322	56	41.46		
Linda Butler	128		128	5	25.6			2,203	49	2,252	88	25.59	3	9
Kevin Greene	159	29	188	10	18.8	3	5	1,792	266	2,058	111	18.54	15	17
David Sykuta	163	14	177	8	22.13			1,976	41	2,017	79	25.53		
Carol Bock	244		244	5	48.8			1,941		1,941	49	39.61		
Christa Morris	111		111	6	18.5			1,870		1,870	65	28.77	1	3
Chuck Orwig	116		116	6	19.33			1,819	14	1,833	59	31.07	1	1
Robert LaBonte	65		65	2	32.5			1,753	44	1,797	85	21.14	19	40
Mike Eymann	391		391	14	27.93			1,779	10	1,789	70	25.56		
Alan Josephson	217	22	239	8	29.88	1	3	1,609	158	1,767	70	25.24	9	22

## Springfield Bicycle Club Mileage and Activity File As of October 31 2008

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RIDES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TO-TAL	RIDES	AVG RIDE	LED	LDR PTS
Dave Ross	314	10	324	19	17.05			1,648	78	1,726	78	22.13		
Sr Josepha Schaffer	223	28	251	7	35.86			1,646	50	1,696	50	33.92	1	3
Alan Whitaker	37	19	56	2	28			1,506	152	1,658	53	31.28	2	6
Cindy Kvamme	145		145	6	24.17			1,626	25	1,651	79	20.9	3	7
Arden Gregory	25	18	43	1	43			1,098	546	1,644	28	58.71		
Jim Hajek	14		14	1	14			1,590	38	1,628	76	21.42		
Bob Carmody	220	2	222	7	31.71			1,622	2	1,624	53	30.64		
Ben Fox	268		268	21	12.76			1,589	4	1,593	102	15.62		
Mary Lou Hicks	41		41	3	13.67			1,537	10	1,547	73	21.19		
David Banks	174		174	4	43.5			1,488	22	1,510	34	44.41		
Dave Lucas	322	3	325	19	17.11	2	2	1,458	23	1,481	135	10.97	24	24
Bob Sorenson	105	44	149	3	49.67			898	410	1,308	25	52.32	1	3
Kenny Vimnell	70		70	2	35			993	306	1,299	27	48.11		
Mark Rabin	117		117	3	39	1	3	1,288		1,288	41	31.41	1	3
Lynn Miller	35		35	1	35			1,196	41	1,237	45	27.49	4	12
Tracie Stephens	50		50	2	25			914		914	51	17.92		
Sue Dees	80		80	4	20			824	3	827	47	17.6	5	5
Bob Dettling	114		114	7	16.29			800	11	811	54	15.02	4	6
Lyn Schollett	25		25	1	25			639	38	677	27	25.07	4	4
Sid Marder	49	19	68	2	34			398	197	595	20	29.75		
Lynn Rhoades	70	35	105	3	35			461	122	583	15	38.87		
Bruce Yurdin	80	24	104	2	52			447	112	559	10	55.9		
Christine Kohlrus	99		99	3	33			416	133	549	19	28.89		
Dan Payne	65	7	72	2	36			486	36	522	12	43.5		
Naomi Greene	11		11	1	11			480	37	517	32	16.16	1	1
Kent Kraft	78	8	86	2	43			420	53	473	12	39.42		
David Drennan	66		66	1	66			435		435	18	24.17		
Gerry Orwig	55		55	6	9.17			403	15	418	43	9.72		
Jackie Galli	48	3	51	2	25.5			388	3	391	12	32.58		
Deb Cooper	30		30	2	15	2	3	367	4	371	19	19.53	2	3
Brenda Reiling	102	7	109	3	36.33			354	14	368	9	40.89		
Linda Tarr	38	3	41	2	20.5	1	1	209	44	253	15	16.87	1	1
Ron Melcher	136		136	3	45.33			248		248	6	41.33		

## Springfield Bicycle Club Mileage and Activity File As of October 31 2008

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RIDES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TO-TAL	RIDES	AVG RIDE	LED	LDR PTS
Brian Fowler	66		66	1	66			240		240	4	60		
Bill Lewis	65	8	73	2	36.5			214	25	239	5	47.8		
Tom Murphy	66		66	1	66			141		141	4	35.25		
Mark Rolens	19		19	1	19			116	22	138	4	34.5		
Sue Hack	21		21	1	21			126		126	10	12.6		
Amanda Kidd	22		22	1	22			114		114	6	19		
Don Daniels	25	5	30	1	30			76	5	81	2	40.5		
Charlie Downs	66		66	1	66			66		66	1	66		
John Sanford	19	10	29	1	29			40	25	65	3	21.67		
Mike Higgins	50		50	1	50			50		50	1	50		
Richard Tapia	21	1	22	2	11			42	1	43	4	10.75		
Paul Purseglove	38		38	1	38			38		38	1	38		
Pete Wise	25		25	1	25			25		25	1	25		
<b>TOTALS</b>	<b>18,138</b>	<b>619</b>	<b>18,757</b>	<b>633</b>	<b>29.63</b>	<b>16</b>	<b>35</b>	<b>186,715</b>	<b>8,105</b>	<b>194,820</b>	<b>6,667</b>	<b>29.22</b>	<b>159</b>	<b>311</b>

### December Memories

By Mike Becker

**1973–35 Years Ago:** Nothing unearthed upon which to report.

**1978–30 Years Ago:** The second annual Christmas party was held at Tudor Point Condominiums' Recreation Building. ++With December being an optimal time for sending off for a TOSRV application, the QR noted that this year over 30 club members attended and all finished the 210 mile, two day ride. This represented about 1% of all registrants. Not bad!

**1983–25 Years Ago:** State Representative Jim Marzuki of the 80th District (Champaign area) initiated talks with cyclists regarding a bill he was introducing to require bicyclists to ride *against* the traffic!!! His letter said:

After a tragic accident involving a family on bikes and a drunk driver, a group of citizens from this area would like to see a change in the bicycle laws. They are primarily concerned with bikers riding against traffic rather than with it. Their logic, of course, is that a biker needs to see the oncoming traffic.

*(Continued on page 15)*

*(Continued from page 14)*

The QR noted that “presumably, it is more politically expedient to regulate cyclists than drunk drivers.” ++Headline: WHAT'S THAT LYING ON THE ROAD, A HEAD?

**1988–20 Years Ago:** The President wrote some words that are relevant today: “As we move into the new year, let’s also think about what we want from this Club and how to improve the Club’s delivery of whatever that is. Everyone, even the most infrequent participants, can contribute in significant ways to make the Springfield Bicycle Club stronger, more viable and more relevant to the needs of its members.” ++Theresa DeLeon continued to lead with most miles, followed closely by Karl Kohlrus.

**1993–15 Years Ago:** In a frugal mood, the club decided to combine the December and January QRs. ++Hank Thompson won the AAA for his ride out of Kilbourn. Garland won the LWB for leaving his garage door open all day while at work with his 3 bicycles exposed to whom-ever, beating out Karl Kohlrus, whom Greg Lakebrink nominated on general principle.

**1998–10 Years Ago:** President Alan Josephson reported that the SBC’s new website was now up, thanks to Wendy Edwards, who had it on the UIS server but would soon lose it because of graduation, and to Bill Jensen of Web-Wise Consulting, who agreed to put it on his server. ++A “Name the trail” contest was underway with the city of Springfield to name the trail which will “parallel Wabash Road”. Dan Eatherington was the Club’s rep on the City’s Committee. Stay tuned for the results.

*First published in the Quick Release in 1990-1991, the following article is the first installment in a four-part series on randonneuring that focuses on the oldest continuous ride of this kind.*

## PARIS–BREST–PARIS

### Part One

By Michael W. Becker

In August 1987, 210 bicyclists left from various airports in this country bound for Paris, to join others from all over the world for a bicycle ride. This month and next, and maybe the one after that depending on how much I have to say that will be of interest to you, I will relate a story about this ride—not just any ride, but the fabled Paris–Brest–Paris.

The ride’s name comes from the starting point (actually just outside and to the west of Paris and at the top of a very long and very steep hill that you have to ride up at 3:00 A.M. just to get to the start) and the turn around which is on the Atlantic coast. (The ‘49ers’ motto of “California or Bust” is replaced by the American PBP riders’ “Brest or Bust”, a double entendre which would be lost in translation.) I will try to tell you what the ride is and stands for and the motivation to subject oneself to this exercise in sleep deprivation and mountain riding (we’re not

*(Continued on page 16)*

*(Continued from page 15)*

talking Elkhart Knob here) for 750 miles in 90 hours or less, not to mention the almost equally grueling qualifications—called “brevets”—that must be met in order just to enter.

### *Early Signs of Mental Instability*

My interest was piqued in 1981 or 1982 by an article in *Bicycling* about American Scott Dickson's 1979 PBP efforts. PBP sounded like a crazy enough challenge, so I wrote to Monsieur Robert Lepertel in Paris who heads the club organizing the event. (Actually, I found someone proficient in French to translate my words, so I would appear to be sophisticated world traveler who was also a serious cyclist.) He was kind enough to send a slick, 60 page results brochure produced after the 1979 event, all in French of course, but the pictures didn't need translation. The agony on the riders' faces replaced by pure exhilaration at the end and the camaraderie told the whole story. I was ready to give it a shot. The next scheduled event was not until 1983, and then I had to put the plans on hold until 1987. (Actually, I rode the 1983 200 km brevet sponsored by the Ozark Area Council/AYH from Washington, Missouri, to Cuba which proved to flatlander ever had before, ending up off course and on dirt roads, desperately searching for the control point at the turn-around to get my card stamped for credit and the required proof of having been there and riding over 20 miles out of my way, all during a very early season ride. But, I digress.) More on 1987 next month.

### *The First PBP*

During the 1890's, the “golden age of bicycling”, the penny farthing, or ordinary, was being replaced by the diamond frame. Bicycling was *the* fad, more so in Europe than in America. Paris–Brest–Paris started as an idea by a newspaper editor and an avid cyclist to test the reliability of the new machines and riders. Pre-ride publicity drew the interest of a large number of bicyclists, and on September 6, 1891, the ride commenced with 207 participants, which was about the size of the American contingent alone in 1987. The eventual winner came in at 71 hours and 22 minutes, a respectable time even today, but hardly approaching the modern day record of just over 44 hours. 99 riders finished that year. One admires their efforts on these early bikes and wonders how well they would have done with modern light-weight equipment, frames and aerodynamic components.

The event proved to be such an immense undertaking that it was not held again until 1901, and thereafter every 10 years or so, but since 1948 every 4 to 5 years. The ride is under the auspices of the Audax Club Parisien, founded in 1904 (just a tad older than the Springfield Bicycle Club). The next PBP will be in 1991, the 100th anniversary of its beginning and its 12th staging, a durable record for a difficult event. The centennial is sure to draw a record number of participants. [Note: At this publication in 2008, the next PBP is 2011—plenty of time to prepare.]

### *Brevets*

A “randonneur” is a bicyclist who is a combination of a racer and a touring rider in a long-distance reliability trial. Each year, clubs affiliated with Randonneurs Mondiaux, the interna-

*(Continued on page 17)*

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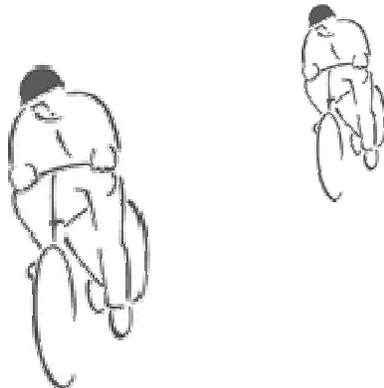
tional coordinating organization formed to assist ACP, stage a series of increasingly more difficult “randonnees” or “brevets”. The basic series, ridden in order, are 200 km in 14 hours or less, 300 km in 20 hours, 400 km in 27 hours and 600 km in 40 hours. (An occasional 1000 km event may also be scheduled.) The typical club patch for completion of a ride such as given by many clubs in this country is replaced by a medal for completion of one of these brevets. Complete all four and you are awarded the Super Randonneur medal.

### *International Randonneurs*

In the United States and Canada, the International Randonneurs [now defunct and replaced by Randonneurs USA], a member of Randonneurs Mondiaux, is responsible for organizing the brevets and administrative details associated with PBP qualifications. One must be a member of IR [RUSA] in order to receive its recognition and medals for the rides, although participation by non members is allowed. The dues are \$12 [now \$20] per year and don’t get you much more than an annual listing of the brevets to be staged in this country. (The Ultra Marathon Cycling Association is a much better group to join if you are interested in long-distance cycling but not in PBP. See me for details.)

If you harbor any desires, secret or otherwise, about seeing Paris and France and a lot of hills in 1991 on top of a bicycle, send your money in now to IR because the qualifications have changed. All four brevets must be successfully ridden in both 1990 and 1991 in order to qualify and you must be a member of IR to get credit. Therefore, dispatch an inquiry to James Konski, International Randonneurs, 727 N. Salina Street, Syracuse, New York 13208, or see me for an application form. [All changed. Check out <http://www.rusa.org/>]

*Next month:* more on qualifications and brevet riding.



## Spooky Ride & Party Report

By Tom Clark

Many thanks to the two dozen or so members, neighbors and friends who turned out for the annual Spooky Party and Ride on October 25. A small group of riders took a short mid-afternoon ride to the west on a beautiful fall day with highs in the upper 50s. Many party-goers brought a delicious dessert or side dish to compliment the main dish of hot dogs and chili. There were movies on the big screen, but most folks spent their time conversing and eating. The Sunporch proved popular once again—it was delightfully warm due to the conversion from all screen to all glass just before the party.



The annual Spooky Treats Contest was won by Lynn Shanklin. Her “I Scream” concoction was screamingly good! Many thanks to our esteemed judges—Marty Celnick, Marcia Grant, Rose Moore, and Catherine O'Connor.

## All's Well on All Hallow's Eve



Barefoot Brown, fierce pirate and scourge of the seven seas, swung from the chandelier brandishing his cutlass (Kevin brought a table knife to the dining room to cut the gooey butter cake) while wizards, enchantresses, knights and wenches thronged sideboards groaning with delicious foodstuffs.

Some quaffed Troll's Blood, a magic elixir of golden fluid, known to produce conviviality (beer). T'was All Hallows Eve (Oct. 31<sup>st</sup>) and not only ghouls feasted that night upon gobbets of dead flesh (and darn good they were, too, with mustard and buns---thank you, Tom, for sending the hotdogs onward from your ride and party to this event!)

Between the Silent Auction at the party and the Tips jar at the Century, we raised \$775 for the Steubs family. Not a bad haul, me hearties!

In short, the annual Springfield Bicycle Club Halloween bash was howling good fun for the 50 or so brave souls who wended their way through the dark streets. The Lucas Brown Haunted Castle will reappear from the mists yet again come Friday, Oct. 30, 2009!

## News Flash: Cycling has a new voice in Springfield !!

Lynn Miller, Bill Donels , Kevin Greene, Sid Marder, Dave Sykuta, & Richard Tapia,  
SBC Legislative/Education Committee

The Springfield Bicycle Advisory Council (BAC) is coming to our town!!!! We need your voice to support this cause.

The League of Illinois Bicyclists and Springfield Bicycle Club have proposed a BAC following the model from Urbana. It will have 12 members, 8 at-large, and 1 each from Springfield Park District, the Springfield-Sangamon County Regional Planning Commission, the University of Illinois Springfield or Lincoln Land Community College , and the Public Works Department.

The BAC will promote cycle commuting routes on city streets as well bike trails, safe routes to schools and other infrastructure for cycling and pedestrians. The duties will include a comprehensive plan and is part of Springfield 's 'Cool Cities' initiative.

The Mayor's office submitted the ordinance to the City Council on November 18, where it was introduced and sent to the appropriate committee. It is our hope that the committee will approve the ordinance in a reasonable timeframe and send it back to the Council for ratification.

You can help ensure BAC becomes a reality, by contacting your alderman and voicing your support for the ordinance. Pass the word in your neighborhood, post on the bulletin board at work, email friends....

The following is the draft of the ordinance as submitted to Jim Donelan , of Mayor Davlin's office:

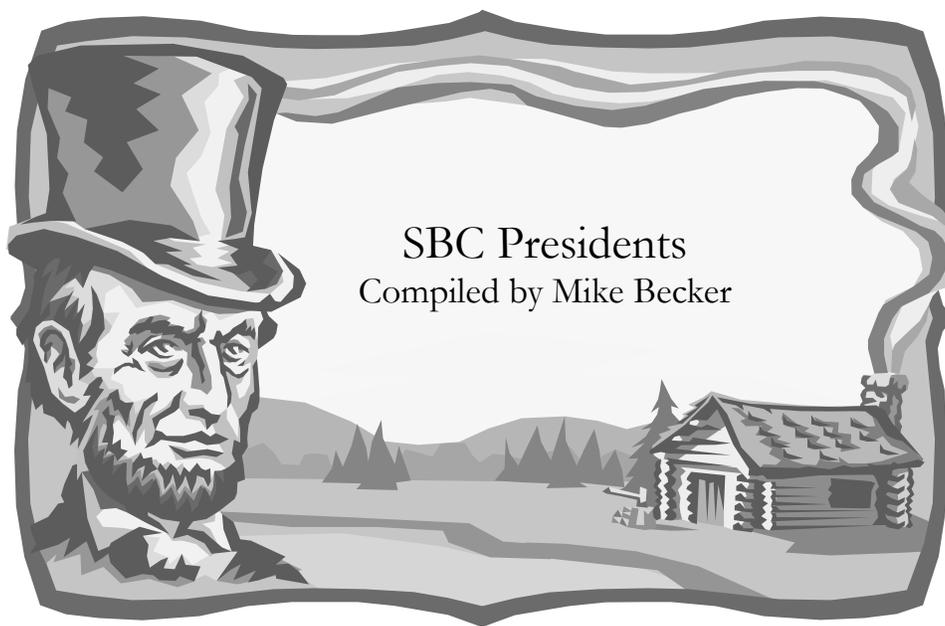
Sec. 81-16. Duties.

(a) The purpose of the Bicycle Advisory Council shall be to:

- (1) Advise the city council on bicyclist issues;
- (2) Analyze routing, operation and safety of utilizing bicycles for transportation purposes;
- (3) Review and make recommendations regarding the City's capital, transportation and land use plans;
- (4) Evaluate and make recommendations for the development of a master plan for bicycling (on-street and off-street paths and lanes; signed shared roadways; bicycle racks; signage; and signalization);
- (5) Coordinate with external agencies on maps and regional path connections;
- (6) Develop education and public outreach programs on bicycle issues;
- (7) Work with school districts and others to develop strategies that help make routes safer for children to bicycle to school and increase the number of children who choose to bicycle;
- (8) Assist the City in the development of bicycle infrastructure within the community; and
- (9) Identify grants and other funding sources as may become available in connection with carrying out its duties under this section.

(b) The Bicycle Advisory Council shall advise and consult with the mayor and city council on the issues set forth in subsection (a), and recommend such actions to them as it deems appropriate to effectuate the intent of this article.

There will be some change in the language in the ordinance. We will update you. Once the ordinance is adopted, the City will take applications/nominations for membership in the Bicycle Advisory Council. Visit the SBC website [www.spfldcycling.org](http://www.spfldcycling.org) or call Lynn Miller at 787-3354 for further information. Thanks for your help!



1971-1972	Dorothy Doering	1991-1992	Bode Zietz
1972-1973	Dick Bentley	1992-1993	Karl Kohlrus
	Lynn Lard	1993-1994	Karl Kohlrus
1973-1974	Patti Byrd	1994-1995	Karl Kohlrus
1974-1975	Dean Wisleder	1995-1996	Karl ("FDR") Kohlrus
1975-1976	Dean Wisleder	1996-1997	Garland Stevens
1976-1977	George Caldwell	1997-1998	Garland Stevens
1977-1978	George Caldwell	1998-1999	Alan Josephson
1978-1979	Ron Habegger	1999-2000	Alan Josephson
1979-1980	Dave Ringland	2000-2001	Ernie DeFrates
1980-1981	Dave Ringland	2001-2002	Ernie DeFrates
1981-1982	Teresa Kluthe	2002-2003	Alfred Arkley
1982-1983	Bob Brennan	2003-2004	Alfred Arkley
1983-1984	Dave Stjern		Cathy Yeaman
1984-1985	Dave Stjern	2004-2005	Chuck Orwig
1985-1986	Mike Huelskoetter	2005-2006	Dave Ross
1986-1987	Greg Lakebrink	2006-2007	Dave Ross
1987-1988	Larry Small	2007-2008	Dave Ross
1988-1989	Mike Becker		David McDivitt
1989-1990	Mike Becker		Robert LaBonte
1990-1991	Theresa DeLeon	2008-2009	Karl ("The Phoenix") Kohlrus

## Grand Illinois Trails and Parks (GITAP) Bicycle Ride 2009

Make plans now for the seventh annual Grand Illinois Trail And Parks ride (GITAP) - in 2009 featuring the southern wing of the GIT, including the I & M and the Hennepin Canal Trails (with road routes paralleling soft trail mileage).



GITAP is a week-long biking ride - from Sunday, June 14 to Saturday, June 20, 2009. The minimum distance this year is 310 miles for the week, but by taking extra loops, it will be possible to do 585 miles.

### Here's what to look forward to in 2009:

- A start and end at Seneca High School – close to Interstate 80 and the I & M Canal Trail.
- Two "picture perfect" lake-based state parks – Shabbona and Johnson/Sauk Trail.
- A two-night stopover at the rustic, but classic, White Pines State Park.
- An evening of professional entertainment at White Pines Inn.
- Another extended layover at Johnson/Sauk Trail State Park, with a day off for lolling around the lake, heading to Bishop Hill, or even doing a century.
- Starved Rock State Park, with its spectacular trails and water features, awaits us at the end of the ride on Friday.

### Of course, the ride includes all of the above, plus these basics:

- A loop ride – starting and ending at the same place – with free secure parking for the week.
- A route that follows the Grand Illinois Trail through its southern portion, including the trails that it shares with the nation-wide American Discovery Trail.
- Tent camping in state parks, with a motel package for the week available at additional cost.
- Showers and luggage transportation provided.
- All breakfasts and dinners.
- T-shirt, emergency sags, bike repair, and refreshments stops when needed – with a jersey available for purchase.
- Nightly meetings with door prizes, entertainment, campfires, s'mores, and ride information.
- A photo contest (Check [our web site](#) for photos from previous years.)
- The unique-to-America **Velosophie** program – optional nightly discussions sponsored and led by the Illinois Humanities Council.

GITAP is a small ride with a limit of 160 riders. Last year we were filled up by mid-April, so don't put off registration too long.

The ride is sponsored by the League of Illinois Bicyclists with support from the Illinois Department of Natural Resources. It's an all volunteer operation, with any profits going to support LIB and its state-wide bicycle programs.

For more information and a registration form, use the web at [www.bikelib.org/gitap](http://www.bikelib.org/gitap), e-mail Chuck Oestreich at [oestreich@qconline.com](mailto:oestreich@qconline.com), or call him at 309-788-1845.





## SPRINGFIELD BICYCLE CLUB 2008 MILEAGE SUMMARY



MONTHLY								
MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH
January	7,303	270	7,573	302		6		25.08
February	4,135	55	4,190	181		2		23.15
March	12,129	344	12,473	471		9		26.48
April	16,027	744	16,771	645		14		26.00
May	20,193	1,072	21,265	791		22		26.88
June	26,182	1,632	27,715	936		24		29.72
July	30,801	1,307	32,108	918		21		34.98
August	25,714	1,397	27,111	901		24		30.09
September	21,778	619	22,397	735		20		30.47
October	18,138	619	18,757	633		16		29.63

CUMULATIVE								
MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS PER RIDE	AVG RIDE LENGTH
January	7,303	270	7,573	302		6		25.08
February	11,919	325	12,244	510		8		24.01
March	24,800	669	25,469	1,006		17		25.32
April	41,646	1,456	43,102	1,693		31		25.61
May	62,098	2,528	64,626	2,485		53		26.01
June	88,779	4,163	92,942	3,443		77		26.99
July	119,795	5,470	125,265	4,367		98		28.68
August	145,421	6,867	152,288	5,255		122		28.98
September	168,500	7,486	175,986	6,029		142		29.19
October	186,715	8,105	194,820	6,667		159		29.22



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544-8410

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**Vice President**

**Vacant**

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522-3876

secretary(at)spfldcycling.org

**Recording Secretary**

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***QUICK RELEASE ADVERTISEMENT RATES***

Half Page

\$20

Full Page

\$40

Payment in advance is required for all business ads. Ad copy should be sent to the newsletter editor no later than the 12<sup>th</sup> of the month in order for the ad to appear in the following month's newsletter. Individual club members (excluding businesses) may list bicycling related items to buy or sell without charge.